Signature Series Events



Let's celebrate spring together at our Signature Series Spring Fling!

Step into a blooming paradise and indulge in the essence of spring at our garden party—a sophisticated gathering designed to delight the senses and celebrate the beauty of the season.

We'll sip on an exquisite selection of fine teas, crafted to highlight floral and botanical

notes that evoke the freshness of spring. For those seeking something more spirited, our menu boasts a signature cocktail infused with seasonal fruits and aromatic herbs, expertly designed to refresh and uplift.

We'll savor an array of delectable appetizers and desserts showcasing the finest local ingredients; every bite will be a celebration of spring's bounty.

Join us for an unforgettable afternoon, where nature's beauty, culinary artistry, and fellowship with friends unite to create a one-of-a-kind experience. We can't wait to welcome you! Please RSVP to Jessica Johnson, Sales and Marketing Director, at 603.845.3978 or jessica.johnson@residencesilversquare.com.

Honoring Those Who Served

We will honor our fallen military heroes with a Memorial Day tribute. A solemn occasion to honor the brave men and women who sacrificed their lives in service to the United States and our freedom. At Silver Square, our annual Memorial Day ceremony will include the singing of our national anthem and a moment of silence to solemnly remember our fallen military heroes.













THE RESIDENCE AT SILVER SQUARE Associates

> Chris Kelly **Executive Director**

Jessica Hogan Business Office Director

Jessica Johnson Sales and Marketing Director

> Pamela Lane Resident Care Director

Phil Stone Restaurant Ops Director

> Lisa Moll **Engagement Director**

Mike Merrigan Senior Reflections Director

> **Kevin Goyette** Maintenance Director



Welcome, May!



May is a month of renewal, celebration, and remembrance. As spring reaches its peak, nature bursts into life. Flowers, long dormant through the cold months, emerge from the newly warmed ground, painting gardens and fields with hues of pink, yellow, and purple. Birds, returning from their seasonal migrations, fill the air with song; their melodies a joyful soundtrack to the changing season. At Silver Square, we can't wait to get back on our beautiful porch to enjoy the fresh air, warm sunny days, and colorful sunsets. Among the celebrations in May, Mother's Day stands as a heartfelt tribute to the women who nurture and guide us. We love celebrating Mother's Day at Silver Square! It is a day of love, reflection, and appreciation for the sacrifices and unwavering support of mothers everywhere.

May also brings solemnity with Memorial Day, honoring U.S. military personnel who died in service. It's a time for reflection, gratitude, and unity, as our nation pauses to acknowledge the sacrifices made for freedom.

On a lighter note, Cinco de Mayo is a vibrant celebration of Mexican heritage and culture and we'll have fun with lively festivities, including traditional Mexican cuisine. May is also synonymous with the Kentucky Derby. We'll celebrate the 151st "Run for the Roses" watching the thrilling spectacle of thoroughbreds racing toward victory while enjoying a mint julep.

May is a month of contrasts—joy and solemnity, renewal and remembrance. It's a time to celebrate life, honor sacrifices, and embrace the beauty of the changing season.

