

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



- 4**
- 9:45 ■ Word Within A Word
 - 10:30 ■ Color Expressions
 - 11:15 ■ Residents Choice Game
 - 1:30 ■ Jumble Word Games
 - 2:15 ■ Music & Movement
 - 2:45 ■ Variety Table Games
 - 5:45 ■ Evening Meditation with Tori
 - 6:00 ■ Sensory Sunday

- 5**
- 9:00 ■ Morning Movement
 - 9:45 ■ Word within A Word
 - 10:30 ■ Painting To Music
 - 11:15 ■ Yahtzee Game
 - 1:30 ■ Trivia Teasers
 - 2:15 ■ Creative Movement w/Props
 - 2:45 ■ Creative Collaboration
 - 6:00 ■ Museum Monday Virtual Art

- 6**
- 9:00 ■ Morning Movement
 - 9:45 ■ Picture Story Writing
 - 10:30 ■ Poems & Short Stories
 - 11:15 ■ Coffee & Candor
 - 1:30 ■ Game of Would You Rather
 - 2:15 ■ Afternoon Stretching
 - 2:45 ■ Bingo Bongo Social
 - 6:00 ■ Evening Puzzles & Tea

- 7**
- 9:00 ■ Morning Movement
 - 9:45 ■ Finish This Phrase...
 - 10:30 ■ Reminisce Magazine
 - 11:15 ■ Music & Noodle Noise
 - 1:30 ■ True or False
 - 2:15 ■ Balloon Volley Fitness
 - 2:45 ■ Sentimental Sing-Along
 - 6:00 ■ Therapeutic Coloring

- 8**
- 9:00 ■ Morning Movement
 - 9:45 ■ Trivia Thursday
 - 10:30 ■ Conversation Ball Game
 - 11:15 ■ The Cupcake Club
 - 1:30 ■ Word Jumbles
 - 2:15 ■ Plate Rhythm Fitness
 - 2:45 ■ Fall Paint N' Sip
 - 6:00 ■ Tori's Thirsty Thursday

- 9**
- 9:00 ■ Morning Movement
 - 9:45 ■ Mad Lib Stories
 - 10:30 ■ Leaf Decoupage Prints
 - 11:15 ■ A Game of Bingo
 - 1:30 ■ Geography Frontier
 - 2:15 ■ Rhythm Music & Movement
 - 2:45 ■ Social Photo Series
 - 6:00 ■ Family Game Night

- 10**
- 9:45 ■ Creative Mazes
 - 10:30 ■ National Geographic Series
 - 11:15 ■ Balloon Volley
 - 1:30 ■ "O" Word, Word search
 - 2:15 ■ Chair Stretching
 - 2:45 ■ Karaoke Corner Club
 - 5:45 ■ Evening Meditation with Tori
 - 6:00 ■ Fright Night Theater

- 11**
- 9:45 ■ Word Jumbles
 - 10:30 ■ Color Expressions
 - 11:15 ■ Residents Choice Game
 - 1:30 ■ Jumble Word Games
 - 2:15 ■ Music & Movement
 - 2:45 ■ Variety Table Games
 - 5:45 ■ Evening Meditation with Tori
 - 6:00 ■ Sensory Sunday

- 12**
- 9:00 ■ Morning Movement
 - 9:45 ■ Scattegories
 - 10:30 ■ Painting To Music
 - 11:15 ■ Headbanz Game
 - 1:30 ■ Trivia Teasers
 - 2:15 ■ Creative Movement w/Props
 - 2:45 ■ Creative Collaboration
 - 6:00 ■ Museum Monday Virtual Art

- 13**
- 9:00 ■ Morning Movement
 - 9:45 ■ Picture Story Writing
 - 10:30 ■ Poems & Short Stories
 - 11:15 ■ Coffee & Candor
 - 1:30 ■ Game of Would You Rather
 - 2:15 ■ Afternoon Stretching
 - 2:45 ■ Bingo Bongo Social
 - 6:00 ■ Evening Puzzles & Tea

