

Sunday Monday Tuesday Wednesday Thursday Friday Saturday



- 4**
- 9:45 ■ Sunday Workout
 - 10:00 ■ Morning Gathering
 - 11:00 ■ St. Agnes Service Ch. 137
 - 11:00 ■ What's In The Chronicle?
 - 12:00 ■ Who Am I ?
 - 1:30 ■ Virtual Inspirational concerts
 - 2:00 ■ Weekend Stroll
 - 3:00 ■ Sunday Concert Series Virtual

- 5**
- 10:00 ■ Morning Gathering
 - 10:15 ■ Monday Stretch
 - 11:00 ■ What's In The Chronicle?
 - 11:30 ■ Creative Expression
 - 12:00 ■ Hollywood Biographies
 - 1:30 ■ Virtual Inspirational concerts
 - 2:00 ■ Let's Walk
 - 3:00 ■ Social Hour on The Patio
 - 4:00 ■ Light Stretch

- 6**
- 10:00 ■ Morning Gathering
 - 10:15 ■ Tia Chi
 - 11:00 ■ What's In The Chronicle?
 - 11:30 ■ Music And Art
 - 12:00 ■ Words and More...
 - 1:30 ■ World Travel
 - 2:00 ■ Let's Walk
 - 3:00 ■ Social Hour on The Patio
 - 4:00 ■ Light Stretch
 - 6:30 ■ Evening Movie

- 7**
- 10:00 ■ Morning Gathering
 - 10:15 ■ Stretch & Flex
 - 11:00 ■ What's In The Chronicle?
 - 11:30 ■ Creative Expression
 - 12:00 ■ Words and More...
 - 12:00 ■ Resident Council
 - 1:30 ■ Virtual Inspirational concerts
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- 30**
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Reflections Neighborhood

Know'st thou not at
the fall of the leaf
How the heart feels a
languid grief
Laid on it for a
covering,
And how sleep
seems a goodly thing
In Autumn at the fall
of the leaf?

PROGRAM

- – Cognitive
- – Emotional
- – Physical
- – Social

LCB Senior Living
strengthens its programming
through collaborations with
notable health care leaders,
including McLean Hospital,
Harvard Medical School
and Brigham and
Women's Hospital.