

## Spring Fling Garden Celebration



### Spring Garden Party

Wednesday, May 21, 12:00 - 2:00 pm

Join us for a delightful afternoon at our annual Spring Garden Party, a celebration of the vibrant beauty and fresh beginnings that May brings. Set in the heart of our scenic Boylston Place courtyard, this special event invites residents, family members, and friends to come together for an unforgettable mid-day filled with joy,

laughter, and connection.

Surrounded by colorful spring blooms and lush greenery, guests will enjoy the relaxing atmosphere of our courtyard while savoring delicious food, refreshing beverages, and sweet treats prepared with care by our own chefs. Live music will fill the air, adding a cheerful soundtrack to our lunchtime celebration and encouraging everyone to unwind and embrace the season.

Whether you're catching up with neighbors, strolling through the garden, or simply soaking in the sunshine, the Spring Garden Party offers something for everyone. This is a wonderful opportunity to share meaningful moments with loved ones and celebrate the spirit of community that makes Boylston Place so special.

We warmly invite you to bring your family and friends and make lasting memories together. We can't wait to see you there—come celebrate spring in full bloom!

## Embrace Spring with Music and Dance

Join us as we celebrate the vibrant rhythms of dance and music. Discover new experiences—learn the graceful steps of the Tango, admire the artistry of Belly Dancing, and enjoy the elegance of our Streamed Symphony Concerts. Be delighted by talented pianists and engaging entertainers, or simply relax and be moved by the inspiring performances of our youth artists. See you there.



# THE RESIDENCE at Boylston Place

## THE RESIDENCE AT BOYLSTON PLACE *Associates*

**Eileen Mahoney**

*Executive Director*

**Jennifer Anthony**

*Sales and Marketing Director*

**Eric Heredia**

*Restaurant Operations Manager*

**Deborah Savoy**

*Resident Care Director*

**Linda Friend**

*Resident Engagement Director*

**Moises Martinez**

*Maintenance Director*

**Christina Hennessy**

*Reflections Director*



## Respect and Remembrance



### Memorial Day at Boylston Place - Monday, May 26 4pm

This important holiday holds deep significance in our community here at Boylston Place, serving not only as a national holiday but also as a personal day of remembrance, reflection, and gratitude. For many of our residents, this day resonates on a profound level—honoring the brave men and women who gave their lives in service to our country, as well as remembering loved ones who served with courage and dignity.

Within our community, Memorial Day is more than a long weekend or a day of flags and parades. It's a time to come together, share stories, and pay tribute to the sacrifices that have shaped our freedoms. Many of our residents are veterans themselves or have close ties to military service, giving this day a deeply personal meaning. A special gathering in our courtyard allows us to place flags and flowers in honor of fallen heroes, while residents share reflections, poems, and memories. Memorial Day at Boylston Place is a time of unity, respect, and remembrance. It is an occasion that brings us together to honor the past and respect all the freedoms we enjoy today. Through shared memories and community spirit, we keep their legacy alive. Please join us in our beautiful courtyard and place a flag/flower while observing a minute of silence.

Good Times. Good Friends. *Great Care!*



SundayMondayTuesdayWednesdayThursdayFridaySaturday



- 4**
- 9:00 Sunday Funday Reruns
  - 10:00 Mindful Movement
  - 10:45 Virtual Catholic Mass
  - 11:00 Wordle Unlimited
  - 1:00 Matinee Movie
  - 1:00 Lightweight Body Pump
  - 2:30 Red Sox Ice Cream Social
  - 3:15 Family Game Day
  - 4:00 Cocktails & Music Listening

- 5** Cinco de Mayo
- 10:00 Zumba Gold Cardio
  - 10:45 Tai Chi for Arthritis
  - 11:00 Wordle Unlimited
  - 11:30 Gentlemen’s Luncheon
  - 12:45 Streamed Symphony Concert
  - 1:30 Local Spring Walk
  - 2:00 Bridge/Cribbage/Rummikub Group
  - 4:00 Cinco de Mayo Cocktails
  - 7:00 Series-”The Chosen”

