

Ask not what your country can do for you, ask what you can do for your country.” John F. Kennedy



The transportation made available by American House of Fort Myers helps you connect to other services you need and want. Running errands, social outings, medical appointments, shopping trips, and other local activities. Take advantage of our bus so that you can go everywhere you need to go. It's your connection to the larger community. Please see your front desk concierge for a calendar of outings and signup sheet today!



Happy Mother's Day

to make Mother's Day a recognized holiday in the United States began in 1905, the year her mother, Ann Reeves Jarvis, died. Ann Jarvis had been a peace activist who cared for wounded soldiers on both sides of the American Civil War, and created Mother's Day Work Clubs to address public health issues. Anna Jarvis wanted to honor her mother by continuing the work she started and to set aside a day to honor all mothers because she believed a mother is "the person who has done more for you than anyone in the world".

In 1908, the U.S. Congress rejected a proposal to make Mother's Day an official holiday, joking that they would also have to proclaim a "Mother-in-law's Day". However, owing to the efforts of Anna Jarvis, by 1911 all U.S. states observed the holiday, with some of them officially recognizing Mother's Day as a local holiday (the first being West Virginia, Jarvis' home state, in 1910). In 1914, Woodrow Wilson signed a proclamation designating Mother's Day, held on the second Sunday in May, as a national holiday to honor mothers.

Although Jarvis was successful in founding Mother's Day, she became resentful of the commercialization of the holiday. By the early 1920s, Hallmark Cards and other companies had started selling Mother's Day cards. Jarvis believed that the companies had misinterpreted and exploited the idea of Mother's Day, and that the emphasis of the holiday was on sentiment, not profit. As a result, she organized boycotts of Mother's Day, and threatened to issue lawsuits against the companies involved. Jarvis argued that people should appreciate and honor their mothers through handwritten letters expressing their love and gratitude, instead of buying gifts and pre-made cards.

The History Of Mother's Day

The modern holiday of Mother's Day was first celebrated in 1908, when Anna Jarvis held a memorial for her mother at St Andrew's Methodist Church in Grafton, West Virginia. St Andrew's Methodist Church now holds the International Mother's Day Shrine. Her campaign

THE PATRIOT

AmericanHouse.com

Ft. Myers

May 2019



Ft. Myers
(844) 779-1146
14001 Metro Pkwy
Fort Myers, FL 33912

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World's Fastest Race

The Kentucky Derby

Kentucky is good horse country. Maybe it's the calcium rich water, maybe it's the hard work and dedication of generations of breeders and trainers. Today, the horses sired across the state's gently rolling hills have a long history of excellence, but Kentucky wasn't

always horse country, and racing didn't become big business for Kentucky until the late 1800s. Up until the 1890s, racing was considered to be more of a wealthy, east coast pastime. But as populations swelled in the Northeast, moral and upright citizens began to call for bans on gambling—including horseracing. Savvy breeders and racing enthusiasts began to look west, particularly to states like Kentucky that had no qualms with gambling. By the late 19th century, entire breeding operations and thoroughbred nurseries began to spring up in Kentucky. It was around this time that Meriwether Lewis Clark, decided to create a grand racing experience in the rural outskirts of Louisville. While travelling abroad, he'd been enamored with the high profile European racing circuits of France and England. John and Henry Churchill had helped raise Clark and had instilled in him their passion for horse racing. The track opened to the public on May 17th, 1875 with the first running of the Kentucky Derby. While the race gained popularity, it was never profitable. The Derby celebrated its first profit in 1903. Since then, two world wars and a great depression have failed to stop the running of the Kentucky Derby. The crowd for the first Kentucky Derby was estimated to be 10,000 spectators. In 2017, 158,070 race fans crowded into the confines of Churchill Downs. It's a race that has become so much more to the people of Louisville. It is known as the world's fastest two minute race.

MAY AT AMERICAN HOUSE OF FORT MYERS

The month of May brings us many reasons to celebrate. We invite you to join us in many events listed. We will be hosting our first annual "Kentucky Derby Day". The day is filled with many fun activities. Our ladies will be proudly wearing the beautiful hats that they created. Sip on a freshly made mint julep as we enjoy the bluegrass music from Brian and his country band. The evening won't end until the world's fastest race is over. Mother's Day is very special at American House. Stop in to meet the very special moms that reside at our community. An invitation to our ladies' tea party is a must on our list. As we close out the month we will be remembering those who served on Memorial Day. Meet our very special veterans that call American House of Fort Myers home.

