

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 9:00 Second Cup 10:00 Morning Stretch 11:00 Spiritual Pathways 1:00 Riddle Me This 2:00 Sunday Tea 3:00 Gentle Stretch and Flex 4:00 Word Within A Word 6:00 Documentary: African Cats	31 Memorial Day 9:00 Second Cup 10:00 Balloon Volley 11:00 REACT-Reflections 1:00 Gardening 2:00 Social Hour 3:00 Bird Watching 4:00 Barre Class 6:00 Book: Little House On The Prairie Series	4 9:00 Second Cup 10:00 Twisted Twister 11:00 Library 1:00 Bingo 2:00 Ice Cream Sundaes 3:00 Chair Yoga 4:00 Teacher Appreciation Baskets 6:00 Reminisce Therapy	5 Cinco De Mayo 9:00 Second Cup 10:00 Exercise Class 11:00 Flower Arrangements 1:00 Cinco de Mayo History 2:00 Mocktail Margaritas 3:00 Painting with Ashley: Instillation Art 4:00 Upbeat Yoga 6:00 My Story	6 9:00 Second Cup 10:00 Morning Stretch 11:00 Guided Meditation 1:00 Cricket Art 2:00 Wine And Cheese 3:00 Walking Group 4:00 French Class 6:00 Bio: Yayoi Kusama	7 9:00 Second Cup 10:00 Tai Chi 11:00 Manicures 1:00 REACT- W.A.L 2:00 Popcorn Social 3:00 Space Painting 4:00 Soaking Up The Sun 6:00 National Geographic: Space	1 9:00 Creating Derby Hats 10:00 Chair Yoga 11:00 Ceramics 1:00 Kentucky Derby NBC 2:00 Kentucky Derby Social 3:00 Barre Class 4:00 Jeopardy 6:00 Poetry With Emily Dickson
2 9:00 Second Cup 10:00 Morning Stretch 11:00 Spiritual Pathways 1:00 Riddle Me This 2:00 Sunday Tea 3:00 Gentle Stretch and Flex 4:00 Word Within A Word 6:00 Documentary: Big Little Farm	3 9:00 Second Cup 10:00 Balloon Volley 11:00 REACT-Reflections 1:00 Gardening 2:00 Social Hour 3:00 Bird Watching 4:00 Barre Class 6:00 Book: Little House On The Prairie Series	11 9:00 Second Cup 10:00 Twisted Twister 11:00 Popcorn Buckets 1:00 Bingo 2:00 Ice Cream Sundaes 3:00 Corn Hole 4:00 Wheel of Fortune 6:00 Reminisce Therapy	12 9:00 Second Cup 10:00 Exercise Class 11:00 Flower Arrangements 1:00 Gamers 2:00 Mocktail Social 3:00 Painting with Ashley: Instillation Art 4:00 Upbeat Yoga 6:00 My Story	13 9:00 Second Cup 10:00 Morning Stretch 11:00 Guided Meditation 1:00 Working With Words 2:00 Wine And Cheese 3:00 Walking Group 4:00 French Class 6:00 Bio: Yayoi Kusama	14 9:00 Second Cup 10:00 Tai Chi 11:00 Manicures 1:00 REACT- W.A.L 2:00 Popcorn Social 3:00 Resident Council 4:00 Soaking Up The Sun 6:00 National Geographic	8 9:00 Chair Yoga 10:00 Baking Club 11:00 Ceramics 1:00 Arm Chair Travel- Mexico 2:00 Baked Goods Social 3:00 Barre Class 4:00 Jeopardy 6:00 Poetry With Emily Dickson
9 Happy Mother's Day 9:00 Morning Stretch 10:00 Mother's Day Brunch 11:00 Mother's Day Brunch 1:00 Riddle Me This 2:00 Mother's Day Tea 3:00 Gentle Stretch and Flex 4:00 Word Within A Word 6:00 Documentary: I am Greta	10 9:00 Second Cup 10:00 Balloon Volley 11:00 REACT-Reflections 1:00 Gardening 2:00 Social Hour 3:00 Bird Watching 4:00 Barre Class 6:00 Book: Little House On The Prairie Series	18 9:00 Second Cup 10:00 Twisted Twister 11:00 Library 1:00 Bingo 2:00 Ice Cream Sundaes 3:00 Corn Hole 4:00 Wheel of Fortune 6:00 Reminisce Therapy	19 9:00 Second Cup 10:00 Exercise Class 11:00 Flower Arrangements 1:00 Gamers 2:00 Mocktail Social 3:00 Painting with Ashley: