

Medical Transport
&
Shopping Bus



Transportation

We are transporting to
scheduled appointments.

Mon thru Thursday 9-4pm.

Shopping Bus Transport

We have two shopping days
on the schedule.

Monday & Wednesday

We leave at 1:30pm.



Great Lakes Region- The Great Lakes region of North America is a binational Canadian–American region centered around the Great Lakes that includes eight U.S. states and the Canadian province of Ontario.

Staff & Resident Birthdays

Cynthia Thompson 7/1- resident
Chris Proudman 7/3- staff
Sofia Guardiano 7/4- staff
Hilary Seifer 7/4- staff
Betty Richardson 7/4- resident
Margaret Letourneau 7/7- resident
Robert Kingsbury 7/9- resident
Barbara West 7/20- staff
Jeanne Norlander 7/21- resident
John Carland 7/25- staff
Sherry Selby 7/28- staff
Donald Clauson 7/29- resident
Linda Phelps 7/29- staff
Elisa Gardner 7/31- staff

Resident Wedding Anniversaries

Frank & Dot Kelley 7/3 – 69 years
Bob & Hillary Kingsbury 7/23 -- 35 years

Staff Anniversaries

Nyanroor Madit 7/7/22- 1year
Talcia Michelson 7/18/22- 1 year
Reed Wilber 7/18/22- 1 year
Madison Mickelson 7/18/22- 1 year
Kailyn LaBrie 7/29/21- 2 years

OUTINGS & PERFORMERS

We have many events scheduled for you throughout the month of July. Please check the insert page in this newsletter which has our robust activities & events schedule. Subject to changes based on weather and staffing, but we hope to keep most of this schedule intact.

★ THE PATRIOT ★

AmericanHouse.com

Keene

July 2023



Keene
(603) 352-1282
197 Water Street
Keene, NH 03431

Executive Director
Hilary Seifer

Business Office Manager
Angie Michaud

Life Enrichment Director
Eric Walther

Community Relations Directors
Christy Thomas & Jackie Brown

Wellness Director
Patrice Aguda-Brown

Culinary Director
Trina Morin

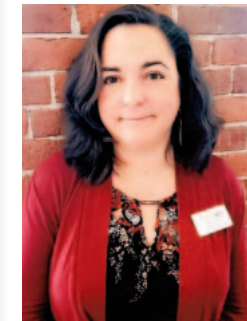
Wellness Coordinator
Beth Velasquez

Maintenance Director
Chris Proudman

Front Desk Support
Kaela Fish

Assistant Culinary Director
Erin Morin

Housekeeping Supervisor
Holly Champion



Hilary Seifer- Executive Director

We are in the heat of the summer! July brings us swamp bats games, ice cream treats and Motor City themed activities week.

We welcome to American House a new President at the corporate office Jeff Floyd as well as a new COO Alex Germain-Robin. We are pleased to work with new leadership and excited to see what they bring to enhance the company.

We have had several new move ins and welcome all our new residents. Keep an eye out for a new 'Welcome to American House' event!

Keene hosts the Swamp Bats home game on July 3rd which concludes with fireworks.

The full moon this month will be also be on July 3rd and is referred to as the Buck Moon.

"A lake is a landscape's most beautiful and expressive feature. It is Earth's eye; looking into which the beholder measures the depth of his own nature."
- Henry David Thoreau



Culinary Services

Breakfast 7:30-9:00am

Two Seatings
Lunch 11:30am or 12:45pm

Dinner 4:30pm or 5:45pm

If you would like an order of
Baked Fish for dinner by
11:00am, same day.

Please note: you always
have a choice of sweet
potato,
baked potato, mashed
potato or carrots at each
dinner.

NOTICE:

Please keep your hands
clean
with soap and water and
use hand sanitizer.



Life Enrichment Corner- JULY Events!

Hey Gang, we had a great June with a wonderful Car Show, fundraising for a great cause, cookie baked goods auction and special Ben & Jerry's day. We raised over \$3,200 dollars! We loved celebrating New England, our home region. We welcome July with open arms as our programs continue and now focus in the Great Lakes Region. Another great part of our country where people vacation and also home to the car-making capital of the United States at one time, is Detroit! We celebrate this with a fun Motor City Week July 23-28th! Check out the folded calendar in this newsletter and the weekly blogs for updates. We will have history slide shows on major car companies, such as Ford & GM, as well as a slide show of the "24 Cars that made America." We invited the East Bay Jazz Ensemble to entertain us with vocals and music. Our Motor City/Great Lakes Picnic will be Thursday, July 27th. We also have two major food outings this month: the new **Smokehaus** in Dublin and **High Tide Seafood & Grille** in Hillsboro for a cruise night car show and dinner! We can't wait for the heart of summer.

Speaking of Detroit Motor City- here is a clip of lyrics from a musical film called "The Happiest Millionaire" to get us dreaming of Detroit! Something they might have sang in the early 20s when building a new car was a great dream for the American way of life...

There's a shiny city west of here
Where dreams are booming into gear
It's no humm-drumm 9 to 5 town
It's a growing, going, bright, alive town
Golden sparks light up the skies there like a thousand 4th of Julys there
How I want to stake a claim in, roll up my sleeves and make a name in
DETROIT
You can hear it humming
See it coming
Feel it everywhere you go
It's tomorrow morning
the future dawning with a bright and shining glow
It's the land where golden chariots are molded out of dreams
DETROIT, DETROIT....It's DETRIOT!

We roll out the summer themes with more exciting baseball games to support our boys in purple at the Keene Swamp Bats Collegic summer league. We have many entertainers and of course our furry friends from the Monadnock Humane Society to give us some love. Happy Summer friends!

Cheers,
Eric & The Life Enrichment Team



Employee of the Month: Toni Olivo; Resident Care Assistant

We would like to congratulate our employee of the month for July, Toni Olivo, for her outstanding work of caring for our residents since arriving on our team earlier this year. Since the closing of JoAnn Fabrics, we were lucky enough to have Toni apply with us and she has been fabulous for us in the nursing department.

She's a sweetheart with the residents and a great team player.

We are so grateful she has been a part of our Resident Care team and we want to recognize her for always being there for our residents and community. She stays extra hours to help shifts and always has a smile on her face. Please congratulate her when you see her.

Well done Toni! enjoy the cool parking space too!
We are so glad you are with us!



The Science of Sunsets

The third week in July is Capture the Sunset Week, a week to appreciate the gorgeous hues of the setting sun. The colors of a sunset are the result of a process called scattering. Particles in the atmosphere alter the

direction of sunlight. When the sun is low on the horizon, such as at sunset, light has farther to travel and more opportunities to scatter.

Sometimes, short-wavelength light that produces blue or violet colors is so scattered that it is lost altogether, leaving only warmer light colors such as brilliant reds and oranges. These are the dramatic colors we love in a sunset. Pollution can scatter the entire spectrum of light, causing colors to be dull. Clean air is the best ingredient for beautiful sunsets.

Happy Summer
&
Happy 4th of July!



We hope you enjoyed your
June events and activities.
We are planning exciting
things

for you in for the month of
July 2023!

Please come and join us for
any of the programs we
offer. You can find them on
the centerfold

of this newsletter. Events
are subject to change
based on staffing.

Some events you may need
to sign up for. These will be
posted in the daily blog.
Check the blog for the most
current information.