

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 New Years Day! 10:00 Morning Exercise 11:00 Read Out Loud 1:30 Mystery Ride With Mackenzie 2:30 Snack Social 3:30 Rosary w/ Marie 4:30 What's In The Bag?! 6:00 Bowling 6:30 Discussion Corner	2 10:00 Morning Exercise 11:00 Read Out Loud 1:00 Five Corners Singing Group 1:30 Poetry Reading 2:30 Snack Social 3:30 Beanbag Toss 4:30 Nail Spa 6:00 Read & Discuss	3 Marge's Birthday! 10:00 Morning Exercise 11:00 Read Out Loud 1:30 Art Spa W/ Mackenzie 2:00 Odd One Out 3:00 Snack Social 3:30 Rosary w/ Marie 4:30 Trivia About The World 6:00 Bowling	4 10:00 Morning Exercise 11:00 Daily Trivia 1:00 Happy News Discussion 1:30 Mystery Ride 2:30 Snack Social 3:30 High Stakes Bingo w/ Mackenzie 4:00 Walking Club 6:00 Music Memories	5 10:00 Morning Exercise 11:00 Daily Trivia 1:00 Crafts w/ Mackenzie 2:00 Baking Club With Mackenzie 3:00 Snack Social 4:00 Five Corners Singing Group 4:00 Table Tennis 6:00 All about Me
6 9:30 Church 10:00 Morning Exercise 11:00 Daily Trivia 1:15 Nail Spa 2:30 Snack Social 4:00 Travelers Club Roku Reflections 4:30 Walking Club 6:00 Word In A Word	7 10:00 Morning Exercise 11:00 Daily Trivia 2:00 Bingo w/ R.C.A's 2:30 Snack Social 3:30 Table Tennis 4:00 Five Corners Singing Group 6:00 Imagery Meditation 6:30 Travelers Club Roku Reflections	8 10:00 Morning Exercise 11:00 Read Out Loud 1:30 Mystery Ride With Mackenzie 2:30 Snack Social 3:30 Rosary w/ Marie 4:30 What's In The Bag?! 6:00 Bowling 6:30 Discussion Corner	9 10:00 Morning Exercise 11:00 Read Out Loud 1:00 Five Corners Singing Group 1:30 Poetry Reading 2:30 Snack Social 3:30 Beanbag Toss 4:30 Nail Spa 6:00 Read & Discuss	10 10:00 Morning Exercise 11:00 Read Out Loud 1:30 Art Spa W/ Mackenzie 2:00 Odd One Out 3:00 Snack Social 3:30 Rosary w/ Marie 4:30 Trivia About The World 6:00 Bowling	11 Shirley's Birthday! 10:00 Morning Exercise 11:00 Daily Trivia 1:00 Happy News Discussion 1:00 Scenic Ride 2:00 Jenn Mello - Entertains 3:00 Snack Social 3:30 High Stakes Bingo w/ Mackenzie 4:00 Walking Club 6:00 Music Memories	12 10:00 Morning Exercise 11:00 Daily Trivia 1:00 Crafts w/ Mackenzie 2:00 Baking Club With Mackenzie 3:00 Snack Social 4:00 Five Corners Singing Group 4:00 Table Tennis 6:00 All about Me
13 9:30 Church 10:00 Morning Exercise 11:00 Daily Trivia 1:15 Nail Spa 2:30 Snack Social 4:00 Travelers Club Roku Reflections 4:30 Walking Club 6:00 Word In A Word	14 10:00 Morning Exercise 11:00 Daily Trivia 11:00 Church 3rd Floor 2:00 Bingo w/ R.C.A's 2:30 Snack Social 3:30 Table Tennis 4:00 Five Corners Singing Group 6:00 Imagery Meditation 6:30 Travelers Club Roku	15 10:00 Morning Exercise 11:00 Read Out Loud 1:30 Mystery Ride With Mackenzie 2:30 Snack Social 3:30 Rosary w/ Marie 4:30 What's In The Bag?! 6:00 Bowling 6:30 Discussion Corner	16 10:00 Morning Exercise 11:00 Read Out Loud 1:00 Five Corners Singing Group 1:30 Poetry Reading 2:30 Snack Social 3:30 Beanbag Toss 4:30 Nail Spa 6:00 Read & Discuss	17 10:00 Morning Exercise 11:00 Read Out Loud 1:30 Art Spa