

Golden Shears Salon is open by appointment only. Contact Bernetta directly to inquire about appointments: 734-626-9315



**Transportation**

American House Medical Driver: John Ingison

John is available to our community Fridays from 8am-12pm for medical appointments only. Please give at least 48 hour notice. Contact John directly for scheduling or questions. 734-558-0943

For additional transportation options, see Kat or Front Desk.



**This and That**

Bus Outing and Safety Class  
All residents wishing to attend any type of outing must first complete a Bust Class with Kat. This is a one time class that covers all information, policies and procedures for all things outing related. This class typically lasts about 20minutes, and only needs to be completed one time. If you have already attend a class, you're all set! See kat to schedule.

**Hydration**

As we head in to those hot summer days, please make sure to stay hydrated! Drink plenty of water, especially after being outdoors in the heat for an extended period of time, or if you are walking or doing any physical activity. Look for the return of our Hydration Station in the Front Lobby very soon, featuring a variety of infused water for all to enjoy.

**Blood Pressure Clinic and Nurse Chats**

Starting in June, Earleen will be continuing our Blood Pressure Clinics each month. In addition, she will also be holding a Nurse Chat once a month. Dates will be posted on bulletin boards at a later date!

**Father's Day Lunch**

We will be having a special Beers & Brats Lunch on Friday, June 17th in honor of all the Father's and Father figures! Lunch seatings will be at their regular time.

**Happy Birthday to the Following Residents!**

- 6/1 Carrie Z 6/4 Doreen B
- 6/8 Dolores E 6/9 Pam H
- 6/11 Barbara B 6/16 Betty B
- 6/22 Josephine A 6/23 Nina T 6/29 Mary M

Please see Nikki 2 days before your birthday to order your choice of your favorite meal, steak, or shrimp! Birthday Meals can be enjoyed on your birthday, or any day after, within 2 weeks. Save room for cake!

**OUTINGS**

6/1	Library/Park 10:15am	6/16	Trenton Farm Market 2:45	6/29	Dollar Tree 10am
6/6	Meijer 9:30am	6/20	Motawi Tile 9:45am	6/30	Ice Cream 2:30
6/8	Kurtzhal's Market 10am	6/22	Meijer 9:30am		
6/13	Meijer 9:30AM	6/27	Meijer 9:30am		
6/15	Lunch at Bubbas 33 10:45	6/28	Movie Theater Outing		

# THE PATRIOT

AmericanHouse.com

Riverview

June 2022



**Riverview**  
(734) 479-1010  
20300 Fort St.  
Riverview, MI 48193

**Your Friendly Staff**

**Community Relations**

Nicole Nation

**Life Enrichment Director**

Kat Walker

**Business Office Manager**

Laurie De Poorter

**Culinary Supervisor**

Nikki Daniels

**Housekeeping Supervisor**

Sue Thomas

**Maintenance Director**

Dan Letinski

**Office Support**

Delene Stepaniak

**Office Support**

Mary Jones

**On-Staff Nurse**

Earleen Slater

**After Hours Emergency**

Medical Team:  
734-479-4319



**Hello, June**

Happy June! Summer sure came early this year, as we reached some record high temps in mid-May! As the weather warms up, be sure to dress for the weather when outside! Wear a hat, sunglasses, loose fitting summer clothes, and of course sunscreen! If you got outside for walks, or activities, or just sit outside

in the heat for a while, grab a glass or bottle of water when you come in. Hydration is a must for these hot summer days ahead! Several of our activities and groups will likely move outside on days when the weather isn't too hot or stormy. While they may state another location, once gathered, we may decided to take the group outside to enjoy the weather. There are a few activities that are scheduled outside as well.

This month, our Come Fly With Me Program takes us the region of Patagonia! All related programming will appear in **bold** font on the calendar- be sure to stop by and attend some of these fun events!

As always, check over the calendar for changes. Some of your favorite activities may have a day or time change. As a note, any resident led activity (where Kat is not leading), will appear in *italic* font on the calendar. Below are a few dates to keep in mind!

