

# Summer Signature Series



Join us on July 24th from 4:00-6:00pm for our 2nd Annual Seafood Boil! We will be serving a variety of fresh seafood, including shrimp, lobster, clams, and plenty of accompaniments; all cooked to perfection in a flavorful broth with a mix of spices and seasonings. Come join us for a fun and festive evening of cracking shells, getting buttered up, and enjoying the bounty of the sea. It's sure to be a memorable and delicious meal shared with great company. Roll up your sleeves and dig in.

Wanna get crafty?! Massachusetts crafter Sam Woodhouse joins us July 7th at 2pm for a crafty paint masterclass workshop. We will combined scrapbooking and painting while using different techniques. Residents will be encouraged to express their individuality and creativity by incorporating personal items, such as photos, ticket stubs, or written memories, into their scrapbook paint canvas.

# Happy Independence Day



On July 4th, we pay tribute to our principles of liberty, equality, and justice for all. It is a day to honor the sacrifices made by our forefathers in the fight for independence and to celebrate the freedoms that we enjoy today. Let us remember the importance of unity and ensure that EVERY citizen has the opportunity to pursue our values.

# THE RESIDENCE at Watertown Square

## Walk to end Alzheimer's



We're Kicking Off Fundraising for the Walk to End Alzheimer's!

Join us in supporting a cause close to our hearts as we begin our journey toward the Walk to End Alzheimer's! This year, we're excited to roll out a variety of fun ways for our community to get involved and give back.

### Dine for a Cause

We've partnered with Not Your Average Joe's – every 4th Tuesday of the month from June till October, a portion of your bill will be donated to our team when you mention our community! Treat yourself to a delicious meal while making a difference. Whether you're dining in or calling for takeout helps us reach our goal one meal at a time.

### Monthly Raffles

Check out our themed raffles each month for a chance to win exciting prizes while supporting the cause! From summer fun baskets to cozy fall goodies, there's something for everyone. Tickets are 3 for \$5.00 or 7 for \$10.00

All proceeds go toward our Walk to End Alzheimer's team. Your support makes a difference

Together, we can make a meaningful impact in the fight to end Alzheimer's. Thank you for your continued support, generosity, and spirit!



## THE RESIDENCE AT WATERTOWN SQUARE *Associates*

**Zachary Wilkins**  
*Executive Director*

**Amanda Walker**  
*Sales and Marketing*

**Ruth Nwanze**  
*Resident Care Director*

**Karin Morrison**  
*Business Office Director*

**Mario Bryce-Levy**  
*Director of Restaurant Operations*

**Robert MacLeod**  
*Maintenance Director*

**Abigail Boyd**  
*Resident Engagement Director*

**Natasha Buono**  
*Reflections Director*



## Sunday

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

## Saturday

## Attention

Medical Appts:  
Wednesday and  
Friday 9:00-3:00  
See Engagement for  
appointments

Scenic Ride on  
Mondays  
Outings- Thursdays

Hair Salon Tuesday  
and Wednesdays  
10:00- 4:00

Our engagement  
program is built upon  
both our residents'  
interests and our Five  
Principles for Vitality.

By providing quality  
and choice, we hope to  
encourage socialization  
and well-being for mind,  
body, and spirit.

Continued Learning  
Arts & Culture  
Physical Fitness  
Community Connections  
Wellness & Self-Care



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9:30 Exercise with Mike  
10:00 Televised Catholic Mass  
10:15 Summer St Cafe-Espresso Drinks  
11:00 Jeopardy  
1:30 Afternoon Matinee  
2:00 Scrabble Group  
3:00 Stretch & Flex  
4:15 Spiritual Hymns Listening Hour

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9:30 Weightlifting  
10:15 Nails and Hand Spa  
10:30 Scenic Tour  
11:00 Current Events and Coffee  
1:30 Community Tai Chi  
2:00 Dr Judith Presents  
3:15 Docuseries-"The States"  
3:45 Trivia Challenge  
5:45 Card Club-Resident Led

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9:30 Exercise with Mike  
10:00 Televised Catholic Mass  
10:15 Summer St Cafe-Espresso Drinks  
11:00 Knowledge bout Challenge  
1:30 Afternoon Matinee  
2:00 DJ Richard Profitia Performs  
3:00 Stretch & Flex  
4:15 Spiritual Hymns Listening

