

\*Shuttle rides to medical appointments are available on Tue & Thu, between 9-5pm, within a 10mi radius, & MUST be approved.



#### July Outings:

Lake Michigan Trip – 7/10  
Lunch: Rush Creek Bistro – 7/12  
Shopping: Horrock's – 7/17  
Millennium Park Picnic - 7/21  
Ice Cream Outing - 7/24



### Wisconsin

Wisconsin is a midwestern U.S. state with coastlines on 2 Great Lakes (Michigan and Superior) and an interior of forests and farms. Milwaukee, the largest city, is known for the Milwaukee Public Museum, with its numerous re-created international villages, and the Harley-Davidson Museum,

displaying classic motorcycles. Several beer companies are based in Milwaukee, and many offer brewery tours.

The bulk of Wisconsin's population live in areas situated along the shores of Lake Michigan. The largest city, Milwaukee, anchors its largest metropolitan area, followed by Green Bay and Kenosha, the third- and fourth-most-populated Wisconsin cities, respectively. The state capital, Madison, is currently the second-most-populated and fastest-growing city in the state.

### Minnesota

Minnesota is a midwestern U.S. state bordering Canada and Lake Superior, the largest of the Great Lakes. The state contains more than 10,000 other lakes, including Lake Itasca, the Mississippi River's primary source. The "Twin Cities" of Minneapolis and state capital Saint Paul are dense with cultural landmarks like the Science Museum of Minnesota and the Walker Art Center, a modern art museum.



Minnesota is home to western prairies, now given over to intensive agriculture; deciduous forests in the southeast, now partially cleared, farmed, and settled; and the less populated North Woods, used for mining, forestry, and recreation. Roughly a third of the state is covered in forests, and it is known as the "Land of 10,000 Lakes" for having over 14,000 bodies of fresh water covering at least ten acres.

# ★ THE PATRIOT ★

AmericanHouse.com

Wyoming - Assisted Living

July 2023

**American House**  
SENIOR LIVING COMMUNITIES

**Wyoming**  
(616) 622-2420  
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**Business Office Manger**  
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**Wellness Director**  
Sheila Magvill

**Plant Operations**  
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**Life Enrichment Director**  
Micki Shugars-Tyson

**Culinary Director**  
Nichole Desir

**Housekeeping Supervisor**  
Esmeralda Gonzalez

**Community Relations**  
Sandra Rodriguez



### Michigan

Michigan is a state in the Great Lakes region of the upper Midwestern United States. It has land borders with Wisconsin to the southwest, and Indiana and Ohio to the south, and Lakes Superior, Michigan, Huron, and Erie also connect it to the states of Minnesota and Illinois, and the Canadian

province of Ontario.

Michigan consists of two peninsulas. The Lower Peninsula resembles the shape of a mitten, and comprises a majority of the state's land area. The Upper Peninsula (often called "the U.P.") is separated from the Lower Peninsula by the Straits of Mackinac, a five-mile channel that joins Lake Huron to Lake Michigan. The Mackinac Bridge connects the peninsulas.

### Ohio

The State of Ohio is a state in the Midwestern United States. Of the fifty U.S. states, it is the 34th-largest by area. With a population of nearly 11.8 million, Ohio is the seventh-most populous and tenth-most densely populated state.

Its capital and largest city is Columbus, with the Columbus metro area, Greater Cincinnati, and Greater Cleveland being the largest metropolitan areas. Ohio takes its name from the Ohio River, which, in turn, originated from the Seneca word ohi yo', meaning "good river", "great river", or "large creek". Ohio is nicknamed the "Buckeye State" after its Ohio buckeye trees, and Ohioans are also known as "Buckeyes".



### JULY EVENTS

Chris Sloan Live! - 7/3  
Independence Day – 7/4  
Welcome Social – 7/5  
Jim Quales Live – 7/6  
Summer Social - 7/7  
Lake Michigan Trip – 7/10  
Fred Walker Live! – 7/11

Lunch Bunch - 7/12  
Grt Lakes Picnic Party - 7/13  
Twisted Tea - 7/14  
Shopping: Horrock's – 7/17  
Birthday Social - 7/18  
Ladies Tea & Tiaras - 7/19  
Doug Smith Live! - 7/20

Millennium Park Picnic - 7/21  
Ice Cream Outing - 7/24  
Resident Town Hall – 7/25  
Billy McAllister Live! - 7/26  
Thursday Theater - 7/27  
Motor City Happy Hour – 7/28  
Michael McIntosh Live! 7/31

