



VILLAGIO OF PLANO  
2129 Bay Hill Drive • Plano, TX 75023

### Make Hand Washing a Healthy Habit



Handwashing can help prevent illness. It involves five simple and effective steps (Wet, Lather, Scrub, Rinse, Dry) you can take to reduce the spread of diarrheal and respiratory illness so you can stay healthy. Regular handwashing, particularly before and after certain activities, is one of the best ways to remove germs, avoid getting sick, and prevent the spread of germs to others. It's quick, it's simple, and it can keep us all from getting sick. Handwashing is a win for everyone, except the germs. Learn more about when and

how to wash your hands, the importance of using soap and water, and what you can do if soap and clean, running water are not available. Whether you are at home, at work, traveling, or already sick, find out how good hand hygiene can protect you, your family, and others.

1 HANDS Wash them often 2 ELBOW Cough into it 3 FACE Don't touch it 4 SPACE Keep safe distance 5 HOME Stay if you can

### Guideline

Due To COVID19 The schedule For Activity May Be Subject To Change. We Are Doing Our Best by Following The Guidlines to protect all the residents in our faciliity. employees will be contacting family members Via phone calls, video calls, text and email regarding on how their loved ones are doing.

Happy Birthday

Pat Haines  
Kenneth Dortch  
Martha Sue Austin

### What Is Coronavirus (COVID-19)?



COVID-19 is a zoonotic virus. From phylogenetics analyses undertaken with available full genome sequences, bats appear to be the reservoir of COVID-19 virus, but the intermediate host(s) has not yet been identified. However, three important areas of work are

already underway in China to inform our understanding of the zoonotic origin of this outbreak. These include early investigations of cases with symptom onset in Wuhan throughout December 2019, environmental sampling from the Huanan Wholesale Seafood Market and other area markets, and the collection of detailed records on the source and type of wildlife species sold at the Huanan market and the destination of those animals after the market was closed. COVID-19 is transmitted via droplets and fomites during close unprotected contact between an infector and infectee. Airborne spread has not been reported for COVID-19 and it is not believed to be a major driver of transmission based on available evidence; however, it can be envisaged if certain aerosol-generating procedures are conducted in health care facilities. Fecal shedding has been demonstrated from some patients, and viable virus has been identified in a limited number of case reports.

### Villagio Team

Kathleen Bailey  
*Executive Director*

Ehite Asfaw  
*Dietary Manager*

Shaun Duncan  
*Maintenance*

Ron Wrigley  
*Maintenance*



- [www.facebook.com/villagiosrliving](https://www.facebook.com/villagiosrliving)
- [www.twitter.com/villagioliving](https://www.twitter.com/villagioliving)
- [www.instagram.com/villagioseniorkiving](https://www.instagram.com/villagioseniorkiving)