- 14**
- 9:00 ■ Morning Movement
 - 9:45 ■ Finish This Phrase...
 - 10:30 ■ Reminisce Magazine
 - 11:15 ■ Music & Noodle Noise
 - 1:30 ■ True or False
 - 2:15 ■ Balloon Volley Fitness
 - 2:45 ■ Sentimental Sing-Along
 - 6:00 ■ Therapeutic Coloring

- 15**
- 9:00 ■ Morning Movement
 - 9:45 ■ Trivia Thursday
 - 10:30 ■ Conversation Ball Game
 - 11:15 ■ The Cupcake Club
 - 1:30 ■ Word Jumbles
 - 2:15 ■ Plate Rhythm Fitness
 - 2:45 ■ Watercolor Art with Tori
 - 6:00 ■ Tori's Thirsty Thursday

- 16**
- 9:00 ■ Morning Movement
 - 9:45 ■ Mad Lib Stories
 - 10:30 ■ Leaf Balloon Bowls
 - 11:15 ■ A Game of Bingo
 - 1:30 ■ Geography Frontier
 - 2:15 ■ Rhythm Music & Movement
 - 2:45 ■ Social Photo Series
 - 6:00 ■ Family Game Night

- 17**
- 9:45 ■ Creative Mazes
 - 10:30 ■ National Geographic Series
 - 11:15 ■ Balloon Volley
 - 1:30 ■ Octoberfest Word Search
 - 2:15 ■ Chair Stretching
 - 2:45 ■ Karaoke Corner Club
 - 5:45 ■ Evening Meditation with Tori
 - 6:00 ■ Fright Night Theater

- 18**
- 9:45 ■ Word Within A Word
 - 10:30 ■ Color Expressions
 - 11:15 ■ Residents Choice Game
 - 1:30 ■ Jumble Word Games
 - 2:15 ■ Music & Movement
 - 2:45 ■ Variety Table Games
 - 5:45 ■ Evening Meditation with Tori
 - 6:00 ■ Sensory Sunday

- 19**
- 9:00 ■ Morning Movement
 - 9:45 ■ Word within a Word
 - 10:30 ■ Autumn Rock Magnets
 - 11:15 ■ Yahtzee Game
 - 1:30 ■ Trivia Teasers
 - 2:15 ■ Creative Movement w/Props
 - 2:45 ■ Creative Collaboration
 - 6:00 ■ Museum Monday Virtual Art

- 20**
- 9:00 ■ Morning Movement
 - 9:45 ■ Picture Story Writing
 - 10:30 ■ Poems & Short Stories
 - 11:15 ■ Coffee & Candor
 - 1:30 ■ Game of Would You Rather
 - 2:15 ■ Afternoon Stretching
 - 2:45 ■ Bingo Bongo Social
 - 6:00 ■ Evening Puzzles & Tea

- 21**
- 9:00 ■ Morning Movement
 - 9:45 ■ Finish This Phrase...
 - 10:30 ■ Reminisce Magazine
 - 11:15 ■ Music & Noodle Noise
 - 1:30 ■ True or False
 - 2:15 ■ Balloon Volley Fitness
 - 2:45 ■ Sentimental Sing-Along
 - 6:00 ■ Therapeutic Coloring

- 22**
- 9:00 ■ Morning Movement
 - 9:45 ■ Trivia Thursday
 - 10:30 ■ Conversation Ball Game
 - 11:15 ■ The Cupcake Club
 - 1:30 ■ Word Jumbles
 - 2:15 ■ Plate Rhythm Fitness
 - 2:45 ■ Spooky Theme Paint N' Sip
 - 6:00 ■ Tori's Thirsty Thursday

