

Salon Hours
Tues/Thurs/Fri
9 AM - 5 PM
Becky Bieniek
(248) 275-6708



Transportation

Wednesdays
8 AM to 2 PM

Trash Pick-Up Schedule

Manors

Place bag in hall
before 7 AM

Villas

Place bag by curb
before 9 AM

July Highlights

It's July and our Road Trip has finally taken us to the Great Lake states of Michigan, Ohio, Minnesota, and Wisconsin.

To celebrate, we will enjoy a Motor City Happy Hour on July 21 featuring Cheryll A. Johnson singing your favorite Motown hits.

We also have Anna Marck coming for an encore performance of her one woman-show about family, growing up, and a love of lighthouses. Her show will be during Happy Hour on July 28.

We'll end the month with a special bus tour to witness the revitalization of Detroit, including Michigan Central Station, and have lunch at a popular restaurant.

New programs this month include Zumba Gold by video on Saturdays at 11 AM in Manor 6 and Sundays at 4 PM in Manor 5.

We'll play Giant Uno every Friday at 10 AM in Manor 4.

You can also mark your calendars for a bonfire on July 4 and an ice cream social outside on July 19, national ice cream day.

Need new shoes? RSVP for our trip to the Sketchers Outlet and DSW on July 24. Other stores at the shopping center include Target and Kohl's. We also have a fun trip scheduled on July 14 at 10:30 AM. We're heading to the Troy Farmer's Market!

If restaurant trips are your fancy, we're going to lunch at Oceania Inn (Chinese) on July 20 and breakfast at Bob Evans July 27.

You must RSVP for bus trips by calling (248) 853-6000 or stopping by the office in Manor 5. Trips usually need at least 4 people to go.



Detroit is still Michigan's largest city with more than 600,000 people



Michigan has more miles of freshwater shoreline than any other state

OUTINGS

7/6@9:15	Meijer	7/20@11:45	Oceania Inn Lunch	RSVP for trips
7/11@9:15	Meijer	7/24@1:15	Sketchers/Target/Kohls	by calling
7/14@10:30	Troy Farmers Mrkt	7/25@9:15	Meijer	the office at
7/17@9:30	Innovation Hills Park	7/32@11:30	Detroit Trip & Lunch	248-853-6000
7/18@9:15	Meijer			

★ THE PATRIOT ★

AmericanHouse.com

The Village

July 2023

American House
SENIOR LIVING COMMUNITIES

The Village

(248) 327-3554
3617 S Adams Road
Rochester, MI 48309

Your Friendly Staff (248) 853-6000

Executive Director
Debbie Smith

Business Office Manager
Emily Glassford

Community Relations Director
Kim Alexander Mota

Life Enrichment Director
Christopher Clough

Culinary Director
Tammy Bente

Assistant Cook
Wendy Cracchiolo

Dining Room Supervisor
Amanda Baccera

Housekeeping Director
Carron Robinson Green

Maintenance Director
Tim Carowick

Concierge
Jennifer Landrum

Concierge
Glenda Walters

TMT Site Supervisor
Lashannee Vann

Summer is Here!

Michigan's beautiful weather is finally here. Please remember to stay hydrated, wear sunscreen, and stay indoors during the hottest parts of the day so you can enjoy a safe summer.



Wishing you a safe and fun Independence Day!

We have new office hours. The office will be open daily from 8 AM to 6 PM. The Med Team is still available 24/7.

With the summer months, comes more frequent vacation time for staff. Please remember that we have a very small team. While we all fill in for each other when someone is gone, it still helps when residents are patient and understanding. Another reminder, due to the holiday, the weekly Meijer trip will be moved from July 4, to Thursday, July 7.

Monthly Mystery Photo

Can you identify this lovely lady who lives in our community?

Hints...

1. She lives in Manor 6
2. She enjoys exercising
3. Her mother lived to be over 100!



Who is this mystery woman?

The first person to tell Chris the correct identity of the person in the photograph will win \$100 Manor Money.

Did you guess correctly last month?

It was Harold Shirey of Manor 5.

July Birthdays

7/2 Louise M. M5
7/3 Mary Ann D. M5
7/5 Flo G. M5; 7/10 Marge D. M5
7/12 Melanie S. V3; 7/14 Carol S. M5
7/24 Margaret W. V2
7/26 Ray F. M6; Carol R. M4
7/29 Ken F. V7



Missing birthday? Give us a call.

