

# Can You Help?

This month as part of our Community Service we are making dog and cat beds made of fleece to donate a local animal shelters. We will provide all the materials needed and our goal is to make 25 beds. Animals in shelters often end up sleeping on concrete floors. The beds will ensure they have a cozy bed. We will also be making dog biscuits as well.



# Guest Speakers

Joe Malone Presents - 3/12

Irish History Songs, and a Wee Bit of Blarney, just in time for St. Patrick's Day.

Michael Perry Presents - 3/27

Beautiful slideshow of Southern Maine Road Trips.



### Did You Know?

March 31, 1889, the Eiffel Towner was ascended for the first time. The journey took I hour, no elevators at that time.

March 1, 1961, President John F. Kennedy founded the successful nonprofit volunteer organization know as The Peace Corps.

Coca-Cola was invented by John Pemberton in March of 1886.









THE RESIDENCE AT PEARL STREET Associates

> Charlene Keough **Executive Director**

Miriam Nabbosa Resident Care Director

**Esther Medeiros** Business Office Director

**Beverly Curry** Resident Engagement Director

> **Austin Marks** Maintenance Director

> > Molly Hollis Reflections Director

Adam Stanley Sales and Marketing Director

Mary Zalanskas Director of Restaurant Ops.



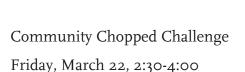
### Make the Most of March

Signature Series Events for March

Charcuterie Workshop

March 7, 2:30 - 3:30

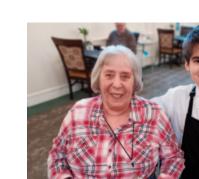
An educational workshop for residents and guests. You will learn the Art of Charcuterie, and the many ways to create special displays.



We are quite excited about this community event that engages residents, associates, prospective residents through friendly competition while focusing on food and fun!

Special Programs this month 3/7 Linda Chase - Vocalist 3/14 Joe Leary - Guitarist & Vocals 3/21 North Reading Community Band

