

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

**31 OCTOBER**

- 9:30 "Trick Or Treat"
- 9:45 Move It to Music
- 9:45 Rosary
- 11:00 Take A Walk
- 1:00 The History Of Halloween
- 2:15 Sweet Sunday Social
- 3:00 Trivia with Friends
- 4:00 Patriots vs Chargers
- 7:00 Silver Screen Sunday



**1**

- 9:30 "Trick Or Treat"
- 9:45 Barre and Balance
- 9:45 On The Road with Leslie
- 10:30 Daily Chronicles
- 11:00 Walking Club
- 1:15 Trivia Challenge-October
- 2:00 Social Club Friday
- 2:30 Steve O,Connell Singing
- 3:45 Critics Corner
- 7:00 Friday Night Flicks

**2**

- 9:30 "Trick Or Treat"
- 9:45 Fun Fitness to Music
- 10:30 Daily Chronicles
- 11:00 Take a Walk
- 1:15 Solve A Mystery Saturday
- 2:15 Take a Break
- 2:45 Saturday Matinee
- 3:00 Bingo Bliss
- 7:00 Silver Screen Saturday

**3**

- 9:30 "Trick Or Treat"
- 9:45 Move It to Music
- 9:45 Rosary
- 10:30 Daily Chronicles
- 11:00 Walking Club
- 1:15 Who? What? Where? Game
- 2:15 "Sweet" Sunday Social
- 3:00 Armchair Traveler—
- 7:30 Patriots Football vs the Buccaneers

**4**

- 9:30 "Trick Or Treat"
- 9:45 Seated Yoga w/Jennifer
- 10:30 Daily Dose of Good News
- 11:00 Walking Club
- 1:15 Dice Game
- 2:15 Social Club Monday
- 3:00 Active Games w Friends
- 7:00 Classic TV-Golden Girls

**5**

- 9:30 "Trick Or Treat"
- 9:45 Seated Tai chi
- 10:30 On This Day in History
- 11:00 Walking Club
- 1:15 Nail Spa with Norys
- 1:15 Word Play
- 2:00 Social Hour
- 2:30 Jim Moses Live
- 2:30 Musical Matinee
- 7:00 Wheel Of Fortune

**6**

- 9:30 "Trick Or Treat"
- 9:30 Barre and Balance
- 10:30 Daily Chronicles
- 11:00 Walking Club
- 1:15 Are You A Right Thinker?
- 2:15 Social Club
- 3:00 Mystery Ride w/Leslie
- 3:00 Mystery Matinee
- 7:00 Classic T.v.-Honeymooners

**7**

- 9:30 "Trick Or Treat"
- 9:45 Seated Tai chi
- 10:30 Daily Chronicles
- 1:15 Nail Spa with Norys
- 1:15 Riddle Me This!
- 2:00 First Church Inspirational Lecture
- 2:15 Social Hour
- 3:00 Bowling to Music
- 7:00 Classic TV-Golden Girls

**8**

- 9:30 "Trick Or Treat"
- 9:45 Barre and Balance
- 9:45 On The Road with Leslie
- 10:30 Daily Chronicles
- 11:00 Walking Club
- 1:15 Celebrity Birthdays
- 2:00 Friday Social Club
- 2:30 The Journeymen Live Music
- 3:45 Critics Corner
- 7:00 Friday Night Flicks

**9**

- 9:30 "Trick Or Treat"
- 9:45 Fun Fitness to Music
- 10:30 Daily Chronicles
- 11:00 Walking Club
- 1:15 Solve A Mystery Saturday
- 2:15 Take a Break
- 2:45 Saturday Critics Corner
- 7:00 Silver Screen Saturday

**10**

- 9:30 "Trick Or Treat"
- 9:45 Move It to Music
- 9:45 Rosary
- 10:30 Daily Chronicles
- 11:00 Walking Club
- 1:00 Patriots vs Texans
- 1:15 Popcorn Day
- 2:00 John D'Ambrosio Live on Piano
- 3:00 Popcorn Tasting-Social

**11**

- 9:30 "Trick Or Treat"
- 9:45 Seated Yoga w/Jennifer
- 10:30 Daily Dose of Good News
- 11:00 Walking Club
- 1:15 Bingo Bliss
- 1:15 Armchair Traveler
- 2:15 Social Club
- 3:00 Active Games
- 7:00 Classic TV-Golden Girls

**12**

- 9:30 "Trick Or Treat"
- 9:45 Seated Tai chi
- 10:30 On This Day in History
- 11:00 Walking Club
- 1:15 Nail Spa with Norys
- 1:15 Riverbend University-Acorns
- 2:15 Social Hour Tuesday
- 3:00 Bowling Club
- 7:00 Wheel of Fortune

**13**

- 9:30 "Trick Or Treat"
- 9:45 Barre and Balance
- 10:45 Daily Chronicles
- 11:00 Walking Club
- 1:15 Community Meeting
- 2:15 Social Club
- 3:00 Mystery Ride
- 7:00 Mash

**14**

- 9:30 "Trick Or Treat"
- 9:45 Seated Tai chi
- 10:30 Daily Chronicles
- 11:00 Father Keys
- 12:00 Pizza Party
- 1:15 Nail Spa with Norys
- 1:15 I Love Lucy Anniversary
- 2:15 Social Hour
- 3:00 Active Games
- 7:00 Classic TV-I Love Lucy

**15**

- 9:30 "Trick Or Treat"
- 9:45 Barre and Balance
- 9:45 On The Road with Leslie
- 10:30 Daily Chronicles
- 11:00 Walking Club
- 1:15 Grouch Day
- 2:15 Social Club-
- 2:30 Brian Kane Live
- 3:45 Critics Corner w Leslie
- 7:00 Friday Night Flicks

