

Resident Spotlight - Pat Walinski

Pat Walinski was born on January 9th, 1936. She grew up with her sister in South Philly on Ritner St. Her parents are from Philadelphia. Pat got her thrills by watching scary movies featuring Wolfman and Frankenstein at the neighborhood picture show. She enjoyed calm and peaceful surroundings while browsing local antique shops.

Pat graduated from South Philadelphia H.S. For Girls. Her favorite subjects were Art, History and Home Economics. She had fun going to school dances and following band musicians and has a collection of CD's including Judy Garland, Conway Twitty and Dean Martin.

Pat worked as a Switchboard Operator for Ma Bell in Philadelphia. During the Vietnam War, she connected phone calls from homesick servicemen to their worried moms and lonely wives. Pat allowed the soldiers to keep talking with their families, even after the time was up on the call, understanding it might be their last chance to hear each other's voices. Her empathy and compassion for others extends to residents in our community as well. Nice going Pat!

Pat was Guest Services Manager at The

Colonial Inn. She met Eddie there, and who knew that their first Seagram's Seven and Seven Up Cocktail together would lead to love and marriage! Thanksgiving holidays featured Turkey and lasagna, complete with mom's Italian gravy recipe. She relaxed while crabbing off the Wildwood Pier and barbecuing the latest catch with her 3 boys and 4 grandchildren.

Before moving to our community, Pat lived in Merchantville and was a Store Manager, purchasing clothing for The Children's Shop in The Cherry Hill Mall. These days, Pat enjoys live music events while sipping on Pinot Grigio during Happy Hour or stepping out for a bite to eat with family at Iron Hill Brewery and Restaurant.

Congratulations, Pat, on being this month's spotlight.



THE RESIDENCE at Voorhees

THE RESIDENCE AT VOORHEES *Associates*

Tina Krukowski
Executive Director

Jeanelle Jamison
Resident Engagement Director

Jennifer Pisko
Reflections Director

Lily Oware
Resident Care Director

Julian Okoye
Resident Services Supervisor

Janet Morrongiello
Business Office Director

Josephine Pope
Director of Sales and Marketing

Ron Miles
Maintenance Director

Kenya Johnson
Restaurant Operations Director



Signature Series Events

Masterclass: Bellydancing on Tuesday, July 8th

Learn the history and art of belly dancing, then try some moves seated!

Seafood Fest on Wednesday, July 23rd

Enjoy a variety of seafood, drinks, and live music.



Save the Date - Summer Choir

We're back at it!

Our summer choir is starting to prepare and will be ready to perform for you on **Wednesday, August 27th at 7pm.**

All families are invited to this lively, fun, and interactive performance.

RSVPs not required but seating is limited so please be mindful of our lobby space when bringing guests.

Refreshments to follow.



Good Times. Good Friends. *Great Care!*

Sunday Monday Tuesday Wednesday Thursday Friday Saturday



6
10:15 Live Stream Catholic Mass
10:30 Low Intensity Aerobics
11:00 Inspirational Message
1:30 Slow Flow Stretch
2:00 Volleyball Tournament
3:00 History 101 with Mike
4:00 Spa: Massage Chair
6:30 Card Sharks

7
10:00 Coffee Connoisseurs
10:45 Springdale Farms
11:15 Cardio Circuits
1:30 Tai Chi for Arthritis
2:00 Summer Choir Practice
3:00 Tabletop Golf
4:00 Alexa on the Porch
6:30 Comedy Movie Night

13
10:15 Live Stream Catholic Mass
10:30 Low Intensity Aerobics
11:00 Inspirational Message
1:30 Slow Flow Stretch
2:00 Volleyball Tournament
3:00 History 101 with Mike
4:00 Spa: Massage Chair
6:30 Card Sharks

14 Happy Birthday Bob N.
10:00 Coffee Connoisseurs
10:45 Dollar Tree Shopping Trip
11:15 Cardio Circuits
1:30 Tai Chi for Arthritis
2:00 Men’s Club
2:00 Art Lecture and Demo-Pressed Flowers
3:30 Short Story & Discussion
4:30 Kenny and Tony Guitar Duo
6:30 Comedy Movie Night

20
10:15 Live Stream Catholic Mass
10:30 Low Intensity Aerobics
11:00 Inspirational Message
1:30 Slow Flow Stretch
2:00 Volleyball Tournament
3:00 History 101 with Mike
4:00 Spa: Massage Chair
6:30 Card Sharks

