

Explore the Woodmere Art Museum

Join us for a guided visit to the Woodmere Art Museum, a cultural treasure nestled in the heart of Chestnut Hill. This 19th-century stone mansion, set on six picturesque acres, perfectly embodies the museum's mission of bringing art and nature together. Converted into a museum in 1910, Woodmere has grown into a dynamic hub of local art, history, and creativity.

Our docent-led tour will take us through the museum's restored galleries, featuring its original lighting system and a collection of more than 8,000 works. Highlights include murals and stained glass windows rescued from lost or endangered Philadelphia buildings, as well as masterpieces by renowned artists such as Violet Oakley, Arthur B. Carles, and the Pennsylvania Impressionists.

In addition to the permanent collection, we'll also have the opportunity to view Flourish, a special exhibition in the Helen Millard Children's Gallery showcasing the vibrant creativity of middle school artists from Springside Chestnut Hill.



Thursday, April 24th at 11AM



Sign up in the Main Lobby

Spring Cleaning with BAYADA

As the seasons change, it's the perfect time for a little spring cleaning—not just for your home, but for your mobility devices, too! BAYADA will be visiting our community for a Walker Wash & Tune-Up event. Their team will be on-site to clean and inspect walkers and wheelchairs, ensuring they are in top shape for safe and smooth use.



April 17th, 1PM-3PM

THE RESIDENCE at Bala Cynwyd

Celebrating Passover & Easter

Passover, an eight-day festival, commemorating the Israelites' liberation from slavery in Egypt, is a time to reflect on freedom, resilience, and the traditions that have been passed down through generations. Families and communities gather to retell the story of the Exodus and share symbolic foods. We invite you to join us for a Passover Seder. The event will take place in the Bistro and begin with a 30-minute Seder, followed by a meal featuring Passover dishes. This is a wonderful opportunity to come together and experience the customs of the holiday.

Easter is a celebration of the resurrection of Jesus Christ, a time of renewal and joy as we embrace hope and new beginnings. The holiday is marked by church services, festive meals, and gatherings with loved ones. For those who would like to attend a religious service, we will be organizing a trip to Saint Matthias Catholic Parish for Easter Mass. Transportation will be provided. Following the service, an Easter brunch will be served in the Bistro, featuring made-to-order stations and a selection of seasonal favorites. Whether you observe Easter as a religious occasion or simply enjoy the spirit of togetherness, this is the perfect way to celebrate with good food and great company.

We look forward to celebrating these meaningful holidays with you. Please let the Engagement Team know if you plan to attend, especially for the Passover Seder and Easter Mass outing, so we can make the necessary arrangements.

THE RESIDENCE AT BALA CYNWYD *Associates*

Kenneth Halsey
Executive Director

Antoinette Flowers
Resident Care Director

Nikita Patel
Business Office Director

Mark Brady
Maintenance Director

Samuel Pendergrass
Restaurant Operations Director

Julia Jackson
Resident Engagement Director

Catherine Heinemann
Customer Experience

Carin Brastow
Business Development Director

Danielle Krout
Sales & Marketing Director



Passover - Evening of April 12th



Easter - April 20th

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

HAPPY
EARTH
DAY



6
9:00 Cardio Walk for Wellness
10:00 Outing: Saint Matthias Parish
12:45 Light Aerobic Fitness
1:30 Pride & Prejudice (2008)
1:30 Art Workshop: Woodworking
1:30 Phillies v. Dodgers
2:45 Sunday Social Hour
6:30 Bridge Club

7 Helene S. Birthday
9:00 Cardio Walk for Wellness
10:30 Shopping Trip: ACME
11:00 Topics & Trivia
1:00 Ambassador Meeting
2:00 Flex & Flow Pilates
2:30 The Northern Renaissance
3:30 Community Happy Hour
4:00 Vocalist: Calvin Pressley
6:30 Card Players Club