3/28 Ray Novack - Pianist & Vocals









# **MARCH 2024**

8:30 Mass at St. Agnes

9:30 Tai Chi for Arthritis

10:15 A Game of Chance

10:15 Welcome Committee

1:30 Faith and Fellowship

2:00 Knit One Pearl Two

**6:30** Puzzlers Challenge

8:30 Mass at St. Agnes

9:30 Tai Chi for Arthritis

10:15 A Game of Chance

10:15 Welcome Committee

1:30 Faith and Fellowship

1:30 History Story Tellers

2:00 Knit One Pearl Two

3:30 Heartbeat of the Drums

2:45 Ice Cream Social

**6:30** Puzzlers Challenge

8:30 Mass at St. Agnes

9:30 Tai Chi for Arthritis

10:15 A Game of Chance

10:15 Welcome Committee

1:30 Faith and Fellowship

2:00 Protestant Service

2:00 Knit One Pearl Two

**6:30** Puzzlers Challenge

8:30 Mass at St. Agnes 9:30 Tai Chi for Arthritis

10:15 A Game of Chance

10:15 Welcome Committee

1:30 Virtual Crossword Puzzle

3:30 Heartbeat of the Drums

1:30 Virtual Crossword Puzzle

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3:30 Heartbeat of the Drums

1:30 Virtual Crossword Puzzle



Cream

Restaurant

**Outings** 

3/5 Richardson Ice

3/12 Public Kitchen

3/19 Scenic Journey-

3/26 AMC Theater -

Gloucester Coast

Arthur the King

### **MARCH** 31

10:00 Spiritual Services

10:30 Greeting Card Workshop

1:30 Board Game Club

2:30 Diane Dexter-Piano&Vocals

Sundae

3:30 Barre and Balance Class

9:30 Stretch and Flex

Sundae

10 Daylight Savings

10:00 Spiritual Services

1:30 Board Game Club

1:30 Jewelry Design Workshop

3:30 Barre and Balance Class

10:00 Spiritual Services

10:30 Greeting Card Workshop

12:00 Pearl Street Pub

3:00 Build Your Own Ice Cream

3:30 Barre and Balance Class

### Palm Sunday

9:30 Stretch and Flex

10:30 Greeting Card Workshop

1:30 Board Game Club

Treats 3:00 Build Your Own Ice Cream

Sundae

3:00 Rosary and Communion

3:30 Barre and Balance Class

### **Monday**

### **Tuesday**



### Wednesday

### **Thursday**

Maureen K Birthday

9:30 The Heartbeat of Drums

10:30 Quotation Discovery

2:30 Pearl Street Pub

**6:30** Rosary

10:15 Short Stories

1:00 Tai Chi for beginners

1:30 History Tellers Podcast

2:30 Charcuterie Workshop

3:00 Linda Chase - Vocalist

9:30 The Heartbeat of Drums

10:30 Quotation Discovery

1:00 Tai Chi for beginners

1:30 Bible Study with Jan

3:00 Joe Leary - Guitarist

9:30 The Heartbeat of Drums

10:00 Resident Council

10:30 Quotation Discovery

1:00 Tai Chi for beginners

1:30 Community Showdown

3:30 History Tellers Podcast

6:30 N. R. Community Band

12:00 Birthday Luncheon

5:00 Pearl Street Pub

10:15 Short Stories

2:30 Pearl Street Pub

**6:30** Rosary

1:30 History Tellers Podcast

10:15 Short Stories

# **Friday**

9:30 Tai Chi For Arthritis

10:15 Positive News Discussion

10:30 Jeopardy Trivia Game

10:30 Play Script Reading 11:15 SHIELD Check In

1:30 For The Love of Books 2:30 Popcorn Tasting: Maine

Popcorn Co.

3:30 Barre and Balance Class

6:30 Guided Meditation

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9:30 Tai Chi For Arthritis

10:15 Positive News Discussion

10:30 Ultimate Word Workout

10:30 Play Script Reading

11:15 SHIELD Check In

1:30 Crafting Corner-Stain

Glass 2:30 Tasting: Coffee Flights

3:00 Rosary and Communion

3:30 Barre and Balance Class

### 15

14 Thelma & Carol S Bday 9:30 Tai Chi For Arthritis

10:15 Jeopardy Trivia 10:30 Play Script Reading

11:15 SHIELD Check In

1:15 Baking Club-Irish Soda Bread

1:30 Board Game Club

2:30 Tasting: Irish Beer & Whiskey

3:30 Barre and Balance Class

9:30 Tai Chi For Arthritis

10:15 Positive News Discussion

10:30 Jeopardy

10:30 Play Script Reading

11:15 SHIELD Check In

2:30 Community Chopped Challenge

3:00 Rosary and Communion

3:30 Barre and Balance Class 6:30 Guided Meditation

10:15 Positive News Discussion

10:30 Play Script Reading

3:30 Barre and Balance Class

**Saturday** 

9:30 Yoga With Marianne

**10:30** Knitting for Charity

10:30 Music And Memories 12:30 Card Sharks Club

1:30 History Buffs Discuss

1:45 Crossword Puzzle

3:30 Heartbeat of the Drums 7:00 Feature Film-Fiddler on

the Roof

**10:30** Knitting for Charity

12:30 Card Sharks Club

1:45 Crossword Puzzle

9:30 Yoga With Marianne

10:00 Sweet Treat Cart

10:30 Knitting for Charity 10:30 Music And Memories

12:30 Card Sharks Club

1:45 Crossword Puzzle

1:30 History Buffs Discuss

3:30 Heartbeat of the Drums

9:30 Yoga With Marianne

10:30 Music And Memories

1:30 History Buffs Discuss

2:30 Neck & Shoulder Massages

**10:30** Knitting for Charity

12:30 Card Sharks Club

1:45 Crossword Puzzle

9:30 Yoga With Marianne

**10:30** Knitting for Charity

12:30 Card Sharks Club

1:45 Crossword Puzzle

10:30 Music And Memories

1:30 History Buffs Discuss

3:30 Heartbeat of the Drums

7:00 Feature Film - Carousels

3:30 Pilates Class

Miracles

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23

30

3:30 Volleyball 7:00 Feature Film-Pocketful of

**DSW Shoe Store** 

Calareso's Farm

Our engagement program is built upon both our residents' interests and our Five Principles for Vitality.

By providing quality and choice, we hope to encourage socialization and well-being for mind, body, and spirit.