21
10:00 Coffee Connoisseurs
10:45 Walmart Superstore
11:15 Cardio Circuits
1:30 Tai Chi for Arthritis
2:00 Sketching Nature
3:30 Water Balloon Challenge
4:00 Alexa on the Porch
6:30 Comedy Movie Night

27
10:15 Live Stream Catholic Mass
10:30 Low Intensity Aerobics
11:00 Inspirational Message
1:30 Slow Flow Stretch
2:00 Volleyball Tournament
3:00 History 101 with Mike
4:00 Spa: Massage Chair
6:30 Card Sharks

28
10:00 Coffee Connoisseurs
10:45 The Tender Visit
11:15 Cardio Circuits
1:30 Tai Chi for Arthritis
2:00 Jewelry Design Workshop
3:00 SHIELD Meeting
3:30 Short Story and Discussion
4:00 Alexa on the Porch
6:30 Comedy Movie Night

1
10:30 Communion Service
11:00 Strength and Conditioning
11:30 Positive News and Views
1:30 Sound Bowl Healing
2:00 Resident Council Meeting
2:00 Strength Circuit
3:00 Summer Choir Practice
3:30 Alexa Favorites
4:00 Technology Class
7:00 Rosary Prayer

8
10:30 St. Andrews Catholic Mass
11:00 Strength and Conditioning
11:30 Positive News and Views
1:30 Sound Bowl Healing
2:00 Masterclass-Belly Dancing
3:00 REACT Neuro Sessions
3:15 Strength Circuits
4:00 Words Across Miles-Greeting Cards
7:00 Rosary Prayer

15
10:30 Communion Service
11:00 Strength and Conditioning
11:30 Positive News and Views
1:30 Sound Bowl Healing
2:00 Summer Choir Practice
3:00 Seated Kickboxing
3:30 Alexa Favorites
4:00 Understanding AI-The Future is Now
7:00 Rosary Prayer

22
10:30 Communion Service
11:00 Strength and Conditioning
11:30 Positive News and Views
1:30 Sound Bowl Healing
2:00 Summer Choir Practice
3:00 REACT Neuro Sessions
3:00 Core and More
4:00 Words Across Miles-Greeting Cards
7:00 Rosary Prayer

29
10:30 Communion Service
11:00 Strength and Conditioning
11:30 Positive News and Views
1:30 Sound Bowl Healing
2:00 Summer Choir Practice
3:30 Trivia-Alliterative Names
4:00 Technology Class
7:00 Rosary Prayer

2
10:30 Low Impact Cardio Class
11:00 Historic New Jersey
12:00 Lunch-Filomena’s Italian
2:15 Handmade Hope for Alzheimers
3:00 Bingo Club
4:00 Dominoes
6:30 Tai Chi For Arthritis
7:00 Music and Movie Clips

9 Happy Birthday Mike
10:30 Low Impact Cardio Class
10:30 Live Music in Reflections
11:00 Historic New Jersey
1:30 SJ Baseball Hall of Fame
2:15 Handmade Hope For Alzheimers
3:00 Bingo Club
4:00 Dominoes
6:30 Tai Chi For Arthritis
7:00 Sunset Dance & Sing Night

16
10:30 Low Impact Cardio Class
10:30 Ronald McDonald House
11:00 Historic New Jersey
1:30 Wheelchair & Walker Wash w/ BAYADA
2:15 Handmade Hope For Alzheimers
3:00 Bingo Club
4:00 Dominoes
6:30 Tai Chi For Arthritis

23
10:30 Low Impact Cardio Class
10:30 Live Music in Reflections
11:00 Historic New Jersey
11:30 Seafood Fest
1:30 Historic Haddonfield
2:15 Handmade Hope For Alzheimers
3:00 Bingo Club
6:30 Tai Chi For Arthritis
7:00 Sunset Dance & Sing Night

30
10:30 Low Impact Cardio Class
11:00 Historic New Jersey
11:00 Trenton Thunder Baseball
2:15 Handmade Hope For Alzheimers
3:00 Bingo Club
4:00 Dominoes
6:30 Tai Chi For Arthritis
7:00 Music and Movie Clips

3
10:30 Cardio Drumming
11:00 Inquiring Minds w/ Mike
1:30 Nature Walk
2:30 DJ Chuck Sikora
3:00 Cocktail Hour
3:30 Community Jigsaw Puzzle
3:30 Laugh with Larry-Jokes
4:00 Uno Card Game
7:00 Concert Series