MAY 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
				10:00 DPL Book Club 10:30 Balance & Weights 11:15 NYT Mini Crossword 12:00 Chef's Bistro Hour 1:30 TheraBand Stretch 1:30 Outing - Dover Pool 2:00 Travel Lecture - Mexico 3:00 Our Universe Series 4:00 Rummikub Club	10:30 Exercise by Engage 11:15 Music Listening Hour 12:00 Boar's Head Bistro Deli 1:30 Tai Chi for Arthritis 2:30 Cocktail Social Hour 2:30 Team Knowledge Bout 4:00 Rummikub Club	3 10:30 Strength & Balance 11:30 Word Game Challenge 12:00 Community Store Opens 1:30 Gentle Yoga 2:30 Bocce Ball Challenge 3:30 Virtual Museum Tour 4:00 Table Games 4:00 Rummikub Club 7:00 Kentucky Derby Watch Party	_
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9:00 Steps in Motion 10:00 Protestant Church Service 11:00 Catholic Church Service 1:00 Quilters' Club 2:00 Mexican Train 3:00 Charity Bingo 4:00 Rummikub Club	10:00 Eucharistic Service 10:30 Balance & Strength 11:30 Word Game Challenge 12:30 Outing-Tour Golf+Grill 1:30 Barre and Balance 2:00 Crafting Workshop 4:00 Rummikub Club 4:00 Our Universe Series	10:30 Balance and Weights 10:30 Guitar Concert with Nick P 11:00 Sugar+Spice Baking Club 11:30 Court Case Roundtable 12:00 Community Store Opens 12:00 Chef's Bistro Hour 1:30 TheraBand Stretch 2:30 Strategic Bocce Ball 4:00 Rummikub Club 5:30 Cocheco Quilters Guild	 10:30 Exercise by Engage 12:00 Community Bistro Hour 1:30 Barre and Balance 2:00 iPhone Tech Workshop 3:00 Charity Bingo 3:00 Our Universe Series 4:00 Rummikub Club 6:00 Feature Film Night 	 10:30 Balance and Weights 11:15 NYTimes Wordle 11:15 Open Art Studio 12:00 Chef's Bistro Hour 1:30 Intermediate Yoga 2:00 Outing-Target 2:00 Cornhole Challenge 4:00 Rummikub Club 	 10:00 Word Game Challenge 10:30 Exercise by Engage 11:15 Podcast Hour 12:00 Boar's Head Bistro Deli 1:30 Tai Chi for Arthritis 2:00 Cocktail Social Hour 2:00 Piano Concert with Andy C. 4:00 Rummikub Club 	 10:30 Strength & Balance 11:30 Open Art Studio 12:00 Community Store Opens 1:30 Intermediate Yoga 2:30 Bocce Ball Challenge 4:00 Art Exploration Series 4:00 Rummikub Club 4:00 Table Games 	
11 Mother's Day	i 12	i 13	14	i 15	i 16	i 17 	il
9:00 Steps in Motion 10:00 Protestant Church Service 11:00 Catholic Church Service 12:00 Mother's Day Brunch 1:00 Quilters' Club 2:00 Five Crowns Club 3:00 Charity Bingo 4:00 Rummikub Club	10:30 Balance & Strength 11:30 Word Game Challenge 12:30 Outing-Granite Steak+Grill 1:30 Barre and Balance 2:00 Guest Lecture Memorial Day 3:00 Meditation Mindfulness 3:00 REACT Neuro 4:00 Rummikub Club	 10:30 Balance and Weights 11:30 Court Case Roundtable 12:00 Chef's Bistro Hour 12:00 Community Store Opens 1:30 Intermediate Yoga 2:00 Painting Workshop 3:00 Bocce Ball Challenge 4:00 Rummikub Club 4:00 Life on our Planet Series 	10:30 Exercise by Engage 11:30 Pottery Workshop 12:00 Community Bistro Hour 1:30 Barre and Balance 2:00 Series-Travelogue & Talk 3:00 Charity Bingo 3:00 Life in Color Series 4:00 Rummikub Club 6:00 Feature Film Night	 10:30 Balance & Weights 11:15 NYT Spelling Bee 12:00 Chef's Bistro Hour 1:30 TheraBand Stretch 2:00 Outing-Scenic Ocean Drive 2:00 Five Crowns Club 3:00 Our Universe Series 4:00 Rummikub Club 	 10:30 Exercise by Engage 11:15 Music Listening Hour 12:00 Sig Series- Spring Fling 2:00 Tai Chi for Arthritis 2:30 Cocktail Social Hour 2:30 Team Knowledge Bout 4:00 Rummikub Club 	 10:30 Strength & Balance 11:30 Word Game Challenge 12:00 Community Store Opens 1:30 Open Art Studio 1:30 Gentle Yoga 2:30 Bocce Ball Challenge 3:30 Virtual Museum Tour 4:00 Rummikub Club 	ļ
