




THE  
**RESIDENCE**  
at Orchard Grove

## Resident Care Director



*Crissy Burnett*

Crissy Burnett, a LPN is our new Interim Resident Care Director at Orchard Grove. She has been a nurse for over 9 years and is currently pursuing her RN degree. She is married and lives in Connecticut. She has two sons and two dogs named Honey and Bear. She is excited to be a part of the Orchard Grove team.

## Winter Coat Drive



*Give the Gift of Warmth*

Let's give the gift of warmth this season. We are collecting new and gently used coats for women, men and children to be donated to St. Anne's in Shrewsbury. Please drop off in front foyer of building.

## Identity Theft & Fraud Prevention Lecture



*Presentation Wednesday, October 27th @ 2:00pm*

Robin Putnam and Kevin Donohue will present on identity theft and fraud prevention. It will include information about how to spot and avoid scams, recent scams that their offices have learned about, how to prevent identity theft and steps to take if you have fallen victim.

## Maintenance Director

Jason Jaworski is the new Director of Maintenance at The Residence at Orchard Grove. He is originally from Rhode Island. Jason went to college for Art with a concentration in Painting and Sculpting. While living in New York City worked as a painter and building maintenance manager. He also worked five years as an employee of The Four Seasons Restaurant in NYC. Jason enjoys making films in his spare time. He

is truly enjoying being apart of the Orchard Grove team!



*Jason Jaworski*

## Business Office Director



*Mia Crawford*

Mia Crawford is the new Business Office Director at The Residence at Orchard Grove. She has over 16 years of experience in the Senior Living Industry. Her primary role is to help residents, associates and families with business related needs. She is the proud mother of three boys. In her leisure time she loves to hike, read, travel and try

new recipe's. She is looking forward to meeting all the residents and families. Welcome aboard!

### THE RESIDENCE AT ORCHARD GROVE *Associates*

**Rae-Lynn Kinzie**  
*Executive Director*

**Lucy Hebert**  
*Sales & Marketing Director*

**Mia Crawford**  
*Business Office Director*

**Amanda Palmieri**  
*Resident Care Director*

**Brenda Rojas**  
*Reflections Director*

**Nina Quirk**  
*Culinary Service Director*

**Mary Beth McCarthy**  
*Resident Engagement Director*

**Jason Jaworski**  
*Maintenance Director*



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

**31 OCTOBER**

- 10:00 Mass on TV
- 10:30 Current Events
- 11:00 Sit & Be Fit
- 1:15 Master Class-Mindfulness and Meditation
- 1:45 Trick or Treat Bingo
- 3:00 Happy Hour
- 4:00 Pats Vs Chargers
- 6:00 Trivia Night



**1**

- 10:00 Word Jumbles
- 10:15 Blood Pressure Clinic
- 11:00 Barre and Balance
- 1:15 Stretch and Flex Class
- 1:30 Art Expressions with Suzanne
- 3:00 Happy Hour
- 6:00 Documentary Night

**2**

- 10:00 Chit Chat and Coffee
- 11:00 Dancercise w/ Ashley
- 1:00 Saturday matinee
- 1:30 Serenity Spa Time
- 3:00 Happy Hour
- 4:15 Late Afternoon Stroll
- 6:00 Broadway Shows

**3** Happy B-Day Lee

- 10:00 Mass on TV
- 10:30 Current Events
- 11:00 Sit & Be Fit
- 1:15 Master Class-Mindfulness and Meditation
- 1:45 Bingo
- 3:00 Happy Hour
- 6:00 Trivia Night
- 8:15 Pats Vs Buccaneers

**4**

- 10:00 Giant Crosswords
- 10:30 Rosary Group
- 11:00 Moving and Grooving
- 1:30 Tai Chi
- 2:00 Scenic Ride
- 2:00 Bake and Take- Pumpkin Muffins
- 3:00 Happy Hour
- 4:00 Cranium Crunchers

**5**

- 10:15 React Neuro
- 10:15 Remember When?
- 11:00 Barre and Balance
- 1:15 Step up to Health
- 2:00 Beatles Presentation
- 3:00 Happy Hour-Pumpkin Martini's
- 4:00 Trivia is Not Trivial
- 6:00 Fireside Chats

