

# Marblehead Festival of the Arts

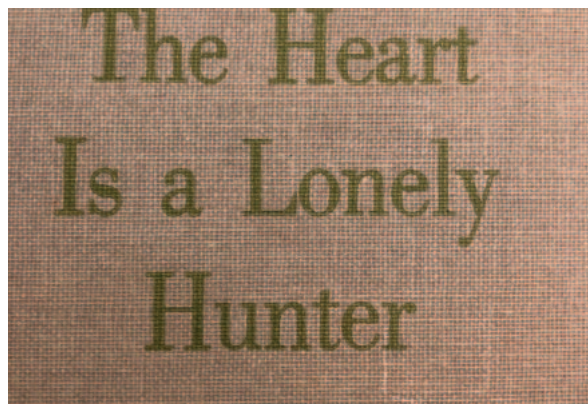


Each July, Marblehead, Massachusetts, hosts the beloved Festival of the Arts, a vibrant celebration of local creativity and community spirit. Since its founding in 1962, the festival has grown into a cherished tradition, drawing artists, residents, and visitors to the historic seaside town. Over several days, Marblehead's parks, historic buildings, and waterfront spaces transform into open-air galleries and performance

venues. The festival features juried exhibits in painting, photography, sculpture, and crafts, highlighting the talents of regional artists.

Live music, theatrical performances, and film screenings add to the festive atmosphere, while artisan booths and food vendors line the streets. Children's activities, including art-making stations and storytelling, ensure the event is family-friendly and engaging for all ages.

## July's Book Group Selection



Carson McCullers' *The Heart is a Lonely Hunter* explores isolation, longing, and the human need for connection. Set in a Southern mill town, it follows misfit characters drawn to a deaf-mute man who silently listens. Through their stories, McCullers reveals the quiet ache of misunderstood souls seeking meaning and belonging.

Books are available from the Abbott Library. Please see Martha or Maya if you would like to join us.



JULY 2025

*independent and  
assisted living*

## July in Marblehead!



In July, Marblehead, Massachusetts, radiates coastal charm. The harbor bustles with sailboats, their white sails dotting the blue Atlantic under cloudless skies. Historic homes draped in patriotic bunting line narrow streets, echoing the town's Revolutionary past. Tourists and locals alike stroll along the rocky shoreline or gather at Fort Sewall for panoramic ocean views. The scent of salt air mingles with fresh seafood from waterfront eateries. Fireworks over Marblehead Harbor on the Fourth of July light up the night, reflecting off the water in dazzling bursts. In this seaside town, July is a celebration of history, summer, and community.



### THE MARINER AT MARBLEHEAD *Leadership Team*

**Andrew Gillis**  
*Executive Director*

**Kendra Stanislawzyk**  
*Business Director*

**Stacy Bonsang**  
*Sales Director*

**Heather Steadman**  
*Resident Care Director*

**Martha Dooling**  
*Resident Engagement Director*

**Missy Abraham**  
*Avita Director*

**Enworth Davis**  
*Culinary Director*

**Andrew McClaskey**  
*Maintenance Director*







# JULY 2025



## Sunday

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

## Saturday



265 Pleasant St.  
Marblehead, MA 01945  
(781) 265-1044

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9:15 Morning Meditation  
10:00 Barre Balance  
11:00 Religious Services  
11:00 Brain Games  
2:00 Tai Chi  
3:00 Family Bocci  
4:00 Trivia  
4:30 Regatta Hour

7

9:15 Morning Meditation  
9:15 Tending the Garden  
9:30 Crosby's Market  
10:00 Forever Young with Viv  
11:00 Out to Abbot Library  
11:00 Brain Games  
2:00 Bridge Group  
3:30 Bocci  
3:30 Brian Kane on Sax

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9:15 Morning Meditation  
10:00 Barre Balance  
11:00 Communion  
11:00 Brain Games  
1:30 Bocci  
3:00 Card Games 101  
4:00 Mindful Meditation  
4:00 Meditation

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Whale Watch

9:15 Morning Meditation  
10:00 Forever Young with Viv  
11:00 Brain Games  
11:00 Book Group  
12:00 Outing with Peter  
1:30 Mariner Walkers  
2:00 Artist in Residence  
3:00 Poker 101  
4:00 Mindful Meditation

10

9:15 Morning Meditation  
10:00 Barre Balance Fitness  
11:00 Book Club Meeting  
11:00 Brain Games  
1:30 Bocce  
2:00 French 101  
3:00 Strength & Balance w Kim  
4:00 Shuffleboard  
4:00 Mindful Meditation

11

9:15 Morning Meditation  
9:30 Beachside Coffee  
10:00 Forever Young with Viv  
11:00 Brain Games  
2:00 Crafting 101  
3:00 Tai Chi with Val  
4:00 Scrabble

12

9:15 Morning Meditation  
10:00 Barre Tai Chi  
11:00 Brain Games  
1:30 Jewelry Making 101  
3:00 Strength Training w Kim  
4:00 Karaoke at the Pub  
4:30 Regatta Hour

