## Spring Fling Garden Brunch!



You're invited to a delightful garden party filled with sunshine, laughter, and lovely company! Join us on May 22 at 11am for refreshing drinks, light bites, and nature's charm. Whether you're sipping tea or mingling among the flowers, it's the perfect way to celebrate the season. Dress in your garden best and bring your warm smile. We can't wait to see you there!

## Horticultural Workshop



Discover the joys of gardening at our upcoming Horticultural Workshop! Join us on May 7 at 2pm for a hands-on experience where you'll learn expert tips on planting, soil care, and seasonal gardening techniques. Whether you're a budding beginner or a seasoned green thumb, there's something for everyone. Let's grow something beautiful together!

## Community Contribution: Glasses



Spring cleaning is about sorting through things, and getting rid of clutter. Today's mission is to declutter glasses of all varieties that you no longer want or need in your home. Join us in improving another persons life; there will be a designated drop-off basket in the reception area that will then be donated to a charity that can help get these glasses into appreciative and needed hands.







THE RESIDENCE AT BASKING RIDGE Associates

Allison Kuiken
Executive Director

Jaquan Dunn
Business Office Director

Ally Stewart
Sales and Marketing Director

Andi Knoble
Business Development Director

Ursula Gibson
Resident Care Director

Stacy Browne
Reflections Director

Samanta Gill
Restaurant Operations Director

Mack Solorzano

Maintenance Director



## Living Your Best Days!



You've lived a full life, traveled, experienced other cultures and pursued your interests. Whether you enjoy photography, baking, reading or the arts, moving into a senior living community does not mean you have to compromise on the kind of lifestyle you have grown accustomed to. As some people age, it becomes harder to maintain the activities that have been so much of who they are over our lifetimes: perhaps enjoying the theater or live music, keeping an active social life, eating well, and so much more. At a great senior living community, you will find people and programs that not only meet your needs and exceed your expectations, but allow you to rediscover the things that have always defined you as an individual. You'll surround yourself with like-minded people who share your interests in a sophisticated environment that enables you to choose to be as active as you want to be. Even if you would just rather stay home with a good book, it's all happening right outside your door.

Engagement programs are the very fabric of our daily lives. From learning languages and listening to music, to spending time with friends and staying fit, day-to-day life should revolve around your personal enjoyment. And guess what? While you're enjoying life, it's doing your body good: you're practicing wellness, you're getting endorphins from your new friendships and the laughter you share, you're building muscle and keeping your brain sharp!



# **MAY 2025**



## 5 Happy Birthday Kathy

12 HappyBDayMaryEllen

**Monday** 

4 HappyBirthdayStephen 10:00 Errands: Stop & Shop 11:00 Tai Chi with Annmarie

1:30 Poker Challenge

1:30 Golden Zumba 1:30 Open Poker Play

2:00 Outing: Cherry Blossom Tour

10:00 Errands: CVS & Bank

11:00 Tai Chi with Annmarie

12:00 Dining Club: Delicious

2:30 Floral Workshop 3:00 Open Rummikub

**3:00** Guided Meditation

Heights

1:30 Poker Challenge

1:30 Open Poker Play

3:00 Open Rummikub

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3:30 Happy Hour Social

10:00 Errands: HomeGoods

11:00 Tai Chi with Annmarie

1:30 Poker Challenge

1:30 Open Poker Play

2:30 Floral Workshop

3:00 Open Rummikub

3:00 Guided Meditation

3:30 Happy Hour Social

7:00 Cinema Movie Night

10:00 Errands: Stop & Shop

11:00 Tai Chi with Annmarie

1:30 Poker Challenge

1:30 Open Poker Play

3:00 Open Rummikub

3:30 Happy Hour Social

7:00 Cinema Movie Night

2:00 Ambassador Luncheon

1:30 Golden Zumba

12:00 Dining Club: The Station

1:30 Golden Zumba

2:00 Rosary Prayer Group

1:30 Golden Zumba

#### 2:30 Bingo Bash with Friends

10:00 Religious Services Bus

Trip to St. James

10:30 Religious Services St

Vincent's

Concert 2:00 Book Club Meeting

11:00 TED Talk

10:30 Sunday Meditation Hour

1:00 Duet Vocalists: Classics

**Sunday** 

10:00 Religious Services Bus Trip to St. James

10:30 Sunday Meditation Hour

10:30 Religious Services St Vincent's

10:30 Mother's Day Brunch

2:00 Tai Chi with Annmarie

2:30 Bingo Bash with Friends

3:30 Happy Hour

7:00 Cinema Movie Night

#### 18 Happy Birthday Lowell 10:00 Religious Services Bus

Trip to St. James 10:30 Sunday Meditation Hour

10:30 Religious Services St Vincent's

11:00 TED Talk

2:30 Bingo Bash with Friends

3:30 Happy Hour

7:00 Cinema Movie Night

7:00 Open Rummikub Play

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10:00 Religious Services Bus Trip to St. James

