# Signature Series, Seafood Creation



July 9th 3:00-5:00, Great Room

Signature series, Seafood Creation located in our Great Room! Residents, families and friends are welcome! We will be sampling mini crab cakes ontop of mesculan greens, romoulade sauce and capers.Shrimp cocktail, cocktail sauce with a small wedge of lemon. Home made clam chowder by our own Chef, Shawn Hunt and corn on the cobb. Guests please RSVP to receptionist at 860-257-3820.

# Sushi Making Masterclass

### Roll on over to Ferry Park!

Tuesday, July 22, 3:00 - 5:00 pm

Jaleel and Sara Wingard, owners of The Sushi Class will be teaching us how to make sushi, the history behind this popular culinary dish, and helping guests prepare their own rolls.

RSVP by Friday, July 18th

Sydney Krewson

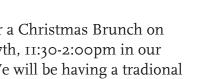
Skrewson@residenceferrypark.com

860-257-3829

# Christmas in July

Please join us for a Christmas Brunch on Thursday, July 17th, 11:30-2:00pm in our Dining Room. We will be having a tradional Christmas Brunch Buffet with mimosa's. Please call the front desk to RSVP at 860-926-5057. Family, friends are welcome and we hope you will celebrate Christmas in July with us!









THE RESIDENCE AT FERRY PARK Associates

> **Trenton Johnson** Executive Director

Shawn Hunt Restaurant Operations

Edwin Cintron Maintenance Director

Jessica Buchanan **Business Office Director** 

Sydney Krewson Sales and Marketing Director

> Lisa Mello Resident Care Director

Cheri Parr **Engagement Director** 

Stephanie Carchia **Reflections Director** 



We are so excited to share with you that we have a new Executive Director here at Ferry Park! Trenton comes to us with years of experience and I am excited for you to read a short bio that Trenton was nice enough to share with us below!

Hi, My name is Trenton Johnson, and I was born and raised in South County, Rhode Island, just minutes from the beach. I began my career in hospitality, which fostered a strong commitment to service and leadership. I hold a Bachelor of Science in Healthcare Administration from the University of Rhode Island and a Master's in Human Resource Management from Southern New Hampshire University.

In January 2024, I joined LCB Senior Living as a Regional Talent Leader, supporting talent acquisition and associate development initiatives across the company. I later transitioned into a support office role as a Business Office Specialist, where I've focused on HR compliance, accounts receivable, and accounts payable. Over the past year and a half, I've had the opportunity to support 24 of our 41 communities, many of which were new acquisitions, giving me valuable insight into operations and culture integration.

At the end of this month, I will be relocating to Hamden, Connecticut, and I'm honored to be stepping into the role of Executive Director at The Residence at Ferry Park. I'm truly looking forward to meeting and working alongside our residents, their families, and our associates to continue fostering a warm, engaging, and high-performing community.

Outside of work, I value time with my close-knit family—I'm one of five brothers—and my girlfriend, who is a nurse based in Bridgeport. I enjoy fishing, traveling, attending live music events, following New England sports, and discovering new restaurants throughout the region.



