

## Valentine's Day Luncheon



The best way to spend Valentine's Day is by spending it around people you care about!

We did this by hosting a Valentine's Luncheon in our Cafe. Our Carriage House chefs served a delicious, buffet-style meal.

After lunch, we enjoyed the romantic medolies of Ben & Brad!

## Mardi Gras

Mardi Gras is the final day of Carnival or Shrovetide before Ash Wednesday. Mardi Gras is French for "Fat Tuesday", reflecting the practice of the last night of consuming rich, fatty foods in preparation for the fasting season of Lent. We hosted a parade for the holiday, complete with floats, confetti and authentic King Cake shipped straight from New Orleans!



## Acton Bowladrome



Strike up the fun! Our residents had a ball at Acton Bowladrome in Acton, MA! Laughter echoed down the lanes as strikes and spares became the talk of the town. A perfect day of friendly competition and unforgettable memories. Here's to rolling strikes and making memories together!



## March Happenings

March into excitement with our jam-packed calendar of events! From St. Patrick's Day shenanigans to lively outings and engaging activities, there's something for everyone this month. Get ready to embrace the spirit of the season and create unforgettable memories with friends and neighbors. Let's make March marvelous together!



### CARRIAGE HOUSE AT LEE'S FARM *Leadership Team*

**Libby Mattei**  
*Executive Director*

**Robin Berman**  
*Business Office Director*

**Catherine Sullivan**  
*Community Program Director*

**Amanda Lydon**  
*Culinary Director*

**Laurie Pimentel**  
*Maintenance Director*

## Time to Paddy



Get ready to sham-rock and roll! March is just around the corner, and we're eagerly counting down the days to our St. Patrick's Day festivities! From testing our luck with 'Luck of the Irish BINGO' to dancing a jig at our St. Paddy's Party, and savoring the flavors of Ireland at The Irish Cottage, our calendar is brimming with cheer and celebration. Let the countdown to green-filled fun begin!





## March Birthdays

Text

### Activity Key

- Connect
- Feel
- Move
- Learn

### Sunday

MARCH 31

Easter

- 9:30 Spiritual Songs & Hymns
- 10:00 Catholic Mass
- 10:30 Chair Yoga
- 11:00 Crossword Challenge
- 1:30 Mini Golf
- 3:00 Quarter Bingo
- 4:00 Happy Hour!
- 7:00 Evening Movie

### Monday



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northbridgecommunities.com/carriage-house-at-lees-farm/  
*independent and assisted living*

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- 9:30 Coffee and News
- 10:00 Boxing with Tessa
- 11:00 Tricky Trivia
- 1:00 Outing: Local Errands
- 1:30 Board Games
- 3:00 Crafty Corner
- 4:00 What Would CH Do?
- 7:00 Evening Movie

### Tuesday

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- 9:30 Coffee and News
- 10:00 Barre Balance Class
- 11:00 Current Events
- 1:00 Outing: Nail Salon
- 1:30 Indoor Kickball
- 2:30 Dice Games
- 3:30 Armchair Traveler
- 4:30 Rosary Group with Dawn
- 7:00 Evening Movie

### Wednesday



Happy St. Patrick's Day!

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- 9:30 Coffee and News
- 10:00 Weight Training
- 11:00 Cranium Crunch
- 1:00 Resident Council Meeting
- 2:00 Jeff Thomas Entertains!
- 3:00 Quarter Bingo
- 4:00 Happy Hour!
- 7:00 Evening Movie

### Thursday

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- 9:30 Coffee and News
- 10:00 Barre Balance Class
- 11:00 Crossword Puzzles
- 1:00 Bocce Ball League
- 2:30 Cooking Up Memories
- 4:00 Poker Game
- 7:00 Evening Movie

### Friday

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- 9:30 Coffee and News
- 10:00 Muscle Mix w/ Joanne
- 11:00 Scattergories
- 11:00 Carriage House Singers
- 1:30 Jeopardy!
- 3:00 Quarter Bingo
- 4:00 Happy Hour!
- 7:00 Evening Movie

### Saturday

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- 9:30 Coffee and News
- 10:00 Barre Balance Class
- 11:00 Scattergories
- 2:00 Irish Dancers Entertain!
- 3:00 Corn Hole
- 4:00 Name That Tune
- 7:00 Evening Movie

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- 9:30 Coffee and News
- 10:00 Barre Balance Class
- 11:00 Scattergories
- 1:30 Mini Manicures
- 1:30 Saturday Series
- 3:15 Michael Leidig Entertains!
- 4:30 Name That Tune
- 7:00 Evening Movie

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- 9:30 Coffee and News
- 10:00 Muscle Mix w/ Joanne
- 11:00 Carriage House Singers
- 1:30 Celebrity Spotlight
- 3:00 Quarter Bingo
- 4:00 Happy Hour!
- 7:00 Evening Movie

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- 9:30 Coffee and News
- 10:00 Muscle Mix w/ Joanne
- 11:00 Carriage House Singers
- 1:30 Jeopardy!
- 3:00 Quarter Bingo
- 4:00 St. Paddy's Party!
- 7:00 Evening Movie

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- 9:30 Coffee and News
- 10:00 Barre Balance Class
- 11:00 Scattergories
- 1:30 Mini Manicures
- 1:30 Saturday Series
- 3:00 Corn Hole
- 4:00 Name That Tune
- 7:00 Evening Movie