W/ Mackenzie 2:00 Odd One Out 3:00 Snack Social 3:30 Rosary w/ Marie 4:30 Trivia About The World 6:00 Bowling	18 10:00 Morning Exercise 11:00 Daily Trivia 1:00 Happy News Discussion 2:00 Jeff Dunn Entertains 2:30 Snack Social 3:30 High Stakes Bingo w/ Mackenzie 4:00 Walking Club 6:00 Music Memories	19 10:00 Morning Exercise 11:00 Daily Trivia 1:00 Crafts w/ Mackenzie 2:00 Baking Club With Mackenzie 3:00 Snack Social 4:00 Five Corners Singing Group 4:00 Table Tennis 6:00 All about Me
20 9:30 Church 10:00 Morning Exercise 11:00 Daily Trivia 1:15 Nail Spa 2:30 Snack Social 4:00 Travelers Club Roku Reflections 4:30 Walking Club 6:00 Word In A Word	21 10:00 Morning Exercise 11:00 Daily Trivia 2:00 Bingo w/ R.C.A's 2:30 Snack Social 3:30 Table Tennis 4:00 Five Corners Singing Group 6:00 Imagery Meditation 6:30 Travelers Club Roku Reflections	22 10:00 Morning Exercise 11:00 Read Out Loud 1:30 Mystery Ride With Mackenzie 2:30 Snack Social 3:30 Rosary w/ Marie 4:30 What's In The Bag?! 6:00 Bowling 6:30 Discussion Corner	23 10:00 Morning Exercise 11:00 Read Out Loud 1:00 Five Corners Singing Group 1:30 Poetry Reading 2:30 Snack Social 3:30 Beanbag Toss 4:30 Nail Spa 6:00 Read & Discuss	24 10:00 Morning Exercise 11:00 Read Out Loud 1:30 Art Spa W/ Mackenzie 2:00 Odd One Out 3:00 Snack Social 3:30 Rosary w/ Marie 4:30 Trivia About The World 6:00 Bowling	25 10:00 Morning Exercise 11:00 Daily Trivia 1:00 Happy News Discussion 2:00 Cappy Entertains 3:00 Snack Social 4:00 High Stakes Bingo w/ Mackenzie 4:30 Walking Club 6:00 Music Memories	26 10:00 Morning Exercise 11:00 Daily Trivia 1:00 Crafts w/ Mackenzie 2:00 Baking Club With Mackenzie 3:00 Snack Social 4:00 Five Corners Singing Group 4:00 Table Tennis 6:00 All about Me
27 9:30 Church 10:00 Morning Exercise 11:00 Daily Trivia 1:15 Nail Spa 2:30 Snack Social 4:00 Travelers Club Roku Reflections 4:30 Walking Club 6:00 Word In A Word	28 10:00 Morning Exercise 11:00 Daily Trivia 2:00 Bingo w/ R.C.A's 2:30 Snack Social 3:30 Table Tennis 4:00 Five Corners Singing Group 6:00 Imagery Meditation 6:30 Travelers Club Roku Reflections	29 10:00 Morning Exercise 11:00 Read Out Loud 1:30 Mystery Ride With Mackenzie 2:30 Snack Social 3:30 Rosary w/ Marie 4:30 What's In The Bag?! 6:00 Bowling 6:30 Discussion Corner	30 Edith's Birthday! 10:00 Morning Exercise 11:00 Read Out Loud 1:00 Five Corners Singing Group 1:30 Poetry Reading 2:30 Snack Social 3:30 Beanbag Toss 4:30 Nail Spa 6:00 Read & Discuss	31 10:00 Morning Exercise 11:00 Read Out Loud 1:30 Art Spa W/ Mackenzie 2:00 Odd One Out 3:00 Snack Social 3:30 Rosary w/ Marie 4:30 Trivia About The World 6:00 Bowling		

Title

Birthdays!
1/3- Marge's Birthday
1/11- Shirley's Birthday
1/30- Edith's Birthday

Holidays!
1/1 New Years Day!

PROGRAM

- – Cognitive
- – Emotional
- – Physical
- – Social

LCB Senior Living strengthens its programming through collaborations with notable health care leaders, including McLean Hospital, Harvard Medical School and Brigham and Women's Hospital.

Events are subject to change.