- 11** Mother’s Day
- 9:00 Sunday Funday Reruns
  - 10:00 Mindful Movement
  - 10:45 Virtual Catholic Mass
  - 11:00 Wordle Unlimited
  - 1:00 Matinee Movie
  - 1:00 Lightweight Body Pump
  - 2:30 Mother’s Day Roses and Ice Cream Social
  - 3:15 Mother’s Choice Game Day
  - 4:00 Cocktails & Music

- 12** Nurses Day
- 10:00 Zumba Gold Cardio
  - 10:45 Tai Chi for Arthritis
  - 11:00 Hand Crafted Card Designs
  - 11:00 Wordle Unlimited
  - 12:45 Streamed Symphony Concert
  - 1:00 Local Spring Walk
  - 2:00 Tango Dance Lessons w Selina
  - 3:00 Bridge/Cribbage/Rummikub

- 18**
- 9:00 Sunday Funday Reruns
  - 10:00 Mindful Movement
  - 10:45 Virtual Catholic Mass
  - 11:00 Wordle Unlimited
  - 1:00 Matinee Movie
  - 1:00 Lightweight Body Pump
  - 2:30 French Open Tennis Ice Cream Social
  - 3:15 Family Game Day
  - 4:00 Cocktails & Music

- 19**
- 10:00 Zumba Gold Cardio
  - 10:45 Tai Chi for Arthritis
  - 11:00 Wordle Unlimited
  - 11:00 Mason Jar Spring Flowers Creations
  - 12:45 Streamed Symphony Concert
  - 1:00 Local Spring Walk
  - 2:00 Bridge/Cribbage/Rummikub Group
  - 2:00 LIVE Belly Dancer

- 25**
- 9:00 Sunday Funday Reruns
  - 10:00 Mindful Movement
  - 10:45 Virtual Catholic Mass
  - 11:00 Wordle Unlimited
  - 12:30 Red Sox Game - Local Outing
  - 1:00 Matinee Movie
  - 1:00 Lightweight Body Pump
  - 2:30 Red Sox Ice Cream Social
  - 3:15 Family Game Day

- 26** Memorial Day
- 10:00 Zumba Gold Cardio
  - 11:00 Wordle Unlimited
  - 11:00 Fresh Floral Arrangements
  - 12:45 Newton City Hall Patriotic Concert
  - 2:00 Bridge/Cribbage/Rummikub Group
  - 4:00 Memorial Day Celebration
  - 7:00 Series-”The Chosen”

- 6** Happy BDay David W
- 10:00 Barre and Balance
  - 11:00 Wordle Unlimited
  - 11:00 New Writing Group
  - 2:00 Sergio’s Yoga Session
  - 3:00 Poker/Mahjong Power
  - 3:00 Rummikub Group
  - 4:00 Teachers Appreciation Celebration Wine & Cheese Social
  - 7:00 Feature Film

- 13**
- 10:00 Barre and Balance
  - 10:15 Tea Talk World Events
  - 11:00 Music History Lecture John Clark
  - 1:00 Wordle Unlimited
  - 2:00 Sergio’s Yoga Session
  - 3:00 Poker/Mahjong Power
  - 3:00 Rummikub Group
  - 4:00 Wine & Cheese Social
  - 7:00 Feature Film

- 20** World Bee Day
- 10:00 Barre and Balance
  - 11:00 New Writing Group
  - 1:30 Ballroom Dancing Performance
  - 2:00 Sergio’s Yoga Session
  - 3:00 Rummikub Group
  - 3:00 Wordle Unlimited
  - 4:00 Wine & Cheese Social
  - 6:00 Memory Care Support Group
  - 7:00 Feature Film

- 27**
- 10:00 Barre and Balance
  - 11:00 Music History Lecture w John Clark
  - 1:00 Wordle Unlimited
  - 2:00 Sergio’s Yoga Session
  - 3:00 Sign Series Horticultural Lecture
  - 3:00 Poker/Mahjong/Rummikub Hour
  - 4:00 Garden Celebration

- 7**
- 10:00 Resistance Band Training
  - 10:45 Tai Chi for Arthritis
  - 11:00 Blood Pressure Clinic
  - 11:00 Wordle Unlimited
  - 12:30 Movie Outing @ Cineplex Chestnut Hill
  - 1:00 Barre and Balance
  - 2:00 Rummikub/Bridge Challenge
  - 3:00 Residents Dining Committee Meeting

