




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 10:00 <span style="color:red">■</span> stretch and strength 10:30 <span style="color:green">■</span> Daily chronicle 11:00 <span style="color:purple">■</span> Poetry 12:30 <span style="color:green">■</span> Word mining 1:00 <span style="color:red">■</span> Bulls eye 1:30 <span style="color:purple">■</span> Short stories 2:00 <span style="color:blue">■</span> A Family Thanksgiving 3:30 <span style="color:blue">■</span> What did you like most about Thanksgiving	<b>2</b> 10:00 <span style="color:red">■</span> Tai Chi 10:30 <span style="color:green">■</span> Daily chronicle 11:00 <span style="color:purple">■</span> Poetry 12:30 <span style="color:blue">■</span> Potato leaf project 1:00 <span style="color:red">■</span> Horse shoe 1:30 <span style="color:blue">■</span> Happy Hour (cheese and Crackers) 2:00 <span style="color:purple">■</span> Short stories 2:30 <span style="color:green">■</span> Word mining 3:00 <span style="color:blue">■</span> Planes, Trains and	<b>3</b> 10:00 <span style="color:red">■</span> stretch and strength 10:30 <span style="color:green">■</span> Daily chronicle 11:00 <span style="color:purple">■</span> Poetry 12:30 <span style="color:green">■</span> Grocery shopping cart 1:00 <span style="color:red">■</span> Bulls Eye 1:30 <span style="color:blue">■</span> Bingo 2:00 <span style="color:purple">■</span> Short stories 2:30 <span style="color:blue">■</span> Home for the Holidays	<b>4</b> 10:00 <span style="color:red">■</span> Stretch and strength 10:30 <span style="color:green">■</span> Daily chronicle 11:00 <span style="color:purple">■</span> Poetry 12:30 <span style="color:green">■</span> Word mining 1:00 <span style="color:red">■</span> Horse Shoe 1:30 <span style="color:blue">■</span> Tree of Thanks 2:00 <span style="color:purple">■</span> Short stories 2:30 <span style="color:blue">■</span> An Old Fashioned Thanksgiving	<b>5</b> 10:00 <span style="color:red">■</span> stretch and strength 10:30 <span style="color:green">■</span> Daily chronicle 11:00 <span style="color:purple">■</span> Poetry 12:30 <span style="color:green">■</span> Word mining 1:00 <span style="color:red">■</span> Bulls eye 1:30 <span style="color:blue">■</span> Sugar cookie and coffee social 2:00 <span style="color:purple">■</span> Short stories 2:30 <span style="color:blue">■</span> The Bellboy Classic movie	<b>6</b> 10:00 <span style="color:red">■</span> Tai Chi 10:30 <span style="color:green">■</span> Daily chronicle 11:00 <span style="color:purple">■</span> Poetry 12:30 <span style="color:green">■</span> Grocery shopping cart 1:00 <span style="color:blue">■</span> Bingo 1:30 <span style="color:purple">■</span> Short stories 2:00 <span style="color:red">■</span> Horse shoe 2:30 <span style="color:blue">■</span> Cinderfella 1960's movie	<b>7</b> 10:00 <span style="color:red">■</span> Stretch and Strength 10:30 <span style="color:green">■</span> Daily chronicle 11:00 <span style="color:purple">■</span> Poetry 12:30 <span style="color:green">■</span> Spelling Bee 1:00 <span style="color:red">■</span> Bulls eye 1:30 <span style="color:blue">■</span> Adult coloring book 2:00 <span style="color:blue">■</span> The Apartment 1960 movie 4:15 <span style="color:purple">■</span> Short stories
<b>8</b> 10:00 <span style="color:red">■</span> Stretch and strength 10:30 <span style="color:green">■</span> Daily chronicle 11:00 <span style="color:purple">■</span> Poetry 12:30 <span style="color:green">■</span> Word mining 1:00 <span style="color:red">■</span> Bulls eye 1:30 <span style="color:purple">■</span> Short stories 2:00 <span style="color:blue">■</span> Singing in the Rain 3:45 <span style="color:blue">■</span> Discussion on who cooks on Thanksgiving	<b>9</b> 10:00 <span style="color:green">■</span> Daily chronicle 10:00 <span style="color:red">■</span> Thai chi 10:30 <span style="color:purple">■</span> Poetry Club 12:30 <span style="color:green">■</span> Spelling bee 1:00 <span style="color:red">■</span> Bulls eye 1:30 <span style="color:blue">■</span> DyI acorn project 2:00 <span style="color:purple">■</span> Short stories 2:30 <span style="color:blue">■</span> An affair to Remember	<b>10</b> 10:00 <span style="color:red">■</span> stretch and strength 10:30 <span style="color:green">■</span> Daily chronicle 11:00 <span style="color:purple">■</span> Poetry 12:30 <span style="color:green">■</span> Grocery shopping cart 1:00 <span style="color:blue">■</span> Happy Hour (cheese and Crackers) 1:30 <span style="color:red">■</span> Bulls eye 2:00 <span style="color:purple">■</span> Short stories 2:30 <span style="color:blue">■</span> Marty 1955 movie	<b>11</b> 