**16**

- 9:30 "Trick Or Treat"
- 9:45 Fun Fitness to Music
- 10:30 Daily Chronicles
- 11:00 Walking Club
- 1:15 Solve A Mystery Saturday
- 2:15 Take a Break
- 3:00 Bingo Bliss
- 7:00 Silver Screen Saturday

**17**

- 9:30 "Trick Or Treat"
- 9:45 Move It to Music
- 9:45 Rosary
- 10:30 Daily Chronicles
- 11:00 Walking Club
- 1:15 Evel Knievel
- 2:15 Sunday Sweet Treat
- 3:00 Sunday Matinee
- 4:00 Patriots vs Cowboys
- 7:00 Silver Screen Sunday

**18**

- 9:30 "Trick Or Treat"
- 9:45 Seated Yoga w/Jennifer
- 10:30 Daily Dose of Good News
- 11:00 Walking Club
- 1:15 Balloon Volleyball
- 2:15 Social Club
- 3:00 Bake ,Take w/Jenifer
- 7:00 Classic TV-Golden Girls

**19**

- 9:30 "Trick Or Treat"
- 9:45 Seated Tai chi
- 10:30 On This Day in History
- 11:00 Walking Club
- 1:15 Nail Spa with Norys
- 1:15 "Chilli "in the air day
- 2:15 Tuesday Social Hour
- 3:00 Bowling Club
- 7:00 Wheel Of Fortune

**20**

- 9:30 "Trick Or Treat"
- 9:45 Barre and Balance
- 10:45 Daily Chronicles
- 11:00 Walking Club
- 1:15 Pumpkin Seeds- Experiment
- 2:15 Social Club
- 3:00 Mystery Ride
- 7:00 Movie

**21**

- 9:30 "Trick Or Treat"
- 9:45 Seated Tai chi
- 11:00 Walking Club
- 1:15 Nail Spa with Norys
- 1:15 "You be The Judge Game"
- 2:15 Social Hour-Eat our Seeds
- 3:00 Active Games w Friends
- 7:00 Classic TV-Golden Girls

**22**

- 9:30 "Trick Or Treat"
- 9:45 Barre and Balance
- 9:45 On The Road with Leslie
- 10:30 Daily Chronicles
- 11:00 Walking Club
- 1:15 Word Games
- 1:30 Paint with a Purpose
- 2:15 Social Club-
- 3:00 Outdoor Hour
- 7:00 Friday Night Flicks

**23**

- 9:30 "Trick Or Treat"
- 9:45 Fun Fitness to Music
- 10:30 Daily Chronicles
- 11:00 Take a Walk
- 1:15 Solve A Mystery Saturday
- 2:15 Take a Break
- 2:45 Saturday Matinee
- 3:00 Bingo Bliss
- 7:00 Silver Screen Saturday

**24**

- 9:30 "Trick Or Treat"
- 9:45 Move It to Music
- 9:45 Rosary
- 11:00 Take A Walk
- 1:00 Patriots vs Jets
- 1:30 Mother In Law Day
- 2:15 Sweet Sunday Social
- 3:00 Poetry Corner
- 7:00 Silver Screen Sunday

**25**

- 9:30 "Trick Or Treat"
- 9:45 Seated Yoga w/Jennifer
- 10:30 Daily Dose of Good News
- 11:00 Walking Club
- 1:15 Great Courses -Sour
- 2:15 Social Club
- 3:00 Active Games w Friends
- 7:00 Classic TV-Golden Girls

**26**

- 9:30 "Trick Or Treat"
- 9:45 Seated Tai chi
- 10:30 On This Day in History
- 11:00 Walking Club
- 1:15 Nail Spa with Norys
- 1:15 How Did We Live Without
- 2:30 Chis Ekholm Live
- 3:45 Music Review
- 7:00 Wheel of Fortune

**27**

- 9:30 "Trick Or Treat"
- 9:45 Barre and Balance
- 10:30 Daily Chronicles
- 11:00 Current Events
- 1:15 Nail Spa with Norys
- 2:15 Social Club
- 3:00 Mystery Ride w/Leslie
- 7:00 Mash

**28**

- 9:30 "Trick Or Treat"
- 9:45 Seated Tai chi
- 10:30 Daily Dose of Good News
- 11:00 Current Events
- 1:15 Nail Spa with Norys
- 2:00 Inspirational Lecture
- 2:30 Social Hour
- 7:00 Classic TV-Golden Girls

**29**

- 9:30 "Trick Or Treat"
- 9:45 Barre and Balance
- 9:45 On The Road with Leslie
- 10:30 Daily Chronicles
- 11:00 Walking Club
- 1:15 Frankenstein Friday
- 2:00 Friday Social Club
- 2:30 Josef Nocera Live
- 7:00 Friday Night Flicks

**30**

- 9:30 "Trick Or Treat"
- 9:45 Fun Fitness to Music
- 10:30 Daily Chronicles
- 11:00 Walking Club
- 1:15 Solve A Mystery Saturday
- 2:15 Take a Break
- 3:00 Comedy Kings
- 3:00 Bingo Bliss
- 7:00 Silver Screen Saturday

**WELCOME FALL**

"Orange you glad it's autumn?"

Happy Birthday Marilyn on the 9th

Dr Kirstner { Podiatry } will be here on the 13th

**PROGRAM**

- – Cognitive
- – Emotional
- – Physical
- – Social

Events are subject to change.