# REFLECTIONS - MARCH 2020

## Events

Events are subject to change.

### Sunday
- **9:00** Church Mass on TV
- **10:00** Morning Stretches
- **10:40** Eucharistic Minister
- **11:15** Trivia Trivia Trivia
- **1:30** Afternoon Stroll
- **2:30** Puzzles Me This
- **3:00** Sunday Sundae
- **4:00** Jam with Me
- **6:00** Bottom's Up

### Monday
- **9:45** In the News
- **10:00** Morning Exercise
- **10:45** Eucharistic Minister
- **11:15** Trivia Trivia Trivia
- **1:30** Afternoon Stroll
- **2:30** Puzzles Me This
- **3:00** Sunday Sundae
- **4:00** Jam with Me
- **6:00** Penny Ante

### Tuesday
- **9:45** *REACT Brain Study*
- **10:00** Morning Exercise
- **10:45** Word Grid
- **1:30** Helping Hands
- **2:00** Music and Memories with Sunday
- **3:00** Social Hour
- **4:00** Darts
- **6:00** Penny Ante

### Wednesday
- **9:45** *REACT Brain Study*
- **10:00** Morning Exercise
- **10:45** Word Grid
- **1:30** Helping Hands
- **2:00** Music and Memories with Sunday
- **3:00** Social Hour
- **4:00** Be Fit Bingo!
- **6:00** Color My World

### Thursday
- **9:45** *REACT Brain Study*
- **10:00** Tai Chi
- **10:45** Scattered Games
- **1:30** Friday Friends
- **2:00** Bible Study and Live Music
- **3:00** Social Hour
- **4:00** Balloon Volleyball
- **6:00** Bingo!

### Friday
- **9:45** In the News
- **10:00** Morning Exercise
- **10:45** Word Grid
- **1:30** Helping Hands
- **2:00** Bible Study and Live Music
- **3:00** Social Hour
- **4:00** Shake Loose a Memory
- **6:00** Bottom's Up

### Saturday
- **9:45** In the News
- **10:00** Finish the Line
- **10:45** Bocce Ball
- **1:30** Helping Hands
- **2:00** Live Music: Tom Madden
- **3:00** Social Hour
- **4:00** Put Putters
- **6:00** Popcorn and a Movie

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### Reminders

**Bible Study** is now Wednesdays at 2pm.

**On-Site Hearing services** are available March 10th.

The hairdresser and nail technician is available every week, by appointment.

For questions or concerns, see Reflection’s Director Shamiya Johnson-Adams.

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### SPRING FORWARD:

*Daylight Savings time is March 8th, turn your clocks one hour ahead*