10:30 Sunday Meditation Hour

10:30 Religious Services St Vincent's

2:00 Tai Chi with Annmarie 2:30 Bingo Bash with Friends

3:30 Happy Hour

3:30 Live Entertainment

7:00 Cinema Movie Night

# Tuesday

10:00 Scenic Bus Drive

1:30 Golden Zumba

2:45 Bingo Bash 3:00 Open Rummikub

14

10:30 TheraBands Workout

11:30 Double Solitaire Club

2:00 Horticulture Experience

3:30 Wine and Cheese Social

10:00 Scenic Bus Drive

1:30 Golden Zumba

3:00 Open Rummikub

6:30 Card Players Club

10:00 Scenic Bus Drive

1:30 Golden Zumba

3:00 Open Rummikub

6:30 Card Players Club

10:00 Scenic Bus Drive

1:30 Golden Zumba

3:00 Open Rummikub

3:30 Live Entertainment

**6:30** Card Players Club

7:00 Cinema Movie Night

2:45 Bingo Bash

10:30 TheraBands Workout

11:30 Double Solitaire Club

**3:30** Wine and Cheese Social

7:00 Cinema Movie Night

7:00 Open Rummikub Play

2:45 Bingo Bash

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10:30 TheraBands Workout

11:30 Double Solitaire Club

3:30 Wine and Cheese Social

7:00 Cinema Movie Night

7:00 Open Rummikub Play

3:30 Wine and Cheese Social

2:45 Bingo Bash

10:30 TheraBands Workout

11:30 Double Solitaire Club

10:00 Current Events 10:30 Trivia Challenge

11:00 Tai Chi for Arthritis

12:00 LCR Dice Challenge 1:30 Words with Friends

1:30 Chair Dance Fitness

2:00 Resident Council Meeting 2:30 Trivia Challenge

3:30 Happy Hour Social 7:00 Scrabble Games

## 13 Happy Birthday Hyon!

11:00 Tai Chi for Arthritis

12:00 LCR Dice Challenge 1:30 Chair Dance Fitness

2:30 Trivia Challenge

3:30 Happy Hour Social 3:30 Live Entertainment

7:00 Scrabble Games

7:00 Cinema Movie Night

7:00 Open Rummikub Play

## 20 HappyBirthdayWillian

10:30 Trivia Challenge 11:00 Tai Chi for Arthritis

12:00 LCR Dice Challenge

1:30 Words with Friends

1:30 Chair Dance Fitness 2:30 Trivia Challenge

3:30 Happy Hour Social

7:00 Scrabble Games

7:00 Cinema Movie Night

7:00 Open Rummikub Play

11:00 Tai Chi for Arthritis

12:00 LCR Dice Challenge 1:30 Chair Dance Fitness

2:30 Trivia Challenge

3:00 Resident Council Meeting

3:30 Happy Hour Social 7:00 Scrabble Games

7:00 Cinema Movie Night 7:00 Open Rummikub Play

# Wednesday

10:00 Golden Zumba

10:00 Morning Meditation

11:00 Tai Chi Movement 12:00 Rebus Brain Games

1:30 Mens Pub Club

1:30 Resistance Bands Workout 2:00 Emerald Suite Council

**Thursday** 

Meeting **3:00** Trivia Challenge

3:30 Happy Hour Social

10:00 Golden Zumba 11:00 Tai Chi for Arthritis

1:30 Shuffleboard Games

2:30 Seated Ballroom Dance Movement

3:30 Happy Hour Social

**3:30** Live Entertainment

7:00 Cinema Movie Night

6:30 Card Players Club 7:00 Open Rummikub Play 7:00 Cinema Movie Night

### **15** -

22 -

10:00 Golden Zumba

11:00 Tai Chi for Arthritis

12:00 Rebus Brain Games 1:30 Resistance Bands Workout

3:00 Trivia Challenge

3:30 Happy Hour Social 7:00 Cinema Movie Night

7:00 Open Rummikub Play

10:00 Golden Zumba 11:00 Tai Chi for Arthritis

11:00 Spring Fling Garden Brunch 11:30 Ceramics Workshop

1:30 Shuffleboard Games 2:30 Seated Ballroom Dance

Movement

3:30 Happy Hour Social 7:00 Cinema Movie Night