Continued Learning Arts & Culture Physical Fitness **Community Connections** Wellness & Self-Care

Sunday

Easter

9:30 Stretch and Flex

3:00 Build Your Own Ice Cream

**3:00** Rosary and Communion

10:00 Spiritual Services 10:30 Greeting Card Workshop

1:30 Board Game Club 1:30 Short Story Hour

1:30 Wreath Workshop 3:00 Build Your Own Ice Cream

**3:00** Rosary and Communion

3:30 Barre and Balance Class

9:30 Stretch and Flex

10:30 Music Trivia Challenge

1:30 Community Service-Dog Bed

3:00 Build Your Own Ice Cream Sundae

**3:00** Rosary and Communion

### St. Patrick's Day

9:30 Stretch and Flex

11:30 DJ George Landers

1:30 Short Story Hour

**3:00** Rosary and Communion

10:00 Spiritual Services

1:30 Community Service - Dog

1:30 Faith and Fellowship 2:00 Koffee Klatch

2:00 Knit One Pearl Two

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3:30 Heartbeat of the Drums 6:30 Puzzlers Challenge

9:30 Pilates with Virginia

10:00 Cooking Club-Chicken Soup 10:15 History Buffs Discuss

10:30 Trivia Challenge 1:30 Rummikub Club

2:00 React Neuro 2:00 Music and Memories

9:30 Pilates with Virginia

10:15 History Buffs Discuss

2:00 Blood Pressure Clinic

3:30 Joe Malone-Irish Theme

1st Day of Spring

3:00 Afternoon High Tea

9:30 Pilates with Virginia

10:15 History Buffs Discuss

2:00 Music and Memories

3:00 Afternoon High Tea

9:30 Pilates with Virginia

10:15 History Buffs Discuss

10:30 Trivia Challenge

1:15 Chorus Practice

1:30 Rummikub Club

3:00 Afternoon High Tea

3:00 Aromatherapy&Hand Massage

1:30 Men's Group

2:00 React Neuro

3:30 Cardio Circuits

3:00 Aromatherapy&Hand Massage

10:30 Trivia Challenge

12:00 Enrica Entertains

1:30 Rummikub Club

2:00 React Neuro

3:30 Cardio Circuits

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3:30 Cardio Circuits

10:30 Trivia Challenge

1:15 Chorus Practice

1:30 Rummikub Club

2:00 React Neuro

3:30 Cardio Circuits

12

3:00 Afternoon High Tea 3:00 Aromatherapy&Hand Massage

13

9:30 Pilates Class 10:15 Watercolors Workshop

10:30 Timeless Learners 11:00 Life Story Session 11:00 Hand Massages

9:30 Pilates Class

10:15 Watercolors Workshop

10:30 Timeless Learners

11:00 Life Story Session

11:00 Hand Massages

1:15 Chorus Practice

2:00 Derby Competition

**3:30** Strength Training

6:15 Guided Meditation

2:00 Derby Competition

1:15 Chorus Practice

**3:30** Strength Training 6:15 Guided Meditation

20 9:30 Pilates Class 10:15 Watercolors Workshop

10:30 Veteran's Cafe 10:30 Timeless Learners

11:00 Life Story Session 11:00 Hand Massages 1:15 Chorus Practice

2:00 Derby Competition **3:30** Strength Training

6:15 Guided Meditation

27 Alice F Birthday 9:30 Pilates Class 10:15 Watercolors Workshop

10:30 Timeless Learners 10:30 Michael Perry Presents 11:00 Life Story Session

11:00 Hand Massages 1:15 Chorus Practice 2:00 Derby Competition

**3:30** Strength Training

**6:15** Guided Meditation

9:30 The Heartbeat of Drums 10:15 Short Stories

10:30 Quotation Discovery 1:00 Tai Chi for beginners 1:30 History Tellers Podcast

3:00 Ray Novack Pianist **6:30** Rosary

2:30 Pearl Street Pub

29

9:30 Tai Chi For Arthritis

**10:15** Bingo

11:15 SHIELD Check In 2:30 Tasting: Local Wine & Charcuterie

6:30 Guided Meditation

9:30 Yoga With Marianne

10:30 Music And Memories

1:30 History Buffs Discuss

Shopping **Kohls** 

Walmart

Stand & Garden

Events are subject to change.