

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



- 3**
- 10:00 ■ Sunday Stretch
 - 10:30 ■ Daily Chronicle
 - 11:00 ■ Reminiscing
 - 2:00 ■ Trivia and Beyond
 - 2:00 ■ Paul B. Entertains!
 - 2:30 ■ Sunday Social
 - 3:45 ■ Arts & Crafts
 - 4:00 ■ Nail Touch-Up Time
 - 6:00 ■ Classic Movie

- 4**
- 10:00 ■ Chair Tai Chi
 - 10:30 ■ Communion
 - 10:30 ■ Daily Chronicle
 - 11:00 ■ Brain Fitness-Trivia
 - 1:30 ■ Scenic Ride
 - 1:30 ■ Musical Moments
 - 2:30 ■ Hydration Break
 - 3:30 ■ Mid Day Stretches
 - 4:00 ■ Table Games Fun
 - 6:00 ■ Vintage Movie

- 5**
- 10:00 ■ Morning Stretches
 - 10:30 ■ News & Current Events
 - 10:30 ■ RVF Rosary
 - 10:45 ■ Book Club
 - 1:30 ■ Walking Group
 - 2:30 ■ Tea and Chat
 - 3:00 ■ Bakers Group
 - 4:00 ■ Trip Planning Committee
 - 6:00 ■ Evening Movie

- 6**
- 10:00 ■ Zumba
 - 11:00 ■ On This Day
 - 11:45 ■ Lunch Outing to RVF
 - 1:00 ■ Hand Massages
 - 1:45 ■ Anagrams
 - 2:30 ■ Hydration Break
 - 3:00 ■ Artistic Creations
 - 3:00 ■ Shabbat Discussion
 - 4:00 ■ Indoor Bowling
 - 6:30 ■ Jeff Thomas Entertains!

- 7**
- 10:00 ■ Tai Chi
 - 10:30 ■ Smoothies
 - 11:00 ■ This Day In History
 - 11:00 ■ Kindercare Reading Program
 - 1:30 ■ Scenic Ride
 - 2:00 ■ Bingo with Dana
 - 2:30 ■ Centerpiece Creations
 - 3:00 ■ Men's Club
 - 4:00 ■ Hang Man
 - 6:00 ■ Vintage Movie

- 1**
- 10:00 ■ Wake Up Stretches
 - 10:30 ■ Craft Projects
 - 11:00 ■ Trivia Challenge
 - 1:00 ■ Arts and Crafts
 - 1:30 ■ Gardening Group
 - 2:30 ■ Fruit Smoothies
 - 3:30 ■ Afternoon Exercises
 - 4:00 ■ Bingo with Kathy
 - 6:00 ■ Classic Movie

- 2**
- 10:00 ■ Scarf Dancing
 - 10:30 ■ Coffee, Tea & Conversation
 - 11:00 ■ Songs of Our Past
 - 1:30 ■ Music and Movement
 - 2:00 ■ Brain Games
 - 2:00 ■ Weekend Bingo Game
 - 2:30 ■ Chat and Snack Social
 - 3:30 ■ Baking Club
 - 6:00 ■ Saturday Night Movie

- 10**
- 10:00 ■ Sunday Stretch
 - 10:30 ■ Daily Chronicle
 - 11:00 ■ Reminiscing
 - 2:00 ■ Trivia and Beyond
 - 2:00 ■ Patrick H. Entertains!
 - 2:30 ■ Sunday Social
 - 3:30 ■ Manicures and Mimosas
 - 3:45 ■ Arts & Crafts
 - 4:00 ■ Nail Touch-Up Time
 - 6:00 ■ Classic Movie

- 11**
- 10:00 ■ Chair Tai Chi
 - 10:30 ■ Communion
 - 10:30 ■ Daily Chronicle
 - 11:00 ■ Brain Fitness-Trivia
 - 1:30 ■ Scenic Ride
 - 1:30 ■ Musical Moments
 - 2:30 ■ Hydration Break
 - 3:30 ■ Mid Day Stretches
 - 4:00 ■ Table Games Fun
 - 6:00 ■ Vintage Movie

