

Front Desk hours are  
8:30am-7:30pm Monday-  
Friday & weekends  
9am-6pm  
After hours please call  
AdvisaCare (248)561-4291



Happy July  
Birthdays!!

Residents:

July 5 - Mike M  
July 10 - Jerome E  
July 21 - Lynn P  
July 24 - Sharron B  
July 27 - Jan B  
July 27 - Jeraldine S



Nancy and Linda C help sell goodies for our Bake Sale fundraiser!



Linda C is busy packaging & pricing items for the Bake Sale.



Stacie and Ann T have some fun at our Hershey's Happy Hour



Sue tries to tempt Sharron with a Hershey's bar!



"Chocolate, did someone say Chocolate?" says Nancy C & Nancy D



HERO - Handbell Ensemble of Royal Oak are getting ready to entertain us.



Residents are anxiously waiting to hear the Handbell Choir play!



We had a nice group of residents assemble to hear the handbell choir.

# THE PATRIOT

AmericanHouse.com

East I

July 2023

**American House**  
SENIOR LIVING COMMUNITIES

**East I**  
(586) 298-3121  
17255 Common Road  
Roseville, MI 48066

**(586) 298-3121**

**Senior Executive Director**  
Michelle Bojaj

**Senior Business Office Manager**  
Britney Mitchell

**Life Enrichment Director**  
Jill Teper

**Culinary Director**  
Nyasha Gant

**Maintenance Director**  
Mike Reeter

**Community Relations Dir.**  
Amanda Beaudoin

**Community Relations Dir.**  
Jade McCollister

**Housekeeping Supervisor**  
Deanna Barducci



## What's Happening in July...

So far we have raised \$2,700 for the Alzheimer's Association's The Longest Day. The Car Show hasn't happened yet, so I'm hoping to raise even more through that! A special THANK YOU to Luigi Ferdinandi & Son Cement Co., who gave a rather substantial donation that really helped kick off our fundraising efforts and everyone who pulled together to make our fundraiser a success! THANK YOU ALL!!



This month we travel to the Great Lakes States. We will have our Great Lakes Picnic party on Wednesday, July 12th during the main meal with entertainment from noon to 1:00pm, by Dorothy Martin. Immediately following this we will have lawn games on the patio from 1pm -2pm. All are invited to enjoy a beautiful afternoon on the patio.

Wednesday, July 19th is our Motor City Happy Hour with entertainment by Suzi. We will enjoy some Michigan Favorites, like Better Maid Chips, Faygo, Vernors, Rochester Red Beer and more. You won't want to miss this festive Happy Hour celebrating all things Michigan!



July Outings: On July 18th we will partner with AH Sterling Meadows and head to Blue Water Trolley in Port Huron & lunch at Freighters, space is limited for this event. Then on Thursday, July 27th, we will partner with AH Sterling Woods and head down to the Detroit Historical Museum in the morning and stop at Buddy's Pizza on the way home for lunch!

## Our Newsletter is getting a new look...

Beginning this August 2023, our newsletter will have a new look. You may have already noticed that our Community Board has recently changed. Over the next month you will see more content appear on the board, such as, quote of the day, pictures, articles and more. Please be patient as we learn this new system and calendar program.



**CREATING SOMETHING SPECIAL...**

AdvisaCare ~ (248) 561-4291  
Theramax Rehab Services ~ Shawn ~ (248) 417-3646  
Foot Doctor ~ Eastside Podiatry ~ (313) 884-7566  
Dr. Hackel ~ Family Medicine ~ (313) 972-9001  
Hairdresser ~ Kathy ~ (248) 854-4067  
American House Driver - Rex - (248) 520-9267