**Save the Date!**

- 6/2 Performance by the DSO! See below for more info
- 6/3 Presentation on the Senior FRESH Project-learn if you qualify for \$20 in vouchers that can be used on fresh produce at a few local farm markets.
- 6/13 Auction Day! Receive Funny Money to bid on various items.
- 6/17 Father's Day Cook out Luncheon. Details coming soon
- 6/28 Movie Theater outing to see the new movie "Elvis"

**The DSO arrives in June!**

Our community will host a small group from the Detroit Symphony Orchestra on Thursday, June 2nd at 2pm in the Dining Room. After the performance, you are invited to stop by the Lobby for our Afterglow Happy Hour, featuring drinks and appetizers. **Please Note:**Lunch & Dinner will be delivery only to allow us to set the stage for this exciting performance.



**COMMUNITY LOCATIONS**

**NORTH**

Community Room- 1st Fl  
Chapel- 2nd Fl  
Activity Office - 3rd Fl

**SOUTH**

Theater Room- 1st Fl  
Library- 2nd Fl  
Beauty Salon- 3rd Fl

**Patio** - Back Patio w/ door located in Dining Room

**Laundry Card Reload Stations**- 1st Floor Laundry Rooms

**Vending Machines**: 1st Floor Laundry Rooms

1	2	3	4
10:15 Morning Visit to Library & Patriot's Park	O	10:30 <i>Bean Bag Toss</i> Front	10:30 Morning Stretch CH
10:30 Classic TV Shows	TH	11:00 Daily Word Puzzles LO	11:00 Daily Word Puzzles LO
11:00 Daily Word Puzzles	LO	1:00 Tigers vs Twins TH	2:00 Senior Project FRESH Presentation DR
2:30 Bingo	DR	2:00 DSO Performance DR	2:00 <i>Bingo</i>
6:00 <i>Open Card Club</i>	L	3:00 DSO Afterglow LO	2:30 Classic TV Shows TH
			3:00 <b>Destination: Patagonia</b> TH
			6:00 <i>Open Card Club</i> L

5	6	7	8	9	10	11
10:30 Weekly Bulletin Pick Up LO	9:30 Meijer O	10:00 Communion & Rosary CH	10:00 Outing to Kurtzhal's Market/Greenhouse O	<b>Gaucho Fiesta Theme Lunch</b>		10:30 Morning Stretch CH
11:00 Daily Word Puzzles LO	11:00 Daily Word Puzzles LO	10:30 Resident Cozy Corner Store CR	11:00 Daily Word Puzzles LO	10:00 Sunshine Gardeners CR	11:00 Daily Word Puzzles LO	10:30 <i>Walking Club</i> LO
2:00 <i>Euchre</i> L	<b>2:30 Patagonia Cooking Demo</b> DR	11:00 Daily Word Puzzles LO	11:00 Daily Word Puzzles LO	10:45 Total Brain Health CR	1:45 Birthday Happy Hour LO	1:30 <i>Puzzle Corner</i> 3FL-S
2:15 Netflix: "The Crown" TH	3:45 Rhythm & Groove Exercise CH	2:00 Food Committee DR	2:30 Bingo DR	11:00 Daily Word Puzzles LO	2:30 Music by Kenny Lang DR	<b>1:45 Afternoon Movie: "Evita"</b> TH
2:30 <i>Group Game Meet Up</i> CR	6:00 <i>Open Card Club</i> L	3:00 <i>Rummikub</i> CR	6:00 <i>Open Card Club</i> L	2:00 Seated Exercise with K CH	6:00 <i>Open Card Club</i> L	2:00 <i>Bingo</i>
3:00 Church Service with Pastor Jeff CH	6:30 Bible Study with Inter-City Baptist Church CH		<b>6:00 Evening Classic Movie: "Down Argentina Way"</b> TH	2:30 Ping Pong Competition DR		
				<b>3:30 Patagonia Photo Tour</b> TH		

