

Sunday Monday Tuesday Wednesday Thursday Friday Saturday



5 Cheese Pizza Day
10:00 ■ Yoga Chair Exercise
10:30 ■ Who Wants To Be A Millionaire?!
11:00 ■ Challenging Brain Games
11:30 ■ Special Moment
1:30 ■ Documentary-Judy Garland
2:30 ■ Cornhole Fun!
3:00 ■ Firestick Brain Games
3:00 ■ Expressive Painting

6 Labor Day
10:00 ■ Yoga Chair Exercise
10:00 ■ Manicure Monday
10:30 ■ Pictionary-Guess that Pic
11:00 ■ Singing Sensation w/Sue
11:30 ■ Special Moment
2:00 ■ Resident Council
3:00 ■ Indoor Tennis!
3:30 ■ Trivia Challenge!
3:30 ■ Group Chat-Family Pets

7
10:00 ■ Tai Chi with Pam
10:30 ■ Name 10 Challenge
11:00 ■ Family Feud
2:00 ■ Root Beer Float Social
2:30 ■ Barre & Balance Class
3:00 ■ Remember When...
3:30 ■ Relaxing Hand Spa
3:30 ■ Challenging Brain Games

8
10:00 ■ Stretch and Flex
10:30 ■ Pictionary-Guess that Pic
11:00 ■ Twister with a Twist
11:30 ■ Bingo Time!
11:30 ■ Special Moment
2:00 ■ Famous Faces
2:30 ■ Bowling Fun!
3:00 ■ Karaoke Time!
3:30 ■ Relaxing Hand Spa

9
10:00 ■ Yoga Chair Exercise
10:30 ■ What's That Sound?
11:00 ■ Words Within a Word
11:30 ■ Group Chat-First Job
1:30 ■ Documentary-Bette Davis
2:00 ■ Finish that Phrase
2:30 ■ Barre & Balance Class
3:00 ■ World Travel Destinations
3:30 ■ Singing sensation w/Sue
5:00 ■ Trivia Challenge

10
10:00 ■ Tai Chi with Pam
10:30 ■ Pictionary-Guess that Pic
11:00 ■ The Old West Shooting Game
11:30 ■ Bingo Time!
11:30 ■ Poetry Corner
2:00 ■ Finish that Phrase
2:30 ■ Parachute Fun
3:00 ■ Remember When...
3:30 ■ Creative Expression w/Art

11 Patriot Day
10:00 ■ Colorful Weight Workout
10:30 ■ Who Wants To Be A Millionaire?!
11:00 ■ Challenging Brain Games
11:30 ■ Special Moment
2:00 ■ Famous Faces
3:00 ■ Remember When...
3:30 ■ Meditation and Yoga
3:30 ■ Relaxing Hand Spa
5:30 ■ Movie Night!

12 Grandparents Day
10:00 ■ Yoga Chair Exercise
10:30 ■ Pictionary-Guess that Pic
11:00 ■ Challenging Brain Games
11:30 ■ Special Moment
1:30 ■ Documentary-Clark Gable
2:30 ■ Toss the Egg
3:00 ■ Firestick Brain Games
3:00 ■ Expressive Painting
5:30 ■ Destinations Around the World

13
10:00 ■ Yoga Chair Exercise
10:00 ■ Manicure Monday
10:30 ■ Who Wants To Be A Millionaire?!
11:00 ■ Famous Faces Trivia
11:30 ■ Group Chat-Hometown
1:30 ■ Indoor Tennis!
2:00 ■ Ladies Tea Social
3:00 ■ Trivia Challenge!
3:30 ■ Singing Sensation w/Sue

14 Cream Filled Donut Day
10:00 ■ Tai Chi with Pam
10:30 ■ Finish that Phrase
11:00 ■ Name 10 Challenge
2:00 ■ Root Beer Float Social
2:30 ■ Barre & Balance Class
3:00 ■ Hangman!
3:30 ■ Relaxing Hand Spa
3:30 ■ Family Feud

15 Yom Kippur
10:00 ■ Stretch and Flex
10:30 ■ Who Wants To Be A Millionaire?!
11:00 ■ Challenging Brain Games
11:00 ■ Relaxing Hand Spa
2:00 ■ Famous Faces
2:30 ■ Bowling Fun!
3:00 ■ Toss the Egg
3:30 ■ Special Moment Memories

16 Pick Your Chocolate Day
10:00 ■ Yoga Chair Exercise
10:30 ■ Pictionary-Guess that Pic
11:00 ■ Hangman!
11:30 ■ Special Moment
2:00 ■ Finish that Phrase
2:30 ■ Barre & Balance Class
3:00 ■ Balloon Volleyball
3:30 ■ Singing Sensation w/Sue
5:00 ■ Trivia Challenge

17 Country Music Day
10:00 ■ Tai Chi with Pam
10:30 ■ Would You Rather
11:00 ■ Bingo Time!
11:30 ■ Grab and Go Baskets
2:00 ■ Finish that Phrase
2:30 ■ Group Crossword
3:00 ■ Ring Toss!
3:30 ■ Creative Expression w/Art

18 Batman Day
10:00 ■ Colorful Weight Workout
10:30 ■ Pictionary-Guess that Pic
11:00 ■ Firestick Brain Games
11:30 ■ Special Moment
2:00 ■ Famous Faces
3:00 ■ Poetry Corner
3:30 ■ Meditation and Yoga
3:30 ■ Relaxing Hand Spa
5:30 ■ Movie Night!

