

4th of July BBQ and Patriotic Sing-Along

Join your friends and neighbors on July 4th for a good ol' fashioned Independence Day barbecue from 11am to 1pm. Menu will be posted in advance of the holiday. In the afternoon we will have a patriotic sing-along with Jack on vocals and Jeanette on piano. This event takes place from 3-4pm.

Be sure to wear your finest red, white, and blue attire!



Artist Talk: Lillian Kennedy



Join internationally acclaimed artist (and current dining room exhibitor) Lillian Kennedy as she discusses her rich artist history, paintings, techniques, and any questions you may have.

You can submit questions in advance to Erin in engagement at ehurlburt@residenceottercreek.com.

Let's Make a Universe with Dennis O'Brien

Is the universe finite or infinite? How do assumptions about space, time, motion and Nature itself shape cosmology? Where does human reality fit into a cosmological structure? This talk will discuss the philosophical assumptions of the three major cosmologies by Aristotle, Newton, & Einstein. Sounds abstract and incomprehensible?? Not really – but you may have to pay attention.



THE RESIDENCE at Otter Creek

THE RESIDENCE AT OTTER CREEK *Associates*

Jason Cairns

Executive Director

Shannon Sunderland

Sales & Marketing Director

Kristen LaFlam

Business Office Director

Paula Pelkey

Sr. Resident Care Director

Pete Dickinson

Restaurant Director

Erin Hurlburt

Resident Engagement Director

Courtney Allenson

Sr. Reflections Director

Chris Roy

Maintenance Director



Erin Hurlburt, Engagement Director



Bob & Monica in Greased Lightnin'



Darrell and one of our youth visitors during June's literacy event.

We're excited to share that our very own Erin Hurlburt will be our next Engagement Director beginning Monday, June 23rd!

Since joining our community, Erin has brought incredible energy, creativity, and compassion to her work. Her commitment to enhancing the lives of our residents through engaging, meaningful experiences has made a profound impact in a very short time.

Erin's strategic vision and ability to connect with others will be invaluable as she leads our Engagement department into its next chapter and carry forward the strong legacy Courtney built over her 13 years of service! Erin will focus on developing innovative programs that support the social, emotional, and physical well-being of our residents.



Lois reading to children in the Founders' Room.



Shannon, Courtney, and ... Pat D's father! Castleton Senior Center.

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



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8:45 St. Stephen's Church
9:15 Congregational Church
9:15 St. Mary's Church
9:15 Unitarian Universalist
9:30 St. Stephen's - Virtual
10:00 Congregational - Virtual
10:00 Unitarian - Virtual
2:00 Sunday Music: Dan Levine
3:30 Billiards
3:30 MET Opera: Idemeneo by

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10:00 Bone Builders
10:00 Tech & More with Kelsey
11:00 Activity Planning Mtg
11:15 Barre Dance Exercise
12:00 Men's Exercise Class
1:00 Book Club
1:30 Bob Recupero
2:00 Knitting Stitching & More
2:00 Seated Tai Chi
3:00 Board Games

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8:45 St. Stephen's Church
9:15 Congregational Church
9:15 St. Mary's Church
9:15 Unitarian Universalist
10:00 Congregational - Virtual
10:00 Unitarian - Virtual
10:30 St. Stephen's - Virtual
2:00 Sunday Music: Cooie DeFrancesco
3:30 Billiards

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10:00 Bone Builders
10:00 Tech & More with Kelsey
11:15 Barre Dance Exercise
12:00 Men's Exercise Class
2:00 Knitting Stitching & More
2:00 Seated Tai Chi
3:00 Board Games
3:30 Guided Meditation
7:00 Mini Series: Churchill at War Ep 2

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8:45 St. Stephen's Church
9:15 Congregational Church
9:15 St. Mary's Church
9:15 Unitarian Universalist
10:00 Congregational - Virtual
10:00 Unitarian - Virtual
10:30 St. Stephen's - Virtual
2:00 Sunday Music: Mark Harding
3:30 Billiards
3:30 MET Opera: Don Carlo by

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10:00 Bone Builders
10:00 Tech & More with Kelsey
11:15 Barre Dance Exercise
12:00 Men's Exercise Class
1:30 Rob Z. Rhythm Circle
2:00 Knitting Stitching & More
2:00 Seated Tai Chi
3:00 Board Games
3:30 Guided Meditation
7:00 Mini Series: Churchill at