### July Birthdays

7/11 – Pearl VanDellen (Rm#209)  
7/15 – Joan Bower (Rm#312)  
7/16 – Harriet Sturim (Rm#131)  
7/16 – Catherina Mulder (Rm#229)  
7/19 – Ken Bosch (Rm#301)  
7/20 – Laurie McGhan (Rm#101)  
7/20 – Mary Panitz (Rm#201)  
7/29 – Rosie Riccobono (Rm#216)





30 July			31 July		
	<b>Live Worship</b>			<b>Live Concert!</b>	<b>Sec</b>
12:00	Riddle Me This?	Din		<b>10:30 Morning Stretches</b>	<b>Sec</b>
1:00	One on One Room Visits	Roo		10:45 Total Brain Health	Sec
<b>2:00</b>	<b>Chris Sloan: Hymn Sing</b>	<b>Cha</b>		<b>2:00 Michael McIntosh</b>	<b>Sec</b>
2:30	Danish & Devotion	Cha		2:30 Travel Cart Treat	Sec
<b>3:30</b>	<b>Games, Fellowship &amp; Fun!</b>	<b>Bis</b>		<b>3:30 Bingo Buck Fun!</b>	<b>Civ</b>
5:30	RL: Rummikub Fun!	Bis		4:30 One on One Visits	Roo



Location Key				1	
<b>Sec</b>	Second Floor	<b>Cou</b>	Courtyard		<b>Movie Matinee</b>
<b>Din</b>	Dining Room	<b>Lob</b>	Lobby	<b>10:30 Morning Yoga</b>	<b>Sec</b>
<b>Roo</b>	Room to Room	<b>Out</b>	Outing	10:45 Ten Minute Topic	Sec
<b>The</b>	Theater			12:00 July Zodiac Puzzle	Din
<b>Cha</b>	Chapel			1:00 One on One Room Visits	Roo
<b>Bis</b>	Bistro			<b>1:30 Movie &amp; Popcorn</b>	<b>The</b>
<b>Civ</b>	Civic Center			3:30 Wii Bowling Practice	The

2			3			4			5			6			7			8		
	<b>Live Worship</b>			<b>Live Concert!</b>	<b>Sec</b>		<b>Independence Day</b>			<b>Live Concert!</b>	<b>Sec</b>		<b>Welcome Social</b>			<b>Summertime Sipp'in Social</b>			<b>Movie Matinee</b>	
12:00	Riddle Me This?	Din	10:30	<b>Morning Stretches</b>	<b>Sec</b>	10:00	RL: Exercise Program	Sec	10:30	<b>Morning Yoga</b>	<b>Sec</b>	10:00	RL: Exercise Program	Sec	10:00	RL: Exercise Program	Sec	10:30	<b>Morning Stretches</b>	<b>Sec</b>
1:00	One on One Room Visits	Roo	10:45	Liberty Bell History	Sec	10:30	<b>Music &amp; Manicures</b>	<b>Bis</b>	10:45	Things I've Learned Lately	Sec	10:30	<b>Farmer's Market &amp; Music</b>	<b>Lob</b>	10:30	<b>Candy Bar Bingo</b>	<b>Civ</b>	10:45	Ten Minute Topic	Sec
<b>2:00</b>	<b>Chris Sloan: Hymn Sing</b>	<b>Cha</b>	2:00	<b>Chris Sloan Live!</b>	<b>Sec</b>	12:00	Star Spangled Banner	Din	11:00	<b>Catholic Communion</b>	<b>Cha</b>	12:00	Searching for July	Din	12:00	Songs of Summer Puzzle	Din	1:00	One on One Room Visits	Roo
2:30	Donuts & Devotions	Cha	2:30	Travel Cart Treat	Sec	2:00	<b>Kaboom! Social</b>	<b>Cou</b>	2:00	<b>Jim Quales Live!</b>	<b>Sec</b>	2:00	<b>Welcome Social</b>	<b>Sec</b>	2:00	<b>Summer Sippin' Social</b>	<b>Cou</b>	1:30	<b>Movie &amp; Popcorn</b>	<b>The</b>
<b>3:30</b>	<b>Games, Fellowship &amp; Fun!</b>	<b>Bis</b>	3:30	<b>Patriotic Bingo Fun!</b>	<b>Civ</b>	2:30	July Fourth Trivia	Cou	2:30	Travel Cart Treat	Sec	2:30	Jeopardy Fun!	Sec	2:30	Super Soaker Fun!	Cou	3:30	Wii Bowling Practice	The
5:30	RL: Rummikub Fun!	Bis	4:30	One on One Visits	Roo	3:30	<b>Uno Card Fun!</b>	<b>Bis</b>	3:30	<b>Bingo Fun!</b>	<b>Civ</b>	3:30	<b>Wii Bowling Competition</b>	<b>The</b>	3:30	<b>Uno Card Club</b>	<b>Bis</b>	4:00	<b>Uno Card Club</b>	<b>Bis</b>
			6:00	RL: Domino Club	Bis	4:30	One on One Visits	Roo	4:30	One on One Visits	Roo	4:30	One on One Visits	Roo	4:30	One on One Visits	Roo			