- 23**
- 9:00 ■ Morning Movement
 - 9:45 ■ Mad Lib Stories
 - 10:30 ■ Pumpkin Painting Contest
 - 11:15 ■ A Game of Bingo
 - 1:30 ■ Geography Frontier
 - 2:15 ■ Rhythm Music & Movement
 - 2:45 ■ Social Photo Series
 - 6:00 ■ Family Game Night

- 24**
- 9:45 ■ Creative Mazes
 - 10:30 ■ National Geographic Series
 - 11:15 ■ Balloon Volley
 - 1:30 ■ Potpourri Word Search
 - 2:15 ■ Chair Stretching
 - 2:45 ■ Karaoke Corner Club
 - 5:45 ■ Evening Meditation with Tori
 - 6:00 ■ Fright Night Theater

- 25**
- 9:45 ■ Word Jumbles
 - 10:30 ■ Color Expressions
 - 11:15 ■ Residents Choice Game
 - 1:30 ■ Jumble Word Games
 - 2:15 ■ Music & Movement
 - 2:45 ■ Residents Choice Game
 - 5:45 ■ Evening Meditation with Tori
 - 6:00 ■ Sensory Sunday

- 26**
- 9:00 ■ Morning Movement
 - 9:45 ■ Scattegories
 - 10:30 ■ Painting To Music
 - 11:15 ■ Headbanz Game
 - 1:30 ■ Trivia Teasers
 - 2:15 ■ Creative Movement w/Props
 - 2:45 ■ Creative Collaboration
 - 6:00 ■ Museum Monday Virtual Art

- 27**
- 9:00 ■ Morning Movement
 - 9:45 ■ Picture Story Writing
 - 10:30 ■ Poems & Short Stories
 - 11:15 ■ Coffee & Candor
 - 1:30 ■ Game of Would You Rather
 - 2:15 ■ Afternoon Stretching
 - 2:45 ■ Bingo Bongo Social
 - 6:00 ■ Evening Puzzles & Tea

- 28**
- 9:00 ■ Morning Movement
 - 9:45 ■ Finish This Phrase...
 - 10:30 ■ Reminisce Magazine
 - 11:15 ■ Music & Noodle Noise
 - 1:30 ■ True or False
 - 2:15 ■ Balloon Volley Fitness
 - 2:45 ■ Sentimental Sing-Along
 - 6:00 ■ Therapeutic Coloring

- 29**
- 9:00 ■ Morning Movement
 - 9:45 ■ Trivia Thursday
 - 10:30 ■ Conversation Ball Game
 - 11:15 ■ The Cupcake Club
 - 1:30 ■ Word Jumbles
 - 2:00 ■ Halloween Celebrations
 - 3:45 ■ Spooky Folklore & Legends
 - 6:00 ■ Tori's Thirsty Thursday

- 30**
- 9:00 ■ Morning Movement
 - 9:45 ■ Which Witch is Which?
 - 10:30 ■ Leaf Story Stones
 - 11:15 ■ A Game of Bingo
 - 1:30 ■ Geography Frontier
 - 2:15 ■ Rhythm Music & Movement
 - 2:45 ■ Social Photo Series
 - 6:00 ■ Family Game Night

- 31**
- 9:45 ■ Creative Mazes
 - 10:30 ■ National Geographic Series
 - 11:15 ■ Balloon Volley
 - 1:30 ■ Halloween Word Search
 - 2:15 ■ Chair Stretching
 - 2:45 ■ Karaoke Corner Club
 - 5:45 ■ Evening Meditation with Tori
 - 6:00 ■ Fright Night Theater

welcome Fall

Friends

October's the month
When the smallest
breeze
Gives us a shower
Of autumn leaves
Bonfires and
pumpkins
Leaves sailing
around
October is red
And golden and
brown.

Happy Fall Everyone!

PROGRAM

- – Cognitive
- – Emotional
- – Physical
- – Social

LCB Senior Living
strengthens its programming
through collaborations with
notable health care leaders,
including McLean Hospital,
Harvard Medical School
and Brigham and
Women's Hospital.