

What's Happening In Our Community

Spring has officially sprung, and we're embracing the sunshine with a full calendar of fun, festive events throughout May! Please remember to sign up for all events and outings with the reception team so we can make sure everyone is accommodated.

Monthly Highlights

Monday, May 5 – Cinco de Mayo Margarita Mixer

Join us in the Bistro at 4 PM for a festive Cinco de Mayo celebration with margaritas and cheerful company!

Sunday, May 11 – Mother's Day Spring Fling Garden Brunch

Let's honor the wonderful mothers in our lives!

10 AM to 12 Noon – Brunch in the Second-Floor Dining Room

We encourage you to invite your children, grandchildren, and loved ones to join in this special day.

Monday, May 12 – Nancy Thayer 100th Birthday Celebration

We're thrilled to celebrate a truly incredible milestone! Join us in the Bistro at 4 PM to honor Nancy Thayer 100th birthday with cake, laughter, and love.



Happy 100th Birthday Nancy!

Thursday May 15 – Residents meet with your resident Council

This is a private meeting between residents and the Council. It's a great opportunity to share your thoughts and feedback to help enhance our community.

Tuesday, May 20 – Green Mountain Gospel Choir Performance

Join us in the Bistro at 7 PM for a powerful live performance by the Green Mountain Gospel Choir. All are welcome!

Reminders & Sign-Up Info

Due to high interest in nail spa services and facials, we kindly ask that you sign up at the front desk. This helps our Engagement Team ensure we have enough hands available. If we're unable to reach you on the day, we'll check the sign-up sheet and visit you in your apartment as soon as possible.

We look forward to seeing you at this month's events!

– The Engagement Team



THE RESIDENCE at Quarry Hill

From The Executive Director



Dear Residents, Families, and Friends,

Happy May! Spring is in full bloom, and it's a beautiful time of year here at Quarry Hill. The longer days, warmer weather, and fresh blossoms around the community are lifting spirits and encouraging

us all to get outdoors and soak up the sunshine.

This month, we're focusing on celebrating connection and community. Whether it's enjoying a meal together, participating in a group activity, or simply stopping to chat in the hallways, these moments of connection are what make Quarry Hill feel like home.

May also brings several special events, including our annual Mother's Day celebration, outdoor walks (weather permitting!), and a Horticulture presentation. Be sure to check the monthly calendar so you don't miss out on any of the fun.

As always, my door is open. I love hearing your feedback, ideas, and stories. Thank you for continuing to make this such a welcoming place to live.

Wishing you all a joyful, sunny, and refreshing month ahead.

Lydia Raymond

Executive Director

THE RESIDENCE AT QUARRY HILL Associates

Lydia Raymond
Executive Director

Seth Hargrove
Business Office Director

Tanya Seeley
Reflections Director

Thomas Wood
Maintenance Director

Sydney Taylor
Sales & Marketing Director

Sarah Kabagambe
Resident Engagement Director

Charlotte Webb
Restaurant Operations Director



SundayMondayTuesdayWednesdayThursdayFridaySaturday

Reminders

Transportation
Schedule

Medical Appt
Mondays & Wed
9am-5pm

Shopping Outings
Tuesdays 10:30am

Community Outings
Thursdays

Our engagement
program is built upon
both our residents’
interests and our Five
Principles for Vitality.

By providing quality
and choice, we hope to
encourage socialization
and well-being for mind,
body, and spirit.

Continued Learning
Arts & Culture
Physical Fitness
Community Connections
Wellness & Self-Care

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- 10:00 Upper Body Conditioning
- 11:00 Jewelry Design
- 11:45 Matinee Movie
- 2:00 Shabbat Service
- 3:00 Barre and Balance
- 3:30 Wine Chocolate & Bingo
- 4:00 Poetry Hour
- 6:30 Movie - Drama

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- 10:00 Upper Body Conditioning
- 11:00 Jewelry Design
- 11:45 Matinee Movie
- 2:00 Shabbat Service
- 3:00 Barre and Balance
- 3:30 Wine Chocolate & Bingo
- 4:00 Poetry Hour
- 6:30 Movie - Drama

17 Happy Bday Dorothy!

- 10:00 Upper Body Conditioning
- 11:00 Jewelry Design
- 11:45 Matinee Movie
- 2:00 Shabbat Service
- 3:00 Barre and Balance
- 3:30 Wine Chocolate & Bingo
- 4:00 Poetry Hour
- 6:30 Movie - Drama

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- 10:00 Upper Body Conditioning
- 11:00 Jewelry Design
- 11:45 Outing- Essex Cinema
- 2:00 Shabbat Service
- 3:00 Barre and Balance
- 3:30 Wine Chocolate & Bingo
- 4:00 Poetry Hour
- 6:30 Movie - Drama

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- 10:00 Upper Body Conditioning
- 11:00 Jewelry Design
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- 2:00 Shabbat Service
- 3:00 Barre and Balance
- 3:30 Wine Chocolate & Bingo
- 4:00 Poetry Hour
- 6:30 Movie - Drama

Friday

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Happy Bday Alex!