8
10:00 Strength & Stability
11:00 Anagrams, Word Games, & More
12:00 Bistro Dining
1:00 Resident Outing: Omnia Nail Spa
2:00 Barre & Balance
3:00 Short Story Collective
4:00 Community Happy Hour
7:15 Phillies v. Braves

9
10:00 Cardio Endurance
11:00 NYT Crossword & Wordle
12:00 Bistro Dining
12:00 Providence Pet Visits
1:30 Foundations of Tai Chi
2:00 Community Bingo
3:00 Lecture: The Modern Portrait
4:00 Wine Down Wednesday

10
10:00 Strength & Stability
10:45 Sip & Solve
12:00 Bistro Dining
1:00 Nail Care & Hand Spa
2:00 Resident Council Meeting
3:00 May Program Planning Meeting
4:00 Community Happy Hour
6:30 Tile Talk: Scrabble Club

11
10:00 Cardio Endurance
11:00 Categories and Connections
12:00 Bistro Dining
1:00 REACT Neuro Session
2:30 Foundations of Tai Chi
3:00 Welcome Shabbat
4:00 Wine & Cheese Social
7:00 Tricky Dick & The Man in Black (2018)

12 Nancy C. Birthday
Passover, begins at Sunset
10:00 Refresh Yoga
11:00 CL Lecture: Amazing Architecture
12:00 Bistro Dining
1:00 Frank Lloyd Wright (Part II)
1:30 Tai-Chi Flow
2:30 Community Bingo
4:00 Community Happy Hour
6:30 Rummikub Club

13 Palm Sunday
Joyce S. Birthday
9:00 Cardio Walk for Wellness
10:00 Outing: Saint Matthias Parish
12:45 Light Aerobic Fitness
1:30 Tricky Dick & The Man in Black (2018)
1:30 Art Workshop: Shadowbox Decor
2:45 Sunday Social Hour
6:30 Bridge Club

14
9:00 Cardio Walk for Wellness
10:30 Shopping Trip: Dollar Store
11:00 Topics & Trivia
1:00 Mahjong Club
2:00 Herb K. Lecture: Victorian Men & Women
3:00 Card Players Club
4:00 Community Happy Hour
6:30 Card Players Club

15
10:00 Strength & Stability
11:00 Anagrams, Word Games, & More
12:00 Bistro Dining
1:30 Barre & Balance
2:00 FOX Rehab Lecture
3:00 Short Story Collective
3:30 Community Happy Hour
5:30 Passover Seder Dinner
6:30 Bridge Club

16
10:00 Cardio Endurance
11:00 NYT Crossword & Wordle
11:00 White Dog Cafe Wayne
12:00 Bistro Dining
1:30 Culinary Chat
2:00 Vocalist: Jimmy Edwards
3:00 Who Wants to Be A Millionaire
4:00 New Resident Meet & Greet

17
10:00 Strength & Stability
10:45 Sip & Solve
12:00 Bistro Dining
1:00 BAYADA Walker & Wheelchair Wash
2:00 Barre & Balance
3:00 Casino Blackjack
4:00 Community Happy Hour
6:30 Tile Talk: Scrabble Club

18
10:00 Cardio Endurance
10:30 Technology Support
11:00 CL Lecture: Easter in Europe
12:00 Bistro Dining
1:30 Foundations of Tai Chi
2:00 Roundtable Discussion
3:00 Welcome Shabbat
4:00 Wine & Cheese Social
7:00 The Hill (2023)

19
9:00 SHIELD Check In
10:00 Refresh Yoga
11:00 CL Lecture: Earth Day
12:00 Bistro Dining
1:00 Travel & Discuss: Hamburg, Germany
1:30 Tai-Chi Flow
2:30 Community Bingo
4:00 Community Happy Hour
6:30 Rummikub Club

20 Easter
9:00 Cardio Walk for Wellness
10:00 Outing: Saint Matthias Parish
11:00 Easter Bistro Brunch
12:45 Light Aerobic Fitness
1:30 Art Workshop with Ayesha
1:30 The Hill (2023)
2:45 Sunday Social Hour
6:30 Bridge Club

