

A perfect summer day is when the sun is shining, the breeze is blowing, the birds are singing, and the lawn mower is broken.



BIRTHDAYS

- 6/1 Jeanie Carter
- 6/3 Jane Stone
- 6/8 Flo Buchanan
- 6/8 Ann Carpenter
- 6/9 Ramon Rehms
- 6/13 Marge Webb
- 6/16 George McLendon
- 6/27 Jack Johnson



Gayle Rainville

Gayle grew up with four younger sisters in Beverly, Massachusetts. They had a pretty normal childhood. Gayle's dad worked in the oil business and one day she met a boy who worked for her dad and she knew right away that they were meant to be together. Bob was six years older than Gayle, but love knows no boundaries. They dated for two years before getting married and raising one son and one daughter. In 1977, on their twentieth wedding anniversary Bob & Gayle moved to Venice, FL. Gayle makes it clear she does not miss the snow. Once her children were grown up, Gayle got a job at a stock brokerage firm and worked there twenty-one years. After Bob passed away, Gayle moved into a retirement community and lived there for seven years but was missing her daughter and her family. So that's where we come into the picture. Now she is close enough that she can watch her grandkids grow up. Gayle hopes that the new generation will truly love their parents and be respectful of what their parents have taught them.

The Importance of Fathers

Having a concerned, involved dad is linked to better outcomes on almost every conceivable measurement of ideal development in children. Self-esteem, educational attainment, impulse control, and pro-social behavior are all correlated with a loving, involved dad. Aside from the obvious reasons, researchers have collected data to prove it. The result are the following statistics: Children are...

- Nearly 40% more likely to earn mostly A's in school.
- 60% less likely to be expelled or suspended from class.
- 45% less likely to repeat a grade.
- 80% less likely to spend time in jail.
- 75% less likely to have a teen birth.

Additionally, kids with an involved dad are twice as likely to go to college and find stable employment after high school. The more a dad spends time with his children, the greater their attainment of empathy and emotional control. So, for all of our Fathers in our community, on behalf of your children THANK YOU! Have a Happy Father's Day



OUTINGS

06/03	Birthday Lunch	06/16	Wellness-U	06/28	Resident Council Mtg
06/05	Destination Presentation	06/17	Hear Again America	06/30	Outing-Atmore
06/09	Guest Speaker	06/18	Sing-a-long		
06/10	Art with Corina	06/21	Outing-Shopping		
06/12	Outing-Brunch Bunch	06/23	Outing-Dining Out		

THE PATRIOT

AmericanHouse.com

Bluewater Bay

June 2022



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Patagonia

This month's "Come Fly with Me" locations is Patagonia. Located at the southern end of South America, Patagonia is a territory shared by the countries of Chile and Argentina. The region of Patagonia encompasses the southern section of the Andes mountain range to the southwest towards the Pacific ocean

(Chilean side) and from the east of the Andes to the valleys it follows south through Rio Colorado towards the Atlantic Ocean (Argentinean side). It covers an area of around 300,000 square miles, including some islands of the Argentinean Antarctica and South Atlantic, as well the popular territory of Tierra del Fuego, found on the southernmost tip of the continent.

Both Chile and Argentina are democratic republics. At a state level, Patagonia lies inside two countries: Chile and Argentina. Many regions of Patagonia have very low population density. Chilean population is about 16 million people. People are generally friendly and hospitable. Most Chileans have a reserved nature, and tend to introversion, but at the same time, they have a sharp sense of humor. With a population of about 40 million, Argentinians are cultured and sophisticated people. They have an important influence from Europeans, especially Italians, which has given them a unique flavor among Latin American nations. Argentinians tend to be passionate, say things with almost no hesitation, and have a strong national pride. The whole Patagonia has a population of about 2 million people. Southern Patagonia is southernmost part of the American Continent. Patagonians use to say they live at the end of the world.

The striking scenery of Patagonia is the result of major glaciological and geological transformations that took place in the region millions of years ago, creating mountains and countless valleys, glaciers, lakes and rivers. Patagonia is one of the most uninhabited areas of our planet and home to an incredible variety of wildlife and plant life, many of which is endemic to the region.

Meet Kyle "Rolex" Swartz

Mr. Kyle Swartz is an F-35 Instructor Pilot at Eglin AFB who has offered to share his experiences with us on June 9th, in the Tree-Top Theatre at 2PM. He and his wife, Laura, are both stationed here at Eglin, AFB. Don't miss this opportunity to learn more about a day in the life of a Fighter Pilot.



