

Memorial Day



Memorial Day is a time to honor and remember the brave men and women who gave their lives in service to our country. As we pay tribute to their sacrifice, we also come together with family and friends to celebrate the freedoms they fought to protect. Across the nation, towns and cities mark the day with patriotic parades, solemn moments of silence, and visits to cemeteries and memorials where flags are placed beside the graves of fallen heroes. Families often spend the long weekend reconnecting—gathering for cookouts, enjoying the outdoors, and kicking off the unofficial start of summer. American flags wave proudly on porches, children play under sunny skies, and the smell of burgers on the grill fills the air. While there's plenty of joy and celebration, the spirit of Memorial Day remains rooted in gratitude, as we reflect on the courage and selflessness of those who made the ultimate sacrifice for our freedom.

May, Fun Facts!

May's birthstone is the emerald, symbolizing rebirth and love. Its flower is the lily of the valley, which represents sweetness and humility.

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May is National Barbecue Month and National Bike Month – Perfect for getting outside and enjoying the warmer weather!

Happy Mother's Day!

On Mother's Day, we take a moment to honor the incredible women who have given us unconditional love, guidance, and strength. Whether through quiet sacrifices or bold acts of care, mothers shape our lives in countless ways. Today, we pause to say thank you—for the hugs, the wisdom, the patience, and the unwavering support. We hope this day reminds every mom just how deeply she is loved and appreciated.



AVITA OF WELLS Leadership Team

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Spring has Sprung!

Spring has sprung, bringing warmer days and blooming flowers. The air is filled with the sweet scent of blossoms and the sounds of laughter as families gather for cookouts and time outside together. Parks come alive with color, and backyards become the backdrop for reconnecting over grilled meals and sunshine. It's a season that reminds us to slow down, soak in the beauty around us, and enjoy the simple moments with the people we love.



Sunday

Monday

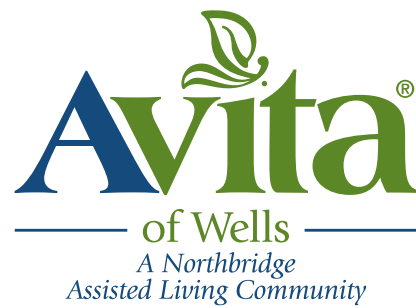
Tuesday

Wednesday










Thursday

Friday







Saturday













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9:00  Daily Chronicles
9:00  Congregational Church
10:15  Garden Club
11:15  Barre Balance
1:30  Live Music: Rob Mulrooney
2:30  Snack & Chat
3:15  Rockin' Walkin' Warriors
4:15  Classic Card Games
6:00  Planet Earth Documentary

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9:00  Daily Chronicles
10:00  Garden Club
10:30  Cycling Class
11:15  Resident Council Meeting
1:15  Outdoor Walks
1:30  Summer Van Outing
2:30  Cinco de Mayo
3:15  Artist In Residence
4:15  Brain Gym
6:00  Monday Night Musical

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9:00  Daily Chronicles
10:00  Garden Club
10:30  Barre Balance Tai Chi
11:15  Trivia
1:00  "Gigi" The Service Dog
1:15  Outdoor Walks
2:00  Courtyard Games
2:30  Snack & Chat
3:15  B-I-N-G-O
4:15  Men's Club: Reminiscing











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9:00  Daily Chronicles
10:00  Garden Club
10:30  Let's Zumba!
11:15  Brain Gym: Word Web
1:15  Outdoor Walks
1:30  Autumn Van Outing
1:45  Cooking up Memories
2:30  Snack & Chat
3:15  Senior Green Committee
4:15  Breeze Way Short Stories










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9:00  Daily Chronicles
10:30  Resistance Band Training
11:15  Four Corners
1:15  Outdoor Walks
1:45  Garden Club
2:30  Happy Hour w/Rob Robbins
4:00  Nail Care & Hand Massages
6:00  Nat.I Geo. Documentary










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8:30  WJHS Cards w/Kids
9:00  Daily Chronicles
10:00  Garden Club
10:45  Drum It Out
11:30  Categories
1:15  Outdoor Walks
1:30  Spring Van Outing
2:30  Snack & Chat
3:15  Crafter's Corner
4:15  Men's Club









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9:00  Daily Chronicles
10:30  Noodle Movement
11:15  Who Am I?
1:15  Outdoor Walks
2:00  Garden Club
2:30  Snack & Chat
3:15  Catholic Mass: St. Mary's
4:00  Joggin' our Noggins'
6:00  Evening Movie: Action









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9:00  Daily Chronicles
9:00  Congregational Church
10:15  Garden Club
11:15  Barre Balance
1:30  Live Music w/Jeff G.
2:30  Mother's Day Social
3:15  Rockin' Walkin' Warriors
4:15  Classic Card Games
6:00  Planet Earth Documentary








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9:00  Daily Chronicles
10:00  Garden Club
10:30  Cycling Class
11:15  Finish The Song Lyric
1:15  Outdoor Walks
1:30  Summer Van Outing
2:00  Noggin' Joggin'
2:30  Snack & Chat
3:15  Artist In Residence
4:15  Brain Gym

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9:00  Daily Chronicles
10:00  Garden Club
10:30  Pioneer Peg
11:15  Trivia
1:00  "Gigi" The Service Dog
1:15  Outdoor Walks
2:00  Courtyard Games
2:30  Snack & Chat
3:15  B-I-N-G-O
4:15  Men's Club: Reminiscing











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9:00  Daily Chronicles
10:00  Garden Club
10:30  Let's Zumba!
11:15  Brain Gym: Word Web
1:15  Outdoor Walks
1:30  Autumn Van Outing
1:45  Floral Arranging
2:30  Snack & Chat
3:15  Courtyard Games
4:15  Breeze Way Short Stories