9			10			11			12			13			14			15		
	<b>Live Worship</b>			<b>Lake Michigan Trip</b>	<b>Sec</b>		<b>Hershey Happy Hour</b>			<b>Lunch Bunch</b>	<b>Sec</b>		<b>Signature Social Event</b>			<b>Twisted Tea Happy Hour</b>			<b>Movie Matinee</b>	
12:00	Riddle Me This?	Din	10:30	<b>Morning Stretches</b>	<b>Sec</b>	10:00	RL: Exercise Program	Sec	10:30	<b>Morning Yoga</b>	<b>Sec</b>	10:00	RL: Exercise Program	Sec	10:00	RL: Exercise Program	Sec	10:30	<b>Morning Yoga</b>	<b>Sec</b>
1:00	One on One Room Visits	Roo	10:45	Total Brain Health	Sec	10:30	<b>Fred Walker Live!</b>	<b>Lob</b>	10:45	Midweek Musical Fun!	Sec	10:30	<b>Farmer's Market &amp; Music</b>	<b>Lob</b>	10:30	<b>Candy Bar Bingo</b>	<b>Civ</b>	10:45	Ten Minute Topic	Sec
<b>2:00</b>	<b>Chris Sloan: Hymn Sing</b>	<b>Cha</b>	12:00	<b>A-Mazing Sandcastle</b>	<b>Din</b>	2:00	Hershey Happy Hour	Sec	11:00	<b>Catholic Communion</b>	<b>Cha</b>	2:00	<b>Great Lakes Picnic Party</b>	<b>Sec</b>	12:00	Jimmy Buffett Puzzle	Din	12:00	What Am I?	Din
2:30	Sugar Cookies & Devotions	Cha	1:30	<b>Beach Picnic</b>	<b>Lob</b>	2:15	<b>Chocolate Fountain Fun!</b>	<b>Sec</b>	12:30	<b>Lunch: Rush Creek Bistro</b>	<b>Lob</b>	2:30	Travel the Great Lakes	Sec	2:00	<b>Twisted Tea Happy Hour</b>	<b>Cou</b>	1:00	One on One Room Visits	Roo
<b>3:30</b>	<b>Games, Fellowship &amp; Fun!</b>	<b>Bis</b>	2:00	Eye Spy Game	Out	2:30	How it's Made	Sec	1:00	Mad Libs Fun!	Out	3:30	<b>Wii Bowling Competition</b>	<b>The</b>	2:30	Minute to Win it! Games	Cou	1:30	<b>Movie &amp; Popcorn</b>	<b>The</b>
5:30	RL: Rummikub Fun!	Bis	3:30	<b>Bingo Fun!</b>	<b>Civ</b>	3:30	<b>Uno Card Fun!</b>	<b>Bis</b>	3:30	<b>Bingo Fun!</b>	<b>Civ</b>	4:30	One on One Visits	Roo	3:30	<b>Rummikub Club</b>	<b>Bis</b>	3:30	<b>Wii Bowling Practice</b>	<b>The</b>
			4:30	One on One Visits	Roo	4:30	One on One Visits	Roo	4:30	One on One Visits	Roo				4:30	One on One Visits	Roo		<i>Happy Birthday Joan B!</i>	
						6:30	<b>WM Therapy Dogs</b>	<b>Civ</b>												
							<i>Happy Birthday Pearl!</i>													

