

Sunday



Monday

Tuesday



Wednesday

Thursday

Friday

Saturday

Engagement Opportunities

Cooler weather calls for jackets and outdoor walks, bird watching and baking. Relax with the Sunday Music Series, and Matinees over the weekends. Stay engaged with Trivia and Word Games, as well as Artful Expression! Stay active indoors as well with Tai Chi and Seated Bone Builders.

10/31 Happy Halloween!

PROGRAM

- – Cognitive
- – Emotional
- – Physical
- – Social

LCB Senior Living strengthens its programming through collaborations with notable health care leaders, including McLean Hospital, Harvard Medical School and Brigham and Women's Hospital.

- 4**
- 9:00 ■ Streaming Church Services
 - 10:00 ■ Art Exploration
 - 11:30 ■ Trivia
 - 1:00 ■ Stretching Sign Language
 - 1:00 ■ Walking Group
 - 1:00 ■ Yahtzee
 - 2:00 ■ Sunday Music Jazzou Jones
 - 5:45 ■ Night at the Movies

- 5**
- 10:00 ■ Morning Paper
 - 10:00 ■ Drawing group
 - 11:00 ■ Seated Bone Builders
 - 1:00 ■ Nature Documentary
 - 1:00 ■ Walking Group
 - 1:00 ■ Yahtzee
 - 3:00 ■ Riddles
 - 3:30 ■ Explorations in Music

- 6**
- 9:00 ■ Ask Alexa
 - 10:00 ■ Tai Chi/Seated Exercise
 - 10:00 ■ Morning Paper
 - 10:30 ■ Pen Pals
 - 11:00 ■ Expressive Arts Therapy
 - 1:00 ■ Walking Group
 - 2:00 ■ Afternoon Games & Puzzles
 - 4:00 ■ Nature Club

- 7**
- 10:00 ■ Morning Paper
 - 11:00 ■ Seated Bone Builders
 - 1:00 ■ Pictionary
 - 1:00 ■ Walking Group
 - 1:00 ■ Reminisce
 - 2:00 ■ Riddles
 - 2:30 ■ Set Up for Tea
 - 3:00 ■ Regency Tea

- 8**
- 9:00 ■ Today in History/Trivia
 - 9:00 ■ Nice to meet you
 - 9:30 ■ TaiChi & Stretch
 - 11:00 ■ Morning Music
 - 11:00 ■ Ask Alexa
 - 1:00 ■ Open Hearing Clinic
 - 1:00 ■ Walking Group
 - 2:00 ■ Art Exploration
 - 3:00 ■ Yahtzee

- 9**
- 9:00 ■ Riddles
 - 10:00 ■ Drawing group
 - 10:00 ■ Morning Paper
 - 11:00 ■ Pen Pals
 - 1:00 ■ Seated Exercise & Stretch
 - 1:00 ■ Walking Group
 - 3:00 ■ Word Within a Word
 - 3:30 ■ Explorations in Music
 - 4:30 ■ Pictionary

- 10**
- 10:00 ■ Word Games
 - 10:00 ■ Morning Paper
 - 1:00 ■ Stretching Sign Language
 - 1:00 ■ Walking Group
 - 2:00 ■ Afternoon Music
 - 3:00 ■ Saturday Afternoon Matinee
 - 3:30 ■ Culinary Club
 - 6:00 ■ Comedy!

- 11**
- 9:00 ■ Streaming Church Services
 - 10:00 ■ Art Exploration
 - 11:30 ■ Trivia
 - 1:00 ■ Stretching Sign Language
 - 1:00 ■ Walking Group
 - 1:00 ■ Yahtzee
 - 2:00 ■ Sunday Music Mark Harding
 - 5:45 ■ Night at the Movies

- 12**
- 10:00 ■ Morning Paper
 - 10:00 ■ Drawing group
 - 11:00 ■ Seated Bone Builders
 - 1:00 ■ Nature Documentary
 - 1:00 ■ Walking Group
 - 1:00 ■ Yahtzee
 - 3:00 ■ Riddles
 - 3:30 ■ Explorations in Music

- 13**
- 9:00 ■ Ask Alexa
 - 10:00 ■ Tai Chi/Seated Exercise
 - 10:00 ■ Morning Paper
 - 10:30 ■ Pen Pals
 - 11:00 ■ Expressive Arts Therapy
 - 1:00 ■ Walking Group
 - 2:00 ■ Afternoon Games & Puzzles
 - 4:00 ■ Nature Club

- 14**
- 10:00 ■ Morning Paper
 - 11:00 ■ Seated Bone Builders
 - 1:00 ■ Pictionary
 - 1:00 ■ Walking Group
 - 1:00 ■ Reminisce
 - 2:00 ■ Riddles
 - 2:30 ■ Set Up for Tea
 - 3:00 ■ Regency Tea

- 15**
- 9:00 ■ Today in History/Trivia
 - 9:00 ■ Nice to meet you
 - 9:30 ■ TaiChi & Stretch
 - 11:00 ■ Morning Music
 - 11:00 ■ Ask Alexa
 - 1:00 ■ Walking Group
 - 2:00 ■ Art Exploration
 - 3:00 ■ Yahtzee

- 16**
- 9:00 ■ Riddles
 - 10:00 ■ Drawing group
 - 10:00 ■ Morning Paper
 - 11:00 ■ Pen Pals
 - 1:00 ■ Seated Exercise & Stretch
 - 1:00 ■ Walking Group
 - 3:00 ■ Word Within a Word
 - 3:30 ■ Explorations in Music
 - 4:30 ■ Pictionary

- 17**
- 10:00 ■ Word Games
 - 10:00 ■ Morning Paper
 - 1:00 ■ Stretching Sign Language
 - 1:00 ■ Walking Group
 - 2:00 ■ Afternoon Music
 - 3:00 ■ Saturday Afternoon Matinee
 - 3:30 ■ Culinary Club
 - 6:00 ■ Comedy!