- 12**
- 10:00 ■ Morning Stretches
 - 10:30 ■ News & Current Events
 - 10:30 ■ RVF Rosary
 - 10:45 ■ Book Club
 - 1:30 ■ Walking Group
 - 2:30 ■ Tea and Chat
 - 3:00 ■ Bakers Group
 - 4:00 ■ Trip Planning Committee
 - 6:00 ■ Evening Movie

- 13**
- 10:00 ■ Zumba
 - 11:00 ■ On This Day
 - 11:45 ■ Lunch Outing to RVF
 - 1:00 ■ Hand Massages
 - 1:45 ■ Anagrams
 - 2:30 ■ Hydration Break
 - 3:00 ■ Artistic Creations
 - 4:00 ■ Indoor Bowling
 - 6:30 ■ Wed. Night Bingo

- 14**
- 10:00 ■ Tai Chi
 - 10:30 ■ Smoothies
 - 11:00 ■ This Day In History
 - 1:30 ■ Scenic Ride
 - 1:30 ■ Walking Group
 - 2:00 ■ Rob Natolli Entertains!
 - 2:30 ■ Centerpiece Creations
 - 3:00 ■ Men's Club
 - 4:00 ■ Hang Man
 - 6:00 ■ Vintage Movie

- 15**
- 10:00 ■ Wake Up Stretches
 - 10:30 ■ Trivia Challenge
 - 10:30 ■ Brain Games
 - 1:00 ■ Manicures
 - 1:30 ■ Gardening Group
 - 2:30 ■ Hydration Break
 - 3:30 ■ Afternoon Exercises
 - 4:00 ■ Bingo with Kathy
 - 6:00 ■ Classic Movie

- 16**
- 10:00 ■ Scarf Dancing
 - 10:30 ■ Coffee, Tea & Conversation
 - 11:00 ■ Songs of Our Past
 - 1:30 ■ Music and Movement
 - 2:00 ■ Brain Games
 - 2:00 ■ Weekend Bingo Game
 - 2:30 ■ Chat and Snack Social
 - 3:30 ■ Baking Club
 - 6:00 ■ Saturday Night Movie

- 17**
- 10:00 ■ Sunday Stretch
 - 10:30 ■ Daily Chronicle
 - 11:00 ■ Reminiscing
 - 2:00 ■ Trivia and Beyond
 - 2:00 ■ Don Ryan Entertains Us!
 - 2:30 ■ Sunday Social
 - 3:45 ■ Arts & Crafts
 - 4:00 ■ Nail Touch-Up Time
 - 6:00 ■ Classic Movie

- 18**
- 10:00 ■ Chair Tai Chi
 - 10:30 ■ Communion
 - 10:30 ■ Daily Chronicle
 - 11:00 ■ Brain Fitness-Trivia
 - 1:30 ■ Scenic Ride
 - 1:30 ■ Musical Moments
 - 2:30 ■ Hydration Break
 - 3:30 ■ Mid Day Stretches
 - 4:00 ■ Table Games Fun
 - 6:00 ■ Vintage Movie

- 19**
- 10:00 ■ Morning Stretches
 - 10:30 ■ News & Current Events
 - 10:30 ■ RVF Rosary
 - 10:45 ■ Book Club
 - 1:30 ■ Walking Group
 - 2:30 ■ Tea and Chat
 - 3:00 ■ Bakers Group
 - 4:00 ■ Trip Planning Committee
 - 6:00 ■ Evening Movie

- 20**
- 10:00 ■ Zumba
 - 11:00 ■ On This Day
 - 11:45 ■ Lunch Outing to RVF
 - 1:00 ■ Hand Massages
 - 1:45 ■ Anagrams
 - 2:00 ■ Veterans Coffee&Donuts
 - 2:30 ■ Hydration Break
 - 3:00 ■ Artistic Creations
 - 4:00 ■ Indoor Bowling
 - 6:30 ■ Wed. Night Bingo

