

The Sing That Heals the Soul!



Just Sing, Sing a Song

I am not a fan of tooting my own horn, but honestly, someone should do it.

My activity fave has become the Wednesday afternoon “songfests”, where we join families, aids, and residents of both communities to sing, dance, and be merry.

It can be a Showtunes or Doo-Wop program, or a popular artist of the 40’s-60’s program, like Martin, Sinatra, Crosby, Presley, the Beatles... I search out YouTube

classics by these artists, that I play with vocals of the original music and lyrics for all to follow. My best singer is Gladys of Reflections Fame. That woman remembers every lyric of just about every song we play. Harmonizing with Harvey is another component of our sings that has developed and improved over the past two years.

Families are amazed at the enthusiasm and participation. I recently moved the weekly event from our Living Room to the Lobby, so that we can pull in people from all over the building. It is the single most gratifying activity I lead, but it is because of how much the residents enjoy it that absolutely makes each Wednesday afternoon so memorable.

There are still a few who don’t join in. Maybe it’s because it is getting pretty crowded. Or they just don’t feel comfortable with their voice...or mine. But whatever the reason, we will always find space and seats. Music and singing, even slightly off-key and soft, is magic. And it is something that can be appreciated, truly, at almost any age.

Signature Series For July



Apollo Seafood Specials Dazzle

Our Reflections Director Rachel San Marco will spearhead a Spiritual and Mental Health Yoga/Meditation morning of activities on July 8th.

As we continue to showcase the talents of our Chef Apollo within the community and to prospects and the extended community, we will present our annual Seafood Celebration on July 24th.



THE RESIDENCE at Summer Street

THE RESIDENCE AT SUMMER STREET *Associates*

Dawn Amorosa
Executive Director

Linda Burney
Resident Care Director

Missy Milbrun
Business Director

Michael Lubell
Engagement Director

Rachel San Marco
Reflections Director

Apollo Awayan
Director of Restaurant Ops.

TJ Nunez
Maintenance Director

Danielle Lomba, RN
RN Designee



Activities Heat Up throughout July



Bonnie Rapp sings 7-17

John Golschmid on the piano will return 7/3. Margi Gianquinto, bandleader to The Songsters, will take to the stage with jazz vocals on July 10th. Bonnie Rapp will return on the 17th. We expect Jessie and Barbara Occhino to round out our musical offerings during the last week...Following the success of our Breakfast at the Beach in late June, we will be heading out to walk and

play there again twice in July on Wednesday mornings. Lunch outings will continue as strictly indoor affairs unless we have a break from the heat.

90 Minutes of Steve Marshall

Steve’s third show with us on June 12th was as one resident put it, “the best yet.” The residents were laughing so hard I was concerned they couldn’t catch their breath. He’s a down-to-earth Brooklyn “kid of 69”, who has been making people laugh professionally for 40 years. Steve spared no one in the audience from a playful insult or two, including our Executive Director.

Dawn laughed so hard I spotted a little crack in the make-up, but nothing more serious than that. I did not talk to a single person who objected to the edgy humorist. All people wanted was to bring him back soon for more.



Marshall had them all howling on 6/12

Good Times. Good Friends. *Great Care!*

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



6
10:00 Stretching and Fitness
10:45 Jeopardy
1:15 Yoga w. Sherry Zak
1:30 Sunday Matinee Movie
2:00 Bingo 4 A Cause
3:30 Happy Hour
7:00 Sunday Night Crime Movie-

7
10:00 *All-out aerobics
10:45 Musical Appreciation: Video Review
1:00 Poker Club
1:00 @Prime Time Video-Cise
1:30 Creative Art Expression
3:30 Intellectual Puzzles
7:00 Musical Movie Night

13
10:00 Stretching and Fitness
10:45 Jeopardy
1:15 Yoga w. Sherry Zak
1:30 Sunday Matinee Movie
2:00 Bingo 4 A Cause
3:30 Happy Hour
7:00 Sunday Night Crime Movie-