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>PROGRAM</b>	<i>Everyday Experiences</i>					
<ul style="list-style-type: none"> <li> Social</li> <li> Intellectual</li> <li> Inspirational</li> <li> Physical</li> </ul>	6:45am Rise & Shine 7:00am Breakfast/ADL'S 9:00am Residents Meeting 9:30am What is In The Box 10:00am Fit For Life		12:00pm Lunch 1:00pm Rest & Relax 3:00pm Helping Hands 4:00pm Pre-Hydrate 5:00pm Dinner			
<ul style="list-style-type: none"> <li>Morning News</li> <li>Cafe Fresco</li> <li>Video Call With Families</li> <li>Sunday Movie</li> <li>Welcome April</li> <li>Bible Verse Of The Day</li> </ul>	<ul style="list-style-type: none"> <li>Fit for Life</li> <li>Cafe Fresco</li> <li>Manicure Monday</li> <li>1:30 Brandon Perry</li> <li>2:30 Bill Holt</li> <li>Group Conversation</li> </ul>	<ul style="list-style-type: none"> <li>Fit for Life</li> <li>Cafe Fresco</li> <li>Pamper Me Pretty</li> <li>Table Pong</li> <li>Word Games</li> <li>Resident Council</li> </ul>	<ul style="list-style-type: none"> <li>Fit for Life</li> <li>Cafe Fresco</li> <li>Creative Coloring</li> <li>April Baking</li> <li>Towel Folding</li> <li>Spiritual Music</li> </ul>	<ul style="list-style-type: none"> <li>Fit for Life</li> <li>Cafe Fresco</li> <li>Aromatherapy</li> <li>Afternoon Tv</li> <li>Wii Game</li> <li>Bible Study With Tiesha</li> </ul>	<ul style="list-style-type: none"> <li>Fit for Life</li> <li>Cafe Fresco</li> <li>Bingo</li> <li>Movie Matinee</li> <li>Blood Pressure Clinic</li> <li>One On One With Bella</li> </ul>	<ul style="list-style-type: none"> <li>Morning News</li> <li>Cafe Fresco</li> <li>10:00 Church Service</li> <li>Hand Massage and Music</li> <li>Ladies Tea Time</li> <li>Making Fresh Smoothie</li> </ul>
<ul style="list-style-type: none"> <li>Morning News</li> <li>Cafe Fresco</li> <li>Activities in a Box</li> <li>Sunday Movie</li> <li>70's Music</li> <li>Garden Club</li> </ul>	<ul style="list-style-type: none"> <li>Fit for Life</li> <li>Cafe Fresco</li> <li>Manicure Monday</li> <li>Bowling</li> <li>Search &amp; Find</li> <li>Men Day Out</li> </ul>	<ul style="list-style-type: none"> <li>Fit for Life</li> <li>Cafe Fresco</li> <li>Puzzles</li> <li>Sorting</li> <li>Ring Toss</li> <li>Letter Writing</li> </ul>	<ul style="list-style-type: none"> <li>Fit for Life</li> <li>Cafe Fresco</li> <li>Sensory Stimulation</li> <li>Afternoon Chair Exercise</li> <li>Residents Choice Activity</li> <li>Word Search</li> </ul>	<ul style="list-style-type: none"> <li>Fit for Life</li> <li>Cafe Fresco</li> <li>15 Popular Proverbs</li> <li>Favorite Moments On TV</li> <li>Elvis Presley Quiz</li> <li>Afternoon Refreshing</li> </ul>	<ul style="list-style-type: none"> <li>Fit for Life</li> <li>Cafe Fresco</li> <li>How Is Your Day</li> <li>Movie Matinee</li> <li>My Life Timeline</li> <li>Aromatherapy</li> </ul>	<ul style="list-style-type: none"> <li>Morning News</li> <li>Cafe Fresco</li> <li>10:00 Pet Therapy</li> <li>Book Club By Jack</li> <li>Quit Time</li> <li>Great Your Neighbor</li> </ul>
<ul style="list-style-type: none"> <li>Morning News</li> <li>Cafe Fresco</li> <li>Activities in a Box</li> <li>Sunday Movie &amp; PopCorn</li> <li>Afternoon Warm Up</li> <li>Bible Trivia</li> </ul>	<ul style="list-style-type: none"> <li>Fit for Life</li> <li>Cafe Fresco</li> <li>Manicure Monday</li> <li>2:30 Bill Holt</li> <li>Dining Enrichment</li> <li>Music With Cieasie</li> </ul>	<ul style="list-style-type: none"> <li>Fit for Life</li> <li>Cafe Fresco</li> <li>2:00 Mr. Dennis Taylor</li> <li>April Trivia</li> <li>Finish That Phrase</li> <li>Adult Puzzle</li> </ul>	<ul style="list-style-type: none"> <li>Fit for Life</li> <li>Cafe Fresco</li> <li>Adult Spelling Bee</li> <li>Pamper Me Pretty</li> <li>Trivia &amp; Riddles</li> <li>News &amp; Views</li> </ul>	<ul style="list-style-type: none"> <li>Fit for Life</li> <li>Cafe Fresco</li> <li>Match Pictures With Shows</li> <li>Bird Watch</li> <li>Now and Then</li> <li>Chair Yoga</li> </ul>	<ul style="list-style-type: none"> <li>Fit for Life</li> <li>Cafe Fresco</li> <li>Who Am I</li> <li>Movie Matinee</li> <li>Bowling</li> <li>Aromatherapy</li> </ul>	<ul style="list-style-type: none"> <li>Morning News</li> <li>Cafe Fresco</li> <li>10:00 Share a Snack</li> <li>Ice Cream Social</li> <li>Book Club By Jack</li> <li>Lets Blow Bubble</li> </ul>
<ul style="list-style-type: none"> <li>Morning News</li> <li>Cafe Fresco</li> <li>Activities in a Box</li> <li>Sunday Movie</li> <li>Smiles &amp; Jokes</li> <li>Out On Yard</li> </ul>	<ul style="list-style-type: none"> <li>Fit for Life</li> <li>Cafe Fresco</li> <li>Manicure Monday</li> <li>Brain Games</li> <li>Magazine Hour</li> </ul>	<ul style="list-style-type: none"> <li>Fit for Life</li> <li>Cafe Fresco</li> <li>Walk To The Park</li> <li>What's On Your Mind?</li> <li>Memory Circle</li> </ul>	<ul style="list-style-type: none"> <li>Fit for Life</li> <li>Cafe Fresco</li> <li>Short Stories</li> <li>Quiet Time</li> <li>Indoor Walks</li> </ul>	<ul style="list-style-type: none"> <li>Fit for Life</li> <li>Cafe Fresco</li> <li>Bowling For Men</li> <li>Old Occupations Quiz</li> <li>Beer Pong Game</li> <li>Group Prayer</li> </ul>	<div style="background-color: #f0f0f0; padding: 10px; text-align: center;"> <p>A smile can change the situation of the world.</p> <p>Nhat Hanh</p> </div>	