16			17			18			19			20			21			22		
	<b>Live Worship</b>			<b>Shopping Outing</b>	<b>Sec</b>		<b>Birthday Month Social</b>			<b>Ladies Tea &amp; Tiaras</b>	<b>Bis</b>		<b>Live Concert!</b>			<b>Millennium Park Picnic</b>			<b>Movie Matinee</b>	
12:00	Riddle Me This?	Din	10:30	<b>Morning Stretches</b>	<b>Sec</b>	10:00	RL: Exercise Program	Sec	10:30	<b>Music &amp; Manicures</b>	<b>Bis</b>	10:00	RL: Exercise Program	Sec	10:00	RL: Exercise Program	Sec	10:30	<b>Morning Stretches</b>	<b>Sec</b>
1:00	One on One Room Visits	Roo	10:45	Total Brain Health	Sec	10:30	<b>Donuts &amp; Devotion</b>	<b>Bis</b>	11:00	Catholic Communion	Cha	10:30	<b>Farmer's Market &amp; Music</b>	<b>Lob</b>	10:30	<b>Candy Bar Bingo</b>	<b>Civ</b>	10:45	Ten Minute Topic	Sec
<b>2:00</b>	<b>Chris Sloan: Hymn Sing</b>	<b>Cha</b>	1:30	<b>Shopping Outing: Horrocks</b>	<b>Lob</b>	2:00	<b>Birthday Month Social</b>	<b>Sec</b>	2:00	<b>Ladies Tea &amp; Tiaras</b>	<b>Civ</b>	2:00	<b>Doug Smith Live!</b>	<b>Sec</b>	11:30	<b>Picnic in the Park</b>	<b>Lob</b>	1:00	One on One Room Visits	Roo
2:30	Danish & Devotion	Cha	1:45	Walk with Me	Out	2:15	Bring your Pet's Photo	Sec	2:30	Surprise Game	Civ	2:30	Travel Cart Treat	Sec	12:00	Watermelon Puzzle	Din	1:30	<b>Movie &amp; Popcorn</b>	<b>The</b>
3:30	Games, Fellowship & Fun!	Bis	4:00	<b>Bingo Buck Bidding!</b>	<b>Civ</b>	2:30	<b>Travel Trophy Trivia</b>	<b>Sec</b>	3:30	<b>Sit &amp; Fit Class</b>	<b>Sec</b>	3:30	<b>Wii Bowling Competition</b>	<b>The</b>	2:00	<b>What's Cooking? Class</b>	<b>Bis</b>	3:30	Wii Bowling Practice	The
5:30	RL: Rummikub Fun!	Bis	4:30	One on One Visits	Roo	3:30	Uno Card Fun!	Bis	4:30	One on One Visits	Roo	4:30	One on One Visits	Roo	3:30	Uno Card Club	Bis	4:00	<b>Uno Card Club</b>	<b>Bis</b>
	<i>Happy Birthday Harriet!</i>					4:30	One on One Visits	Roo		<i>Happy Birthday Ken!</i>					4:30	One on One Visits	Roo			
	<i>Happy Birthday Catherina!</i>																			

23			24			25			26			27			28			29		
	<b>Live Worship</b>			<b>Ice Cream Outing</b>	<b>Sec</b>		<b>Resident Town Hall</b>			<b>Live Concert!</b>	<b>Sec</b>		<b>Summer Theater Thursday</b>			<b>Signature Happy Hour</b>			<b>Movie Matinee</b>	
12:00	Riddle Me This?	Din	10:30	<b>Morning Stretches</b>	<b>Sec</b>	10:00	RL: Exercise Program	Sec	10:30	<b>Morning Yoga</b>	<b>Sec</b>	10:00	RL: Exercise Program	Sec	10:00	RL: Exercise Program	Sec	10:30	<b>Morning Yoga</b>	<b>Sec</b>
1:00	One on One Room Visits	Roo	10:45	Total Brain Health	Sec	10:30	<b>Po-Ke-No Fun!</b>	<b>Civ</b>	10:45	Ten Minute Topic	Sec	10:30	<b>Farmer's Market &amp; Music</b>	<b>Lob</b>	10:30	<b>Candy Bar Bingo</b>	<b>Civ</b>	10:45	Ten Minute Topic	Sec
<b>2:00</b>	<b>Chris Sloan: Hymn Sing</b>	<b>Cha</b>	12:00	Cool Treats Crossword	Din	2:00	<b>Resident Town Hall</b>	<b>Civ</b>	11:00	<b>Catholic Communion</b>	<b>Cha</b>	12:00	Who Am I?	Din	12:00	Cranium Crunches	Din	12:00	<b>What Am I?</b>	<b>Din</b>
2:30	Games, Fellowship & Fun!	Bis	2:00	<b>Sweet Yo's Frozen Yogurt</b>	<b>Lob</b>	3:00	Hot Fudge Sundae Bar	Civ	2:00	<b>Billy McAllister Live!</b>	<b>Sec</b>	1:30	<b>Movie &amp; Popcorn</b>	<b>Sec</b>	2:00	<b>Motor City Happy Hour</b>	<b>Sec</b>	1:00	One on One Room Visits	Roo
5:30	RL: Rummikub Fun!	Bis	3:30	<b>Bingo Fun!</b>	<b>Civ</b>	3:30	<b>Uno Card Fun!</b>	<b>Bis</b>	3:30	Bingo Fun!	Civ	3:30	Wii Bowling Competition	The	2:30	Auto: How it's Made	Sec	1:30	<b>Movie &amp; Popcorn</b>	<b>The</b>
			4:30	One on One Visits	Roo	4:30	One on One Visits	Roo	4:30	One on One Visits	Roo	4:30	One on One Visits	Roo	3:30	<b>Rummikub Club</b>	<b>Bis</b>	3:30	Wii Bowling Practice	The
															4:30	One on One Visits	Roo			