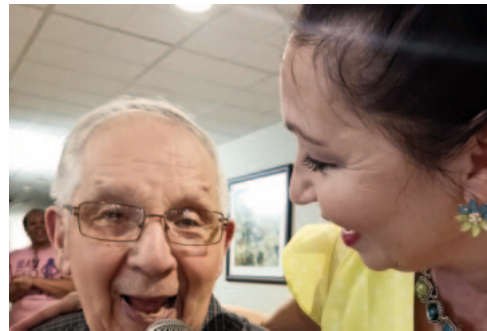


Just a friendly reminder, if you are interested in going on our outings, please remember to sign up at the front desk.



John is the Transportation Driver for our American House. He is available on Fridays for complimentary shuttle service within a ten-mile radius. He can be reached at (734)558-0493. Please be courteous and give a 48-72 hour notice for making appointments and canceling appointments.



# ★ THE PATRIOT ★

AmericanHouse.com

Southgate

July 2023

**American House**  
SENIOR LIVING COMMUNITIES

**Southgate**  
(734) 246-2860  
16333 Allen Rd.  
Southgate, MI 48195

**Your Friendly Staff**  
(734) 246-2860

**Executive Director**  
Nicole Nation

**Community Relations Director**  
Rachel Otero

**Life Enrichment Director**  
Traci Nester

**Maintenance Director**  
James Eaton

**Housekeeping Supervisor**  
Maureen Corbin

**Culinary Director**  
Bryan Wallace

**Medical Team Nurse**  
Angie Szymanski

**Medical Team Supervisor**  
Madelaine Chevalier



## Happy Fourth of July

Wishing you all a very happy Fourth of July! Many of you will be BBQing with your families and we will also be having a BBQ here to celebrate the holiday. We hope everyone will enjoy the holiday weekend.

Below are a couple pictures from our outing to Genitti's. We had such a good time! It was a wonderful outing, The food was amazing and the show was a lot of fun! Hopefully, this will be an annual event.



## OUTINGS & BIRTHDAYS

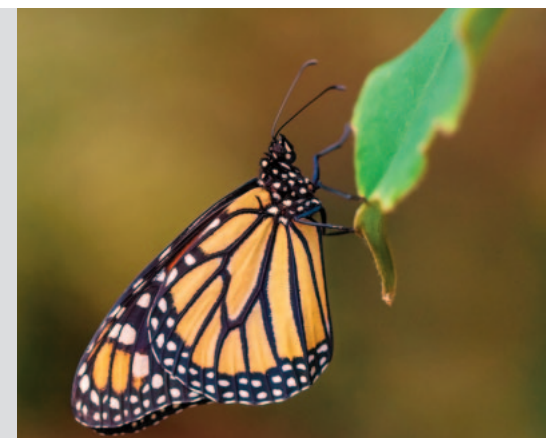
7/6 Baldo's Italian  
7/13 Wheat & Rye  
7/20 Pia's Pizzeria  
7/27 Mexican Gardens

7/2 Dale T.  
7/10 Jim D.  
7/19 Shirley A,  
7/20 Haswell A.  
7/25 Russ W.

7/26 Luree L.  
7/27 Ruth W.  
7/30 Freda P.

## Note from your Life Enrichment Director

I love butterflies in the summertime. I have set up a "butterfly station" in the Cafe. The cage contains 32 caterpillars which are currently in the state of forming their chrysalis (which is like a cocoon). When they are ready, they will hatch into beautiful painted lady butterflies. Before releasing them, we will feed the butterflies. They like sugar water & fresh fruit to make them even sweeter!