**6**

- 10:00 Flower Designs
- 10:30 Wordscapes
- 11:00 Strength and Weight Training
- 1:00 ReAct Neuro
- 1:30 Sit and Be Fit!
- 2:00 Pumpkin Painting
- 3:00 Happy Hour
- 6:00 Game Night

**7**

- 10:00 Great Courses - Geological Wonders
- 11:00 Tai Chi
- 1:30 Fab, Fit and Fun
- 1:45 Bingo Game!
- 3:00 Happy Hour
- 3:00 Men's Club
- 4:00 Let's Reminisce
- 6:00 Evening Stroll

**8**

- 10:00 Word Jumbles
- 10:15 Blood Pressure Clinic
- 11:00 Barre and Balance
- 1:15 Stretch and Flex Class
- 2:00 Universal Yums
- 3:00 Happy Hour
- 6:00 Documentary Night

**9**

- 10:00 Chit Chat and Coffee
- 11:00 Dancercise w/ Ashley
- 1:00 Saturday matinee
- 1:30 Serenity Spa Time
- 2:00 Tapping w/ Ted
- 3:00 Happy Hour
- 4:15 Late Afternoon Stroll
- 6:00 Broadway Shows

**10**

- 10:00 Mass on TV
- 10:30 Current Events
- 11:00 Sit & Be Fit
- 1:00 Pats Vs Texans
- 1:15 Master Class-Mindfulness and Meditation
- 1:45 Bingo
- 3:00 Happy Hour
- 6:00 Trivia Night

**11** Columbus day

- 10:00 Giant Crosswords
- 10:30 Rosary Group
- 11:00 Moving and Grooving
- 1:30 Tai Chi
- 2:00 Wheel of Fortune
- 3:00 Happy Hour
- 4:00 Cranium Crunchers

**12**

- 10:15 React Neuro
- 10:15 Remember When?
- 11:00 Barre and Balance
- 1:15 Step up to Health
- 2:00 Door Decor
- 3:00 Happy Hour
- 4:00 Ask Alexa!
- 6:00 Fireside Chats

**13**

- 10:00 Flower Designs
- 10:30 Wordscapes
- 11:00 Strength and Weight Training
- 1:00 ReAct Neuro
- 1:30 Sit and Be Fit!
- 2:00 Flu Prevention w/ Encompass
- 3:00 Happy Hour
- 6:00 Game Night

**14**

- 10:00 Great Courses - Geological Wonders
- 11:00 Tai Chi
- 1:30 Fab, Fit and Fun
- 1:45 Bingo Game!
- 3:00 Happy Hour
- 3:00 Men's Club
- 4:00 Let's Reminisce
- 6:00 Evening Stroll

**15**

- 10:00 Word Jumbles
- 10:15 Blood Pressure Clinic
- 11:00 Barre and Balance
- 1:15 Stretch and Flex Class
- 2:00 Share the Faith
- 3:00 Happy Hour
- 6:00 Documentary Night

**16**

- 10:30 Pumpkin Spice Coffee and Muffins
- 11:00 Dancercise w/ Ashley
- 1:00 Saturday matinee
- 1:30 Serenity Spa Time
- 2:00 Ballet History
- 3:00 Happy Hour
- 4:15 Late Afternoon Stroll
- 6:00 Broadway Shows

**17**

- 10:00 Mass on TV
- 10:15 Mass @ St. Mary's
- 10:30 Current Events
- 11:00 Sit & Be Fit
- 1:15 Master Class-Mindfulness and Meditation
- 1:45 Bingo
- 3:00 Happy Hour
- 4:15 Pats Vs Cowboys
- 6:00 Trivia Night

**18**

- 10:00 Giant Crosswords
- 10:30 Rosary Group
- 11:00 Moving and Grooving
- 1:30 Tai Chi
- 2:00 Leaf Peeping Ride
- 3:00 Happy Hour
- 4:00 Cranium Crunchers