- 14**
- 10:00 Resistance Band Training
  - 10:45 Tai Chi for Arthritis
  - 11:00 REACT Neuro Sessions
  - 1:00 Barre and Balance
  - 2:00 New York Times Bee/Wordle Unlimited
  - 3:00 Resident Only Council Meeting
  - 4:00 Trivia Cocktail Hour
  - 7:00 Feature Film

- 21**
- 10:00 Resistance Band Training
  - 10:45 Tai Chi for Arthritis
  - 11:00 Wordle Unlimited
  - 12:00 Garden Party Spring Fling
  - 2:00 Local Neighborhood Stroll
  - 3:00 Rummikub/Bridge Challenge
  - 4:00 Trivia Cocktail Hour
  - 6:30 Michael Leidig Pianist Performance
  - 7:45 Feature Film

- 28**
- 10:00 Resistance Band Training
  - 11:00 REACT Neuro Sessions
  - 1:00 Anagrams Challenge
  - 2:00 Chef Cooking Demonstration
  - 3:00 Rummikub/Bridge Challenge
  - 4:00 Trivia Cocktail Hour
  - 6:00 Dementia Conversations Lecture
  - 7:30 Feature Film

- 1**
- 10:00 Strength & Mindful Stretch
  - 11:15 Boylston Singer’s Group
  - 1:15 Bocce Challenge
  - 1:30 Omni Theatre “The Heart of New England” Local Outing
  - 2:00 New Mah-Jong Group
  - 2:15 Aroma Therapy Session 1
  - 3:00 New Poker Club
  - 4:00 Sangria & Tapas
  - 7:00 Feature Film

- 8**
- 10:00 Strength & Mindful Stretch
  - 11:15 Boylston Singer’s Group
  - 1:15 Low Impact Core Movement
  - 1:30 Music History Lecture
  - 2:00 New Mah-Jong Group
  - 3:00 New Poker Club
  - 3:00 Wordle Unlimited
  - 4:00 Sangria & Tapas
  - 7:00 Feature Film

- 15**
- 10:00 Strength & Mindful Stretch
  - 11:15 Boylston Singer’s Group
  - 1:00 “Whose On” Exhibit-Concord Museum Local Outing
  - 1:15 Bocce Challenge
  - 2:00 New Mah-Jong Group
  - 3:00 Veggie Planting Gathering
  - 4:00 Sangria & Tapas
  - 7:00 Feature Film

- 22**
- 10:00 Strength & Mindful Stretch
  - 11:00 Silk Fan Creations with Joyce
  - 12:30 “Isabella Steward Gardner Museum Tour” Local Outing
  - 2:00 Bridge/Mahjong Group
  - 2:15 Boylston Singer’s Group
  - 3:00 Wordle Unlimited
  - 4:00 Sangria & Tapas
  - 7:00 Feature Film

- 29** Happy BDay Marvin S
- 10:00 Strength & Mindful Stretch
  - 11:15 Boylston Singer’s Group
  - 1:00 Bridge/Mahjong Group
  - 1:00 “Emerald Necklace” Walk - Local Outing
  - 2:00 Veggie Planter Maintenance
  - 3:00 Boylston Resident Council Meeting
  - 4:00 Sangria & Tapas
  - 7:00 Feature Film

- 2**
- 10:00 Bone Density Lifting
  - 11:00 Open Watercolor Artists
  - 11:15 Wordle Unlimited
  - 12:45 Streamed Symphony Concert
  - 1:00 Barre & Balance
  - 1:00 NEW Res Ambassador Mtg
  - 2:00 Gershwin History Lecture Jeff Todd
  - 3:00 Cribbage/Rummikub Escape
  - 3:00 Library Outing

- 9**
- 10:00 Bone Density Lifting
  - 11:00 Open Watercolor Artists
  - 11:00 Wordle Unlimited
  - 11:30 New Resident Luncheon
  - 12:45 Streamed Symphony Concert
  - 1:00 Barre & Balance
  - 1:00 NEW Res Ambassador Mtg
  - 2:00 Library/ Grocery Outing
  - 2:00 Mother’s Day Herb Planters
  - 3:00 Cribbage/Rummikub Escape