7:00 Open Rummikub Play

29 Happy Birthday Diana

10:00 Golden Zumba

11:00 Tai Chi for Arthritis 12:00 Rebus Brain Games

1:30 Resistance Bands Workout **3:00** Trivia Challenge

**3:30** Happy Hour Social 7:00 Cinema Movie Night

7:00 Open Rummikub Play

## **Friday**

10:00 True and False Challenge

**10:00** Morning Meditation

11:30 Mahjong Play 12:00 Bistro Pizza Day

1:30 Reading Companion/Tea Party

1:30 Barre and Balance

2:30 Words with Friends 3:30 Happy Hour Social

7:00 Puzzle Power Hour

9 Happy Birthday Joyce 11:00 Cardio Drumming

11:30 Mahjong Play

12:00 Bistro Pizza Day 1:30 Reading Companion & Tea with Lisa

1:30 Barre and Balance

2:30 Words with Friends

2:30 Timeless Treasures

3:30 Happy Hour Social 7:00 Puzzle Power Hour

## 16-

10:00 True and False Challenge

11:30 Mahjong Play

12:00 Bistro Pizza Day 1:30 Reading Companion/Tea

Party

1:30 Barre and Balance 2:30 Words with Friends

3:30 Happy Hour Social

7:00 Puzzle Power Hour 7:00 Cinema Movie Night

## 23 HappyBirthdayTheresa

11:00 Cardio Drumming 11:30 Mahiong Play

12:00 Bistro Pizza Day 1:30 Reading Companion & Tea with Lisa

1:30 Barre and Balance

2:30 Words with Friends 2:30 Timeless Treasures

3:30 Happy Hour Social 7:00 Puzzle Power Hour

#### 30

10:00 True and False Challenge

11:30 Mahjong Play 12:00 Bistro Pizza Day 1:30 Reading Companion/Tea

Party 1:30 Barre and Balance

2:30 Words with Friends

3:30 Happy Hour Social 7:00 Puzzle Power Hour

7:00 Cinema Movie Night

## **Saturday**

10:00 Morning Mantra Stretching

11:00 Chair Zumba Gold

12:00 Words with Friends 1:30 Spring Fling Ice Cream Social

2:00 Cornhole

2:30 Dime Bingo Time

3:30 Happy "Appy" Hour 7:00 Cinema Movie Night

7:00 Open Rummikub Play

## 10 HappyBDayRosemarie

10:00 Morning Meditation

11:00 Tai Chi for Vitality 12:00 Words with Friends

1:45 Silver Spoon Baking Class 2:30 Dime Bingo Time

3:30 Happy "Appy" Hour

7:00 Cinema Movie Night 7:00 Open Rummikub Play

## 17 -

10:00 Morning Mantra Stretching

11:00 Chair Zumba Gold 12:00 Words with Friends

1:30 Spring Fling Ice Cream Social

2:00 Cornhole 2:30 Dime Bingo Time

3:30 Happy "Appy" Hour

7:00 Cinema Movie Night 7:00 Open Rummikub Play

## 24 -

10:00 Morning Meditation

11:00 Tai Chi for Vitality 12:00 Words with Friends

1:45 Silver Spoon Baking Class 2:30 Dime Bingo Time

3:30 Happy "Appy" Hour 7:00 Cinema Movie Night

7:00 Open Rummikub Play

#### 31

10:00 Morning Mantra Stretching 11:00 Chair Zumba Gold

12:00 Words with Friends 1:30 Spring Fling Ice Cream Social

2:00 Cornhole

2:30 Dime Bingo Time 3:30 Happy "Appy" Hour

7:00 Cinema Movie Night

7:00 Open Rummikub Play

# Other **Amenities**

**Transportation** 

**Church Service** Sun. Medical Appts. Tues & Thurs *Errands* & Excursions Mon. Scenic Rides Wed. Mornings

Our engagement program is built upon both our residents' interests and our Five Principles for Vitality.

By providing quality and choice, we hope to encourage socialization and well-being for mind, body, and spirit.

Continued Learning Arts & Culture Physical Fitness **Community Connections** Wellness & Self-Care

Events are subject to change.