
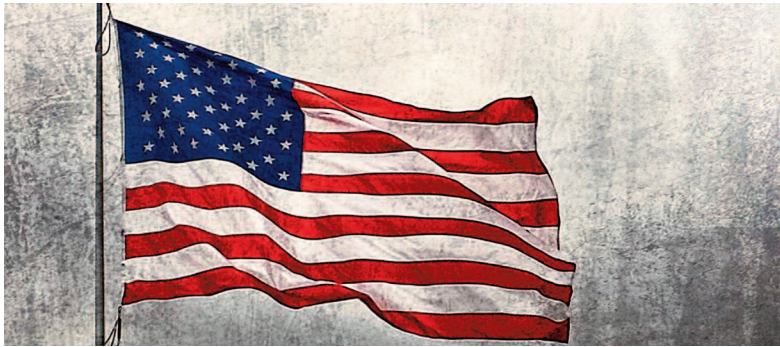


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Sit & Be Fit 10:00 Virtual Sunday Service 11:00 Sunday News 11:45 Walking Group 1:30 Clever Conversations 2:00 Sunday Stroll 2:30 Sundae Social 3:30 Comedy Hour 4:30 Sunday Singing Group 6:00 Lawrence Welk Show	2 10:00 Tai Chi for Arthritis 10:30 Making Bread With Susan 11:00 Word Within a Word 11:45 Walking Group 1:30 Meditative Coloring 2:30 Music & Mocktails Social 3:30 Weights Strength Training 4:00 Scrabble 6:15 Virtual Concerts	3 10:00 Strength Training Exercise 10:30 Jeopardy 10:30 Tuesday Road Trip 11:00 The Good News Discussion 11:45 Walking Group 1:30 Craft Class 2:30 Snack Café 3:30 Barre & Balance Class 4:00 Neighborhood Bingo 6:00 Evening Movie	4 May the 4th Be With You 10:00 Tai Chi for Arthritis 10:30 Man-Made Men's Group 11:00 Sing A Long 11:45 Walking Group 1:30 Puzzle Hour 2:30 Men's Cuisine Café 3:30 Stretch & Flex 4:00 Manicure Station 4:00 Space Travel Tour 6:00 Western Showcase Cinema	5 Cinco DE Mayo 10:00 Meditative Movement 10:30 Who, What, When? 10:30 Thursday Road Trip 11:00 Travel Adventure 11:45 Walking Group 1:30 Shared Reading In Library 2:30 Margarita Fiesta 3:30 Barre & Balance Class 4:00 Neighborhood Bingo 6:00 I Love Lucy	6 10:00 Music in Motion 10:30 Poetry Studio 11:00 Short Story Hour 11:45 Walking Group 1:30 Derby Hat Design Class 2:30 2nd Cup Cafe & Reminisce 3:30 Yoga Stretch 4:00 Trivia Challenge 6:00 Movie Musicals	7 Derby Day 10:00 Chair Aerobics 10:30 Derby Classics 11:00 Dice Games 11:45 Walking Group 1:30 Neighborhood Bingo 2:30 Derby Day Café 3:30 Sing-A-Long 4:00 Mindful Meditation 6:00 Evening Movie
8 Mother's Day 10:00 Sit & Be Fit 10:00 Virtual Sunday Service 11:00 Sunday News 11:45 Walking Group 1:30 Clever Conversations 2:00 Sunday Stroll 2:00 Marc Mancini 3:30 Mother's Day Social 4:30 Remembrance Day 6:00 Lawrence Welk Show	9 10:00 Tai Chi for Arthritis 10:30 Making Bread With Susan 11:00 Word Within a Word 11:45 Walking Group 1:30 Meditative Coloring 2:30 Music & Mocktails Social 3:30 Weights Strength Training 4:00 Gather 'Round Games 6:15 Virtual Concerts	10 10:00 Strength Training Exercise 10:30 Jeopardy 10:30 Tuesday Road Trip 11:00 The Good News Discussion 11:45 Walking Group 1:30 Spring Card Design 2:30 Snack Café 3:30 Barre & Balance Class 4:00 Neighborhood Bingo 6:00 Evening Movie	11 10:00 Tai Chi for Arthritis 10:30 Man-Made Men's Group 11:00 Sing A Long 11:45 Walking Group 1:30 Wheel of Fortune 2:30 Men's Cuisine Café 3:30 Stretch & Flex 4:00 Manicure Station 4:00 Virtual Travel Tour 6:00 Western Showcase Cinema	12 10:00 Meditative Movement 10:30 Who, What, When? 10:30 Thursday Road Trip 11:00 Travel Adventure 11:45 Walking Group 1:30 Shared Reading In Library 2:30 2nd Cup Cafe & Reminisce 3:30 Barre & Balance Class 4:00 Neighborhood Bingo 6:00 I Love Lucy	13 10:00 Music in Motion 10:30 Poetry Studio 11:30 My Favorite Journey 11:45 Walking Group 1:30 Creative Art Class 2:30 2nd Cup Cafe & Reminisce 3:30 Yoga Stretch 4:00 Trivia Challenge 6:00 Movie Musicals	14 10:00 Chair Aerobics 10:30 Migratory Bird Trivia 11:00 Golf Putters Club 11:45 Walking Group 1:30 Neighborhood Bingo 2:30 Saturday Smoothie Café 3:30 Sing-A-Long 4:00 Mindful Meditation 6:00 Evening Movie