- 18**
- 9:00 ■ Streaming Church Services
 - 10:00 ■ Art Exploration
 - 11:30 ■ Trivia
 - 1:00 ■ Stretching Sign Language
 - 1:00 ■ Walking Group
 - 1:00 ■ Yahtzee
 - 2:00 ■ Sunday Music Series TBD
 - 5:45 ■ Night at the Movies

- 19**
- 10:00 ■ Morning Paper
 - 10:00 ■ Drawing group
 - 11:00 ■ Seated Bone Builders
 - 1:00 ■ Nature Documentary
 - 1:00 ■ Walking Group
 - 1:00 ■ Yahtzee
 - 3:00 ■ Riddles
 - 3:30 ■ Explorations in Music

- 20**
- 9:00 ■ Ask Alexa
 - 10:00 ■ Tai Chi/Seated Exercise
 - 10:00 ■ Morning Paper
 - 10:30 ■ Pen Pals
 - 11:00 ■ Expressive Arts Therapy
 - 1:00 ■ Walking Group
 - 2:00 ■ Afternoon Games & Puzzles
 - 4:00 ■ Nature Club

- 21**
- 10:00 ■ Morning Paper
 - 11:00 ■ Seated Bone Builders
 - 1:00 ■ Pictionary
 - 1:00 ■ Walking Group
 - 1:00 ■ Reminisce
 - 2:00 ■ Riddles
 - 2:30 ■ Set Up for Tea
 - 3:00 ■ Regency Tea

- 22**
- 9:00 ■ Today in History/Trivia
 - 9:00 ■ Nice to meet you
 - 9:30 ■ TaiChi & Stretch
 - 11:00 ■ Morning Music
 - 11:00 ■ Ask Alexa
 - 1:00 ■ Walking Group
 - 2:00 ■ Art Exploration
 - 3:00 ■ Yahtzee

- 23**
- 9:00 ■ Riddles
 - 10:00 ■ Drawing group
 - 10:00 ■ Morning Paper
 - 11:00 ■ Pen Pals
 - 1:00 ■ Seated Exercise & Stretch
 - 1:00 ■ Walking Group
 - 3:00 ■ Word Within a Word
 - 3:30 ■ Explorations in Music
 - 4:30 ■ Pictionary

- 24**
- 10:00 ■ Word Games
 - 10:00 ■ Morning Paper
 - 1:00 ■ Stretching Sign Language
 - 1:00 ■ Walking Group
 - 2:00 ■ Afternoon Music
 - 3:00 ■ Saturday Afternoon Matinee
 - 3:30 ■ Culinary Club
 - 6:00 ■ Comedy!

- 25**
- 9:00 ■ Streaming Church Services
 - 10:00 ■ Art Exploration
 - 11:30 ■ Trivia
 - 1:00 ■ Stretching Sign Language
 - 1:00 ■ Walking Group
 - 1:00 ■ Yahtzee
 - 2:00 ■ Sunday Music: Ted Wesley
 - 5:45 ■ Night at the Movies

- 26**
- 10:00 ■ Morning Paper
 - 10:00 ■ Drawing group
 - 11:00 ■ Seated Bone Builders
 - 1:00 ■ Nature Documentary
 - 1:00 ■ Walking Group
 - 1:00 ■ Yahtzee
 - 3:00 ■ Riddles
 - 3:30 ■ Explorations in Music

- 27**
- 9:00 ■ Ask Alexa
 - 10:00 ■ Tai Chi/Seated Exercise
 - 10:00 ■ Morning Paper
 - 10:30 ■ Pen Pals
 - 11:00 ■ Expressive Arts Therapy
 - 1:00 ■ Walking Group
 - 2:00 ■ Afternoon Games & Puzzles
 - 4:00 ■ Nature Club

- 28**
- 10:00 ■ Morning Paper
 - 11:00 ■ Seated Bone Builders
 - 1:00 ■ Pictionary
 - 1:00 ■ Walking Group
 - 1:00 ■ Reminisce
 - 2:00 ■ Riddles
 - 2:30 ■ Set Up for Tea
 - 3:00 ■ Regency Tea

- 29**
- 9:00 ■ Today in History/Trivia
 - 9:00 ■ Nice to meet you
 - 9:30 ■ TaiChi & Stretch
 - 11:00 ■ Morning Music
 - 11:00 ■ Ask Alexa
 - 1:00 ■ Walking Group
 - 2:00 ■ Art Exploration
 - 3:00 ■ Yahtzee

- 30**
- 9:00 ■ Riddles
 - 10:00 ■ Drawing group
 - 10:00 ■ Morning Paper
 - 11:00 ■ Pen Pals
 - 1:00 ■ Seated Exercise & Stretch
 - 1:00 ■ Walking Group
 - 3:00 ■ Word Within a Word
 - 3:30 ■ Explorations in Music
 - 4:30 ■ Pictionary

- 31** Halloween
- 10:00 ■ Word Games
 - 10:00 ■ Morning Paper
 - 1:00 ■ Stretching Sign Language
 - 1:00 ■ Walking Group
 - 2:00 ■ Afternoon Music
 - 3:00 ■ Saturday Afternoon Matinee
 - 3:30 ■ Halloween Festivities
 - 6:00 ■ Comedy!