Spotlight Of The Month

Not many of us have the opportunity to meet, marry and celebrate 67 years with our first love. We asked "What is your secret to a happy marriage?". A good attitude is what we believe in the most. Ben brags that Betty is a great cook and made their house their home. Betty shares of Ben, he is a very kind person and also makes sure to say "yes dear" a lot. They agree that they have had a pretty good run and it's not over yet! Congratulations !!



What True Love Looks Like

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



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(844) 779-1146
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Happy Mother's Day

1	2	3	4
10:00 Church Service With Phil 2FA	10:00 Stretch And Flex With Art 2FA	9:30 WW Walking Group 2FA	10:00 Art's Stretch Class 2FA
10:30 Shopping Spree Dollar Tree FL	10:30 Games With Pat And Wendy 2FG	10:30 A Scentational Hour 2FA	10:30 Picking Up My Hat 2FA
1:30 A Fun Game Of Bingo 2FA	11:00 May Brings 2FA	1:30 Linda Calls Bingo 2FA	10:30 A Game Of Shuffleboard PA
1:30 Pool Party With Solaris PA	2:30 A Day And Life Of A Jockey 2FA	3:00 A Wine And Cheese Hour B	11:00 A Puzzled Get Together 2FG
3:00 Monthly Veteran's Meeting 2FG	3:30 Fun Facts On Christopher Columbus 2FA	6:00 Local News And Views 2FG	1:30 Popcorn And A Movie 3FT
			1:30 Kentucky Derby B

5	6	7	8	9	10	11
9:30 Cinco de Mayo Coffee And Sunday Paper 2FA	10:00 Art Gives Us A Workout 2FA	9:30 Sittercise With Wendy 2FA	10:00 Church Service With Phil 2FA	10:00 Stretch And Flex With Art 2FA	9:30 WW Walking Group 2FA	10:00 Art's Stretch Class 2FA
11:00 History Of Cinco de Mayo 2FA	10:30 Publix Shopping 2FG	10:30 Sports Of Choice PA	10:30 Outing: Super WalMart FL	10:30 Games With Pat And Wendy 2FG	10:30 A Scentational Hour 2FA	10:30 Baking A Batch 2FA
11:30 Feliz Cinco de Mayo (Luncheon) DR	10:30 Scrabble With Wendy 2FG	12:00 New Resident Luncheon B	1:30 A Fun Game Of Bingo 2FA	2:30 A Trip With Christopher Columbus 2FA	1:30 Linda Calls Bingo 2FA	11:00 Card Games in Card Room 2FA
1:30 Popcorn And A Movie 3FT	1:30 Senior Serenaders Sing-A-Long 2FA	1:30 Wendy's Craft Class 2FA	1:30 Pool Party With Solaris PA	3:00 Famous TV Moms 2FA	3:00 David On The Organ B	1:30 Popcorn And A Movie 3FT
3:30 Trivia On Cinco de Mayo B	3:00 Catholic Church Service 3FT	3:00 Fun Mom Facts 2FA	1:30 Billiards With Joe FL	6:30 99 (Card Game) With Pat 2FG	6:00 Local News And Views 2FG	4:00 The History Of Mother's Day 2FA
	6:30 Board Games With 2FG	6:00 Poker With Jimmy 2FG	3:00 Travelogue To 2FA			

12	13	14	15	16	17	18
Happy Mother's Day	9:00 A Scenic Bus Ride With Joe FL	9:30 Bowling On The Wii 2FA	10:00 Food Committee Meeting B	10:00 Stretch And Flex With Art 2FA	9:30 WW Walking Group 2FA	10:00 Art's Stretch Class 2FA
9:30 Coffee And Sunday Paper 2FA	10:00 Art Gives Us A Workout 2FA	10:30 Sports Of Choice PA	10:00 Church Service With Phil 2FA	10:30 A Friendly Card Game 2FG	10:30 Current Events 2FA	10:30 A Game Of Shuffleboard PA
11:00 Mother's Day Around The World 2FA	10:30 Publix Shopping 2FG	11:00 Ambassadors Meeting 2FA	10:30 Outing: Super Target FL	10:30 Games With Pat And Wendy 2FG	1:30 Linda Calls Bingo 2FA	10:30 Shake It Up 2FA
11:30 A Mother's Day Luncheon DR	10:30 Scrabble With Wendy 2FG	1:30 Wendy's Craft Class 2FA	1:30 A Fun Game Of Bingo 2FA	1:30 Making Candy Dishes 2FA	3:00 Alexa Play My Song B	11:00 A Puzzled Get Together 2FG
1:30 Popcorn And A Movie 3FT	1:30 Bingo Bash 2FA	2:00 Texas Holdem With Leigh 2FA	1:30 Pool Party With Solaris PA	2:30 Cooking Demonstration 2FA	6:00 Local News And Views 2FG	1:30 Popcorn And A Movie 3FT
	2:00 A Scenic Bus Ride With Joe FL	3:30 Mother's Day Tea Party Meeting 2FA				4:00 Mother's Day Word FL

