2025 Walk To End Alzheimer's





Support our team (The Residence at Chadds Ford) for the 2025 Walk to End Alzheimer's, the world's largest event to raise awareness and funds for Alzheimer's care, support, and research. This year's official walk will take place at Citizens Bank Park in Philadelphia, but we are also gearing up for something special right here at home.

Join us for our Second Annual Stroll to End ALZ on Monday, August II, right here at the community. This special event allows our residents to take part in the movement without the need to travel. We'll walk together, reflect, and honor those affected by Alzheimer's all while raising money for our team.

We've already raised over \$300 and are just getting started. You can help us reach our goal by purchasing our popular bangle bracelets made by our residents—available now at the concierge desk. All proceeds go directly to the Alzheimer's Association.

Join our official team or donate using the QR code, or visit act.alz.org, click "Find A Walk," then "Find A Team" and search for The Residence at Chadds Ford.

Recycle Your Unwanted Eyeglasses



Since 1925, Lions International has been a champion in helping combat vision impairment and blindness. In partnership with Lions International, Chadds Ford is accepting donations of new or gently used eyeglasses and used hearing aids of any age, brand, or model. We will be accepting donations now through the end of June. Thank you for your support.







THE RESIDENCE AT CHADDS FORD Associates

Patti Gray
Executive Director

Ingrid Bell
Reflections Director

Althia Wellington
Resident Care Director

Elizabeth Balch
Dir. of Restaurant Operations

Sara Fasulo
Resident Engagement Director

Nadine Fredericks
Business Office Director

Edwin Feliciano

Maintenance Director

Mindy Macauley
Sales & Marketing Director



Welcome May!





May has arrived, and with it comes that familiar feeling of fresh air, sunshine, and the simple joy of being outside again. At The Residence at Chadds Ford, we're welcoming the new season with open arms and a full calendar of meaningful experiences, creative fun, and opportunities to connect.

This month brings us a visit to a Blue Rocks baseball game, the return of our always-popular floral design workshops, themed happy hours, and plenty of live music to enjoy. We'll also take time to honor Memorial Day with programs that reflect on service, sacrifice, and remembrance—an important moment of pause and gratitude within a lively and full month.

If you haven't joined us for a program in a while, I encourage you to step into something new this spring. Whether it's a creative activity, a trip out, or just dropping in to listen to music with friends, there's no pressure just a warm welcome waiting for you.

As always, thank you for the kindness and spirit you bring to this community. Whether it's a laugh shared over coffee, a story told during an activity, or a simple hello in the hallway, these are the moments that make this place feel like home.

Here's to a beautiful, bright May. I look forward to seeing you out and about, and sharing another great month together.





Reminders

Hair Salon

Tuesdays by Appt

Transportation:

Medical Appts

Tu & Th: 9:30-3:30

Shopping

Mon 11:30

Outings

Wednesdays

Adoration

1st Friday

Amish Market

3rd Friday

Our engagement

program is built upon

both our residents'

Sunday

Monday

Tuesday

Wednesday

Thursday 1 Happy Birthday Ed B!

10:00 Barre & Balance

10:30 Adoration St Cornelius

10:30 Guided Meditation 1:00 Art Expressions

1:30 Fresh Flicks: Conclave

2:00 Blackjack Game

3:00 Hats, Horses & Happy Hour

Friday

6:00 Cinema Replay

Saturday

10:30 Chair Yoga

11:00 Garden Keepers

12:30 Cardio Fit Drumming 1:00 Rummikub Club

1:00 Open Art Studio

2:00 Candy Bar Bingo

3:00 Happy Hour

3:15 Derby Day Delights

5:00 Documentary Series:

4 Happy Birthday Carole!

10:00 Catholic Communion 10:15 St Patrick Cathedral Mass

11:15 Wake Up & Workout

1:00 Bridge Group 1:00 Featured Film: Rio Bravo

2:00 Rummikub Club 2:00 Phillies vs D-Backs

6:00 Featured Film Replay

Mother's Day

10:00 Catholic Communion 10:15 St Patrick Cathedral Mass

11:15 Wake Up & Workout 1:00 Bridge Group

1:00 Film: Intruder in the Dust

2:00 Rummikub Club

6:00 Featured Film Replay 7:00 Phillies vs Cleveland 12

10:00 Line Dancing

10:00 Scenic Drive 11:00 Travel & Discuss:

11:30 Trip to Wegman's

1:00 Memory Lane Scrapbooking

2:00 Billiards Club

2:00 Barre & Balance 3:00 Trivia on the Rocks

4:15 Guided Meditation

10:00 Line Dancing

10:00 Scenic Drive 10:45 Team Scrabble Game

11:30 Trip to Walmart

1:00 Paint Studio Watercolors

2:00 Bowling Tournament 2:00 Barre & Balance

3:00 Margaritas & Salsa Two Ways

4:15 Guided Meditation

13

6

10:30 Tai Chi

10:00 Stretch & Flex

10:30 Garden Keepers

11:00 REACT Session

Hour

1:00 Jewelry Making Workshop

2:00 Broadway Hits Listening

2:00 Community Jigsaw Puzzle

2:00 Technology Support

3:00 Games with James

10:00 Stretch & Flex

10:30 Tai Chi

10:30 Garden Keepers

11:00 New York Times Games 11:30 Cooking Demo: Sushi

1:00 Ambassador Committee

2:00 Community Jigsaw Puzzle

3:00 Games with James 6:00 Netflix Series:

14 —

10:00 Yoga Flow for Arthritis

10:30 Seated Cardio

10:45 Brandywine River Museum

11:00 New York Times Games

1:00 Bridge Group

1:00 Floral Design Workshop 2:00 Bingo for Prizes

2:00 Baking with Reflections 3:15 Signature Cocktail Hour:

10:00 Yoga Flow for Arthritis

11:00 New York Times Games

1:00 Floral Design Workshop

2:00 Baking with Reflections

3:15 Signature Cocktail Hour:

10:00 Yoga Flow for Arthritis

11:00 New York Times Games

11:00 RC Mass w Fr Diamond

1:00 Floral Design Workshop

2:00 Baking with Reflections

3:15 Signature Cocktail Hour:

10:30 Seated Cardio

11:00 WII Bowling

1:00 Bridge Group

28

2:00 Bingo for Prizes

10:30 Seated Cardio

1:00 Bridge Group

2:00 Bingo for Prizes

10:00 Outing-Blue Rocks Game

10:00 Coffee Connoisseurs

10:00 Coffee Connoisseurs

11:15 NYT Word Games

1:00 DrumFit Cardio

2:00 Rummikub Club

3:00 Happy Hour

11:00 Resident Dining Comittee

1:30 In the Kitchen with Cathy

3:00 Jazz Pianist Craig Satchel

10:30 Yoga Flow

10:30 Yoga Flow

11:00 Resident Council Meeting

1:00 DrumFit Cardio

1:30 In the Kitchen with Cathy

2:00 Rummikub Club

3:00 Guitarist Michael Kropp

10:00 Coffee Connoisseurs

11:15 NYT Word Games

1:30 In the Kitchen with Cathy

1:00 DrumFit Cardio

2:00 Rummikub Club

3:00 Vocalist Veronica

3:00 Happy Hour

6:00 Featured Film

10:30 Yoga Flow

3:00 Garden Party

6:00 Featured Film

10:30 Yoga Flow

15 -

10:00 Barre & Balance

10:30 Guided Meditation

11:00 Scenic Excursion 1:00 Art Expressions

1:30 Fresh Flicks: 1917

2:00 Blackjack Game

3:00 Cocktail & Pizza Social

6:00 Cinema Replay

10:00 Barre & Balance

11:00 Amish Market

1:00 Art Expressions

2:00 Blackjack Game

6:00 Cinema Replay

10:00 Barre & Balance

10:30 Guided Meditation

11:00 Scenic Excursion

1:00 Art Expressions

2:00 Blackjack Game

6:00 Cinema Replay

1:30 Fresh Flicks: Wicked

3:00 Cocktail & Pizza Social

11:00 Bible Study

1:30 Fresh Flicks: The Founder

3:00 Cocktail & Pizza Social

10:30 Guided Meditation

16 -

23 -

10 -

10:30 Chair Yoga

11:00 Garden Keepers

12:30 Cardio Fit Drumming 1:00 Rummikub Club

1:00 Zentangle

17 -

2:00 Candy Bar Bingo

3:00 Happy Hour

10:30 Chair Yoga

3:15 Concert & Cocktails

5:00 Documentary Series:

11:00 Garden Keepers 12:30 Cardio Fit Drumming

1:00 Rummikub Club 1:00 Open Art Studio

2:00 Candy Bar Bingo

3:00 Happy Hour

3:15 Concert & Cocktails:

5:00 Documentary Series:

24 -

10:30 Chair Yoga

11:00 Garden Keepers **12:30** Cardio Fit Drumming

1:00 Rummikub Club 1:00 Zentangle

2:00 Candy Bar Bingo

3:00 Happy Hour

3:15 Concert & Cocktails 5:00 Documentary Series:

12:30 Cardio Fit Drumming

1:00 Rummikub Club

2:00 Candy Bar Bingo

3:15 Concert & Cocktails

interests and our Five Principles for Vitality. By providing quality

and choice, we hope to encourage socialization and well-being for mind, body, and spirit.

Continued Learning Arts & Culture Physical Fitness **Community Connections** Wellness & Self-Care

18 -

10:00 Catholic Communion 10:15 St Patrick Cathedral Mass

11:15 Wake Up & Workout

1:00 Bridge Group 1:00 Film: Strangers on a Train

1:30 Phillies vs Pirates 2:00 Rummikub Club 6:00 Featured Film Replay

10:00 Catholic Communion

10:15 St Patrick Cathedral Mass 11:15 Wake Up & Workout

1:00 Bridge Group

1:00 Film: Father of the Bride 2:00 Rummikub Club 4:00 Phillies vs Oakland A's

6:00 Featured Film Replay

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10:00 Line Dancing

10:30 Bare Essentials Boutique

10:45 Blank Slate Challenge 11:30 Trip to CVS

12:30 Planning Committee 1:00 Mimosas & Manicures

2:00 Bowling Tournament

2:00 Barre & Balance **3:00** Sip & Solve

4:15 Guided Meditation

Memorial Day 9:00 KSO Memorial Day Parade

10:00 Line Dancing 10:45 Team Scrabble Game

11:30 Trip to Giant 1:00 Memory Lane Scrapbooking

2:00 Billiards Club

4:15 Guided Meditation

2:00 Barre & Balance 3:00 Cocktails & Conversations 20

10:00 Stretch & Flex

10:30 Tai Chi 10:30 Garden Keepers

11:00 REACT Session 12:00 New Resident Luncheon

1:00 Patti's Card of the Month 2:00 Technology Support

2:00 Community Jigsaw Puzzle

3:00 Games with Betty 6:00 Netflix Series:

10:00 Stretch & Flex

10:30 Tai Chi 10:30 Garden Keepers

11:00 New York Times Games 1:00 The Artful Touch:

2:00 Community Jigsaw Puzzle 2:00 SingFit 3:00 Games with James

6:00 Netflix Series:

10:00 Yoga Flow for Arthritis 10:30 Seated Cardio

11:00 New York Times Games 1:00 Bridge Group

1:00 Floral Design Workshop 2:00 Bingo for Prizes 2:00 Baking with Reflections

3:00 A Horticultural Event

29 -

22 -

1:00 DrumFit Cardio 1:30 In the Kitchen with Cathy 2:00 Rummikub Club

10:00 Coffee Connoisseurs

11:15 NYT Word Games

3:00 Happy Hour 3:00 Vocalist Sean "Sinatra"

Reilly 6:00 Featured Film

10:00 Coffee Connoisseurs 10:30 Yoga Flow

11:15 NYT Word Games 1:00 DrumFit Cardio

3:00 Live Music-TBD

1:30 In the Kitchen with Cathy 2:00 Rummikub Club

3:00 Happy Hour 6:00 Featured Film 30 -

10:00 Barre & Balance 10:30 Guided Meditation

11:00 Scenic Excursion 1:00 Art Expressions 1:30 Fresh Flicks: A Good

Person 2:00 Blackjack Game 3:00 Cocktail & Pizza Social

6:00 Cinema Replay

31 -

10:30 Chair Yoga 11:00 Garden Keepers

1:00 Open Art Studio

3:00 Happy Hour

5:00 Documentary Series:

Events are subject to change.

AN LCB SENIOR LIVING COMMUNITY