30 July		31 July				Location Key		1	
11:00 Tai Chi by Video	M6	9:30 Exercise	M5			M5 Manor 5	OUT Outing	11:00 Zumba Gold by video	M5
11:00 SilverSneakers Dance	M5	10:00 Happy Singers Choir practice	M6			M6 Manor 6	CP Carports	1:00 SilverSneakers Dance	M6
1:00 RR Afternoon Games w/ Friends	ALLM	10:45 RHPL Mobile Library				M4 Manor 4		1:00 Tai Chi by Video	M5
1:30 RR LCR for Nickels	M4	11:00 Rosary	M5C			ALLMAIL Manors		2:00 RR Candy Bar Bingo	M5
2:00 Sunday Afternoon Movie	M5	11:30 Detroit Revitalization Tour & Lunch	OUT			BC Bocce Ball Court		3:00 RR LRC for Nickels	M5
3:00 Bocce Ball Pickup Games	BC	3:00 Big Winners \$2.25 Bingo	M5			M5C Manor 5 Chapel		3:00 Tai Chi by Video	M4
4:00 Zumba Gold by video	M6	6:00 RR LCR for Nickels	M6			VILL Villas		4:00 Card Games with Friends	ALLM
5:45 RR The Weekenders Sharing	M5								
2		3 Chris Out of Office		4 Independence Day		5 Chris Out of Office		6 Chris Out of Office	
11:00 Tai Chi by Video	M6	9:30 RR Exercise	M5	9:30 RR Exercise	M5	9:30 RR Exercise	M5	8:30 Eggs Your Way Breakfast	M5
11:00 SilverSneakers Dance	M5	10:00 RR Happy Singers Choir practice	M6	10:00 4th of July Craft	M6	11:00 Giant Uno	M6	9:15 Shopping Trip (Meijer)	OUT
1:00 RR Afternoon Games w/ Friends	ALLM	10:45 RHPL Mobile Library		10:45 Communion w/Sacred Heart	M5C	1:00 RR LCR for Nickels	M5	9:30 RR Exercise	M5
1:30 RR LCR for Nickels	M4	11:00 Rosary	M5C	11:00 Exercise	M6	1:00 Memory Match Game	M4	11:00 Exercise	M6
2:00 Sunday Afternoon Movie	M5	11:00 RR Puzzle Time	M6	1:00 Exercise	M4	2:00 Road Trip Great Lakes: Cooking Demo	M5	1:00 Exercise	M4
3:00 Bocce Ball Pickup Games	BC	1:00 RR LCR for Nickels	M4	2:00 4th of July Craft	M5	2:00 Wine Down + LCR	M4	2:00 Giant Uno	M5
4:00 Zumba Gold by video	M6	2:00 RR Card and Board Games	M5	3:00 \$1.50 Bingo Happy Hour	M4	3:00 Big Winners \$2.25 Bingo	M6	4:00 Wine Down + LCR	M4
5:45 RR The Weekenders Sharing	M5	3:00 RR Big Winners \$2.25 Bingo	M5	4:00 Wine Down	M6	5:45 Cross Talk RR Bible Study	M6		
		6:00 RR LCR for Nickels	M6	5:45 Manor Movie Night	M6	6:00 RR LCR for Nickels	M4		
				7:00 Villa Bonfire	VILL				
9		10 National Pina Colada Day		11 Salon Open		12		13 Salon Open	
11:00 Tai Chi by Video	M6	9:30 Exercise	M5	9:15 Shopping Trip (Meijer)	OUT	9:30 Exercise	M5	8:30 Eggs Your Way Breakfast	M6
11:00 SilverSneakers Dance	M5	10:00 Happy Singers Choir	M6	9:30 RR Exercise	M5	10:00 TMT: Holistic Mindfulness Information Session	M5	9:30 RR Exercise	M5
1:00 RR Afternoon Games w/ Friends	ALLM	10:45 RHPL Mobile Library		10:45 Communion w/Sacred Heart	M5C	11:00 Giant Crossword	M6	11:00 Exercise	M6
1:30 RR LCR for Nickels	M4	11:00 Rosary	M5C	11:00 Exercise	M6	1:00 RR LCR for Nickels	M5	1:00 Exercise	M4
2:00 Sunday Afternoon Movie	M5	11:00 Giant Scrabble	M6	1:00 Exercise	M4	1:00 Great Lakes: Presentation	M4	2:00 Total Brain Health: Getting to Know You	M6
3:00 Bocce Ball Pickup Games	BC	1:00 Total Brain Health: Getting to Know You	M4	2:00 Watercolor Painting	M5	2:00 Drum Workout	M5	2:30 Sydfit Chair Exercise	M5
4:00 Zumba Gold by video	M6	2:00 Memory Match Game: Logos	M5	3:00 \$1.50 Bingo Happy Hour	M4	3:00 Big Winners \$2.25 Bingo	M6	4:00 Wine Down + LCR	M4
