

★ THE PATRIOT ★

AmericanHouse.com

Jenison

March 2023

Lodge Birthdays

Nancy T. -- 4th, Pat E. -- 6th, Sandra P. -- 9th, Bill D. -- 12th, Patricia C. -- 16th, David C. -- 19th, Pat A. -- 22nd, Joan M. -- 30th



Article by Chaplain Dave

Dear friends,
Welcome to March!! I'm so excited for Spring. I know we can still experience some Winter installments, but they are usually a little shorter lived – for which I am grateful.
In the last month or so, I've found myself entering into a bit of self-

reflection. Some of which may have been generated by a couple of funerals, a family wedding, and a few grey days. Those times can be quite vulnerable and help me to think in ways I'm not always thinking – a little deeper reflection about life.

One area that seemed to rise up for me, against my best intentions – is finding myself often times striving to acquire a sense of power and control. When giving advice, wanting to know whether it's being followed; when offering help, wanting to be thanked; when doing something good, wanting to be remembered. I've realized that I am concerned about being somehow forgotten and then wanting to control the outcome of - living on in the thoughts of others. Even at my age I still am concerned about what people think of me. Not a great thing at all, just my reality.

I'm not very thrilled about this realization, but it has brought me to a place of change invitation – which I find quite healthy and helpful in my spiritual development. I wonder if you've struggled with any thoughts like mine? If so, I'd love to hear how you navigated those thought realities over the years. My reflections brought the parable of the Prodigal Son (or the two lost sons) to mind (Luke 15). The Father in the story doesn't seem to be concerned about himself at all. His long-suffering life has emptied him of his desires to keep in control of things. His children are his only concern, and he wants to give himself completely to them.

This powerful story and reminder have encouraged me to think about what it would be like to give without expecting returns, and to love without adding various conditions. Knowing my deep desire for human recognition and affection, I realize that this is probably a lifelong struggle for me. However, I'm also convinced that every time – with God's help - I am able to step over this deep desire within, then and only then can I trust that my life can truly bear the fruit of God's Spirit. Selah

Your friend,
Chaplain Dave



Cottage Birthdays

Ardy D. -- 6th
Ilene S. -- 10th
Dee H. -- 11th
David B. -- 19th
Edit R. -- 20th
Hilda A. -- 23rd
JR S. -- 27th
Mattie C. -- 28th
Marge F. -- 29th
Amy S. -- 30th
Dee M. -- 30th

OUTINGS

3/6	Noble's Restaurant	3/31	The Derby Restaurant
3/14	Music at Park Church		
3/15	Musical at Jenison H.S.		
3/20	Fredrik Meijer Gardens		
3/28	Movie Trip (Time TBD)		



Jenison
(616) 457-9815
8001 Cottonwood Drive
Jenison, MI 49428

(616) 457-9815

Executive Director
Theresa Bursley

Life Enrichment Director
Rachael Hulst

Community Relations Director
Kevin Chapie

Maintenance Supervisor
Rick Deemter

Housekeeping Supervisor
Jennifer Ruster

Culinary Supervisor
Clinton VanDellen

Chaplain
Dave Ahrens

Cottages Director
Jennifer McClellan



Note from American House

Hi everyone! Once again, American House would like to say thank you to all of the residents during this time of transition to find a new Lodge Coordinator. Lindsay's first day with American House will be Monday, February 27th. Please join me in welcoming Lindsay to American House.



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Location Key

ACTR Activity Room
 BUS Bus Outing
 DIN Dining Room
 GYM Gymnasium
 PSU Please Sign Up
 LIB Library

1	2	3	4
1:30 Mahjong ACTR	9:00 Total Brain Health DIN	10:00 Bible Study ACTR	12:00 Devotions DIN
1:30 Meijer BUS	10:00 Bingo ACTR	1:30 Cribbage Group DIN	1:00 Wii Bowling ACTR
3:00 Coffee & Conversation DIN	2:00 Wii Bowling ACTR	3:00 Coffee & Conversation DIN	2:00 Dining Room reserved DIN
6:00 Games DIN	3:00 Coffee & Conversation DIN	4:00 Movie: Secretariat	3:00 Coffee & Conversation DIN
	5:00 Bridge	6:00 Games DIN	6:00 Games DIN
	6:00 Games DIN	6:00 Euchre DIN	

5	6	7	8	9	10	11
11:00 Coloring Pages/ Crossword Puzzles/ Word Search ACTR	9:00 Men's Bible Group ACTR	10:00 Bingo	9:30 Meijer PSU	9:00 Total Brain Health DIN	10:00 Bible Study ACTR	12:00 Devotions DIN
12:00 Devotions DIN	10:00 Bus Trip: Noble Restaurant	11:00 Chair Exercise GYM	1:30 Mahjong ACTR	10:00 Bingo ACTR	1:30 Cribbage Group DIN	1:00 Wii Bowling ACTR
3:00 Church Service	1:30 Euchre	1:00 Beginner Wii Bowling ACTR	1:30 Hymn Sing w/ Connie DIN	1:00 Yarn Club	3:00 Coffee & Conversation DIN	2:30 Cornhole DIN
4:00 Coffee & Conversation DIN	3:00 Coffee & Conversation DIN	3:00 Coffee & Conversation DIN	3:00 Coffee & Conversation DIN	2:00 Wii Bowling ACTR	3:45 Movie: Fried Green Tomatoes	3:00 Coffee & Conversation DIN
6:00 Puzzles ACTR	6:00 Games DIN	4:00 Fred Walker performance	6:00 Games DIN	2:00 Cooking Demo DIN	6:00 Games DIN	6:00 Games DIN
	7:00 Warped Wings Meeting	6:00 Games DIN		3:00 Fall Prevention/ Balance Education	6:00 Euchre DIN	
				5:00 Bridge		
				6:00 Games DIN		