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9:30 Weightlifting  
10:15 Nails and Hand Spa  
10:30 Scenic Tour  
11:00 Current Events and Coffee  
1:30 Community Tai Chi  
2:00 Craft Workshop  
2:15 Catholic Mass Service  
2:45 Docuseries-"The States"  
3:45 Trivia Challenge  
5:45 Card Club-Resident Led

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9:30 Exercise with Mike  
10:00 Televised Catholic Mass  
10:15 Summer St Cafe-Espresso Drinks  
11:00 Jeopardy  
1:30 Afternoon Matinee  
2:00 Scrabble Group  
3:00 Stretch & Flex  
4:15 Spiritual Hymns Listening Hour

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9:30 Weightlifting  
10:15 Nails and Hand Spa  
10:30 Scenic Tour  
10:30 Meditation with William  
11:00 Current Events and Coffee  
1:30 Community Tai Chi  
2:00 Craft Workshop  
2:45 Docuseries-"The States"  
3:45 Trivia Challenge  
5:45 Card Club-Resident Led

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9:30 Exercise with Mike  
10:00 Televised Catholic Mass  
10:15 Summer St Cafe-Espresso Drinks  
11:00 Knowledge bout Challenge  
1:30 Afternoon Matinee  
2:00 Still Life Painting Session  
3:00 Stretch & Flex  
3:45 SHIELD check in

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9:30 Weightlifting  
10:15 Nails and Hand Spa  
10:30 Scenic Tour  
11:00 Current Events and Coffee  
1:30 Community Tai Chi  
2:00 Craft Workshop  
2:45 Docuseries-"The States"  
3:45 Trivia Challenge  
5:45 Card Club-Resident Led

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9:30 Barre and Balance  
10:30 Yahtzee  
10:30 Poetry and Interpretation - Tarfia Faizullah  
1:00 Poker Tournament  
1:15 Pop-Up Market  
2:00 Historic Art and Artist  
2:45 Cardio Walk  
3:30 Refreshments and Appetizers

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9:30 Barre and Balance  
10:30 Yahtzee  
10:30 Poetry and Interpretation - Divya Victor  
1:15 Pop-Up Market  
2:00 Masterclass Workshop- "Paint for a Cause"  
2:45 Cardio Walk  
3:30 Refreshments and Appetizers

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9:30 Barre and Balance  
10:30 Yahtzee  
10:30 Poetry and Interpretation - Tishani Doshi  
1:15 Pop-Up Market  
1:15 Pianist: Michael L.  
2:30 Historic Art and Artist  
2:45 Cardio Walk  
3:30 Refreshments and Appetizers

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9:30 Barre and Balance  
10:30 Yahtzee  
10:30 Poetry and Interpretation - Rabindranath Tagore  
12:00 Dine for a Cause. Not Your Average Joe's Luncheon  
1:15 Pop-Up Market  
2:00 Resident Council  
2:45 Cardio Walk  
3:30 Refreshments and

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9:30 Barre and Balance  
10:30 Yahtzee  
10:30 Poetry and Interpretation - Kamala Das  
1:15 Pop-Up Market  
2:00 Historic Art and Artist  
2:45 Cardio Walk  
3:30 Refreshments and Appetizers  
5:45 NYT Crossword

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Happy Birthday Carol  
9:30 Weightlifting  
10:00 Calendar Planning Meeting  
11:00 Tom Madden Performs  
1:15 Community Tai Chi  
2:00 Bingo  
2:00 Trivia Challenge  
3:30 Cocktails & Travel - Biscayne National Park  
4:30 Music & Aromatherapy  
6:00 Evening Matinee

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Happy Birthday Laurie  
9:30 Weightlifting  
10:15 Summer St. Cafe  
10:30 "NYT Spelling Bee"  
1:15 Community Tai Chi  
2:00 Bingo  
2:00 Trivia Challenge  
3:30 Cocktails & Travel - The Maldives  
4:30 Music & Aromatherapy  
6:00 Evening Matinee

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9:30 Weightlifting  
10:15 Summer St. Cafe  
10:30 "NYT Spelling Bee"  
1:15 Community Tai Chi  
2:00 Bingo  
2:00 Trivia Challenge  
3:30 Cocktails & Travel - Yosemite National Park  
4:30 Music & Aromatherapy  
6:00 Evening Matinee

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9:30 Weightlifting  
10:15 Summer St. Cafe  
10:30 "NYT Spelling Bee"  
1:15 Community Tai Chi  
2:00 Bingo  
2:00 Trivia Challenge  
3:30 Cocktails & Travel - Nepal  
4:30 Music & Aromatherapy  
6:00 Evening Matinee