5:45 RR The Weekenders Sharing	M5	3:00 Big Winners \$2.25 Bingo	M5	4:00 Wine Down	M6	5:45 Cross Talk RR Bible Study	M6		
		6:00 RR LCR for Nickels	M6	5:45 Manor Movie Night	M6	6:00 RR LCR for Nickels	M4		
16		17		18 Salon Open		19 National Ice Cream Day		20 Salon Open	
11:00 Tai Chi by Video	M6	9:30 Innovation Hills Park Trip	OUT	9:15 Shopping Trip (Meijer)	OUT	9:30 Exercise	M5	8:30 Eggs Your Way Breakfast	M4
11:00 SilverSneakers Dance	M5	9:30 RR Exercise	M5	9:30 RR Exercise	M5	11:00 Show & Tell	M6	9:00 Mobile Market	M4
1:00 RR Afternoon Games w/ Friends	ALLM	10:00 RR Happy Singers Choir	M6	10:45 Communion w/Sacred Heart	M5C	1:00 RR LCR for Nickels	M5	9:30 RR Exercise	M5
1:30 RR LCR for Nickels	M4	10:45 RHPL Mobile Library		11:00 Exercise	M6	2:00 Village Ice Cream Social	CP	11:00 Exercise	M6
2:00 Sunday Afternoon Movie	M5	11:00 Rosary	M5C	1:00 Exercise	M4	3:00 RR Big Winners \$2.25 Bingo	M6	11:45 Oceania Inn Lunch Trip	OUT
3:00 Bocce Ball Pickup Games	BC	11:00 Silver Sneakers Motown Hits Chair Workout	M6	2:00 Show & Tell	M5	5:45 Cross Talk RR Bible Study	M6	1:00 Exercise	M4
4:00 Zumba Gold by video	M6	2:00 Giant Crossword	M5	3:00 \$1.50 Bingo Happy Hour	M4	6:00 RR LCR for Nickels	M4	2:00 Resident Town Hall	M6
5:45 RR The Weekenders Sharing	M5	3:00 Big Winners \$2.25 Bingo	M5	4:00 Wine Down	M6			4:00 Wine Down + LCR	M4
		6:00 RR LCR for Nickels	M6	5:45 Manor Movie Night	M6				
23		24		25 Salon Open		26		27 Salon Open	
11:00 Tai Chi by Video	M6	9:30 Exercise	M5	9:15 Shopping Trip (Meijer)	OUT	9:30 Exercise	M5	9:00 Bob Evan's Breakfast Trip	OUT
11:00 SilverSneakers Dance	M5	10:00 Happy Singers Choir	M6	9:30 RR Exercise	M5	11:00 Watercolor Painting	M6	9:30 RR Exercise	M5
1:00 RR Afternoon Games	ALLM	10:45 RHPL Mobile Library		10:45 Communion w/Sacred Heart	M5C	1:00 RR LCR for Nickels	M5	10:00 The Med TEAm Time & Blood Pressue Checks	M6
1:00 Singing w/ DOXA Church	M5	11:00 Rosary	M5C	11:00 Exercise	M6	1:00 Show & Tell	M4	11:00 Exercise	M6
1:30 RR LCR for Nickels	M4	1:15 Sketchers	OUT	1:00 Exercise	M4	2:00 Paper Football	M5	1:00 Exercise	M4
2:00 Sunday Afternoon Movie	M5	Outlet/Target/Kohl's Trip		2:00 Total Brain Health: Getting to Know You	M5	3:00 Big Winners \$2.25 Bingo	M6	2:30 Sydfit Chair Exercise	M5
3:00 Bocce Ball Pickup Games	BC	3:00 RR Big Winners \$2.25 Bingo	M5	3:00 \$1.50 Bingo Happy Hour	M4	5:45 Cross Talk RR Bible Study	M6	4:00 Wine Down + LCR	M4
4:00 Zumba Gold by Video	M6	6:00 RR LCR for Nickels	M6	4:00 Wine Down	M6	6:00 RR LCR for Nickels	M4		
5:45 Weekenders Sharing Group	M5			5:45 Manor Movie Night	M6	6:00 Wellness U: Cognitive Health	M5		
								28 Salon Open	
								9:30 Exercise	M5
								10:00 Giant Uno	M4
								11:00 Chair Yoga by Video	M6
								12:00 Great Lakes Picnic Party	ALLM
								1:00 RR LCR for Nickels	M5
								2:00 New Resident HH w/ Anna M	M5
								3:00 Activities Orientation/Mtg	M5
								5:45 Manor Movie Night	M4
								5:45 Book Club	M6
								6:00 RR LCR for Nickels	M6
								29	
								11:00 Zumba Gold by video	M5
								1:00 SilverSneakers Dance	M6
								Workout by Video	
								1:00 Tai Chi by Video	M5
								2:00 RR Candy Bar Bingo	M5
								3:00 RR LRC for Nickels	M5
								3:00 Tai Chi by Video	M4
								4:00 Card Games with Friends	ALLM