19	20	21	22	23	24	25
9:30 Coffee And Sunday Paper 2FA	10:00 Art Gives Us A Workout 2FA	9:30 Bowling On The Wii 2FA	10:00 Church Service With Phil 2FA	10:00 Stretch And Flex With Art 2FA	9:30 WW Walking Group 2FA	10:00 Art's Stretch Class 2FA
10:30 National Devil's Food Day 2FA	10:30 Publix Shopping 2FG	10:30 Sports Of Choice PA	10:30 Outing: Walgreen's FL	10:30 Games With Pat And Wendy 2FG	10:30 A Scentational Hour 2FA	10:30 Muffin Madness 2FA
11:00 The Alphabet Cake Game 2FA	10:30 Scrabble With Wendy 2FG	11:00 A Chocolate Affair 2FA	1:30 A Fun Game Of Bingo 2FA	11:00 Baking For Our Tea Party 2FA	11:30 A BBQ Lunch For All DR	11:00 Card Games in Card Room 2FG
1:30 Popcorn And A Movie 3FT	1:30 Bingo Bash 2FA	1:30 Wendy's Craft Class 2FA	1:30 Pool Party With Solaris PA	2:00 Dressing For Our Tea Party 2FA	1:30 Linda Calls Bingo 2FA	1:30 Popcorn And A Movie 3FT
4:30 Root Beer Floats For All B	2:00 A Scenic Bus Ride With Joe FL	3:00 Naming Different Teas 2FA	3:00 Resident Council Meeting 2FA	2:30 What Is An Afternoon Tea 2FA	3:00 Memorial Day Celebration B	4:00 The Language Of Flowers 2FA
	3:00 Catholic Church Service 3FT	6:00 Poker With Jimmy 2FG			6:00 Local News And Views 2FG	

26	27	28	29	30	31
9:30 Coffee And Sunday Paper 2FA	Memorial Day	9:30 Bowling On The Wii 2FA	10:00 Church Service With Phil 2FA	10:00 Stretch And Flex With Art 2FA	9:30 WW Walking Group 2FA
10:30 All About Memorial Day 2FG	10:00 Art Gives Us A Workout 2FA	10:30 Sports Of Choice PA	11:00 Activity Meeting 2FA	10:30 Games With Pat And Wendy 2FG	10:30 A Scentational Hour 2FA
11:00 A Time To Remember: Memorial Day 2FA	10:30 Publix Shopping 2FG	12:00 May Birthday Luncheon B	1:30 A Fun Game Of Bingo 2FA	11:00 Apple Smile Craft Class 2FA	1:30 Linda Calls Bingo 2FA
1:30 Popcorn And A Movie 3FT	10:30 Top 10 Celebrity Veterans 2FG	1:30 Wendy's Craft Class 2FA	1:30 Pool Party With Solaris PA	2:00 Competitive Volleyball 2FA	3:00 Celebrating May Birthdays B
4:30 Scooping Up Some B	11:30 A Picnic Luncheon B	2:00 Texas Holdem With Leigh 2FA	3:00 A Toast To Hump Day B	3:00 Toasting To The Winner 2FA	6:00 Local News And Views 2FG
	1:30 Memorial Day Tribute 2FA	3:00 Fun With Food 2FA	6:30 Mexican Train 2FG		
	3:00 Originally Known 2FA				



Location Key:

2nd Floor Activity Room
 2FA
 Front Lobby FL
 Pool Area PA
 2nd Floor Game Room
 2FG
 Bistro B
 3rd Floor Theater 3FT
 Dining DR