**19** Happy B-Day Jerry

- 10:15 React Neuro
- 10:15 Remember When?
- 11:00 Barre and Balance
- 1:15 Step up to Health
- 2:00 Calendar Club
- 3:00 Happy Hour
- 4:00 Fascinating Facts
- 6:00 Fireside Chats

**20** Happy B-Day Pat M

- 10:00 Flower Designs
- 10:30 Ted Talk- Where Joy Hides
- 11:00 Strength and Weight Training
- 1:00 ReAct Neuro
- 1:30 Sit and Be Fit!
- 2:00 Resident's Council
- 3:00 Happy Hour
- 6:00 Game Night

**21**

- 10:00 Great Courses - Geological Wonders
- 11:00 Tai Chi
- 1:30 Fab, Fit and Fun
- 1:45 Live Broadway Showtunes
- 3:00 Happy Hour
- 3:00 Men's Club
- 4:00 Let's Reminisce
- 4:30 Men's Dinner Club
- 6:00 Evening Stroll

**22**

- 10:00 Word Jumbles
- 10:15 Blood Pressure Clinic
- 11:00 Barre and Balance
- 1:15 Stretch and Flex Class
- 1:30 Art Expressions with Suzanne
- 3:00 Happy Hour-Welcome New Neighbors
- 6:00 Documentary Night

**23**

- 10:00 Chit Chat and Coffee
- 11:00 Dancercise w/ Ashley
- 1:00 Saturday matinee
- 1:30 Serenity Spa Time
- 2:00 Wedding Day Memories
- 3:00 Happy Hour
- 4:15 Late Afternoon Stroll
- 6:00 Broadway Shows

**24** Happy B-day Ginny

- 10:00 Mass on TV
- 10:30 Current Events
- 11:00 Sit & Be Fit
- 1:00 Pats Vs Jets
- 1:15 Master Class-Mindfulness and Meditation
- 1:45 Bingo
- 3:00 Happy Hour
- 6:00 Trivia Night

**25**

- 10:00 Giant Crosswords
- 10:30 Rosary Group
- 11:00 Moving and Grooving
- 11:30 Lunch Outing- Wayside Inn
- 1:30 Tai Chi
- 2:00 Wheel of Fortune
- 3:00 Happy Hour
- 4:00 Cranium Crunchers

**26**

- 10:15 React Neuro
- 10:15 Remember When?
- 11:00 Barre and Balance
- 1:15 Step up to Health
- 2:00 Octoberfest
- 3:00 Happy Hour-Pumpkinhead Beer
- 4:00 Brain Teasers
- 6:00 Fireside Chats

**27**

- 10:00 Flower Designs
- 10:30 Wordscapes
- 11:00 Strength and Weight Training
- 1:00 ReAct Neuro
- 1:30 Sit and Be Fit!
- 2:00 Identity Theft Lecture
- 3:00 Happy Hour
- 6:00 Game Night

**28** Happy B-Day Jackie

- 10:00 Great Courses - Geological Wonders
- 11:00 Tai Chi
- 11:30 Ladies Lunch
- 1:45 Trick or Treat Bingo
- 3:00 Happy Hour- Witches Brew
- 3:00 Men's Club
- 4:00 Let's Reminisce
- 6:00 Evening Stroll

**29**

- 10:00 Word Jumbles
- 10:15 Blood Pressure Clinic
- 11:00 Barre and Balance
- 1:15 Stretch and Flex Class
- 2:00 Halloween Party
- 3:00 Happy Hour-Boo's and Brews
- 6:00 Documentary Night

**30**

- 10:00 Chit Chat and Coffee
- 11:00 Dancercise w/ Ashley
- 1:00 Saturday matinee
- 1:30 Serenity Spa Time
- 3:00 Happy Hour
- 4:15 Late Afternoon Stroll
- 6:00 Broadway Shows

Reminders:

Front Desk  
Phone Number:  
508-841-5735

Hair Dressers by appt. on Wednesdays

Van available for Dr. appts on Tuesday and Thursdays

Shopping trips on Tuesdays

Activities are subject to change

**PROGRAM**

- Cognitive
- Emotional
- Physical
- Social

Events are subject to change.