1		2		3		4	
9:30 Morning Exercise	TT	9:30 Morning Stretch	TT	8:30 Blood Pressure Check	LEO	9:00 News and Views	PRM
10:15 Walmart	BUS	10:15 Total Brain Health	TH	9:30 Morning Exercise	TT	9:30 Morning Stretch	TT
10:15 Bible Study	CC	10:30 Water Aerobics	PL	10:15 Indoor Games Shuffle Board	3rd	10:00 Music Conversations	TH
10:30 Rosary	CH	1:00 Hand & Foot	CC	10:30 Resident Led Water		w/Kevin Gaffney	
1:30 Bridge	CC	1:30 Bridge	BIL	Aerobics		11:00 Lawn Games-Cornhole	PAT
1:30 BINGO!	TT	2:00 Destination Presentation	TH	1:00 Hand & Foot	CC	1:00 Hand & Foot	CC
4:00 Social Hour	TT	4:00 Social Hour	TT	1:30 Movie Time!	TH	1:30 BINGO!	TT
7:00 Movie Time - Documentary	TH	6:45 Black Jack	CC	4:00 Social Hour/Bill Hartley	TT	4:00 Social Hour	TT
Wednesday				7:00 Movie Time	TH	7:00 Movie Time	TH
5		6		7		8	
9:00 News and Views	PRM	9:30 Morning Exercise	TT	Spirit Tuesday-College		9:30 Morning Exercise	TT
9:00 Worship	TH	10:30 Ipad/Iphone Help	LEO	Shirt Day		10:15 Walmart	BUS
1:30 Movie Time!	TH	1:30 BINGO!	TT	8:15 Walking with Mary	LOB	10:15 Bible Study	CC
4:00 Social Get-Together	TT	4:00 Social Hour	TT	9:30 Morning Stretch	TT	10:30 Rosary	CH
7:00 Movie Time	TH	5:00 Dinner w/ Jim Armstrong	RPR	10:15 Billiards/Pool	BIL	10:30 Patagonia Photo Tour &	LEO
		6:45 High Stakes Poker	BIL	10:30 Water Aerobics	PL	Trivia	
				11:30 Resident Birthday Lunch	RPR	1:30 Bridge	CC
				1:15 Mexican Train	CC	1:30 BINGO!	TT
				4:00 Social Hour	TT	4:00 Social Hour	TT
				7:00 Movie Time	TH	7:00 Movie Time	TH
9		10		11			
9:30 Morning Stretch	TT	9:30 Morning Exercise	TT	9:00 News and Views	PRM		
10:15 Total Brain Health	TH	10:15 Indoor Games Shuffle Board	3rd	9:30 Morning Stretch	TT		
10:30 Water Aerobics	PL	10:30 Resident Led Water		11:00 Lawn Games-Cornhole	PAT		
11:15 Chair Zumba	TT	Aerobics		1:00 Hand & Foot	CC		
11:30 Brunch Bunch - Ruby	BUS	1:00 Hand & Foot	CC	1:30 BINGO!	TT		
Slipper		1:30 Movie Time!	TH	4:00 Social Hour	TT		
1:00 Hand & Foot	CC	4:00 Social Hour / Tall Cotton	TT	7:00 Movie Time	TH		
1:30 Bridge	BIL	7:00 Movie Time	TH				
2:00 Guest Speaker-Kyle Swartz	TH						
4:00 Social Hour	TT						
12		13		14		15	
9:00 News and Views	PRM	9:30 Morning Exercise	TT	Spirit Tuesday-College		9:00 Hear Again American	4THLOB
9:00 Worship	TH	10:30 Ipad/Iphone Help	LEO	Shirt Day		9:30 Morning Stretch	TT
1:30 Movie Time!	TH	1:30 BINGO!	TT	8:15 Walking with Mary	LOB	10:15 Total Brain Health	TH
4:00 Social Get-Together	TT	4:00 Social Hour	TT	9:30 Morning Stretch	TT	10:30 Water Aerobics	PL
7:00 Movie Time	TH	5:00 Dinner w/ Rosalie Pyetzki	RPR	10:15 Billiards/Pool	BIL	1:00 Hand & Foot	CC
		6:45 High Stakes Poker	BIL	10:15 Art with Corina	TT	1:30 Bridge	BIL
				10:30 Water Aerobics	PL	3:00 Wellness U- Aquatics	TH
				1:15 Mexican Train	CC	4:00 Social Hour	TT
				4:00 Social Hour	TT	6:45 Black Jack	CC
				7:00 Movie Time	TH	7:00 Movie Time	TH
16		17		18			
9:00 Hear Again American	4THLOB	8:30 Blood Pressure Check	LOB	9:00 News and Views	PRM		
9:30 Morning Stretch	TT	9:00 Hear Again American	4THLOB	9:30 Morning Stretch	TT		