13

9:15 Morning Meditation  
10:00 Barre Balance  
11:00 Religious Services  
11:00 Brain Games  
2:00 Tai Chi  
3:00 Family Bocci  
4:00 Trivia  
4:30 Regatta Hour

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9:15 Morning Meditation  
9:15 Tending the Garden  
9:30 Crosby's Market  
10:00 Forever Young with Viv  
11:00 Out to Abbot Library  
11:00 Brain Games  
2:00 Bridge Group  
3:30 Bocci

15

9:15 Morning Meditation  
10:00 Barre Balance  
11:00 Communion  
11:00 Brain Games  
1:30 Resident Council  
1:30 Resident Council Meeting  
1:30 Bocci  
2:00 History/Sailors Valentines  
3:00 Card Games 101

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Ferry into Boston

9:15 Morning Meditation  
10:00 Forever Young with Viv  
11:00 Brain Games  
12:00 Outing with Peter  
1:30 Barre Balance  
2:00 Artist in Residence  
3:00 Poker 101  
4:00 Mindful Meditation

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9:15 Morning Meditation  
10:00 Barre Balance Fitness  
11:00 Brain Games  
1:30 Bocce  
2:00 French 101  
3:00 Strength & Balance w Kim  
4:00 David Spar  
4:00 Shuffleboard  
4:00 Mindful Meditation

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9:15 Morning Meditation  
9:30 Beachside Coffee  
10:00 Forever Young with Viv  
11:00 Brain Games  
2:00 Crafting 101  
2:00 PEM Lecture  
3:00 Tai Chi with Val  
4:00 Scrabble

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9:15 Morning Meditation  
10:00 Barre Tai Chi  
11:00 Brain Games  
1:30 Jewelry Making 101  
3:00 Strength Training w Kim  
4:00 Karaoke at the Pub  
4:30 Regatta Hour

20

9:15 Morning Meditation  
10:00 Barre Balance  
11:00 Religious Services  
11:00 Brain Games  
2:00 Tai Chi  
3:00 Family Bocci  
4:00 Trivia  
4:30 Regatta Hour

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9:15 Morning Meditation  
9:15 Tending the Garden  
9:30 Crosby's Market  
10:00 Forever Young with Viv  
11:00 Out to Abbot Library  
11:00 Brain Games  
2:00 Bridge Group  
3:30 Bocci

22

9:15 Morning Meditation  
10:00 Barre Balance  
11:00 Communion  
11:00 Brain Games  
1:30 Bocci  
3:00 Card Games 101  
4:00 Mindful Meditation  
4:00 Meditation

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Sailing "Fame"

9:15 Morning Meditation  
10:00 Forever Young with Viv  
11:00 Brain Games  
12:00 Outing with Peter  
1:30 Mariner Walkers  
2:00 Artist in Residence  
3:00 Poker 101  
4:00 Mindful Meditation

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9:15 Morning Meditation  
10:00 Barre Balance Fitness  
11:00 Brain Games  
1:30 Bocce  
2:00 French 101  
3:00 Strength & Balance w Kim  
4:00 Shuffleboard  
4:00 Mindful Meditation

25

9:15 Morning Meditation  
9:30 Beachside Coffee  
10:00 Forever Young with Viv  
11:00 Brain Games  
2:00 Crafting 101  
3:00 Tai Chi with Val  
4:00 Scrabble

26

9:15 Morning Meditation  
10:00 Barre Tai Chi  
11:00 Brain Games  
1:30 Jewelry Making 101  
3:00 Strength Training w Kim  
4:00 Karaoke at the Pub  
4:30 Regatta Hour

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9:15 Morning Meditation  
10:00 Barre Balance  
11:00 Religious Services  
11:00 Brain Games  
2:00 Tai Chi  
3:00 Family Bocci  
4:00 Trivia  
4:30 Regatta Hour

28

9:15 Morning Meditation  
9:15 Tending the Garden  
9:30 Crosby's Market  
10:00 Forever Young with Viv  
11:00 Out to Abbot Library  
11:00 Brain Games  
2:00 Bridge Group  
3:30 Bocci

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9:15 Morning Meditation  
10:00 Barre Balance  
11:00 Communion  
11:00 Brain Games  
1:30 Bocci  
3:00 Card Games 101  
3:00 Scot Andrews  
4:00 Mindful Meditation  
4:00 Meditation  
5:00 Dine Out Tuesday!

30

Harbor Cruise

9:15 Morning Meditation  
10:00 Forever Young with Viv  
11:00 Brain Games  
12:00 Outing with Peter  
1:30 Barre Balance  
2:00 Artist in Residence  
3:00 Poker 101  
4:00 Mindful Meditation

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9:15 Morning Meditation  
10:00 Barre Balance Fitness  
11:00 Brain Games  
1:30 Bocce  
2:00 French 101  
3:00 Strength & Balance w Kim  
4:00 Shuffleboard  
4:00 Mindful Meditation

# July

*This month we will be taking full advantage of all the activities in town and on the sea! Please be sure to check the Daily Schedules as many of our trips are weather related: Lobster Luncheons, Harbor Cruises, Whale Watching, and a ferry ride to Boston are just a few of the offerings!*

### Activity Key

- Connect
- Feel
- Move
- Learn