- 10:00 Cardio Drumming
- 11:00 Debate & Discuss: 1st Thoughts of Success
- 1:00 Resident Run Bridge Card Game
- 1:00 Rummikub Group
- 1:00 Baking Club: Coconut Macaroons
- 2:45 Wii Bowling - Women
- 3:00 Bone Builders

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- 10:00 Cardio Drumming
- 11:00 Debate & Discuss: A Place You Never Want to Return
- 1:00 Resident Run Bridge Card Game
- 1:00 Rummikub Group
- 1:00 Baking Club: Key Lime Parfait
- 2:45 Wii Bowling - Women
- 3:00 Bone Builders

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- 10:00 Cardio Drumming
- 11:00 Debate & Discuss: Starting a Business with Unlimited Resources
- 1:00 Resident Run Bridge Card Game
- 1:00 Rummikub Group
- 1:00 Baking Club: Apple Berry Cake
- 2:45 Wii Bowling - Women

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- 10:00 Cardio Drumming
- 11:00 Debate & Discuss: What Does Love Mean?
- 1:00 Resident Run Bridge Card Game
- 1:00 Rummikub Group
- 1:00 Baking Club- Margarita Cupcakes
- 2:45 Wii Bowling - Women
- 3:00 Bone Builders

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- 10:00 Cardio Drumming
- 11:00 Debate & Discuss: Living in a Fictional Universe
- 1:00 Resident Run Bridge Card Game
- 1:00 Rummikub Group
- 1:00 Baking Club: Pignoli Cookies
- 2:45 Wii Bowling - Women
- 3:00 Bone Builders

Thursday

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- 10:30 Fitness w/ John
- 11:00 SHIELD Check-In
- 1:00 Spa Facials and Hand massages
- 2:00 Learn to play chess w/Alex Rose
- 3:00 Core Endurance
- 3:30 Wii Bowling - Men
- 4:00 Welcome Committee
- 4:00 Knowledge Challenge

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- 10:30 Fitness w/ John
- 10:30 Outing- Jericho Café
- 11:00 SHIELD Check-In
- 1:00 Spa Facials and Hand massages
- 2:00 Learn to play chess w/Alex Rose
- 3:00 Core Endurance
- 3:30 Wii Bowling - Men
- 4:00 Welcome Committee

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- 10:30 Fitness w/ John
- 10:30 Outing-Scenic Ride
- 11:00 SHIELD Check-In
- 1:00 Meet w/your Resident Council (residents only)
- 1:30 Spa Facials and Hand massages
- 2:00 Piano- Dan Levine
- 3:00 Dementia Support Group
- 3:00 Core Endurance

22 Happy Bday Michael!

- 10:30 Fitness w/ John
- 11:00 SHIELD Check-In
- 1:30 Spa Facials and Hand massages
- 2:00 Live Duet- Butterfields
- 3:00 Core Endurance
- 3:30 Wii Bowling - Men
- 4:00 Welcome Committee
- 4:00 Knowledge Challenge
- 6:30 Movie- Tv Series

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- 10:30 Fitness w/ John
- 10:30 Outing-Mazza’s farm
- 1:30 Spa Facials and Hand massages
- 3:00 Core Endurance
- 3:30 Wii Bowling - Men
- 4:00 Welcome Committee
- 4:00 Knowledge Challenge
- 6:30 Movie- Tv Series

Wednesday

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- 10:00 Resistance Bands
- 10:30 Wordle of the Day
- 11:00 Spring Sangria and the Round Table
- 1:00 Rummikub Group
- 1:30 Resident Chorus Group
- 2:00 Garden Club w/ Thom
- 3:00 Beginners Aerobics
- 3:00 Walking Club
- 4:00 Happy Hour Social

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- 11:00 Spring Sangria and the Round Table
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- 1:30 Resident Chorus Group
- 2:00 Garden Club w/ Thom
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- 3:00 Walking Club
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- 1:30 Resident Chorus Group
- 2:00 Garden Club w/ Thom
- 3:00 Beginners Aerobics
- 3:00 Walking Club
- 4:00 Happy Hour Social