Instillation Art 4:00 Upbeat Yoga 6:00 My Story	20 9:00 Second Cup 10:00 Morning Stretch 11:00 Guided Meditation 1:00 Working With Words 2:00 Wine And Cheese 3:00 Walking Group 4:00 French Class 6:00 Bio: Yayoi Kusama	21 9:00 Second Cup 10:00 Tai Chi 11:00 Manicures 1:00 REACT- W.A.L 2:00 Popcorn Social 3:00 Resident Council 4:00 Soaking Up The Sun 6:00 National Geographic	15 9:00 Chair Yoga 10:00 Baking Club: Chocolate Chip Cookies 11:00 Ceramics 1:00 Arm Chair Travel- Mexico 2:00 Baked Goods Social 3:00 Barre Class 4:00 Jeopardy 6:00 Poetry With Emily Dickson
16 9:00 Second Cup 10:00 Morning Stretch 11:00 Spiritual Pathways 1:00 Riddle Me This 2:00 National Mimosa Day 3:00 Gentle Stretch and Flex 4:00 Word Within A Word 6:00 Documentary: Expedition Happiness	17 9:00 Second Cup 10:00 Balloon Volley 11:00 REACT-Reflections 1:00 Gardening 2:00 Social Hour 3:00 Bird Watching 4:00 Barre Class 6:00 Book: Little House On The Prairie Series	25 9:00 Second Cup 10:00 Twisted Twister 11:00 Library 1:00 Bingo 2:00 Ice Cream Sundaes 3:00 Corn Hole 4:00 Wheel of Fortune 6:00 Reminisce Therapy	26 9:00 Second Cup 10:00 Exercise Class 11:00 Flower Arrangements 1:00 Gamers 2:00 Mocktail Social 3:00 Painting with Ashley: Instillation Art 4:00 Upbeat Yoga 6:00 My Story	27 9:00 Second Cup 10:00 Morning Stretch 11:00 Guided Meditation 1:00 Working With Words 2:00 Wine And Cheese 3:00 Walking Group 4:00 French Class 6:00 Bio: Yayoi Kusama	28 9:00 Second Cup 10:00 Tai Chi 11:00 Manicures 1:00 REACT- W.A.L 2:00 Popcorn Social 3:00 Resident Council 4:00 Soaking Up The Sun 6:00 National Geographic	22 9:00 Chair Yoga 10:00 Baking Club 11:00 Ceramics 1:00 Arm Chair Travel- Mexico 2:00 Baked Goods Social 3:00 Barre Class 4:00 Jeopardy 6:00 Poetry With Emily Dickson
23 9:00 Second Cup 10:00 Morning Stretch 11:00 Spiritual Pathways 1:00 Riddle Me This 2:00 Sunday Tea 3:00 Gentle Stretch and Flex 4:00 Word Within A Word 6:00 Documentary: Free Solo	24 9:00 Second Cup 10:00 Balloon Volley 11:00 REACT-Reflections 1:00 Gardening 2:00 Social Hour 3:00 Bird Watching 4:00 Barre Class 6:00 Book: Little House On The Prairie Series	25 9:00 Second Cup 10:00 Twisted Twister 11:00 Library 1:00 Bingo 2:00 Ice Cream Sundaes 3:00 Corn Hole 4:00 Wheel of Fortune 6:00 Reminisce Therapy	26 9:00 Second Cup 10:00 Exercise Class 11:00 Flower Arrangements 1:00 Gamers 2:00 Mocktail Social 3:00 Painting with Ashley: Instillation Art 4:00 Upbeat Yoga 6:00 My Story	27 9:00 Second Cup 10:00 Morning Stretch 11:00 Guided Meditation 1:00 Working With Words 2:00 Wine And Cheese 3:00 Walking Group 4:00 French Class 6:00 Bio: Yayoi Kusama	28 9:00 Second Cup 10:00 Tai Chi 11:00 Manicures 1:00 REACT- W.A.L 2:00 Popcorn Social 3:00 Resident Council 4:00 Soaking Up The Sun 6:00 National Geographic	29 9:00 Chair Yoga 10:00 Baking Club 11:00 Ceramics 1:00 Arm Chair Travel- Mexico 2:00 Baked Goods Social 3:00 Barre Class 4:00 Jeopardy 6:00 Poetry With Emily Dickson



Events

Kentucky Derby
5/1
National Teachers Day 5/4
Cinco De Mayo
5/5
Happy Mother's Day 5/9
Memorial Day 5/31

PROGRAM

- – Cognitive
- – Emotional
- – Physical
- – Social

Events are subject to change.