

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Special Dates-



- 1**
- 9:00 Meet and Greet
 - 9:30 Current Events
 - 10:00 Creative Corner
 - 11:00 Tai Chi
 - 11:30 Resident Council
 - 11:30 Documentary
 - 1:30 Down Memory Lane
 - 2:30 Afternoon Stretch
 - 3:30 Let's Go to the Movies!
 - 4:00 Reflections Cafe

- 2**
- 9:00 Meet and Greet
 - 10:00 Current Events
 - 10:30 Meditation
 - 11:00 Walking Club
 - 11:30 World Traveler
 - 11:30 Barre Class
 - 1:30 Are you Smarter than a 5th Grader
 - 2:30 Poetry Corner
 - 3:30 Movie Classics

- 3**
- 9:00 Meet and Greet
 - 9:30 Current Events
 - 10:00 Creative Corner
 - 11:00 Morning Stretch
 - 11:15 Chair Yoga
 - 1:30 Word in a Word
 - 2:30 Short Stories
 - 3:30 Film Club
 - 4:00 Reflection's Cafe

- 4**
- 9:00 Meet and Greet
 - 10:00 Current Events
 - 11:00 Daily Stretch
 - 11:30 Tai Chi
 - 1:30 Spot the Difference
 - 2:00 Riddle Me This!
 - 2:30 Scene Study
 - 3:30 Movie Classics
 - 4:00 Happy Hour

- 5**
- 9:00 Meet and Greet
 - 10:00 Daily News
 - 11:00 Chair Exercise
 - 11:30 Puzzles and Games
 - 1:30 Word Games
 - 2:30 Craft Corner
 - 3:00 Walking Club
 - 3:30 Film Club
 - 4:00 Reflection's Cafe

- 6**
- 9:00 Meet and Greet
 - 10:00 Daily News & Horoscopes
 - 10:30 Upper Body Strengthening
 - 11:30 Walk & Talk
 - 1:30 Brain Games
 - 2:30 Let's Get Moving!
 - 2:30 Story Hour
 - 3:30 Let's Go to the Movies!
 - 4:00 Snack Cart

- 7**
- 9:00 Meet and Greet
 - 9:30 Sunday Paper
 - 10:30 Morning Prayers
 - 11:30 Morning Stretch
 - 12:00 Yoga
 - 1:30 Brain Games
 - 2:30 Creative Corner
 - 3:30 Movie Matinee
 - 4:00 Tea Time

- 8**
- 9:00 Meet and Greet
 - 9:30 Current Events
 - 10:00 Creative Corner
 - 11:00 Tai Chi
 - 11:30 Documentary
 - 1:30 Down Memory Lane
 - 2:30 Afternoon Stretch
 - 3:30 Let's Go to the Movies!
 - 4:00 Reflections Cafe

- 9**
- 9:00 Meet and Greet
 - 10:00 Current Events
 - 10:30 Meditation
 - 11:00 Walking Club
 - 11:30 World Traveler
 - 11:30 Barre Class
 - 1:30 Are you Smarter than a 5th Grader
 - 2:30 Poetry Corner
 - 3:30 Movie Classics

- 10**
- 9:00 Meet and Greet
 - 9:30 Current Events
 - 10:00 Creative Corner
 - 11:00 Morning Stretch
 - 11:15 Chair Yoga
 - 1:30 Word in a Word
 - 2:30 Short Stories
 - 3:30 Film Club
 - 4:00 Reflection's Cafe

- 11**
- 9:00 Meet and Greet
 - 10:00 Current Events
 - 11:00 Daily Stretch
 - 11:30 Tai Chi
 - 1:30 Spot the Difference
 - 2:00 Riddle Me This!
 - 2:30 Scene Study
 - 3:30 Movie Classics
 - 4:00 Happy Hour

- 12**
- 9:00 Meet and Greet
 - 10:00 Daily News
 - 11:00 *Music on the Patio*
 - 11:30 Puzzles and Games
 - 1:30 Word Games
 - 2:30 Craft Corner
 - 3:00 Walking Club
 - 3:30 Film Club
 - 4:00 Reflection's Cafe

- 13**
- 9:00 Meet and Greet
 - 10:00 Daily News & Horoscopes
 - 10:30 Upper Body Strengthening
 - 11:30 Walk & Talk
 - 1:30 Brain Games
 - 2:30 Let's Get Moving!
 - 2:30 Story Hour
 - 3:30 Let's Go to the Movies!
 - 4:00 Snack Cart

- 14**
- 9:00 Meet and Greet
 - 9:30 Sunday Paper
 - 10:30 Morning Prayers
 - 11:30 Morning Stretch
 - 12:00 Yoga
 - 1:30 Brain Games
 - 2:30 Creative Corner
 - 3:30 Movie Matinee
 - 4:00 Tea Time

- 15**
- 9:00 Meet and Greet
 - 9:30 Current Events
 - 10:00 Creative Corner
 - 11:00 Tai Chi
 - 11:30 Documentary
 - 1:30 Down Memory Lane
 - 2:30 Afternoon Stretch
 - 3:30 Let's Go to the Movies!
 - 4:00 Reflections Cafe

- 16**
- 9:00 Meet and Greet
 - 10:00 Current Events
 - 10:30 Meditation
 - 11:00 Walking Club
 - 11:30 World Traveler
 - 11:30 Barre Class
 - 1:30 Are you Smarter than a 5th Grader
 - 2:30 Poetry Corner
 - 3:30 Movie Classics