## New Executive Director

# JULY 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
		<ul> <li>9:15 Wheel of Fortune</li> <li>10:15 Barre &amp; Balance Class</li> <li>11:00 Event Planning Committee</li> <li>1:00 Weightlifting/ Strength</li> <li>2:00 Cooking Demo</li> <li>3:00 Scrabble</li> <li>4:00 Rummikub &amp; Mocktails</li> <li>6:00 Movies of 2020-present</li> <li>6:00 Gardening Club</li> </ul>	2 10:00 Men's Club 10:15 Theraband Exercises 11:00 Belly Dancing 11:30 SHIELD Meetings 1:30 Nail Painting 2:30 Yoga 3:00 Happy Hour 4:00 Al Raebuck Singer/Guitar 6:00 Watercolor Painting	<ul> <li>3</li> <li>9:30 Women's Meditation</li> <li>10:00 Tai Chi for Arthritis</li> <li>1:00 Hand Massage</li> <li>1:30 Lightweight Strengthening</li> <li>2:00 Rock Painting</li> <li>3:00 Bingo</li> <li>4:00 LCR-game</li> <li>4:00 Rosary</li> <li>6:00 Resident Run Games</li> </ul>	4 10:30 Barre & Balance Class 11:45 Lunch & Movie Born on 4th 2:00 Come Play Games 2:30 Cardio Drumming 3:15 Happy Hour 6:00 Friday Night Flicks
<ul> <li>6 Celebrate Marjorie M.</li> <li>10:15 Catholic Mass &amp; Communion</li> <li>11:00 Range of Motion</li> <li>1:00 Upper Body Weights</li> <li>2:00 Bingo</li> <li>3:00 Afternoon Film</li> <li>3:15 Jewelry Design</li> <li>4:30 Kings in the Corner</li> </ul>	<ul> <li>7 Celebrate Lucinda M.</li> <li>9:00 Walking Club</li> <li>10:00 Tai Chi for Arthritis</li> <li>11:00 Drawing/ Painting</li> <li>1:00 Botticelli - Inferno</li> <li>2:30 Dance Fitness</li> <li>3:00 Come have a healthy Smoothie</li> <li>3:30 Happy Hour</li> </ul>	<ul> <li>8</li> <li>10:15 Barre &amp; Balance Class</li> <li>11:00 Ambassador Committee</li> <li>1:00 Weightlifting/ Strength</li> <li>1:00 REACT</li> <li>2:00 Short Stories</li> <li>3:00 Left, Center, Right Game</li> <li>4:00 Bible Study</li> <li>6:00 Movies of 2020-present</li> <li>6:00 Gardening Club</li> </ul>	<ul> <li>9 Celebrate Lorraine O.</li> <li>10:00 Men's Club</li> <li>10:15 Theraband Exercises</li> <li>11:00 Dance Fitness</li> <li>11:30 SHIELD Meetings</li> <li>1:30 Nail Painting</li> <li>2:30 Cardio Drumming</li> <li>3:00 Happy Hour</li> <li>3:00 Seafood Creations</li> <li>6:00 Watercolor Painting</li> </ul>	<ul> <li>9:30 Women's Meditation</li> <li>10:00 Tai Chi for Arthritis</li> <li>1:00 Hand Massage</li> <li>1:30 Lightweight Strengthening</li> <li>2:00 Gospel Sing with Andrew</li> <li>3:00 Bingo</li> <li>4:00 Rosary</li> <li>4:00 Kings in the Corner</li> </ul>	<ul> <li>9:00 Blood Pressure Clinic</li> <li>10:15 Barre &amp; Balance Class</li> <li>11:15 Wheel of Fortune</li> <li>1:00 Cardio Drumming</li> <li>1:30 Ferry Park Store</li> <li>2:00 Come Play Games</li> <li>3:00 Happy Hour</li> <li>6:00 Friday Night Flicks</li> </ul>
<ul> <li>Celebrate Barbara F.</li> <li>10:15 Catholic Mass &amp; Communion</li> <li>11:00 Range of Motion</li> <li>1:00 Upper Body Weights</li> <li>2:00 Bingo</li> <li>3:00 Afternoon Film</li> <li>3:15 Jewelry Design</li> <li>4:30 Rummikub</li> </ul>	<ul> <li>9:00 Walking Club</li> <li>10:00 Tai Chi for Arthritis</li> <li>10:45 Word Extractions</li> <li>1:00 Ted T. Schools Creativity</li> <li>2:15 Theraband Exercises</li> <li>3:00 Come have a healthy Smoothie</li> <li>3:30 Happy Hour</li> </ul>	<ul> <li>9:15 Wheel of Fortune</li> <li>9:15 Wheel of Fortune</li> <li>10:15 Barre &amp; Balance Class</li> <li>11:00 Enliven talk- Low Vision</li> <li>1:00 Weightlifting/ Strength</li> <li>2:00 Tea &amp; Cookies</li> <li>3:00 Scrabble</li> <li>4:00 Rummikub &amp; Mocktails</li> <li>6:00 Movies of 2020-present</li> <li>6:00 Gardening Club</li> </ul>	<ul> <li>16</li> <li>10:00 Men's Club</li> <li>10:15 Theraband Exercises</li> <li>11:00 Belly Dancing</li> <li>11:30 SHIELD Meetings</li> <li>1:30 Nail Painting</li> <li>2:30 Yoga</li> <li>3:00 Happy Hour</li> <li>4:00 Richard Wang Piano</li> <li>6:00 Watercolor Painting</li> </ul>	<ul> <li>9:30 Women's Meditation</li> <li>10:00 Tai Chi for Arthritis</li> <li>11:30 Christmas Brunch</li> <li>1:30 Lightweight Strengthening</li> <li>2:00 Hand Massage</li> <li>3:00 Bingo</li> <li>4:00 LCR-game</li> <li>4:00 Rosary</li> </ul>	<ul> <li>10:15 Barre &amp; Balance Class</li> <li>11:15 Wheel of Fortune</li> <li>1:00 Cardio Drumming</li> <li>1:30 Ferry Park Store</li> <li>2:00 Come Play Games</li> <li>3:00 Happy Hour</li> <li>6:00 Friday Night Flicks</li> </ul>
<ul> <li>20</li> <li>10:15 Catholic Mass &amp; Communion</li> <li>11:00 Range of Motion</li> <li>1:00 Upper Body Weights</li> <li>2:00 Bingo</li> <li>3:00 Afternoon Film</li> <li>3:15 Jewelry Design</li> <li>4:30 Kings in the Corner</li> </ul>	<ul> <li>9:00 Walking Club</li> <li>10:00 Tai Chi for Arthritis</li> <li>10:45 Today in History</li> <li>1:00 American Thunder-Nascar</li> <li>2:30 Theraband Exercises</li> <li>3:00 Come have a healthy Smoothie</li> <li>3:00 Happy Hour</li> <li>4:00 Hot Cat Jazz Band</li> </ul>	<ul> <li>22</li> <li>10:15 Barre &amp; Balance Class</li> <li>11:00 Movie Selection Committee</li> <li>1:00 Weightlifting/ Strength</li> <li>1:00 REACT</li> <li>2:00 Short Stories</li> <li>3:00 Sushi Making Masterclass</li> <li>6:00 Movies of 2020-present</li> <li>6:00 Gardening Club</li> </ul>	<ul> <li>23</li> <li>10:00 Men's Club</li> <li>10:15 Theraband Exercises</li> <li>11:00 Dance Fitness</li> <li>11:30 SHIELD Meetings</li> <li>1:30 Nail Painting</li> <li>2:45 Cardio Drumming</li> <li>3:00 Happy Hour</li> <li>4:00 Richard Wang Piano</li> <li>6:00 Watercolor Painting</li> </ul>	<ul> <li>9:30 Women's Meditation</li> <li>10:00 Tai Chi for Arthritis</li> <li>1:00 Hand Massage</li> <li>1:30 Lightweight Strengthening</li> <li>2:00 Gospel Sing with Andrew</li> <li>3:00 Bingo</li> <li>4:00 Rosary</li> <li>4:00 Kings in the Corner</li> </ul>	25 Celebrate Charlotte J. 9:00 Blood Pressure Clinic 10:15 Barre & Balance Class 11:15 Wheel of Fortune 1:00 Cardio Drumming 1:30 Ferry Park Store 2:00 Come Play Games 3:00 Happy Hour 6:00 Friday Night Flicks
<ul> <li>27</li> <li>10:15 Catholic Mass &amp; Communion</li> <li>11:00 Range of Motion</li> <li>1:00 Upper Body Weights</li> <li>2:00 Bingo</li> <li>3:00 Afternoon Film</li> <li>3:15 Jewelry Design</li> <li>4:30 Rummikub</li> </ul>	<ul> <li>9:00 Walking Club</li> <li>10:00 Tai Chi for Arthritis</li> <li>10:45 Word Extractions</li> <li>1:00 TED T. Vulnerability</li> <li>2:15 Theraband Exercises</li> <li>3:00 Come have a healthy Smoothie</li> <li>3:00 Happy Hour</li> <li>3:30 Shawn Taylor Singer</li> </ul>	29 Celebrate Sylvia P. 9:15 Wheel of Fortune 10:15 Barre & Balance Class 11:30 Resident Council 1:00 Weightlifting/ Strength 2:15 Tea & Cookies 3:00 Scrabble 4:00 Rummikub & Mocktails 6:00 Movies of 2020-present 6:00 Gardening Club	<ul> <li>30</li> <li>10:00 Men's Club</li> <li>10:15 Theraband Exercises</li> <li>11:00 Belly Dancing</li> <li>11:30 SHIELD Meetings</li> <li>1:30 Nail Painting</li> <li>2:45 Yoga</li> <li>3:30 Happy Hour</li> <li>6:00 Watercolor Painting</li> </ul>	<ul> <li>9:30 Women's Meditation</li> <li>10:00 Tai Chi for Arthritis</li> <li>1:00 Hand Massage</li> <li>1:30 Lightweight Strengthening</li> <li>2:00 Button Art Canvas</li> <li>3:00 Bingo</li> <li>4:00 LCR-game</li> <li>4:00 Rosary</li> </ul>	

