

Sunday Monday Tuesday Wednesday Thursday Friday Saturday



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>6</p> <ul style="list-style-type: none"> 9:00 Weekly News & Events 9:30 Roman Catholic Communion 10:00 Morning Music 11:00 Seated Stretch 11:30 Seated Tai Chi 1:00 Trivia/Word Games 2:00 Music: Moose Crossing 3:00 Read Aloud/Board Games 5:45 Evening Movie 	<p>7</p> <ul style="list-style-type: none"> 8:45 Morning Walks 9:30 Current Events/Card Games 10:15 Morning Music 11:00 Seated Bone Builders 1:00 Nature Documentary 2:30 Staying Connected 2:30 Scenic Ride 3:00 Tai Chi Level 1 3:30 Sing-a-Long w/J&J 4:00 Word Within a Word 	<p>1</p> <ul style="list-style-type: none"> 9:00 Flowers & Bird Feeders 9:30 Current Events/Card Games 10:00 Word Within a Word 10:15 Music & Devotional (M) 10:30 Bake Dog Treats 11:00 Seated Stretch/Tai Chi 11:30 Art Exploration 1:00 MyStory Interview Session 2:00 Afternoon Games & Puzzles 3:00 Coffee Table Books (H) 	<p>2</p> <ul style="list-style-type: none"> 8:45 Morning Walks 9:30 Current Events/Card Games 10:15 Culinary Club (M) 11:00 Seated Bone Builders 11:30 Pictionary 1:00 Set Up for Afternoon Tea 2:00 Harpist Margie Bekoff 3:00 Afternoon Tea 	<p>3</p> <ul style="list-style-type: none"> 8:45 Morning Walks 10:00 Music with Robert Wyatt (H) 10:30 Noodleball & Stretch 11:00 Art Workshop w/Courtney 1:00 Nature Documentary 2:30 Scenic Ride to Homeward Bound 3:00 Staying Connected 4:00 Word Within a Word 	<p>4</p> <ul style="list-style-type: none"> 8:45 Morning Walks 9:30 Current Events/Card Games 10:00 Pool Time with KO 10:15 Morning Music 11:00 Seated Exercise & Stretch 1:00 My Story Interviews 2:00 Word Within a Word 3:30 Board Games 4:00 Sing-a-long J&J (H) 	<p>5</p> <ul style="list-style-type: none"> 8:45 Morning Walks 9:30 Current Events/Card Games 10:15 Morning Music 11:00 Seated Exercise (M) 1:00 Board Games 2:00 Haven Book Club 2:00 Card Games 3:00 Saturday Afternoon Matinee
<p>13</p> <ul style="list-style-type: none"> 9:00 Weekly News & Events 9:30 Roman Catholic Communion 10:00 Morning Music 11:00 Seated Stretch 11:30 Seated Tai Chi 1:00 Trivia/Word Games 2:00 Music: MIDD Stuck in the Middle a capella 3:00 Read Aloud/Board Games 5:45 Evening Movie 	<p>14</p> <ul style="list-style-type: none"> 8:45 Morning Walks 9:30 Current Events/Card Games 10:15 Morning Music 11:00 Seated Bone Builders 1:00 Nature Documentary 2:30 Staying Connected 2:30 Scenic Ride 3:00 Tai Chi Level 1 4:00 Word Within a Word 	<p>8</p> <ul style="list-style-type: none"> 9:00 Flowers & Bird Feeders 9:30 Current Events/Card Games 10:00 Word Within a Word 10:15 Music & Devotional (M) 10:30 Bake Dog Treats 11:00 Seated Stretch/Tai Chi 11:30 Art Exploration 1:00 MyStory Interview Session 2:00 Afternoon Games & Puzzles 3:00 Coffee Table Books (H) 	<p>9</p> <ul style="list-style-type: none"> 8:45 Morning Walks 9:30 Current Events/Card Games 10:15 Culinary Club (M) 11:00 Seated Bone Builders 11:30 Pictionary 1:00 Set Up for Afternoon Tea 3:00 Afternoon Tea 3:30 Poetry/Short Story with Tea 	<p>10</p> <ul style="list-style-type: none"> 8:45 Morning Walks 10:00 Music with Robert Wyatt (H) 10:30 Noodleball & Stretch 11:00 Art Workshop w/Courtney 1:00 Nature Documentary 2:30 Scenic Ride to Homeward Bound 3:00 Staying Connected 4:00 Word Within a Word 	<p>11</p> <ul style="list-style-type: none"> 8:45 Morning Walks 9:30 Current Events/Card Games 10:00 Pool Time with KO 10:15 Morning Music 11:00 Seated Exercise & Stretch 11:00 Hymn Sing with Susan (H) 1:00 My Story Interviews 2:00 Word Within a Word 2:30 Sign Language 3:30 Board Games 	<p>12</p> <ul style="list-style-type: none"> 8:45 Morning Walks 9:30 Current Events/Card Games 10:15 Morning Music 11:00 Seated Exercise (M) 1:00 Board Games 2:00 Haven Book Club 2:00 Card Games 3:00 Saturday Afternoon Matinee