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- 9:30 Spiritual Songs & Hymns
- 10:00 Catholic Mass
- 10:30 Chair Yoga
- 11:00 Crossword Challenge
- 1:30 Mini Golf
- 3:00 Quarter Bingo
- 4:00 Happy Hour!
- 7:00 Evening Movie

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- 9:30 Coffee and News
- 10:00 Barre Balance Class
- 11:00 Tricky Trivia
- 1:30 Board Games
- 3:00 Crafty Corner
- 4:00 Penny Anti
- 7:00 Evening Movie

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- 9:30 Coffee and News
- 10:00 Barre Balance Class
- 11:00 Letter Trivia
- 11:00 Outing: The Irish Cottage
- 1:30 Indoor Kickball
- 2:30 Dice Games
- 3:30 History & Customs of St. Patrick's Day
- 4:30 Rosary Group with Dawn
- 7:00 Evening Movie

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- 9:30 Coffee and News
- 10:00 Weight Training
- 11:00 Artist In Residence
- 2:00 Michael Goodwin Entertains!
- 3:00 Quarter Bingo
- 4:00 Happy Hour!
- 7:00 Evening Movie

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- 9:30 Coffee and News
- 10:00 Barre Balance Class
- 11:00 Crossword Puzzles
- 1:00 Bocce Ball League
- 2:30 Cooking Up Memories
- 3:30 Tom Madden Entertains!
- 7:00 Evening Movie

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St. Patrick's Day

- 9:30 Spiritual Songs & Hymns
- 10:00 Catholic Mass
- 10:30 Chair Yoga
- 11:00 Crossword Challenge
- 1:30 Mini Golf
- 3:00 Luck of the Irish BINGO
- 4:00 Happy Hour!
- 7:00 Evening Movie

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- 9:30 Coffee and News
- 10:00 Boxing with Tessa
- 11:00 Tricky Trivia
- 1:00 Outing: Local Errands
- 1:30 Board Games
- 3:00 Ballroom Dancing w/ Michael
- 4:00 Picture Detective
- 7:00 Evening Movie

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- 9:30 Coffee and News
- 10:00 Barre Balance Class
- 11:00 Who Am I?
- 11:00 Chris Ekblom Entertains!
- 1:00 Outing: Wayland Library
- 1:30 Indoor Kickball
- 2:30 Dice Games
- 3:30 Armchair Traveler
- 4:30 Rosary Group with Dawn

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- 9:30 Coffee and News
- 10:00 Weight Training
- 11:00 Cranium Crunch
- 1:30 Bowling Competition
- 3:00 Quarter Bingo
- 4:00 Happy Hour!
- 7:00 Evening Movie

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- 9:30 Coffee and News
- 10:00 Barre Balance Class
- 11:00 Crossword Puzzles
- 1:30 Sculpting Class w/ Janice
- 2:30 Cooking Up Memories
- 3:30 John Clark Entertains!
- 7:00 Evening Movie

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- 9:30 Coffee and News
- 10:00 Muscle Conditioning Class
- 11:00 Carriage House Singers
- 1:30 Harpist, Shelley Otis!
- 3:00 Quarter Bingo
- 4:00 Happy Hour!
- 7:00 Evening Movie

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- 9:30 Coffee and News
- 10:00 Barre Balance Class
- 11:00 Scattergories
- 1:30 Mini Manicures
- 1:30 Saturday Series
- 3:00 Corn Hole
- 4:00 Name That Tune
- 7:00 Evening Movie

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Palm Sunday

- 9:30 Spiritual Songs & Hymns
- 10:00 Catholic Mass
- 10:30 Chair Yoga
- 11:00 Crossword Challenge
- 12:15 Outing: Open Door Theater
- 1:30 Mini Golf
- 3:00 Quarter Bingo
- 4:00 Happy Hour!
- 7:00 Evening Movie

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- 9:30 Coffee and News
- 10:00 Barre Balance Class
- 11:00 Tricky Trivia
- 1:00 Outing: Local Errands
- 1:30 Board Games
- 3:00 Crafty Corner
- 4:00 Right Left Center
- 7:00 Evening Movie

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- 9:30 Coffee and News
- 10:00 Barre Balance Class
- 11:00 Silly Skit Reading
- 1:30 Indoor Kickball
- 2:30 Dice Games
- 3:30 Armchair Traveler
- 4:30 Rosary Group with Dawn
- 7:00 Evening Movie

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- 9:30 Coffee and News
- 10:00 Weight Training
- 11:00 Artist In Residence
- 1:30 Good Shepherd Service
- 2:00 Mike Mosca Entertains!
- 3:00 Quarter Bingo
- 4:00 Happy Hour!
- 7:00 Evening Movie

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- 9:30 Coffee and News
- 10:30 Nature Connection Visit!
- 11:00 Crossword Puzzles
- 1:00 Bocce Ball League
- 2:30 Cooking Up Memories
- 4:00 Poker Game
- 7:00 Evening Movie

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Good Friday

- 9:30 Coffee and News
- 10:00 Muscle Mix w/ Joanne
- 11:00 Carriage House Singers
- 1:30 Jeopardy!
- 3:00 Quarter Bingo
- 4:00 Happy Hour!
- 7:00 Evening Movie

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- 9:30 Coffee and News
- 10:00 Barre Balance Class
- 11:00 Scattergories
- 1:30 Mini Manicures
- 1:30 Saturday Series
- 3:00 Corn Hole
- 4:00 Name That Tune
- 7:00 Evening Movie