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9:30 Weightlifting  
10:15 Summer St. Cafe  
10:30 "NYT Spelling Bee"  
1:15 Community Tai Chi  
2:00 Bingo  
2:00 Trivia Challenge  
3:30 Cocktails & Travel - Grand Teton National Park  
4:30 Music & Aromatherapy  
6:00 Evening Matinee

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9:30 Barre and Balance  
10:15 Rummikub  
10:15 Kings in the Corner  
11:00 Outing-Hobby Lobby  
2:00 Jewelry Making  
2:45 Resistance Bands  
3:30 Signature Cocktail Hour  
4:30 Guided Meditation

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9:30 Barre and Balance  
10:15 Word Association- "Tapple"  
10:30 Apples to Apples  
11:00 Picnic at Mystic Lake State Park  
11:15 Music Knowledge Challenge  
2:00 Jan-Marie Performs  
2:45 Resistance Bands  
3:30 Signature Cocktail Hour  
4:30 Guided Meditation

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9:30 Barre and Balance  
10:15 Kings in the Corner  
11:00 Outing- Shopping  
2:00 Jewelry Making  
2:15 Choir Practice with Jeff  
2:45 Resistance Bands  
3:30 Cocktail Hour with Cellist Jeff  
4:30 Guided Meditation

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9:30 Barre and Balance  
10:15 Word Association- "Tapple"  
11:00 Outing-Marshalls  
11:15 Music Knowledge Challenge  
2:00 Creative Writing Group  
2:45 Resistance Bands  
3:30 Signature Cocktail Hour  
4:00 Seafood Celebration  
4:30 Guided Meditation

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9:30 Barre and Balance  
10:15 Kings in the Corner  
11:00 Outing-Encore  
2:00 Jewelry Making  
2:45 Resistance Bands  
3:30 Signature Cocktail Hour  
4:30 Guided Meditation

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Happy Birthday Jill  
9:30 Cardio Circuit Training  
10:00 REACT Nero Meeting  
10:15 Summer St. Cafe  
10:30 Word Game-Chain Reaction  
1:30 Ping Pong Tournament  
2:00 Bingo  
2:00 Resident Detective Agency  
3:30 Sip and Stems  
4:30 Guided Meditation  
5:45 Netflix Premier

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9:30 Cardio Circuit Training  
10:15 Summer St. Cafe  
10:30 Skip-Bo  
10:45 Garden Club  
1:30 Exercise-Kettle Bells  
2:00 Bingo  
2:00 Resident Detective Agency  
3:30 Sip and Stems  
4:30 Guided Meditation  
5:45 Netflix Premier

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9:30 Cardio Circuit Training  
10:00 REACT Nero Meeting  
10:15 Summer St. Cafe  
10:30 Word Game-Chain Reaction  
1:30 Ping Pong Tournament  
2:00 Bingo  
2:00 Resident Detective Agency  
3:30 Sip and Stems  
4:30 Guided Meditation  
5:45 Netflix Premier

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9:30 Cardio Circuit Training  
10:15 Summer St. Cafe  
10:30 Skip-Bo  
10:45 Garden Club  
1:30 Exercise-Kettle Bells  
2:00 Bingo  
2:00 Resident Detective Agency  
3:30 Sip and Stems  
4:30 Guided Meditation  
5:45 Netflix Premier

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9:30 Weightlifting for Bone Density  
10:30 Scattergories  
11:30 Ted Talk  
1:15 Hand and Eye Coordination  
2:15 Lecture to Learn-Vacations of Yesteryear  
3:30 Refreshments & Appetizers  
6:00 Orchestra Hour

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Happy Birthday Susan  
9:30 Weightlifting for Bone Density  
10:30 Blank Slate  
11:30 Ted Talk  
1:15 Hand and Eye Coordination  
2:15 Lecture to Learn-County Fairs  
3:30 Refreshments & Appetizers  
6:00 Orchestra Hour

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9:30 Weightlifting for Bone Density  
10:30 Scattergories  
11:30 Ted Talk  
1:15 Hand and Eye Coordination  
2:15 Lecture to Learn- Bhupen Khakhar  
3:30 Refreshments & Appetizers  
6:00 Orchestra Hour

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9:30 Weightlifting for Bone Density  
10:30 Blank Slate  
11:30 Ted Talk  
1:15 Hand and Eye Coordination  
2:00 Piano with Bill S  
3:30 Refreshments & Appetizers  
6:00 Orchestra Hour