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8:45 St. Stephen's Church
9:15 Congregational Church
9:15 St. Mary's Church
9:15 Unitarian Universalist
10:00 Congregational - Virtual
10:00 Unitarian - Virtual
10:30 St. Stephen's - Virtual
2:00 Sunday Music Series: Noah Hahn
3:30 Billiards

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10:00 Bone Builders
10:00 Tech & More with Kelsey
11:15 Barre Dance Exercise
12:00 Men's Exercise Class
2:00 Knitting Stitching & More
2:00 Seated Tai Chi
2:00 Episcopal Communion
3:00 Board Games
3:30 Guided Meditation
7:00 Mini Series: Churchill at

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10:00 Resistance Band Exercise
10:00 Tech & More with Kelsey
11:00 OTAGO Balance Class
11:30 Aqua Aerobics
2:00 Meeting w/Jason & Co.
7:00 MET Opera: Prince Igor by Borodin

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10:00 Resistance Band Exercise
10:00 Tech & More with Kelsey
10:30 React Neuro & SHIELD
11:00 OTAGO Balance Class
11:30 Aqua Aerobics
2:00 Artist Talk with Lillian Kennedy
7:00 MET Opera: Idemeneo by Mozart

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10:00 Resistance Band Exercise
10:00 Tech & More with Kelsey
11:00 OTAGO Balance Class
11:30 Aqua Aerobics
2:30 Signature Series: Paint with Beth of Sparrow Arts
7:00 MET Opera: Boris Godunov by Mussorgsky

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10:00 Resistance Band Exercise
10:00 Tech & More with Kelsey
10:30 React Neuro & SHIELD
11:00 OTAGO Balance Class
11:30 Aqua Aerobics
2:30 Meadows Tea with Harpist
7:00 MET Opera: Don Carlo by Verdi

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10:00 Resistance Band Exercise
10:00 Tech & More with Kelsey
11:00 OTAGO Balance Class
11:30 Aqua Aerobics
2:30 Talk by Dennis O'Brien: "Let's Make a Universe"
7:00 MET Opera: La Clemenza di Tito by Mozart

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10:00 Bone Builders
11:15 Barre Dance Exercise
12:00 Men's Exercise Class
1:00 Garden Group Outing
2:00 Knitting Stitching & More
3:00 NYer Discussion Group
3:30 Happy Hour
7:00 Movie: Ray Charles

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10:00 Bone Builders
11:15 Barre Dance Exercise
12:00 Men's Exercise Class
1:00 Garden Group Meeting
1:00 A&W Rootbeer Floats!
2:00 Knitting Stitching & More
3:00 NYer Discussion Group
3:30 Happy Hour
7:00 Movie: Don't Look Back

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10:00 Bone Builders
11:15 Barre Dance Exercise
12:00 Men's Exercise Class
1:00 VABVI Support Group
1:00 Garden Group Outing
2:00 Knitting Stitching & More
3:00 NYer Discussion Group
3:30 Happy Hour
7:00 Movie: Brahms Piano Concert

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10:00 Bone Builders
11:15 Barre Dance Exercise
12:00 Men's Exercise Class
1:00 Garden Group Meeting
1:00 Downtown Brandon
2:00 Knitting Stitching & More
3:00 NYer Discussion Group
3:30 Happy Hour
7:00 Movie: Joni Mitchell-Shadows & Light

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10:00 Bone Builders
11:15 Barre Dance Exercise
12:00 Men's Exercise Class
1:00 Garden Group Meeting
1:00 Downtown Bristol
2:00 Knitting Stitching & More
3:00 NYer Discussion Group
3:30 Tropical Theme Happy Hour
7:00 Movie: The Lumineers

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10:00 Resistance Band Exercise
10:00 Photo Workshop
11:00 OTAGO Balance Class
11:30 Aqua Aerobics
1:30 Art Class: Rolled Paper Bowls
3:00 Wine & Chocolate BINGO
7:00 Movie: The Quilters
7:00 Fireworks in Vergennes

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10:00 Resistance Band Exercise
10:00 Photo Workshop
11:00 OTAGO Balance Class
11:30 Aqua Aerobics
1:00 Open Hearing Clinic
1:30 Art Class: Sunprints
3:00 Wine & Chocolate BINGO
7:00 Movie: My Octopus Teacher