Events are subject to change.



## Saturday

### 5

- 10:00 Cardio Strength
  11:00 Rummikub
  1:15 Movements to Music
  2:15 Scrabble
  3:00 Ice-cream
  4:00 Left Center Right
- 4:00 The Secret

### 12 Celebrate Elizabeth H.

- 10:00 Cardio Strength
- 11:00 Rummikub
- 1:15 Movements to Music
- 2:15 Scrabble
- 3:00 Ice-cream
- 4:00 Left Center Right 4:00 Dead Sea Scrolls
- 4.00 Dead Sea Scion

### 19

10:00 Cardio Strength
11:00 Rummikub
1:15 Movements to Music
2:15 Scrabble
3:00 Ice-cream
4:00 Left Center Right
4:00 Documentary-Marcella

26 Celebrate Margaret H.
10:00 Cardio Strength
11:00 Rummikub
1:15 Movements to Music
2:15 Scrabble
3:00 Ice-cream
4:00 Left Center Right
4:00 The Buddha



# Facts about July!

What historical event happened in July? July 4, 1776 - The Declaration of Independence was approved by the Continental Congress. Birthstone is a Ruby and the Birth Flowers: Larkspur and Water Lily. July is also designated as National Ice Cream Month in the US.

Our engagement program is built upon both our residents' interests and our Five Principles for Vitality.

By providing quality and choice, we hope to encourage socialization and well-being for mind, body, and spirit.

Continued Learning Arts & Culture Physical Fitness Community Connections Wellness & Self-Care