21
9:00 Cardio Walk for Wellness
10:30 Shopping Trip: Whole Foods
11:00 Topics & Trivia
1:00 Mahjong Club
2:00 Flex & Flow Pilates
3:00 Gaylord Nelson's Good Fight
4:00 Community Happy Hour
6:30 Card Players Club

22
10:00 Strength & Stability
11:00 Catholic Mass
11:00 Word Games & More
12:00 Bistro Dining
2:00 Culinary Corner with Senior Living Specialists
2:30 Before the Flood
3:00 Upcycled Card & Bookmark Class
4:00 Community Happy Hour

23
10:00 Cardio Endurance
11:00 NYT Crossword & Wordle
12:00 Bistro Dining
1:30 Foundations of Tai Chi
2:00 Kiss My Soul Yoga
3:00 PBS Special - A Wild Idea: The Birth of the APA
4:00 Wine Down Wednesday

24
10:00 Strength & Stability
10:45 Sip & Solve
11:00 Woodmere Art Museum
12:00 Bistro Dining
1:00 Nail Care & Hand Spa
2:00 Barre & Balance
3:00 Casino Blackjack
4:00 Community Happy Hour
6:30 Tile Talk: Scrabble Club

25
10:00 Cardio Endurance
11:00 Categories and Connections
12:00 Bistro Dining
1:00 REACT Neuro Session
2:00 Foundations of Tai Chi
3:00 Welcome Shabbat
4:00 Wine & Cheese Social
7:00 Wallace & Gromit: Vengeance Most Fowl

26
10:00 Refresh Yoga
11:00 CL Lecture: Kenya Safari
12:00 Bistro Dining
1:00 Travel & Discuss: Valley of the Kings, Egypt
1:30 Tai-Chi Flow
2:30 Community Bingo
4:00 Phillies v. Cubs & Happy Hour
6:30 Rummikub Club

27
9:00 Cardio Walk for Wellness
10:00 Outing: Saint Matthias Parish
12:45 Light Aerobic Fitness
1:30 Wallace & Gromit: Vengeance Most Fowl
1:30 Art Workshop: Decoupage Decor
2:45 Sunday Social Hour
6:30 Bridge Club
7:15 Phillies v. Cubs

28
9:00 Cardio Walk for Wellness
10:30 Shopping Trip: TJ Maxx
11:00 Topics & Trivia
1:00 Mahjong Club
2:00 Flex & Flow Pilates
3:00 Rubens: Why Is He So Misunderstood?
4:00 Community Happy Hour
6:30 Card Players Club

29 Velva V. Birthday
10:00 Strength & Stability
11:00 Anagrams, Word Games, & More
12:00 Bistro Dining
2:00 Barre & Balance
3:00 History Lecture: Jeffery LaMonica
3:00 Short Story Collective
4:00 Community Happy Hour
6:30 Bridge Club

30
10:00 Cardio Endurance
11:00 NYT Crossword & Wordle
12:00 Bistro Dining
1:30 Culinary Chat
1:30 Foundations of Tai Chi
2:00 Community Bingo
3:00 TED Talk and Discussion: How We Create Community
4:00 Wine Down Wednesday



At a Glance

- 4.3 Yoga
- 4.7 Live Vocalist
- 4.9 Providence Pet Visits
- 4.12 Passover Begins
- 4.14 *Victorian Life* Lecture
- 4.16 Lunch Outing
- 4.17 BAYADA Walker Wash
- 4.20 Easter
- 4.23 Yoga
- 4.29 American History Lecture

Our engagement program is built upon both our residents' interests and our Five Principles for Vitality.

By providing quality and choice, we hope to encourage socialization and well-being for mind, body, and spirit.

- Continued Learning
- Arts & Culture
- Physical Fitness
- Community Connections
- Wellness & Self-Care