<p>20</p> <ul style="list-style-type: none"> 9:00 Weekly News & Events 9:30 Roman Catholic Communion 10:00 Morning Music 11:00 Seated Stretch 11:30 Seated Tai Chi 1:00 Trivia/Word Games 2:00 Music: Barry & Jennifer Cohen 3:00 Read Aloud/Board Games 5:45 Evening Movie 	<p>21</p> <ul style="list-style-type: none"> 8:45 Morning Walks 9:30 Current Events/Card Games 10:15 Morning Music 11:00 Seated Bone Builders 1:00 Nature Documentary 2:30 Staying Connected 2:30 Scenic Ride 3:00 Tai Chi Level 1 4:00 Word Within a Word 4:00 Wellspring Singers (H) 	<p>15</p> <ul style="list-style-type: none"> 9:00 Flowers & Bird Feeders 9:30 Current Events/Card Games 10:00 Word Within a Word 10:15 Music & Devotional (M) 10:30 Bake Dog Treats 11:00 Seated Stretch/Tai Chi 11:30 Art Exploration 1:00 MyStory Interview Session 2:00 Afternoon Games & Puzzles 3:00 Coffee Table Books (H) 	<p>16</p> <ul style="list-style-type: none"> 8:45 Morning Walks 9:30 Current Events/Card Games 10:15 Culinary Club (M) 11:00 Seated Bone Builders 11:30 Pictionary 1:00 Set Up for Afternoon Tea 3:00 Afternoon Tea 3:30 Poetry/Short Story with Tea 	<p>17</p> <ul style="list-style-type: none"> 8:45 Morning Walks 10:00 Music with Robert Wyatt (H) 10:30 Noodleball & Stretch 11:00 Art Workshop w/Courtney 11:15 Episcopal Church Service 1:00 Nature Documentary 2:30 Scenic Ride to Homeward Bound 3:00 Staying Connected 	<p>18</p> <ul style="list-style-type: none"> 8:45 Morning Walks 9:30 Current Events/Card Games 10:00 Pool Time with KO 10:15 Morning Music 11:00 Seated Exercise & Stretch 1:00 My Story Interviews 2:00 Word Within a Word 3:30 Board Games 	<p>19</p> <ul style="list-style-type: none"> 8:45 Morning Walks 9:30 Current Events/Card Games 10:15 Morning Music 11:00 Seated Exercise (M) 1:00 Board Games 2:00 Haven Book Club 2:00 Card Games 3:00 Saturday Afternoon Matinee
<p>27</p> <ul style="list-style-type: none"> 9:00 Weekly News & Events 9:30 Roman Catholic Communion 10:00 Morning Music 11:00 Seated Stretch 11:30 Seated Tai Chi 1:00 Trivia/Word Games 2:00 Woodchuck's Revenge 3:00 Read Aloud/Board Games 5:45 Evening Movie 	<p>28</p> <ul style="list-style-type: none"> 8:45 Morning Walks 9:30 Current Events/Card Games 10:15 Morning Music 11:00 Live Music with Corey (H) 11:00 Seated Bone Builders 1:00 Nature Documentary 2:30 Staying Connected 2:30 Scenic Ride 3:00 Tai Chi Level 1 4:00 Word Within a Word 	<p>22</p> <ul style="list-style-type: none"> 9:00 Flowers & Bird Feeders 9:30 Current Events/Card Games 10:00 Word Within a Word 10:15 Music & Devotional (M) 10:30 Bake Dog Treats 11:00 Seated Stretch/Tai Chi 11:30 Art Exploration 1:00 MyStory Interview Session 2:00 Afternoon Games & Puzzles 3:00 Coffee Table Books (H) 	<p>23</p> <ul style="list-style-type: none"> 8:45 Morning Walks 9:30 Current Events/Card Games 10:15 Culinary Club (M) 10:30 Expressive Storytelling 