12	13	14	15	16	17	18
Daylight Savings	9:00 Men's Bible Group ACTR	Massage Therapist by appt only	March Madness Brackets Due	9:00 Total Brain Health DIN	St. Patrick's Day	12:00 Devotions DIN
11:00 Coloring Pages/ Crossword Puzzles/ Word Search ACTR	1:30 Euchre	10:00 Bingo	1:30 Mahjong ACTR	10:00 Bingo ACTR	10:00 Bible Study ACTR	1:00 Wii Bowling ACTR
12:00 Devotions DIN	3:00 Road Trip presentation: The South	11:00 Chair Exercise GYM	1:30 Meijer BUS	2:00 Wii Bowling ACTR	1:30 Cribbage Group DIN	2:30 Cornhole DIN
3:00 Church Service	6:00 Games DIN	11:00 Bus Trip: Music at Park Church	3:00 Resident Council DIN	3:00 Coffee & Conversation DIN	3:00 Book Club LIB	3:00 Coffee & Conversation DIN
4:00 Coffee & Conversation DIN		12:30 Free Blood Pressure Checks	6:00 Games DIN	4:00 Veterans Club ACTR	3:00 Connection & Luau w/ Williams Twins	6:00 Games DIN
6:00 Puzzles ACTR		1:00 Beginner Wii Bowling ACTR	6:00 Musical at Jenison High School	5:00 Bridge	6:00 Games DIN	
		3:00 Coffee & Conversation DIN		5:00 Resident Birthday Dinner	6:00 Euchre DIN	
		6:00 Games DIN		6:00 Games DIN		

19	20	21	22	23	24	25
11:00 Coloring Pages/ Crossword Puzzles/ Word Search ACTR	9:00 Men's Bible Group ACTR	10:00 Bingo	9:30 Meijer PSU	9:00 Total Brain Health DIN	Sign-ups due for Elevated Gardens	12:00 Devotions DIN
12:00 Devotions DIN	1:30 Euchre	11:00 Chair Exercise GYM	1:30 Mahjong ACTR	10:00 Bingo ACTR	10:00 Memorial Service ACTR	1:00 Wii Bowling ACTR
3:00 Church Service	1:30 Frederik Meijer Gardens: Butterflies are Blooming	1:00 Beginner Wii Bowling ACTR	1:30 Hymn Sing w/ Connie DIN	1:00 Yarn Club	12:00 Graceland Gala: Main Event	2:30 Cornhole DIN
4:00 Coffee & Conversation DIN	3:00 Coffee & Conversation DIN	3:00 The South Trivia	3:00 Rick Reuther performance	2:00 Wii Bowling ACTR	1:30 Cribbage Group DIN	3:00 Coffee & Conversation DIN
6:00 Puzzles ACTR	6:00 Games DIN	6:00 Games DIN	6:00 Games DIN	3:00 Coffee & Conversation DIN	3:00 Coffee & Conversation DIN	6:00 Games DIN
				3:00 Kentucky Bluegrass Porch Party (Happy Hour)	3:00 Book Club	
				5:00 Bridge	4:00 Movie: Smokey & the Bandit	
				6:00 Games DIN	6:00 Games DIN	
					6:00 Euchre DIN	

26	27	28	29	30	31
11:00 Coloring Pages/ Crossword Puzzles/ Word Search ACTR	9:00 Men's Bible Group ACTR	Bus Trip: The Movies (Time TBD)	1:30 Mahjong ACTR	9:00 Total Brain Health DIN	10:00 Bible Study ACTR
12:00 Devotions DIN	1:30 Euchre	10:00 Bingo	1:30 Meijer BUS	10:00 Bingo ACTR	11:30 Bus Trip: The Derby
3:00 Church Service	3:00 Chris Sloan performance	11:00 Chair Exercise GYM	3:00 Coffee & Conversation	2:00 Wii Bowling ACTR	1:30 Cribbage Group DIN
4:00 Coffee & Conversation DIN	6:00 Games	12:30 Free Blood Pressure Checks	3:00 Craft with Julie	3:00 Coffee & Conversation	3:00 Coffee & Conversation DIN
6:00 Puzzles ACTR		1:00 Beginner Wii Bowling ACTR	6:00 Games	5:00 Bridge	5:00 Pizza Party
		3:00 Coffee & Conversation DIN		6:00 Games DIN	6:00 Games DIN
		6:00 Games DIN			6:00 Euchre DIN