## IMPORTANT NUMBERS



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

30 July			31 July			Location Key			1		
10:00	Seated Exercise	FIT		Hair Salon is Open					10:00	Seated Exercise	FIT
11:00	Rosary	CH		11:00 Rosary	CH				11:00	Rosary	CH
1:00	Documentary: Won't You be my Neighbor?	FS		1:00 Balloon Noodle Exercise	FIT				1:00	Popcorn and a Movie: Bad Boys	FS
2:00	Cards w/Friends	PZR		1:30 Gift Shop Open	LBC				2:00	Cards w/Friends	PZR
3:00	Left Right Center	LIB		2:00 Cards w/Friends	PZR				4:00	Mass	CH
6:00	Fireside Chat w/Friends	ATR		5:45 Cribbage w/Friends	LIB				6:00	Fireside Chat w/Friends	ATR
				6:00 Fireside Chat w/Friends	ATR				6:00	Poker Night	L
				6:00 Rummikube w/Judy	LIB						
2			3			4			5		
10:00	Seated Exercise	FIT		Hair Salon is Open		9:30	Mass	CH	10:00	Seated Exercise	FIT
11:00	Rosary	CH		11:00 Rosary	CH	10:00	Seated Exercise	FIT	11:00	Rosary	CH
1:00	Sunday Matinee Movie: Yes Day!	FS		1:00 Zumba w/Suzi	DR	11:00	Rosary	CH	1:30	Gift Shop Open	LBC
2:00	Cards w/Friends	PZR		1:30 Gift Shop Open	LBC	1:00	Movie: GI Joe: Retaliation	FS	2:00	Cards w/Friends	PZR
3:00	Left Right Center	LIB		2:00 Cards w/Friends	PZR	2:00	Cards w/Friends	PZR	2:00	Entertainment w/Paul G	ATR
6:00	Fireside Chat w/Friends	ATR		5:45 Cribbage w/Friends	LIB	5:45	Cribbage w/Friends	LIB	3:00	Wii Open Bowling	L
				6:00 Fireside Chat w/Friends	ATR	6:00	Fireside Chat w/Friends	ATR	5:45	Cribbage w/Friends	LIB
				6:00 Rummikube w/Judy	LIB	6:00	Tuesday Game Night	LIB	6:00	Fireside Chat w/Friends	ATR
9			10			11			12		
10:00	Seated Exercise	FIT		Hair Salon is Open		9:30	Mass	CH	10:00	Seated Exercise	FIT
11:00	Rosary	CH		11:00 Rosary	CH	10:30	Tuesday Trivia	L	10:30	BLURT!	LIB
1:00	Sunday Matinee Movie: Airport	FS		1:00 Balloon Noodle Exercise	FIT	11:00	Rosary	CH	11:00	Rosary	CH
2:00	Cards w/Friends	PZR		1:30 Gift Shop Open	LBC	1:00	Ceramics w/Sue	LBC	11:30	Main Event: Great Lakes Picnic Party w/Dorothy M	ATR
3:00	Left Right Center	LIB		2:00 Cards w/Friends	PZR	1:00	Hear Michigan Centers	LIB	1:00	Lawn Games on the Patio	PAT
6:00	Fireside Chat w/Friends	ATR		2:00 Road Trip: Great Lakes Part 1	FS	2:00	Cards w/Friends	PZR	1:30	Gift Shop Open	LBC
				3:00 Total Brain Health 2.0	FS	2:30	Feel the Beat w/Carol	ATR	2:00	Cards w/Friends	PZR
				5:45 Cribbage w/Friends	LIB	5:45	Cribbage w/Friends	LIB	3:00	Wii Open Bowling	L
				6:00 Fireside Chat w/Friends	ATR	6:00	Fireside Chat w/Friends	ATR	5:45	Cribbage w/Friends	LIB
						6:00	Tuesday Game Night	LIB			
16			17			18			19		
10:00	Seated Exercise	FIT		Hair Salon is Open		9:30	Mass	CH	10:00	Seated Exercise	FIT
11:00	Rosary	CH		11:00 Rosary	CH	9:45	Blue Water Trolley & Lunch at Freighters	SUR	11:00	Rosary	CH