- 16**
- 10:00 Bone Density Lifting
  - 11:00 Wordle Unlimited
  - 12:45 Streamed Symphony Concert
  - 1:00 NEW Res Ambassador Mtg
  - 1:00 Barre & Balance
  - 1:30 Alcohol Print/Painting w Joyce
  - 2:00 Library/ Grocery Outing
  - 3:00 Cribbage/Rummikub Escape
  - 4:00 Cocktails & Hors d’oeuvres

- 23** World Turtle Day
- 10:00 Bone Density Lifting
  - 11:00 Open Watercolor Artists
  - 11:00 Wordle Unlimited
  - 12:45 Streamed Symphony Concert
  - 1:00 Barre & Balance
  - 1:00 NEW Res Ambassador Mtg
  - 2:00 Library/ Grocery Outing
  - 2:00 “Cognition Changes and Aging” Lecture
  - 3:00 Cribbage/Rummikub Escape

- 30**
- 10:00 Bone Density Lifting
  - 11:00 Open Watercolor Artists
  - 11:00 Wordle Unlimited
  - 12:45 Streamed Symphony Concert
  - 1:00 Barre & Balance
  - 1:00 NEW Res Ambassador Mtg
  - 1:30 World Discussion Group
  - 2:00 Library/ Grocery Outing
  - 3:00 Cribbage/Rummikub Escape
  - 4:00 Cocktails & Hors d’oeuvres

- 3**
- 9:30 Virtual Shabbat Service
  - 10:00 Cardio Circuit Intervals
  - 11:00 Debate/Discussion Group
  - 1:30 Charity Bingo
  - 2:00 New Poker/Mahjong Club
  - 2:45 Dance & Movement
  - 4:00 Wine & Cheese Social
  - 6:15 Uno Game Night
  - 7:00 Saturday Night Series Night

- 10**
- 9:30 Virtual Shabbat Service
  - 10:00 Cardio Circuit Intervals
  - 11:00 Debate/Discussion Group
  - 1:30 Charity Bingo
  - 2:00 New Poker/Mahjong Club
  - 2:45 Dance & Movement
  - 4:00 Wine & Cheese Social
  - 6:30 Minkyung/Rivers Conservatory Youth Pianist
  - 7:00 Saturday Night Series

- 17** Armed Forces Day
- 9:30 Virtual Shabbat Service
  - 10:00 Cardio Circuit Intervals
  - 11:00 Tech Lecture w Antonio
  - 1:00 Debate/Discussion Group
  - 1:30 Charity Bingo
  - 2:00 New Poker/Mahjong Club
  - 3:00 Outdoor Courtyard Resistance Band Training
  - 4:00 Armed Forces Celebration
  - 7:00 Saturday Night Series

- 24**
- 9:30 Virtual Shabbat Service
  - 10:00 Cardio Circuit Intervals
  - 11:00 Debate/Discussion Group
  - 1:00 Charity Bingo
  - 2:00 New Poker/Mahjong Club
  - 2:00 Residents Art Show
  - 4:00 Resident Artists Appreciation Wine & Cheese Social
  - 7:00 Saturday Night Series

- 31**
- 9:30 Virtual Shabbat Service
  - 10:00 Cardio Circuit Intervals
  - 11:00 Wordle Unlimited
  - 1:30 Charity Bingo
  - 2:00 New Poker/Mahjong Club
  - 3:00 Outdoor Courtyard Resistance Band Training
  - 4:00 Wine & Cheese Social
  - 6:15 Uno Game Night
  - 7:00 Saturday Night Series

Engagement Events

Spring Fling Garden Party

Mother’s Day Celebration

Belly Dancing Entertainment

Veggie Planting Day

Concord Museum Exhibit

Red Sox Game

Emerald Necklace Walk

Neuro React Initiation

Our engagement program is built upon both our residents’ interests and our Five Principles for Vitality.

By providing quality and choice, we hope to encourage socialization and well-being for mind, body, and spirit.

Continued Learning  
Arts & Culture  
Physical Fitness  
Community Connections  
Wellness & Self-Care