15 10:00 Sit & Be Fit 10:00 Virtual Sunday Service 11:00 Sunday News 11:45 Walking Group 1:30 Clever Conversations 2:00 Sunday Stroll 2:30 Sundae Social 3:30 Comedy Hour 4:30 Sunday Singing Group 6:00 Lawrence Welk Show	16 10:00 Tai Chi for Arthritis 10:30 Making Bread With Susan 11:00 Word Within a Word 11:45 Walking Group 1:30 Meditative Coloring 2:30 BBQ & Beer Social 3:30 Weights Strength Training 4:00 Scrabble 6:15 Virtual Concerts	17 10:00 Strength Training Exercise 10:30 Jeopardy 10:30 Tuesday Road Trip 11:00 The Good News Discussion 11:45 Walking Group 1:30 Craft Class 2:30 Snack Café 3:30 Barre & Balance Class 4:00 Neighborhood Bingo 6:00 Evening Movie	18 10:00 Tai Chi for Arthritis 10:30 Man-Made Men's Group 11:00 Sing A Long 11:45 Walking Group 1:30 Puzzle Hour 2:30 Men's Cuisine Café 3:30 Stretch & Flex 4:00 Manicure Station 4:00 Virtual Museum Tour 6:00 Western Showcase Cinema	19 10:00 Meditative Movement 10:30 Who, What, When? 10:30 Thursday Road Trip 11:00 Travel Adventure 11:45 Walking Group 1:30 Shared Reading In Library 2:30 2nd Cup Cafe & Reminisce 3:30 Barre & Balance Class 4:00 Neighborhood Bingo 6:00 I Love Lucy	20 10:00 Music in Motion 10:30 Poetry Studio 11:00 Short Story Hour 11:45 Walking Group 1:30 Creative Art Class 2:30 Bobby Karrigan Show 3:00 Strawberry Café 3:30 Yoga Stretch 4:00 Trivia Challenge 6:00 Movie Musicals	21 Armed Forces Day 10:00 Chair Aerobics 10:30 Spelling Bee 11:00 Dice Games 11:45 Walking Group 1:30 Neighborhood Bingo 2:30 Saturday Smoothie Café 3:30 Sing-A-Long 4:00 Mindful Meditation 6:00 Evening Movie
22 10:00 Sit & Be Fit 10:00 Virtual Sunday Service 11:00 Sunday News 11:45 Walking Group 1:30 Clever Conversations 2:00 Sunday Stroll 2:30 Sundae Social 3:30 Comedy Hour 4:30 Sunday Singing Group 6:00 Lawrence Welk Show	23 10:00 Tai Chi for Arthritis 10:30 Making Bread With Susan 11:00 Word Within a Word 11:45 Walking Group 1:30 Meditative Coloring 2:30 Music & Mocktails Social 3:30 Weights Strength Training 4:00 Gather 'Round Games 6:15 Virtual Concerts	24 10:00 Strength Training Exercise 10:30 Jeopardy 10:30 Tuesday Road Trip 11:00 Paint Class With Karen 11:45 Walking Group 1:30 Craft Class 2:30 Snack Café 3:30 Barre & Balance Class 4:00 Neighborhood Bingo 6:00 Evening Movie	25 National Wine Day 10:00 Tai Chi for Arthritis 10:30 Planning Meeting 10:30 Man-Made Men's Group 11:00 Sing A Long 11:45 Walking Group 1:30 Wheel of Fortune 2:30 Wine Tasting 3:30 Stretch & Flex 4:00 Manicure Station 4:00 Virtual Travel Tour	26 10:00 Meditative Movement 10:30 Who, What, When? 10:30 Thursday Road Trip 11:00 Travel Adventure 11:45 Walking Group 1:30 Shared Reading In Library 2:30 2nd Cup Cafe & Reminisce 3:30 Barre & Balance Class 4:00 Neighborhood Bingo 6:00 I Love Lucy	27 10:00 Music in Motion 10:30 Poetry Studio 11:30 My Favorite Journey 11:45 Walking Group 1:30 Creative Art Class 2:30 2nd Cup Cafe & Reminisce 3:30 Yoga Stretch 4:00 Trivia Challenge 6:00 Movie Musicals	28 10:00 Chair Aerobics 10:30 Geography Bee 11:00 Golf Putters Club 11:45 Walking Group 1:30 Neighborhood Bingo 2:30 Burger Day Café 3:30 Sing-A-Long 4:00 Mindful Meditation 6:00 Evening Movie
29 10:00 Sit & Be Fit 10:00 Virtual Sunday Service 11:00 Sunday News 11:45 Walking Group 1:30 Clever Conversations 2:00 Sunday Stroll 2:30 Sundae Social 3:30 Sunday Social 3:30 Comedy Hour 4:30 Sunday Singing Group	30 Memorial Day 10:00 Tai Chi for Arthritis 10:30 Making Bread With Susan 11:00 Word Within a Word 11:45 Walking Group 1:30 Meditative Coloring 2:30 Memorial Day Picnic Social 3:30 Weights Strength Training 4:00 Scrabble 6:15 Virtual Concerts	31 National Smile Day 10:00 Strength Training Exercise 10:30 Jeopardy 10:30 Tuesday Road Trip 11:00 The Good News Discussion 11:45 Walking Group 1:30 Say Cheese Photoshoot 2:30 Snack Café 3:30 Barre & Balance Class 4:00 Neighborhood Bingo 6:00 Evening Movie				

Events are subject to change.

— AN LCB SENIOR LIVING COMMUNITY —

This Month's Highlights:

Live Performances

Cinco DE Mayo

Mother's Day

Remembrance Day

Barbecue Socials

Wine Tasting

A Photoshoot

Memorial Day

PROGRAM

- – Cognitive
- – Emotional
- – Physical
- – Social