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9:00  Daily Chronicles
10:30  Resistance Band Training
11:15  Balloon Volleyball
1:15  Outdoor Walks
1:45  Garden Club
2:30  Happy Hour w/J&L Music
4:00  Nail Care & Hand Massages
6:00  Nat.I Geo. Documentary










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8:30  WJHS Cards w/Kids
9:00  Daily Chronicles
10:00  Garden Club
10:45  Drum It Out
11:30  Categories
1:15  Outdoor Walks
1:30  Spring Van Outing
2:30  Snack & Chat
3:15  Yoga Class w/Mindy Muse
4:15  Men's Club











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9:00  Daily Chronicles
10:30  Noodle Movement
11:15  What Am I?
1:15  Outdoor Walks
2:00  Garden Club
2:30  Snack & Chat
3:15  Catholic Mass: St. Mary's
4:00  Joggin' our Noggins'
6:00  Evening Movie: Action











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9:00  Daily Chronicles
9:00  Congregational Church
10:15  Garden Club
11:15  Barre Balance
1:15  Outdoor Walks
2:30  Snack & Chat
3:15  Courtyard Games
4:15  Classic Card Games
6:00  Planet Earth Documentary

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9:00  Daily Chronicles
10:00  Garden Club
10:30  Cycling Class
11:15  Who Sang It?
1:15  Outdoor Walks
1:30  Summer Van Outing
2:00  Noggin' Joggin'
2:30  Snack & Chat
3:15  Artist In Residence
4:15  Brain Gym

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9:00  Daily Chronicles
10:00  Garden Club
10:30  Barre Balance Tai Chi
11:15  Trivia
1:00  "Gigi" The Service Dog
1:15  Outdoor Walks
2:00  Courtyard Games
2:30  Snack & Chat
3:15  B-I-N-G-O
4:15  Men's Club: Reminiscing











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9:00  Daily Chronicles
10:00  Garden Club
10:30  Let's Zumba!
11:15  Brain Gym: Word Web
1:15  Outdoor Walks
1:30  Autumn Van Outing
1:45  Cooking up Memories
2:30  Snack & Chat
3:15  Clay Art
4:15  Breeze Way Short Stories










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9:00  Daily Chronicles
10:30  Resistance Band Training
11:15  Circle Soccer
1:15  Outdoor Walks
1:45  Garden Club
2:30  Happy Hour w/Just Us
4:00  Nail Care & Hand Massages
6:00  Nat.I Geo. Documentary










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8:30  WJHS Cards w/Kids
9:00  Daily Chronicles
10:00  Garden Club
10:45  Drum It Out
11:30  Categories
1:15  Outdoor Walks
1:30  Spring Van Outing
2:30  Snack & Chat
3:15  Crafter's Corner
4:15  Men's Club











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9:00  Daily Chronicles
10:30  Noodle Movement
11:15  Junk Draw Detectives
1:15  Outdoor Walks
2:00  Garden Club
2:30  Snack & Chat
3:15  Catholic Mass: St. Mary's
4:00  Joggin' our Noggins'
6:00  Evening Movie: Action











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9:00  Daily Chronicles
9:00  Congregational Church
10:15  Garden Club
11:15  Barre Balance
1:30  Live Music w/Red G.
2:30  Snack & Chat
3:15  Rockin' Walkin' Warriors
4:15  Classic Card Games
6:00  Planet Earth Documentary







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9:00  Daily Chronicles
10:00  Garden Club
10:30  Cycling Class
11:15  Honoring Memorial Day
1:15  Outdoor Walks
1:30  Summer Van Outing
2:00  Noggin' Joggin'
2:30  Snack & Chat
3:15  Artist In Residence
4:15  Brain Gym






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9:00  Daily Chronicles
10:00  Garden Club
10:30  Barre Balance Tai Chi
11:15  Trivia
1:00  "Gigi" The Service Dog
1:30  Live Presentation: Mark P
2:00  Courtyard Games
2:30  Snack & Chat
3:15  B-I-N-G-O
4:15  Men's Club: Reminiscing











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9:00  Daily Chronicles
10:00  Garden Club
10:30  Let's Zumba!
11:15  Brain Gym: Word Web
1:15  Outdoor Walks
1:30  Autumn Van Outing
1:45  Floral Arranging
2:30  Snack & Chat
3:15  Courtyard Games
4:15  Breeze Way Short Stories










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9:00  Daily Chronicles
10:30  Resistance Band Training
11:15  Bocce Ball
1:15  Outdoor Walks
1:45  Garden Club
2:30  Happy Hour w/Rob Duquette
4:00  Nail Care & Hand Massages
6:00  Nat.I Geo. Documentary

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8:30  WJHS Cards w/Kids
9:00  Daily Chronicles
10:00  Garden Club
10:45  Drum It Out
11:30  Categories
1:15  Outdoor Walks
1:30  Spring Van Outing
2:30  Snack & Chat
3:15  Crafter's Corner
4:15  Men's Club

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9:00  Daily Chronicles
10:30  Noodle Movement
11:15  HBD 95! Clint Eastwood
1:15  Outdoor Walks
2:00  Garden Club
2:30  Snack & Chat
3:15  Catholic Mass: St. Mary's
4:00  Joggin' our Noggins'
6:00  Evening Movie: Action

Information Corner

May Birthday's
5/6 Claire P.
5/27 Linda W.

Avita Support Group
Wed. 5/21 @5pm

Live Music
Sunday's @ 1:30pm
Thursday's @ 2:30pm

Mother's Day Social
Sun. 5/11
Live Music @ 1:30
Refreshments @ 2:30

Activity Key