10:00 <span style="color:red">■</span> Stretch and Strength 10:30 <span style="color:green">■</span> Daily chronicle 11:00 <span style="color:purple">■</span> Poetry 12:30 <span style="color:green">■</span> Word mining 1:00 <span style="color:purple">■</span> Short stories 1:30 <span style="color:blue">■</span> Bingo 2:00 <span style="color:red">■</span> Horse shoe 2:30 <span style="color:blue">■</span> To Catch a Thief (movie)	<b>12</b> 10:00 <span style="color:red">■</span> stretch and strength 10:30 <span style="color:green">■</span> Daily chronicle 11:00 <span style="color:purple">■</span> Poetry 12:30 <span style="color:green">■</span> Spelling bee 1:00 <span style="color:purple">■</span> Short stories 1:30 <span style="color:red">■</span> Bulls eye 2:00 <span style="color:blue">■</span> Summertime (movie) 3:45 <span style="color:blue">■</span> Favorite romance movie	<b>13</b> 10:00 <span style="color:red">■</span> Tai chi 10:30 <span style="color:green">■</span> Daily chronicle 11:00 <span style="color:purple">■</span> Poetry 12:30 <span style="color:green">■</span> Grocery shopping cart 1:00 <span style="color:red">■</span> Horse shoe 1:30 <span style="color:purple">■</span> Short stories 2:00 <span style="color:blue">■</span> Holiday Rush 3:45 <span style="color:blue">■</span> Favorite part of winter holidays	<b>14</b> 10:00 <span style="color:red">■</span> Stretch and Strength 10:30 <span style="color:green">■</span> Daily chronicle 11:00 <span style="color:purple">■</span> Poetry 12:30 <span style="color:green">■</span> Spelling bee 1:00 <span style="color:red">■</span> Bulls eye 1:30 <span style="color:purple">■</span> Short stories 2:00 <span style="color:blue">■</span> You've Got Mail 4:00 <span style="color:blue">■</span> Most important part of marriage
<b>15</b> 10:00 <span style="color:red">■</span> Stretch and strength 10:30 <span style="color:green">■</span> Daily chronicle 11:00 <span style="color:purple">■</span> Poetry 12:30 <span style="color:green">■</span> Word mining 1:00 <span style="color:purple">■</span> Short stories 1:30 <span style="color:red">■</span> Horse shoe 2:00 <span style="color:blue">■</span> Nobody's Fool 4:00 <span style="color:blue">■</span> Why is family so important	<b>16</b> 10:00 <span style="color:red">■</span> Thai chi 10:30 <span style="color:green">■</span> Daily chronicle 11:00 <span style="color:purple">■</span> Poetry 12:30 <span style="color:green">■</span> Word mining 1:00 <span style="color:red">■</span> Bulls eye 1:30 <span style="color:blue">■</span> Holiday Engagement 3:00 <span style="color:purple">■</span> Short stories 3:30 <span style="color:blue">■</span> Bridal showers, gifts	<b>17</b> 10:00 <span style="color:red">■</span> stretch and strength 10:30 <span style="color:green">■</span> Daily chronicle 11:00 <span style="color:purple">■</span> Poetry 12:30 <span style="color:green">■</span> Grocery shopping cart 1:00 <span style="color:purple">■</span> Short stories 1:30 <span style="color:blue">■</span> Happy Hour 2:00 <span style="color:blue">■</span> Discussion on swing music 2:30 <span style="color:red">■</span> Bulls eye	<b>18</b> 10:00 <span style="color:red">■</span> Stretch and Strength 10:30 <span style="color:green">■</span> Daily chronicle 11:00 <span style="color:purple">■</span> Poetry 12:30 <span style="color:green">■</span> Word mining 1:00 <span style="color:red">■</span> Stuffed Turkey Toss 2:00 <span style="color:blue">■</span> Bingo 2:30 <span style="color:blue">■</span> Holiday Affair 4:00 <span style="color:purple">■</span> Short stories	<b>19</b> 10:00 <span style="color:red">■</span> stretch and strength 10:30 <span style="color:green">■</span> Daily chronicle 11:00 <span style="color:purple">■</span> Poetry 12:30 <span style="color:green">■</span> Word mining 1:00 <span style="color:red">■</span> Bulls eye 1:30 <span style="color:purple">■</span> Short stories 2:00 <span style="color:blue">■</span> It's a Wonderful Life 4:00 <span style="color:blue">■</span> What is your favorite holiday	<b>20</b> 10:00 <span style="color:red">■</span> Tai chi 10:30 <span style="color:green">■</span> Daily chronicle 11:00 <span style="color:purple">■</span> Poetry 12:30 <span style="color:green">■</span> Grocery shopping cart 1:00 <span style="color:purple">■</span> Short Stories 1:30 <span style="color:red">■</span> Bulls eye 2:00 <span style="color:blue">■</span> Bingo 2:30 <span style="color:blue">■</span> Four Christmases	<b>21</b> 10:00 <span style="color:red">■</span> Stretch and Strength 10:30 <span style="color:green">■</span> Daily chronicle 11:00 <span style="color:purple">■</span> Poetry 12:30 <span style="color:green">■</span> Spelling bee 1:30 <span style="color:purple">■</span> Short stories 2:00 <span style="color:red">■</span> Bulls eye 2:30 <span style="color:blue">■</span> Christmas at Pemberley Manor 4:00 <span style="color:blue">■</span> Discussion on the big band