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- 10:00 Resistance Bands
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- 11:00 Spring Sangria and the Round Table
- 1:00 Rummikub Group
- 1:30 Resident Chorus Group
- 2:00 Garden Club w/ Thom
- 3:00 Walking Club
- 4:00 Happy Hour Social
- 6:30 Movie- Drama

Tuesday

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- 10:00 Light Weights Training
- 10:30 Outing: Hannaford
- 11:00 Spring Craft: Lace Hanging
- 1:00 NY Times Crossword
- 1:15 Cooking Club: Spinach & Artichoke Dip
- 2:00 Resident Store
- 2:45 Wii Bowling - Women
- 3:00 Tai Chi for Arthritis
- 4:30 Book Club Read

13 Happy100 Bday Nancy! Happy Bday Donald!

- 10:00 Light Weights Training
- 10:30 Outing: Trader Joe’s
- 11:00 Craft: May Day Baskets
- 1:00 NY Times Crossword
- 1:15 Cooking Club: 7 Layer Dip
- 2:00 Resident Store
- 2:00 Chefs Hour
- 2:45 Wii Bowling - Women
- 3:00 Resistance Bands

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- 10:00 Light Weights Training
- 10:30 Outing: Target & Hannaford
- 11:00 Spring Craft: Pearl Frames
- 1:00 NY Times Crossword
- 1:15 Cooking Club: Shrimp Louie Dip
- 2:00 Resident Store
- 2:00 Resident Community meeting
- 2:45 Wii Bowling - Women
- 3:00 Tai Chi for Arthritis

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- 10:00 Light Weights Training
- 10:30 Outing: Walmart
- 11:00 Spring Craft: Flower Votives
- 1:00 NY Times Crossword
- 1:15 Cooking Club: Stuffed Mushrooms
- 2:00 Resident Store
- 2:00 Live Music- Corey G
- 2:45 Wii Bowling - Women

Wednesday



Monday

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Cinco de Mayo

- 10:00 Yoga Flow w/Liz
- 11:30 Movie Selection Committee
- 1:00 Bingo
- 1:00 Resident Run Bridge Card Game
- 2:00 Nail Spa
- 3:00 Walking club
- 3:30 Wii Bowling - Men
- 4:00 Mixology-Green Margarita
- 4:30 Engagement Planning

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- 10:00 Yoga Flow w/Liz
- 11:30 Movie Selection Committee
- 1:00 Bingo
- 1:00 Resident Run Bridge Card Game
- 2:00 Nail Spa
- 3:00 Walking club
- 3:30 Wii Bowling - Men
- 4:00 Mixology- French 75
- 4:30 Engagement Planning

19 Happy Bday Mary K!

- 10:00 Yoga Flow w/Liz
- 11:30 Film Selection Committee
- 1:00 Bingo
- 1:00 Resident Run Bridge Card Game
- 2:00 Nail Spa
- 3:00 Walking club
- 3:30 Wii Bowling - Men
- 4:00 Mixology- Aviation
- 6:30 Movie- Musical

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Memorial Day

- 10:00 Yoga Flow w/Liz
- 11:30 Film Selection Committee
- 1:00 Bingo
- 1:00 Resident Run Bridge Card Game
- 2:00 Nail Spa
- 3:00 Walking club
- 3:30 Wii Bowling - Men
- 4:00 Mixology- Lemon Drop
- 6:30 Movie- Musical

Sunday

4 Happy Bday Berthann!

- 10:00 Congregational Service
- 10:30 St. John Vianney
- 11:15 Catholic Service
- 11:30 Word Find Challenge
- 2:00 Music Memories
- 3:00 Guided Stretching
- 3:30 Word Extraction
- 3:30 Live Vocalist /Guitar-Cooie
- 4:00 Knowledge Challenge

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Mother’s Day!

- 10:00 Congregational Service
- 10:00 Mother’s Day Brunch
- 10:30 St. John Vianney
- 11:15 Catholic Service
- 11:30 Word Find Challenge
- 2:00 Music Memories
- 3:00 Guided Stretching
- 3:30 Word Extraction
- 4:00 Knowledge Challenge
- 6:30 Movie Black and White

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- 10:00 Congregational Service
- 10:30 St. John Vianney
- 11:15 Catholic Service
- 11:30 Word Find Challenge
- 2:00 Music Memories
- 3:00 Guided Stretching
- 3:30 Word Extraction
- 4:00 Knowledge Challenge
- 6:30 Movie Black and White

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- 10:00 Congregational Service
- 10:30 St. John Vianney
- 11:15 Catholic Service
- 11:30 Word Find Challenge
- 2:00 Music Memories
- 3:00 Guided Stretching
- 3:30 Word Extraction
- 4:00 Knowledge Challenge
- 6:30 Movie Black and White