- 17**
- 9:00 Meet and Greet
 - 9:30 Current Events
 - 10:00 Creative Corner
 - 11:00 Morning Stretch
 - 11:15 Chair Yoga
 - 1:30 Word in a Word
 - 2:30 Short Stories
 - 3:30 Film Club
 - 4:00 Reflection's Cafe

- 18**
- 9:00 Meet and Greet
 - 10:00 Current Events
 - 11:00 Daily Stretch
 - 11:30 Tai Chi
 - 1:30 Spot the Difference
 - 2:00 Riddle Me This!
 - 2:30 Scene Study
 - 3:30 Movie Classics
 - 4:00 Happy Hour

- 19**
- 9:00 Meet and Greet
 - 10:00 Daily News
 - 11:00 Chair Exercise
 - 11:30 Puzzles and Games
 - 1:30 Word Games
 - 2:30 Craft Corner
 - 3:00 Walking Club
 - 3:30 Film Club
 - 4:00 Reflection's Cafe

- 20**
- 9:00 Meet and Greet
 - 10:00 Daily News & Horoscopes
 - 10:30 Upper Body Strengthening
 - 11:30 Walk & Talk
 - 1:30 Brain Games
 - 2:30 Let's Get Moving!
 - 2:30 Story Hour
 - 3:30 Let's Go to the Movies!
 - 4:00 Snack Cart

- 21** Senior Citizen Day
- 9:00 Meet and Greet
 - 9:30 Sunday Paper
 - 10:30 Morning Prayers
 - 11:30 Morning Stretch
 - 12:00 Yoga
 - 1:30 Brain Games
 - 2:30 Creative Corner
 - 3:30 Movie Matinee
 - 4:00 Tea Time

- 22**
- 9:00 Meet and Greet
 - 9:30 Current Events
 - 10:00 Creative Corner
 - 11:00 Tai Chi
 - 11:30 Documentary
 - 1:30 Down Memory Lane
 - 2:30 Afternoon Stretch
 - 3:30 Let's Go to the Movies!
 - 4:00 Reflections Cafe

- 23**
- 9:00 Meet and Greet
 - 10:00 Current Events
 - 10:30 Meditation
 - 11:00 Walking Club
 - 11:30 World Traveler
 - 11:30 Barre Class
 - 1:30 Are you Smarter than a 5th Grader
 - 2:00 *Music on the Patio*
 - 3:30 Movie Classics

- 24**
- 9:00 Meet and Greet
 - 9:30 Current Events
 - 10:00 Creative Corner
 - 11:00 Morning Stretch
 - 11:15 Chair Yoga
 - 1:30 Word in a Word
 - 2:30 Short Stories
 - 3:30 Film Club
 - 4:00 Reflection's Cafe

- 25**
- 9:00 Meet and Greet
 - 10:00 Current Events
 - 11:00 Daily Stretch
 - 11:30 Tai Chi
 - 1:30 Spot the Difference
 - 2:00 Riddle Me This!
 - 2:30 Scene Study
 - 3:30 Movie Classics
 - 4:00 Happy Hour

- 26** Women's Equality Day
- 9:00 Meet and Greet
 - 10:00 Daily News
 - 11:00 Chair Exercise
 - 11:30 Puzzles and Games
 - 1:30 Word Games
 - 2:30 Craft Corner
 - 3:00 Walking Club
 - 3:30 Film Club
 - 4:00 Reflection's Cafe

- 27**
- 9:00 Meet and Greet
 - 10:00 Daily News & Horoscopes
 - 10:30 Upper Body Strengthening
 - 11:30 Walk & Talk
 - 1:30 Brain Games
 - 2:30 Let's Get Moving!
 - 2:30 Story Hour
 - 3:30 Let's Go to the Movies!
 - 4:00 Snack Cart

- 28**
- 9:00 Meet and Greet
 - 9:30 Sunday Paper
 - 10:30 Morning Prayers
 - 11:30 Morning Stretch
 - 12:00 Yoga
 - 1:30 Brain Games
 - 2:30 Creative Corner
 - 3:30 Movie Matinee
 - 4:00 Tea Time

- 29**
- 9:00 Meet and Greet
 - 9:30 Current Events
 - 10:00 Creative Corner
 - 11:00 Tai Chi
 - 11:30 Documentary
 - 1:30 Down Memory Lane
 - 2:30 Afternoon Stretch
 - 3:30 Let's Go to the Movies!
 - 4:00 Reflections Cafe

- 30**
- 9:00 Meet and Greet
 - 10:00 Current Events
 - 10:30 Meditation
 - 11:00 Walking Club
 - 11:30 World Traveler
 - 11:30 Barre Class
 - 1:30 Are you Smarter than a 5th Grader
 - 2:30 Poetry Corner
 - 3:30 Movie Classics

- 31**
- 9:00 Meet and Greet
 - 9:30 Current Events
 - 10:00 Creative Corner
 - 11:00 Morning Stretch
 - 11:15 Chair Yoga
 - 1:30 Word in a Word
 - 2:30 Short Stories
 - 3:30 Film Club
 - 4:00 Reflection's Cafe



August 12th-
Music on th
Patio with Larry
Batter

August 23rd-
Music on the
Patio with Jeff
Batter

PROGRAM

- – Cognitive
- – Emotional
- – Physical
- – Social