12	13	14	15	16	17	18
10:30 Weekly Bulletin Pick Up LO	9:30 Meijer O	9:00 Banks O	10:45 Lunch Outing to Bubba's 33 O	10:30 Total Brain Health CR	10:30 Morning Stretch CH	10:30 <i>Scrapbooking Meet Up</i> CR
11:00 Daily Word Puzzles LO	11:00 Daily Word Puzzles LO	10:00 Communion & Rosary CH	11:00 Daily Word Puzzles LO	11:00 Daily Word Puzzles LO	11:00 Daily Word Puzzles LO	11:00 Daily Word Puzzles LO
1:30 Film Feast Movie: "Forest Gump" TH	2:30 Afternoon Auction DR	10:30 Flag Day Dedication LO	2:30 Resident Town Hall Meeting DR	2:00 Seated Exercise with K CH	2:00 Meet your Neighbor Happy Half Hour LO	1:30 <i>Puzzle Corner</i> 3FL-S
2:00 <i>Euchre</i> L	3:45 Motion to Music Exercise CH	11:00 Daily Word Puzzles LO	3:45 Activity Committee Meeting CR	2:30 <i>Rummikub</i> CR	2:30 Music by Billy Dixon DR	2:00 <i>Bingo</i>
2:30 <i>Group Game Meet Up</i> CR	6:00 <i>Open Card Club</i> L	2:00 Creative Mindfulness Art Therapy CR	6:00 <i>Open Card Club</i> L	2:45 Visit to Trenton Farm Market O	3:30 <i>Book Club Discussion</i> L	3:45 <i>Bean Bag Toss</i> Front
3:00 Church Service with Pastor Jeff CH	6:30 Bible Study with Inter-City Baptist Church CH	2:30 Patriotic Music with Sheila & Joe DR		3:45 Trivia Group TH	6:00 <i>Open Card Club</i> L	

19	20	21	22	23	24	25
Father's Day		First Day of Summer				
10:30 Weekly Bulletin Pick Up LO	9:45 Outing: Motawi Tile Co. & Lunch at Culvers O	10:00 Communion & Rosary CH	9:30 Meijer O	10:15 Lawn Darts Front	10:30 Morning Stretch Video TH	10:00 <i>News, Views &amp; Brews</i> LO
11:00 Daily Word Puzzles LO	10:30 Resident Cozy Corner Store CR	10:30 Resident Cozy Corner Store CR	11:00 Daily Word Puzzles LO	11:00 Daily Word Puzzles LO	11:00 Daily Word Puzzles LO	11:00 Daily Word Puzzles LO
2:00 <i>Euchre</i> L	2:00 Wellness U Talk with TMT DR	11:00 Daily Word Puzzles LO	2:30 Bingo DR	2:00 Seated Exercise with K CH	2:30 Music by Jimmy K DR	1:30 <i>Puzzle Corner</i> 3FL-S
2:15 Netflix: "The Crown" TH	3:45 Motion to Music Exercise CH	2:00 Food Committee DR	3:30 Popsicles on the Patio Front	2:30 <b>Tango &amp; Tapas Happy 1/2 Hour</b> LO	3:45 Total Brain Health Video TH	2:00 <i>Bingo</i>
2:30 <i>Group Game Meet Up</i> CR	6:00 <i>Open Card Club</i> L	3:00 Summer Craft CR	6:00 <i>Open Card Club</i> L	3:30 Wheel of Fortune TH	6:00 <i>Open Card Club</i> L	2:30 Classic TV Shows TH
3:00 Church Service with Pastor Jeff CH	6:30 Bible Study with Inter-City Baptist Church CH	6:00 Music with Paul K LO				

26	27	28	29	30	Location Key	
10:30 Weekly Bulletin Pick Up LO	9:30 Meijer O	9:00 Banks O	10:00 Dollar Tree O	10:15 Music Conversations TH	O	Outing
11:00 Daily Word Puzzles LO	11:00 Daily Word Puzzles LO	10:00 Communion & Rosary CH	11:00 Daily Word Puzzles LO	10:45 Total Brain Health CR	TH	Theater
2:00 <i>Euchre</i> L	2:00 Detroit Institute of Art Presents: Pop Art TH	11:00 Daily Word Puzzles LO	2:30 Bingo DR	11:00 Daily Word Puzzles LO	LO	Lobby
2:15 Netflix: "The Crown" TH	3:45 Motion to Music Exercise CH	12:00 Movie Theater Outing: "Elvis" O	<b>3:45 Patagonia Trivia</b> TH	2:00 Seated Exercise with K CH	DR	Dining Room
2:30 <i>Group Game Meet Up</i> CR	6:00 <i>Open Card Club</i> L	1:45 Afternoon Movie: "Castaway" TH	6:00 <i>Open Card Club</i> L	2:30 Outing for Ice Cream O	L	Library
3:00 Church Service with Pastor Jeff CH	6:30 Bible Study with Inter-City Baptist Church CH		6:00 Evening Movie: "Death on the Nile" TH		Front	Front Patio
					CH	Chapel
						3FL-S Third Floor-South
						CR Community Room