14
10:00 *All-out aerobics
10:45 Musical Appreciation: Video Review
1:00 Poker Club
1:00 @Prime Time Video-Cise
1:30 Creative Art Expression
3:30 Intellectual Puzzles
7:00 Musical Movie Night

20
10:00 Stretching and Fitness
10:45 Jeopardy
1:15 Yoga w. Sherry Zak
1:30 Sunday Matinee Movie
2:00 Bingo 4 A Cause
3:30 Happy Hour
7:00 Sunday Night Crime Movie-

21 Happy Birthday Pat
10:00 *All-out aerobics
10:45 Musical Appreciation: Video Review
1:00 Poker Club
1:00 @Prime Time Video-Cise
1:30 Creative Art Expression
3:30 Intellectual Puzzles
7:00 Musical Movie Night

27
10:00 Stretching and Fitness
10:45 Jeopardy
1:15 Yoga w. Sherry Zak
1:30 Sunday Matinee Movie
2:00 Bingo 4 A Cause
3:30 Happy Hour
7:00 Sunday Night Crime Movie-

28
10:00 *All-out aerobics
10:45 World Music and Music History
10:45 Musical Appreciation: Video Review
1:00 Poker Club
1:00 @Prime Time Video-Cise
1:30 Creative Art Expression
3:30 Intellectual Puzzles
7:00 Musical Movie Night

1
10:00 10:00 am *Seated aerobics w. Ian
10:45 Wheel of Fortune
1:00 Docuseries: Science or Literary Focus
1:00 Fastpaced Seated Aerobics
1:30 Poker Club
2:00 Board games/Charades
2:00 Father Demayo Leads Mass
3:45 Pool Golf Happy Hour

8
10:00 10:00 am *Seated aerobics w. Ian
10:45 Signature Series Event
11:00 Resident Council Meeting
1:00 Fastpaced Seated Aerobics
2:00 Father Demayo Leads Mass
3:00 Schulster presents Opera
3:45 Pool Golf Happy Hour
7:00 Movie- Sports or Documentary Night

15
10:00 10:00 am *Seated aerobics w. Ian
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1:00 Fastpaced Seated Aerobics
2:00 Board games/Charades
2:00 Father Demayo Leads Mass
3:45 Pool Golf Happy Hour
7:00 Movie- Sports or Documentary Night

22
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2:00 Father Demayo Leads Mass
3:00 Schulster presents Opera
3:45 Pool Golf Happy Hour
7:00 Movie- Sports or Documentary Night

29
10:00 10:00 am *Seated aerobics w. Ian
10:45 Wheel of Fortune
1:00 Fastpaced Seated Aerobics
2:00 Board games/Charades
2:00 Father Demayo Leads Mass
3:00 Barbara Occhino and Carmen
3:45 Pool Golf Happy Hour
7:00 Movie- Sports or Documentary Night

2
10:00 Local trip shop/errands
10:00 Low Impact Aerobics
10:45 Fireside Chat
11:30 Bistro Lunch
1:15 Relaxing with Art
1:15 Fastpaced Aerobics
2:15 Singing Favorites Led by Michael
3:30 Serious Trivia/Happy Hour
7:00 Comedy Movie Night

9
10:00 Local trip shop/errands
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16
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30
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11:30 Bistro Lunch
1:15 Relaxing with Art
1:15 Fastpaced Aerobics
2:15 Singing Favorites Led by Michael
3:30 Serious Trivia/Happy Hour
7:00 Comedy Movie Night

3 Happy Birthday Sonya
10:00 *Exercise Wake Up W Zumba
10:45 Pictionary
1:15 *The Paul Eugene Videocise
1:15 Docuseries
2:00 Scrabble Challenge
3:00 Reverse Heads Up
3:00 John Golschmidt on the piano
4:00 Happy Hour
7:00 Adventure Film Night