1:00	Sunday Matinee Movie: Airport 75	FS		1:00 Zumba w/Suzi	DR	10:00	Seated Exercise	FIT	1:00	7 Card Match - Bring Nickels	LIB
2:00	Cards w/Friends	PZR		1:30 Gift Shop Open	LBC	11:00	Rosary	CH	1:30	Gift Shop Open	LBC
3:00	Left Right Center	LIB		2:00 Cards w/Friends	PZR	11:00	Rosary	CH	2:00	Cards w/Friends	PZR
6:00	Fireside Chat w/Friends	ATR		2:00 Road Trip: Great Lakes Part II	FS	1:00	Wellness U: Fitness and Trivia w/Dr. Cain	FS	3:00	Wii Open Bowling	L
				3:00 New Resident Welcome Party!	ATR	2:00	Cards w/Friends	PZR	5:45	Cribbage w/Friends	LIB
				5:45 Cribbage w/Friends	LIB	5:45	Cribbage w/Friends	LIB	6:00	Fireside Chat w/Friends	ATR
				6:00 Fireside Chat w/Friends	ATR	6:00	Fireside Chat w/Friends	ATR			
23			24			25			26		
10:00	Seated Exercise	FIT		Hair Salon is Open		9:30	Mass	CH	10:00	Seated Exercise	FIT
11:00	Rosary	CH		11:00 Rosary	CH	10:00	Seated Exercise	FIT	10:30	Name 5 Game	LIB
1:00	Sunday Matinee Movie: Airport 77	FS		1:00 Balloon Noodle Exercise	FIT	10:30	Tuesday Trivia	L	11:00	Rosary	CH
2:00	Cards w/Friends	PZR		1:30 Gift Shop Open	LBC	11:00	Rosary	CH	1:30	Gift Shop Open	LBC
3:00	Left Right Center	LIB		2:00 Cards w/Friends	PZR	1:00	Chair Volleyball	LBC	2:00	Resident Birthday Party! w/Frank T	ATR
6:00	Fireside Chat w/Friends	ATR		2:00 Great Lakes States Trivia	FS	2:00	Cards w/Friends	PZR	2:00	Cards w/Friends	PZR
				3:00 Total Brain Health 2.0	FS	2:00	Great Lakes States Cooking Demonstration	DR	3:00	Wii Open Bowling	L
				5:45 Cribbage w/Friends	LIB	2:30	Feel the Beat w/Carol	ATR	5:45	Cribbage w/Friends	LIB
				6:00 Fireside Chat w/Friends	ATR	5:45	Cribbage w/Friends	LIB	6:00	Fireside Chat w/Friends	ATR
				6:00 Rummikube w/Judy	LIB						
27			28			29			30		
9:30	Mass			Hair Salon is Open		9:30	Mass	CH	10:00	Seated Exercise	FIT
10:00	Seated Exercise	FIT		11:00 Rosary	CH	10:00	Seated Exercise	FIT	11:00	Rosary	CH
10:00	Bus to Dollar General	SUR		1:00 Zumba w/Suzi	DR	10:00	Bus to Dollar General	SUR	1:00	Popcorn and a Movie: The Lost Husband	FS
11:00	Rosary	CH		1:30 Gift Shop Open	LBC	11:00	Rosary	CH	1:30	Gift Shop Open	LBC
11:45	Bus to Walter & Mary Burke Park, New Baltimore	SUR		2:00 Cards w/Friends	PZR	11:45	Bus to Walter & Mary Burke Park, New Baltimore	SUR	2:00	Cards w/Friends	PZR
12:30	Blood Pressure Checks & Health Talk w/Advisacare	L		2:00 Road Trip: Great Lakes Part II	FS	12:30	Blood Pressure Checks & Health Talk w/Advisacare	L	3:00	Bocce Ball w/Beverages	GR
2:00	Wine & Reminisce	L		3:00 New Resident Welcome Party!	ATR	2:00	Wine & Reminisce	L	6:00	Fireside Chat w/Friends	ATR
2:00	Cards w/Friends	PZR		5:45 Cribbage w/Friends	LIB	2:00	Cards w/Friends	PZR			
				6:00 Fireside Chat w/Friends	ATR						