<b>22</b> 10:00 <span style="color:red">■</span> Stretch and strength 10:30 <span style="color:green">■</span> Daily chronicle 11:00 <span style="color:purple">■</span> Poetry 12:30 <span style="color:green">■</span> Word mining 1:00 <span style="color:purple">■</span> Short stories 1:30 <span style="color:red">■</span> Horse shoe 2:00 <span style="color:blue">■</span> Christmas on the Bayou 4:00 <span style="color:blue">■</span> What is the difference between Christmas in the and south	<b>23</b> 10:00 <span style="color:red">■</span> Thai chi 10:30 <span style="color:green">■</span> Daily chronicle 11:00 <span style="color:purple">■</span> Poetry 12:30 <span style="color:red">■</span> Bulls eye 1:00 <span style="color:purple">■</span> Short stories 1:30 <span style="color:blue">■</span> Happy Hour (cheese and Crackers) 2:00 <span style="color:green">■</span> Word mining 2:30 <span style="color:blue">■</span> Bingo	<b>24</b> 10:00 <span style="color:red">■</span> stretch and strength 10:30 <span style="color:green">■</span> Daily chronicle 11:00 <span style="color:purple">■</span> adult coloring book 12:30 <span style="color:green">■</span> Grocery shopping cart 1:00 <span style="color:purple">■</span> Short stories 1:30 <span style="color:red">■</span> Horse shoe 2:00 <span style="color:blue">■</span> Christmas next door 4:00 <span style="color:blue">■</span> Discussion on 1940's Jazz Music	<b>25</b> 10:00 <span style="color:red">■</span> Stretch and Strength 10:30 <span style="color:green">■</span> Daily chronicle 11:00 <span style="color:purple">■</span> Poetry 12:30 <span style="color:green">■</span> Word mining 1:30 <span style="color:red">■</span> Horse shoe 2:00 <span style="color:blue">■</span> American band stand (dick Clark) 3:00 <span style="color:purple">■</span> Short Stories 3:30 <span style="color:blue">■</span> Discussion on swing music, like to go dancing	<b>26</b> 10:00 <span style="color:red">■</span> stretch and strength 10:30 <span style="color:green">■</span> Daily chronicle 11:00 <span style="color:purple">■</span> Poetry 12:30 <span style="color:green">■</span> Spelling bee 1:00 <span style="color:blue">■</span> DYI button and tree project 1:30 <span style="color:red">■</span> Bulls eye 2:00 <span style="color:blue">■</span> Happy Hour 2:30 <span style="color:purple">■</span> Short stories	<b>27</b> 10:00 <span style="color:red">■</span> tai chi 10:30 <span style="color:green">■</span> Daily chronicle 11:00 <span style="color:purple">■</span> Poetry 12:30 <span style="color:green">■</span> Grocery shopping cart 1:00 <span style="color:red">■</span> Horse shoe 1:30 <span style="color:blue">■</span> Bingo 2:00 <span style="color:purple">■</span> Short stories 2:30 <span style="color:blue">■</span> A Christmas to remember	<b>28</b> 10:00 <span style="color:red">■</span> Stretch and Strength 10:30 <span style="color:green">■</span> Daily chronicle 11:00 <span style="color:purple">■</span> Poetry 12:30 <span style="color:green">■</span> Spelling Bee 1:00 <span style="color:red">■</span> Bulls eye 1:30 <span style="color:blue">■</span> Elvis Presley Music Discussion 2:00 <span style="color:purple">■</span> Short stories 2:30 <span style="color:blue">■</span> The Christmas Secret
<b>29</b> 10:00 <span style="color:red">■</span> Stretch and strength 10:30 <span style="color:green">■</span> Daily chronicle 11:00 <span style="color:purple">■</span> Poetry 12:30 <span style="color:green">■</span> Word mining 1:00 <span style="color:blue">■</span> The American band stand with Dick Clark 1:30 <span style="color:red">■</span> Bulls eye 2:00 <span style="color:blue">■</span> Do op music 2:30 <span style="color:purple">■</span> Short stories	<b>30</b> 10:00 <span style="color:green">■</span> Daily chronicle 10:00 <span style="color:red">■</span> Thai chi 11:00 <span style="color:purple">■</span> Poetry 12:30 <span style="color:blue">■</span> Rock and ROLL 1960's 1:00 <span style="color:purple">■</span> Short stories 1:30 <span style="color:blue">■</span> Bingo 2:00 <span style="color:red">■</span> Bulls eye 6:15 <span style="color:green">■</span> Horoscope Readings					

## Title

Text

## PROGRAM

- – Cognitive
- – Emotional
- – Physical
- – Social

LCB Senior Living strengthens its programming through collaborations with notable health care leaders, including McLean Hospital, Harvard Medical School and Brigham and Women's Hospital.