11:00 Seated Bone Builders 11:30 Pictionary 1:00 Set Up for Afternoon Tea 2:00 Harpist Margie Bekoff 3:00 Afternoon Tea 3:30 Alzheimer's Association 	<p>24</p> <ul style="list-style-type: none"> 8:45 Morning Walks 10:00 Parkinson's Support Group 10:00 Music with Robert Wyatt (H) 10:30 Noodleball & Stretch 11:00 Art Workshop w/Courtney 1:00 Nature Documentary 2:30 Scenic Ride to Homeward Bound 3:00 Staying Connected 	<p>25</p> <ul style="list-style-type: none"> 8:45 Morning Walks 9:30 Current Events/Card Games 10:00 Pool Time with KO 10:15 Morning Music 11:00 Seated Exercise & Stretch 11:00 Hymn Sing 1:00 My Story Interviews 2:00 Word Within a Word 2:00 Community Social: Elvis! 2:30 Sign Language 	<p>26</p> <ul style="list-style-type: none"> 8:45 Morning Walks 9:30 Current Events/Card Games 10:15 Morning Music 11:00 Seated Exercise (M) 1:00 Board Games 2:00 Haven Book Club 2:00 Card Games 3:00 Saturday Afternoon Matinee
<p>34</p> <ul style="list-style-type: none"> 9:00 Weekly News & Events 9:30 Roman Catholic Communion 10:00 Morning Music 11:00 Seated Stretch 11:30 Seated Tai Chi 1:00 Trivia/Word Games 2:00 Woodchuck's Revenge 3:00 Read Aloud/Board Games 5:45 Evening Movie 	<p>35</p> <ul style="list-style-type: none"> 8:45 Morning Walks 9:30 Current Events/Card Games 10:15 Morning Music 11:00 Live Music with Corey (H) 11:00 Seated Bone Builders 1:00 Nature Documentary 2:30 Staying Connected 2:30 Scenic Ride 3:00 Tai Chi Level 1 4:00 Word Within a Word 	<p>29</p> <ul style="list-style-type: none"> 9:00 Flowers & Bird Feeders 9:30 Current Events/Card Games 10:00 Word Within a Word 10:15 Music & Devotional (M) 10:30 Bake Dog Treats 11:00 Seated Stretch/Tai Chi 11:30 Art Exploration 1:00 MyStory Interview Session 2:00 Afternoon Games & Puzzles 3:00 Coffee Table Books (H) 	<p>30</p> <ul style="list-style-type: none"> 8:45 Morning Walks 9:30 Current Events/Card Games 10:15 Culinary Club (M) 11:00 Seated Bone Builders 11:30 Pictionary 1:00 Set Up for Afternoon Tea 3:00 Afternoon Tea 3:30 Poetry/Short Story with Tea 	<p>31</p> <ul style="list-style-type: none"> 8:45 Morning Walks 10:00 Music with Robert Wyatt (H) 10:30 Noodleball & Stretch 11:00 Art Workshop w/Courtney 1:00 Nature Documentary 2:30 Scenic Ride to Homeward Bound 3:00 Staying Connected 4:00 Word Within a Word 	<p>32</p> <ul style="list-style-type: none"> 8:45 Morning Walks 9:30 Current Events/Card Games 10:00 Pool Time with KO 10:15 Morning Music 11:00 Seated Exercise & Stretch 11:00 Hymn Sing 1:00 My Story Interviews 2:00 Word Within a Word 2:00 Community Social: Elvis! 2:30 Sign Language 	<p>33</p> <ul style="list-style-type: none"> 8:45 Morning Walks 9:30 Current Events/Card Games 10:15 Morning Music 11:00 Seated Exercise (M) 1:00 Board Games 2:00 Haven Book Club 2:00 Card Games 3:00 Saturday Afternoon Matinee



Happy New Year!

Warmest of wishes to all for joy and health in 2019!

We are grateful to have our community at Otter Creek to celebrate with, as we venture into the New Year!

Please join us, as we welcome or returning and new artists, musicians and lecturers this January!

PROGRAM

- – Cognitive
- – Emotional
- – Physical
- – Social

LCB Senior Living strengthens its programming through collaborations with notable health care leaders, including McLean Hospital, Harvard Medical School and Brigham and Women's Hospital.