10
10:30 Cross Country-Walk to Eastern
11:00 Sound Bites Trivia
12:00 Welcome Luncheon
1:30 Full Body Stretch
2:30 Bruce Copp on Guitar
3:00 Cocktail Hour
3:30 Laugh with Larry-Jokes
4:00 Uno Card Game
7:00 Concert Series

17 Happy Bday Cuddles
10:30 Cardio Drumming
11:00 Inquiring Minds w/ Mike
1:30 Nature Walk
2:30 Al Pileggi on Drums
3:00 Cocktail Hour
3:30 Community Jigsaw Puzzle
3:30 Laugh with Larry-Jokes
4:00 Uno Card Game
7:00 Concert Series

24
10:30 Cross Country-Walk to Eastern
11:00 Sound Bites Trivia
1:30 Core and More
2:30 Steve Fertel on Piano
3:00 Cocktail Hour
3:30 Community Jigsaw Puzzle
3:30 Laugh with Larry-Jokes
4:00 Uno Card Game
7:00 Concert Series

31
10:30 Cardio Drumming
11:00 Inquiring Minds w/ Mike
1:30 Nature Walk
2:30 Jay Daniels on Piano
3:00 Cocktail Hour
3:30 Community Jigsaw Puzzle
3:30 Laugh with Larry-Jokes
4:00 Uno Card Game
7:00 Concert Series

4 Independence Day
10:30 Barre and Balance Class
11:15 Fireworks Around the World
1:30 Rosary Prayer
1:30 Trivial Pursuit Trivia
2:00 BAYADA Fitness Class
3:00 Red, White and Bloom-Floral Arranging
4:00 Alexa on the Porch
6:30 Feature Film-Music Man

11 Happy Bday Teddy
10:30 Barre and Balance Class
11:15 iPad Games
1:30 Trivial Pursuit Trivia
2:00 BAYADA Fitness Class
3:00 Program Planning Meeting
3:15 Big Boggle
3:30 Lemonade on the Porch
7:00 Feature Film & Fresh Popcorn

18
10:30 Barre and Balance Class
11:15 iPad Games
1:30 Trivial Pursuit Trivia
1:30 Ambassador Meeting
2:00 BAYADA Fitness Class
3:00 Old Time Radio Podcast
3:15 Big Boggle
4:00 Alexa on the Porch
7:00 Feature Film & Fresh Popcorn

25
10:30 Barre and Balance Class
11:15 iPad Games
1:30 Trivial Pursuit Trivia
2:00 BAYADA Fitness Class
3:00 Disability Pride Month Presentation
3:15 Big Boggle
4:00 Alexa on the Porch
7:00 Feature Film & Fresh Popcorn



5
10:15 Sculpt and Tone
10:45 Game Club-Bingo
1:30 Yoga for Relaxation
2:00 Art Studio-Book Marks
3:00 Word Mining
3:15 Alexa on the Porch
4:00 Rummy Card Game
7:00 Classic Movie Night

12
10:15 Sculpt and Tone
10:45 Game Club-Bingo
1:30 Yoga for Relaxation
2:00 The Family Church Visit-Spa Day
3:00 Word Mining
3:15 Alexa on the Porch
4:00 Rummy Card Game
7:00 Classic Movie Night

19 Happy Birthday Jack
10:15 Sculpt and Tone
10:45 Game Club-Bingo
1:30 Yoga for Relaxation
2:00 Lemon Blueberry Brie Bites
3:00 Word Mining
3:15 Alexa on the Porch
4:00 Rummy Card Game
7:00 Classic Movie Night

26
10:15 Sculpt and Tone
10:45 Game Club-Bingo
1:30 Yoga for Relaxation
2:00 The Lexical Challenge
3:00 Vivid Escapes-Therapeutic Coloring
3:15 Alexa on the Porch
4:00 Rummy Card Game
7:00 Classic Movie Night

Van Schedule

Our resident outings take place on Mondays and Wednesdays.

Doctor appointments are on Tuesdays from 12-4 and Thursdays from 10-4.

Please schedule all appointments with the Front Desk.

Our engagement program is built upon both our residents’ interests and our Five Principles for Vitality.

By providing quality and choice, we hope to encourage socialization and well-being for mind, body, and spirit.

Continued Learning
Arts & Culture
Physical Fitness
Community Connections
Wellness & Self-Care