10:15 Total Brain Health	TH	9:30 Morning Exercise	TT	10:15 Sing-A-Long with Bob	TT		
10:30 Water Aerobics	PL	10:15 Indoor Games Shuffle Board	3rd	11:00 Lawn Games-Cornhole	PAT		
1:00 Hand & Foot	CC	10:30 Resident Led Water		1:00 Hand & Foot	CC		
1:30 Bridge	BIL	Aerobics		1:30 BINGO!	TT		
3:00 Wellness U- Aquatics	TH	1:00 Hand & Foot	CC	4:00 Social Hour	TT		
4:00 Social Hour	TT	1:30 Movie Time!	TH	7:00 Movie Time	TH		
6:45 Black Jack	CC	4:00 Social Hour/Ted Pabo	TT				
		7:00 Movie Time	TH				
19		20		21		22	
9:00 Worship	TH	9:30 Morning Exercise	TT	Spirit Tuesday-College		9:30 Morning Exercise	TT
9:00 News and Views	PRM	10:30 Ipad/Iphone Help	LEO	Shirt Day		10:15 Walmart	BUS
1:30 Movie Time!	TH	1:30 BINGO!	TT	8:15 Walking with Mary	LOB	10:15 Bible Study	CC
4:00 Social Get-Together	TT	4:00 Social Hour	TT	9:30 Morning Stretch	TT	10:30 Sunshine Gardeners	PAT
7:00 Movie Time	TH	5:00 Dinner w/ Jim Armstrong	RPR	10:15 Billiards/Pool	BIL	10:30 Rosary	CH
		6:45 High Stakes Poker	BIL	10:15 Shopping-Destin Commons	BUS	1:30 Bridge	CC
				10:30 Water Aerobics	PL	1:30 BINGO!	TT
				10:30 New Resident Event	LIB	4:00 Social Hour	TT
				1:15 Mexican Train	CC	7:00 Movie Time	TH
				4:00 Social Hour	TT		
23		24		25			
9:30 Morning Stretch	TT	9:30 Morning Exercise	TT	9:00 News and Views	PRM		
10:15 Total Brain Health	TH	10:15 Indoor Games Shuffle Board	3rd	9:30 Morning Stretch	TT		
10:30 Water Aerobics	PL	10:30 Resident Led Water		11:00 Lawn Games-Cornhole	PAT		
11:15 Rhythm & Groove with Chair	TT	Aerobics		1:00 Hand & Foot	CC		
Zumba		1:00 Hand & Foot	CC	1:30 BINGO!	TT		
1:00 Book Club	LIB	1:30 Movie Time!	TH	4:00 Social Hour	TT		
1:00 Hand & Foot	CC	2:00 Patagonia Cooking	Dining	7:00 Movie Time	TH		
1:30 Bridge	BIL	Demonstration					
3:00 Guest Speaker-Senior Fraud	TH	4:00 Tango and Topas Social	TT				
and Scams		Hour					
26		27		28		29	
9:00 Worship	TH	9:30 Morning Exercise	TT	Spirit Tuesday-College		9:30 Morning Exercise	TT
9:00 News and Views	PRM	10:30 Ipad/Iphone Help	LEO	Shirt Day		10:15 Walmart	BUS
1:30 Movie Time!	TH	1:30 BINGO!	TT	8:15 Walking with Mary	LOB	10:15 Bible Study	CC
4:00 Social Get-Together	TT	4:00 Social Hour	TT	9:30 Morning Stretch	TT	10:30 Rosary	CH
4:00 Wine and Reminisce during	TT	5:00 Dinner w/ Pam Smith	RPR	10:15 Billiards/Pool	BIL	1:30 Bridge	CC
your Social Get-Together		6:45 High Stakes Poker	BIL	10:30 Water Aerobics	PL	1:30 BINGO!	TT
7:00 Movie Time	TH			1:15 Mexican Train	CC	4:00 Social Hour	TT
				2:00 Resident Council Meeting	TT	7:00 Movie Time	TH
				4:00 Social Hour	TT		
				5:00 Taco Tuesday & Film	Dining		
30		Location Key					
8:00 Outing - Atmore	BUS	TT Tree Top 5th FL	LEO Life Enrichment				
9:30 Morning Stretch	TT	BUS Transport	3rd 3rd Floor				
10:15 Total Brain Health	TH	CC Card/Crafts 4th FL	PRM Promenade Café 2nd FL				
10:30 Water Aerobics	PL	CH Chapel 1st FL	PAT Outdoor Patio				
1:00 Hand & Foot	CC	TH Theater 5th FL	RPR Royal Peacock Res.				
1:30 Bridge	BIL	PL Pool					
4:00 Social Hour	TT	BIL Billiards 2nd FL					
6:45 Black Jack	CC						