- 21**
- 10:00 ■ Tai Chi
 - 10:30 ■ Smoothies
 - 11:00 ■ This Day In History
 - 1:30 ■ Scenic Ride
 - 1:30 ■ Walking Group
 - 2:00 ■ Bingo with Dana
 - 2:30 ■ Centerpiece Creations
 - 3:00 ■ Men's Club
 - 4:00 ■ Hang Man
 - 6:00 ■ Vintage Movie

- 22**
- 10:00 ■ Wake Up Stretches
 - 10:30 ■ Trivia Challenge
 - 10:30 ■ Brain Games
 - 1:00 ■ Manicures
 - 1:30 ■ Gardening Group
 - 2:30 ■ Hydration Break
 - 3:30 ■ Afternoon Exercises
 - 4:00 ■ Bingo with Kathy
 - 6:00 ■ Classic Movie

- 23**
- 10:00 ■ Scarf Dancing
 - 10:30 ■ Coffee, Tea & Conversation
 - 11:00 ■ Songs of Our Past
 - 1:30 ■ Music and Movement
 - 2:00 ■ Everyday Trivia
 - 2:00 ■ Weekend Bingo Game
 - 2:30 ■ Chat and Snack Social
 - 3:30 ■ Baking Club
 - 6:00 ■ Saturday Night Movie

- 24**
- 10:00 ■ Sunday Stretch
 - 10:30 ■ Daily Chronicle
 - 11:00 ■ Reminiscing
 - 2:00 ■ Trivia and Beyond
 - 2:00 ■ Evan Travis and The Men's Choir
 - 2:30 ■ Sunday Social
 - 3:30 ■ Manicures and Mimosas
 - 3:45 ■ Arts & Crafts
 - 4:00 ■ Nail Touch-Up Time

- 25**
- 10:00 ■ Chair Tai Chi
 - 10:30 ■ Communion
 - 10:30 ■ Daily Chronicle
 - 11:00 ■ Brain Fitness-Trivia
 - 1:30 ■ Scenic Ride
 - 1:30 ■ Musical Moments
 - 2:30 ■ Hydration Break
 - 3:30 ■ Mid Day Stretches
 - 4:00 ■ Table Games Fun
 - 6:00 ■ Vintage Movie

- 26**
- 10:00 ■ Morning Stretches
 - 10:30 ■ News & Current Events
 - 10:30 ■ RVF Rosary
 - 10:45 ■ Book Club
 - 1:30 ■ Walking Group
 - 2:30 ■ Tea and Chat
 - 3:00 ■ Bakers Group
 - 4:00 ■ Trip Planning Committee
 - 6:00 ■ Evening Movie

- 27**
- 10:00 ■ Zumba
 - 11:00 ■ On This Day
 - 11:45 ■ Lunch Outing to RVF
 - 1:00 ■ Hand Massages
 - 1:45 ■ Anagrams
 - 2:30 ■ Hydration Break
 - 3:00 ■ Artistic Creations
 - 4:00 ■ Indoor Bowling
 - 6:30 ■ Wed. Night Bingo

- 28**
- 10:00 ■ Tai Chi
 - 10:30 ■ Smoothies
 - 11:00 ■ This Day In History
 - 1:30 ■ Scenic Ride
 - 1:30 ■ Walking Group
 - 2:00 ■ Bingo with Dana
 - 2:30 ■ Centerpiece Creations
 - 3:00 ■ Men's Club
 - 4:00 ■ Hang Man
 - 6:00 ■ Vintage Movie



Valentine's Day

Please join us at 2:00pm on Valentines Day in The Bistro for entertainment, wine and appetizers to celebrate love. Our favorite jazz trio will be here and we hope to see you there!

PROGRAM

- - Cognitive
- - Emotional
- - Physical
- - Social

LCB Senior Living strengthens its programming through collaborations with notable health care leaders, including McLean Hospital, Harvard Medical School and Brigham and Women's Hospital.