10
10:00 *Exercise Wake Up W Zumba
10:45 Pictionary
1:15 *The Paul Eugene Videocise
1:45 Tournament Scrabble
2:00 Margi Gianquinto Sings
3:00 Reverse Heads Up
4:00 Happy Hour
7:00 Adventure Film Night

17
10:00 *Exercise Wake Up W Zumba
10:45 Pictionary
1:15 *The Paul Eugene Videocise
2:30 Bonnie Rapp concert
3:00 Museum Comes to Us
3:00 Reverse Heads Up
4:00 Happy Hour
7:00 Adventure Film Night

24
10:00 *Exercise Wake Up W Zumba
10:45 Pictionary
1:15 *The Paul Eugene Videocise
1:45 Tournament Scrabble
2:00 Book Club Monthly Meeting
2:00 Scrabble Challenge
3:00 Reverse Heads Up
3:00 Signature Series- Prospects
4:00 Happy Hour
7:00 Adventure Film Night

31
10:00 *Exercise Wake Up W Zumba
10:45 Pictionary
1:15 *The Paul Eugene Videocise
2:00 Scrabble Challenge
3:00 Museum Comes to Us
3:00 Reverse Heads Up
4:00 Happy Hour
7:00 Adventure Film Night

4
8:15 Breakfast at the beach
10:00 All-around workout
11:30 Bistro Lunch
1:15 Fastpaced seated Aerobics
2:00 Bingo 4 A Cause
3:00 Mario's Chile Presentation
4:00 Happy Hour
7:00 Romance Movie Night

11
10:00 All-around workout
10:45 Short-story/current culture
11:30 Bistro Lunch
1:15 Fastpaced seated Aerobics
2:00 Bingo 4 A Cause
3:00 Mario's Chile Presentation
4:00 Happy Hour
7:00 Romance Movie Night

18
10:00 All-around workout
10:00 Notable Quotable Game
11:30 Bistro Lunch
1:15 Fastpaced seated Aerobics
3:00 Mario's Chile Presentation
4:00 Happy Hour
7:00 Romance Movie Night

25
10:00 All-around workout
11:30 Bistro Lunch
1:15 Fastpaced seated Aerobics
2:00 Bingo 4 A Cause
3:00 Mario's Chile Presentation
4:00 Happy Hour
7:00 Romance Movie Night

5
10:00 Low Impact Aerobics
10:45 Notable Quotable Game
1:15 The Writing Group- discussion
2:00 Feature Film Matinee
2:15 Resident Led Poker
2:30 BINGO for Sure
3:00 Chair Dance and Aerobicize
3:45 Happy Hour
7:00 Academy Award Winning Film

12 Happy Birthday Joan C.
10:00 Low Impact Aerobics
10:45 Notable Quotable Game
1:15 The Writing Group- discussion
2:00 Feature Film Matinee
2:15 Resident Led Poker
2:30 BINGO for Sure
3:00 Chair Dance and Aerobicize
3:45 Happy Hour
7:00 Academy Award Winning Film

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1:15 The Writing Group- discussion
2:00 Feature Film Matinee
2:15 Resident Led Poker
2:30 BINGO for Sure
3:00 Chair Dance and Aerobicize
3:45 Happy Hour
7:00 Academy Award Winning Film

26
10:00 Low Impact Aerobics
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1:15 The Writing Group- discussion
2:00 Feature Film Matinee
2:15 Resident Led Poker
2:30 BINGO for Sure
3:00 Chair Dance and Aerobicize
3:45 Happy Hour
7:00 Academy Award Winning Film



Don't Miss

Signature Series this month:

Yoga/Meditation/Mental Health on July 8
and Seafood Celebration on July 24th

Our engagement program is built upon both our residents' interests and our Five Principles for Vitality.

By providing quality and choice, we hope to encourage socialization and well-being for mind, body, and spirit.

Continued Learning
Arts & Culture
Physical Fitness
Community Connections
Wellness & Self-Care