18	19	20	21	22	23	24	-
9:00 Steps in Motion 10:00 Protestant Church Service 11:00 Catholic Church Service 1:00 Quilters' Club 2:00 Mexican Train 3:00 Charity Bingo 4:00 Rummikub Club	10:00 Eucharistic Service 10:30 Balance & Strength 10:30 Guitar Concert with Chris 11:30 Word Game Challenge 12:30 Outing-Northwoods Brewing 1:30 Barre and Balance 2:00 Culinary Club 4:00 Rummikub Club	10:00 NYT Mini Crossword 10:30 Balance and Weights 11:30 Court Case Roundtable 12:00 Community Store Opens 12:00 Chef's Bistro Hour 1:30 TheraBand Stretch 2:30 Strategic Bocce Ball 3:00 Life In Color Series 4:00 Rummikub Club	10:30 Exercise by Engage 11:00 Resident Ambassador Mtg 12:00 Community Bistro Hour 1:30 Barre and Balance 2:00 Pontine Theatre Event 3:00 Charity Bingo 4:00 Rummikub Club 4:00 Table Games 6:00 Feature Film Night	10:30 Balance and Weights 11:15 NYT Connections 12:00 Chef's Bistro Hour 1:30 Gentle Yoga 2:00 Outing-Dover Pool 2:00 Bocce Ball Challenge 3:00 Life in Color Series 4:00 Rummikub Club	10:00 Word Game Challenge 10:30 Exercise by Engage 11:15 Podcast Hour 12:00 Boar's Head Bistro Deli 1:30 Tai Chi for Arthritis 2:30 Cocktail Social Hour 2:30 Team Knowledge Bout 4:00 Rummikub Club	10:30 Strength & Balance 11:30 Open Art Studio 12:00 Community Store Opens 1:30 Intermediate Yoga 1:30 Table Games 2:00 Guest Singer Rachel C. 3:00 Bocce Ball Challenge 4:00 Rummikub Club	
25 ———	26 Memorial Day	27	1 28	<u> </u>	i 30 ————	i 31 	1
9:00 Steps in Motion 10:00 Protestant Church Service 11:00 Catholic Church Service 1:00 Quilters' Club 2:00 Five Crowns Club 3:00 Charity Bingo 4:00 Rummikub Club	10:30 Balance & Strength 11:30 Memorial Day Ceremony 12:30 Outing-110 Grill 1:30 Barre and Balance 2:30 Resident B'Day Celebration 2:30 Cocktail Social Hour 4:00 Rummikub Club	10:30 Balance and Weights 11:00 Sugar+Spice Baking Club 11:30 Court Case Roundtable 12:00 Chef's Bistro Hour 12:00 Community Store Opens 1:30 Intermediate Yoga 1:30 Guest Concert Kevin F. 2:30 Bocce Ball Challenge	10:30 Exercise by Engage 12:00 Community Bistro Hour 1:30 Barre and Balance 2:00 iPhone Tech Workshop 3:00 Charity Bingo 3:00 Our Universe Series 4:00 Rummikub Club 6:00 Feature Film Night	10:30 Balance & Weights 11:00 Resident Open Forum 12:00 Chef's Bistro Hour 1:30 Gentle Yoga 2:00 Outing Stella's Cafe 2:00 Bocce Ball Challenge 3:00 REACT Neuro 4:00 Rummikub Club	 10:30 Exercise by Engage 11:15 Music Listening Hour 12:00 Boar's Head Bistro Deli 1:30 Tai Chi for Arthritis 2:00 Sig Series-Horticultural 2:00 Cocktail Social Hour 4:00 Rummikub Club 	10:30 Strength & Balance 11:30 Word Game Challenge 12:00 Community Store Opens 1:30 Gentle Yoga 1:30 Open Art Studiio 2:30 Bocce Ball Challenge 3:30 Virtual Museum Tour 4:00 Rummikub Club	C

May's Events

Happy Birthday!

Bob T., May 1 Sandra E., May 11 Heidemarie, May 16 Harold, May 16 MaryLou, May 31

Live Concerts
Guest Lectures
Barre and Balance
Tai Chi
Pottery
Painting

Our engagement program is built upon both our residents' interests and our Five Principles for Vitality.

By providing quality and choice, we hope to encourage socialization and well-being for mind, body, and spirit.

Continued Learning
Arts & Culture
Physical Fitness
Community Connections
Wellness & Self-Care

4:00 Rummikub Club