19
10:00 ■ Yoga Chair Exercise
10:30 ■ Famous Faces Trivia
11:00 ■ Challenging Brain Games
11:30 ■ Singing Sensation w/Sue
1:30 ■ Documentary-Fred Astaire
2:30 ■ Toss the Egg
3:00 ■ Expressive Painting
5:30 ■ Firestick Brain Games

20 Pepperoni Pizza Day
10:00 ■ Yoga Chair Exercise
10:00 ■ Manicure Monday
10:30 ■ Pictionary-Guess that Pic
11:00 ■ Family Feud
2:00 ■ Balloon Volleyball
3:00 ■ Singing Sensation w/Sue
3:30 ■ Trivia Challenge!
5:30 ■ World Travel Destinations

21 Mid-Autumn Festival
10:00 ■ Tai Chi with Pam
10:30 ■ Who Wants To Be A Millionaire?!
11:00 ■ What's That Sound?
2:00 ■ Root Beer Float Social
2:30 ■ Barre & Balance Class
3:00 ■ Remember When...
3:30 ■ Relaxing Hand Spa
3:30 ■ Name 10 Challenge

22 Ice Cream Cone Day
10:00 ■ Stretch and Flex
10:30 ■ Pictionary-Guess that Pic
11:00 ■ Challenging Brain Games
11:30 ■ Special Moment
2:00 ■ Famous Faces
2:00 ■ Bingo Time!
2:30 ■ Bowling Fun!
3:00 ■ Remember When...
3:30 ■ Relaxing Hand Spa

23
10:00 ■ Yoga Chair Exercise
10:30 ■ Who Wants To Be A Millionaire?!
11:30 ■ Special Moment
1:30 ■ Documentary-JFK
2:00 ■ Finish that Phrase
2:30 ■ Barre & Balance Class
3:00 ■ Remember When...
3:30 ■ Singing Sensation w/Sue
5:00 ■ Trivia Challenge

24 Heritage Day
10:00 ■ Tai Chi with Pam
10:30 ■ Pictionary-Guess that Pic
11:00 ■ Challenging Brain Games
11:30 ■ Special Moment
2:00 ■ Finish that Phrase
2:30 ■ Indoor Golf
3:00 ■ Remember When...
3:30 ■ Creative Expression w/Art

25
10:00 ■ Colorful Weight Workout
10:30 ■ Who Wants To Be A Millionaire?!
11:30 ■ Special Moment
2:00 ■ Famous Faces
2:30 ■ Challenging Brain Games
3:00 ■ Remember When...
3:30 ■ Meditation and Yoga
3:30 ■ Relaxing Hand Spa
5:30 ■ Movie Night!

26 Johnny Appleseed Day
10:00 ■ Yoga Chair Exercise
10:30 ■ Pictionary-Guess that Pic
11:00 ■ Challenging Brain Games
11:30 ■ Special Moment
1:30 ■ Documentary-Tom Jones
2:30 ■ Expressive Painting
3:00 ■ Remember When...
3:00 ■ Toss the Egg
3:30 ■ Firestick Brain Games

27 Chocolate Milk Day
10:00 ■ Yoga Chair Exercise
10:00 ■ Manicure Monday
10:30 ■ Who Wants To Be A Millionaire?!
11:30 ■ Special Moment
1:30 ■ Bingo Time!
2:30 ■ Remember When...
3:00 ■ Indoor Tennis!
3:30 ■ Puzzling Mind
5:30 ■ Trivia Challenge!

28
10:00 ■ Tai Chi with Pam
10:30 ■ Pictionary-Guess that Pic
11:30 ■ Finish that Phrase
1:30 ■ Documentary-Rudolph Valentino
2:00 ■ Root Beer Float Social
2:30 ■ Barre & Balance Class
3:00 ■ Words Within a Word
3:30 ■ Relaxing Hand Spa
5:30 ■ Challenging Brain Games

29
10:00 ■ Stretch and Flex
10:30 ■ Who Wants To Be A Millionaire?!
11:00 ■ Challenging Brain Games
11:30 ■ Special Moment
1:30 ■ Famous Faces
2:30 ■ Bowling Fun!
3:00 ■ Remember When...
3:00 ■ Bingo Time!
3:30 ■ Relaxing Hand Spa

30 Love People Day
10:00 ■ Yoga Chair Exercise
10:30 ■ Trivia Challenge
11:30 ■ Special Moment
1:30 ■ Destinations Around the World
2:30 ■ Barre & Balance Class
3:00 ■ Words Within a Word
3:30 ■ Singing Sensation w/Sue
5:00 ■ Pictionary-Guess that Pic



September

9/5 Cheese Pizza Day
9/6 Labor Day
9/11 Patriot Day
9/12 Grandparents Day
9/21 Mid Autumn Festival
9/26 Johnny Appleseed Day
9/27 Chocolate Milk Day
9/30 Love People Day

PROGRAM

- – Cognitive
- – Emotional
- – Physical
- – Social