30 July			31 July									Location Key			1					
9:00	Coffee & News	CAF	9:00	Coffee & News	CAF							CAF	CAFE	DRO	Dining Room	9:00	Coffee & News	CAF		
2:00	Lucky Dog	LOB	9:30	Hair Salon	Salon							LOB	Lobby			2:00	Lucky Dog	LOB		
3:00	Board Games	COM	10:00	Chair Exercises	COM							COM	Community Room			3:00	Board Games	COM		
6:00	Cards Pinochle/Euchre	COM	1:00	Hangman	COM							Salon	Salon			6:00	Cards Pinochle/Euchre	COM		
7:00	Cards 31	COM	3:30	Noodle Ball	LOB							OUT	Outing			7:00	Cards 31	COM		
2			3			4			5			6			7			8		
9:00	Coffee & News	CAF	9:00	Coffee & News	CAF	Fourth of July			9:00	Coffee & News	CAF	9:00	Coffee & News	CAF	9:00	Coffee & News	CAF	9:00	Coffee & News	CAF
2:00	Lucky Dog	LOB	9:30	Hair Salon	Salon	9:00	Coffee & News	CAF	10:30	Communion & Prayer w	COM	9:30	Smart Bus Shopping	OUT	9:30	Medical Appointments	OUT	2:00	Lucky Dog	LOB
3:00	Board Games	COM	10:00	Chair Exercises	COM	9:30	Smart Bus Shopping	OUT		Sister Rebecca		3:00	Total Brain Health	COM	10:00	Chair Exercise	COM	3:00	Board Games	COM
6:00	Cards Pinochle/Euchre	COM	1:00	Hangman	COM	10:00	BP Check/Ask A Nurse	TMT	1:00	Town Hall & Food Committee	COM	4:30	Evening Outing: Baldo's	OUT	1:30	Bingo	COM	6:00	Cards Pinochle/Euchre	COM
7:00	Cards 31	COM	3:30	Noodle Ball	LOB	10:00	Road Trip: Great Lakes	COM	1:30	UPWORDS	COM	Italian			3:00	Happy Hour	COM	7:00	Cards 31	COM
						1:30	Bingo	COM	3:00	Live Entertainment w Steve	LOB	7:00	Cards 31	COM	5:30	Wii Bowling	COM			
						2:30	Scrabble	COM	Kovich											
						3:45	Lucky Dog	COM	5:30	Wii Bowling	COM									
9			10			11			12			13			14			15		
9:00	Coffee & News	CAF	9:00	Coffee & News	CAF	9:00	Coffee & News	CAF	9:00	Coffee & News	CAF	9:00	Coffee & News	CAF	9:00	Coffee & News	CAF	9:00	Coffee & News	CAF
2:00	Lucky Dog	LOB	9:30	Hair Salon	Salon	9:30	Smart Bus Shopping	OUT	10:30	Communion & Prayer w	COM	9:30	Smart Bus Shopping	OUT	9:30	Medical Appointments	OUT	2:00	Lucky Dog	LOB
3:00	Board Games	COM	10:00	Chair Exercises	COM	10:00	BP Check/Ask A Nurse	TMT		Sister Rebecca		11:00	Wheat & Rye	OUT	10:00	Chair Exercise	COM	3:00	Board Games	COM
6:00	Cards Pinochle/Euchre	COM	1:00	\$4 Bingo w/ Barb	COM	10:30	A & I Agency Retirement	COM	1:00	Non-Denominational Church	CHA	2:00	Crafting w/ Traci	COM	1:30	Bingo	COM	6:00	Cards Pinochle/Euchre	COM
7:00	Cards 31	COM	2:00	Penny Auction	COM		Planning		Service			3:00	Total Brain Health	COM	3:00	Motor City Happy Hour	COM	7:00	Cards 31	COM
			3:30	Noodle Ball	LOB	2:30	Scrabble	COM	1:30	UPWORDS	COM	7:00	Cards 31	COM	5:30	Wii Bowling	COM			
						3:00	Great Lakes Trivia	COM	3:00	Live Entertainment w	LOB									
						3:45	Lucky Dog	COM	Breanna Kinsey											
									5:30	Wii Bowling	COM									
16			17			18			19			20			21			22		
9:00	Coffee & News	CAF	9:00	Coffee & News	CAF	9:00	Coffee & News	CAF	9:00	Coffee & News	CAF	9:00	Coffee & News	CAF	9:00	Coffee & News	CAF	9:00	Coffee & News	CAF
2:00	Lucky Dog	LOB	9:30	Hair Salon	Salon	9:30	Smart Bus Shopping	OUT	10:30	Communion & Prayer w	COM	9:30	Smart Bus Shopping	OUT	9:30	Medical Appointments	OUT	2:00	Lucky Dog	LOB
3:00	Board Games	COM	10:00	Chair Exercises	COM	10:00	BP Check/Ask A Nurse	TMT		Sister Rebecca		11:00	Pia's Pizzeria	OUT	10:00	Chair Exercise	COM	3:00	Board Games	COM
6:00	Cards Pinochle/Euchre	COM	1:00	Hangman	COM	10:30	Wellness U: Tanya w/ TMT:	COM	2:00	Live Entertainment w Kelly	LOB	11:30	Great Lakes Picnic Party	DRO	1:30	Bingo	COM	6:00	Cards Pinochle/Euchre	COM
7:00	Cards 31	COM	3:30	Noodle Ball	LOB		Arthritis		Miller			3:00	Total Brain Health	COM	3:00	Happy Hour	COM	7:00	Cards 31	COM
						1:30	Bingo	COM	3:00	UPWORDS	COM	7:00	Cards 31	COM	5:30	Wii Bowling	COM			
						2:30	Scrabble	COM	5:30	Wii Bowling	COM									
						3:45	Lucky Dog	COM												
23			24			25			26			27			28			29		
9:00	Coffee & News	CAF	9:00	Coffee & News	CAF	9:00	Coffee & News	CAF	9:00	Coffee & News	CAF	9:00	Coffee & News	CAF	9:00	Coffee & News	CAF	9:00	Coffee & News	CAF
2:00	Lucky Dog	LOB	9:30	Hair Salon	Salon	9:30	Smart Bus Shopping	OUT	10:30	Communion & Prayer w	COM	9:30	Smart Bus Shopping	OUT	9:30	Medical Appointments	OUT	2:00	Lucky Dog	LOB
3:00	Board Games	COM	10:00	Chair Exercises	COM	10:00	BP Check/Ask A Nurse	TMT		Sister Rebecca		11:00	Mexican Gardens	OUT	10:00	Chair Exercise	COM	3:00	Board Games	COM
6:00	Cards Pinochle/Euchre	COM	1:00	\$4 Bingo w/ Barb	COM	2:30	Scrabble	COM	1:00	Non-Denominational Church	CHA	2:00	Crafting w/ Traci	COM	1:30	Bingo	COM	6:00	Cards Pinochle/Euchre	COM
7:00	Cards 31	COM	3:30	Noodle Ball	LOB	3:45	Lucky Dog	COM		Service		3:00	Total Brain Health	COM	3:00	Happy Hour	COM	7:00	Cards 31	COM
									1:30	UPWORDS	COM	7:00	Cards 31	COM	5:30	Wii Bowling	COM			
									3:00	Live Entertainment w Joe	LOB									
									5:30	Wii Bowling	COM									