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10:00 Resistance Band Exercise
10:00 Photo Workshop
11:00 OTAGO Balance Class
11:30 Aqua Aerobics
1:30 Art Class: Rope Baskets Pt 1
2:00 Open R.A.C. Meeting
3:00 Wine & Chocolate BINGO
7:00 Movie: The Elephant Whisperers

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10:00 Resistance Band Exercise
10:00 Photo Workshop
11:00 OTAGO Balance Class
11:30 Aqua Aerobics
1:30 Open Art Studio
3:00 Wine & Chocolate BINGO
4:45 Dinner @ The Waybury Inn
7:00 Movie: Audrey

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10:00 Resistance Band Exercise
10:00 Photo Workshop
11:00 OTAGO Balance Class
11:30 Aqua Aerobics
1:30 Art Class: Stamped & Painted Kitchen Towels
3:00 Wine & Chocolate BINGO
7:00 Movie: Birders

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Independence Day
10:00 Weekly Puzzle Pack
10:00 Residents' Bone Builders
11:00 OTAGO Balance Class
11:00 Fiber Arts Knit & Crochet
11:30 Fourth of July BBQ!
1:00 Cribbage for All Levels
2:00 Billiards
3:00 Sing with Jack & Jeanette
4:00 Happy Hour
7:00 Art House Cinema: The

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9:30 Billings Farm & Museum
10:00 Weekly Puzzle Pack
10:00 Residents' Bone Builders
11:00 OTAGO Balance Class
11:00 Fiber Arts Knit & Crochet
12:00 Veteran's Luncheon
1:00 Cribbage for All Levels
2:00 Billiards
2:30 Memoir Writing Group
3:00 Piano with Jeanette

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9:00 VINS Nature Center
10:00 Weekly Puzzle Pack
10:00 Residents' Bone Builders
11:00 OTAGO Balance Class
11:00 Fiber Arts Knit & Crochet
1:00 Cribbage for All Levels
2:00 Billiards
3:00 Lecture: Professor Mark Spritzer
4:00 Happy Hour

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10:00 Weekly Puzzle Pack
10:00 Residents' Bone Builders
10:30 Picnic at Burlington Waterfront
11:00 OTAGO Balance Class
11:00 Fiber Arts Knit & Crochet
1:00 Cribbage for All Levels
2:00 Billiards
3:00 Sing W/ Jack & Jeanette
4:00 Happy Hour



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9:30 Barre Dance Exercise
11:00 Mimosas & Jazz
1:00 Movie: Persausion
1:30 Bocce with Rick
2:00 Rummikub
2:15 Rick's Weekly Surprise
3:00 Movie: The Founder
7:00 Film Club: Raiders of the Lost Ark

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9:30 Barre Dance Exercise
11:00 Mimosas & Jazz
1:00 Movie: Friends with Money
1:30 Bocce with Rick
2:00 Rummikub
2:15 Rick's Weekly Surprise
3:00 Movie: Nonnas
7:00 Film Club: Splash!

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9:30 Barre Dance Exercise
11:00 Mimosas & Jazz
1:00 Movie: The Starling
1:30 Bocce with Rick
2:00 Rummikub
2:15 Rick's Weekly Surprise
3:00 Movie: The Woman King
7:00 Film Club: The Seven Year Itch

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9:30 Barre Dance Exercise
11:00 Mimosas & Jazz
1:00 Movie: The Thomas Crown Affair
1:30 Bocce with Rick
2:00 Rummikub
2:15 Rick's Weekly Surprise
3:00 Movie: Spencer
7:00 Film Club: Dirty Dancing

Additional Services

Wednesday

Shopping:

Natural Food Co-Op
& Shaws, 10a

Hannaford, 10:30a

Personal

Appointments:

Mondays 9a-12p
(12-2:30p, Mini Van)

Tuesdays, 9a-4p

Thursdays, 9a-12p

Trips w/Reflections:

Mondays &

Thursdays

Our engagement program is built upon both our residents' interests and our Five Principles for Vitality.

By providing quality and choice, we hope to encourage socialization and well-being for mind, body, and spirit.

Continued Learning
Arts & Culture
Physical Fitness
Community Connections
Wellness & Self-Care