

“How wonderful it is to be an American. We have known the best of times and the worst of times.”

-Maya Angelou



HAPPY BIRTHDAY!

If you have a July Birthday, let's celebrate you!

Join us on Monday 7/31 at 3:30pm for the July Birthday Bash!

We will be celebrating our friends born in the month of July!

America the Beautiful

This month in our travels of America the Beautiful, we can finally stop and smell the Apple Blossoms! We're celebrating the Great Lakes!

Ohio, Wisconsin, Minnesota and our very own Michigan, are all states that make up the Great Lakes region. The waters of the lakes and the many resources of the Great Lakes basin have played a major role in the history and development of the United States and Canada. The freshwater ecosystems in the lakes provide an incredible place for many animals to live, including the Black Bear, Gray Wolf, Moose, Yellow Perch, Salmon, Walleye and the Great Blue Heron. The Great Lakes region is rich in history with the development of the automobile, the typewriter, waterskiing and the airplane!

There is lots to see and do throughout the Great Lakes and we are thrilled to celebrate this region with our Motown Happy Hour and Great Lakes Picnic Lunch! We hope to see you there!



Mackinac Island



Blue Water Bridge

★ THE PATRIOT ★

AmericanHouse.com

Grosse Pointe

July 2023



Grosse Pointe
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161 Kercheval Avenue
Grosse Pointe Farms, MI
48236

(313) 228-4090

Senior Executive Director
Shannon East

Community Relations Director

Christine Eugenio

Life Enrichment Director
Mary Raynal

Housekeeping Supervisor
Donna Joiner

Maintenance Director
Will Lockett



June Highlights and July Events

We have some changes coming to the activities department we are excited to share. This will be our final Patriot newsletter and starting in August, we will be distributing a new and improved newsletter called Living Well. While you/I still be able to check in on the monthly activities and updates, this newsletter will

include activity puzzles and other new features. We are looking forward to highlighting the American House news in a new format. You will also be able to check in on daily updates including activities and daily menu through the Living Well Carousel featured on the TVs near the cafe on each floor.

Throughout the month of June we have been participating in the Longest Day fundraiser supporting the Alzheimer's Association. While our team is closer to reaching our goal of \$1600, we have until the last week in July to collect donations. Thank you for your support and let's keep up the good work!

Please keep you eye out for upcoming flyers and sign up sheets for our outings, happy hour, and other major events in July.



USA Fun Facts

The original American flag, created in 1776, was designed with 13 stars and 13 stripes to represent the 13 American colonies. Since then, there have been 27 versions of the American flag, according to the National Flag Foundation.



SPECIAL EVENTS

7/4	4th of July BBQ
7/6	Very Merry Cherry Fest
7/12	Exploring Antarctica
7/21	Motown Happy Hour

7/26	Picnic in the Park Lunch
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30 July			31 July		
9:30	Morning Walk and Birdwatching	PAR	10:15	Communion	PAR
10:00	Coffee & Chronicle	PAR	11:00	Total Brain Health w/ Mary	PAR
11:00	Table Top Shuffleboard	3AR	11:00	Balloon Volleyball	3AR
11:30	Word in a Word	3AR	11:30	Brain Games	3AR
2:00	Sequence	2AC	1:00	Grocery Store Outing	OUT
			3:30	Parlor Bingo!	2AR
			3:30	July Birthday Party!	PAR
			6:30	Songbook Singalong w/ Michelle	PAR



Location Key				1	
FIT	Fitness Room	2TH	2nd Floor Theater	10:00	Morning Exercise
PAR	2nd Floor Parlor	2AR	2nd Floor Activity Room	10:30	Coffee & Chronicle
3AR	3rd FL Activity Room	3LG	3rd Floor Lounge	11:00	Balloon Volleyball
CY	Court Yard	TH	Theaters	11:30	Today in History
2AC	2nd Floor Cafe	TER	Terrace	1:00	Afternoon Walk
3AC	3rd Floor Cafe			3:30	Weekend Bingo!
OUT	Outing				

2			3			4			5			6			7			8		
9:30	Morning Walk and Birdwatching	PAR	10:15	Communion	PAR	Independence Day			10:00	Coffee w/Donna	3AC	10:30	Singing Group w/ Dan	2AR	10:00	Knitting Class with Barb	3LG	10:00	Morning Exercise	FIT
10:00	Coffee & Chronicle	PAR	11:00	Total Brain Health w/ Mary	PAR	10:00	Morning Moves w/ Lori	FIT	10:30	Scattergories!	PAR	11:00	Fitness Fun!	3AR	10:00	Friday Fitness w/Tammy	FIT	10:30	Coffee & Chronicle	PAR
11:00	Table Top Shuffleboard	3AR	11:00	Balloon Volleyball	3AR	10:30	Jeopardy!	PAR	10:45	Chair Yoga with Jessica	2AR	11:30	Scattergories!	3AR	11:00	SingFit w/Mary	3AR	11:00	Balloon Volleyball	3AR
11:30	Word in a Word	3AR	11:30	Brain Games	3AR	11:00	Fitness on the Fourth w/Mary!	3AR	11:00	Today in History	3AR	1:30	Uno!	2AR	1:00	XL Crossword w/Mary	PAR	11:30	Today in History	3AR
2:00	Sunday Sequence	2AC	1:00	Grocery Store Outing	OUT	11:30	Jeopardy!	3AR	1:00	Cooking Demo w/Chef Brian	2AC	2:00	Art and Design w/Mary	2AR	2:00	Courtyard Cornhole	CY	1:00	Afternoon Walk	CY
3:00	Yahtzee!	3AC	1:00	Monday Movin' with Tammy	FIT	12:00	4th of July BBQ!	CY	1:30	Green Thumb Gardening Club!	2AR	2:30	Very Merry Cherry Fest!	CY	3:30	Happy Hour w/Dan Bergen	PAR	2:00	Scrabble Club!	3AC
			3:00	Travel Presentation - The Great Lakes!	2TH	2:30	Courtyard Games	CY	3:00	Acrostic Word Puzzles	PAR	3:30	Bingo!	PAR	6:15	Movie Night!	TH	3:30	Weekend Bingo!	PAR
			3:30	Parlor Bingo!	2AR	3:30	UNO	2AR	6:30	Cooking w/ Michele	2AR									
			6:30	Songbook Singalong w/	PAR															

9			10			11			12			13			14			15		
9:30	Morning Walk and Birdwatching	PAR	10:15	Communion	PAR	10:00	Morning Warm - Up w/Mary	FIT	10:00	Coffee with Donna	PAR	10:30	Singing Group with Dan	2AR	10:00	Knitting Class with Barb	3LG	10:00	Morning Exercise	FIT
10:00	Coffee & Chronicle	PAR	11:00	Balloon Volleyball	3AR	10:30	Jeopardy!	PAR	10:45	Chair Yoga with Jessica	2AR	11:00	Fitness Fun!	3AR	10:45	XL Crossword w/Mary	PAR	10:30	Coffee & Chronicle	PAR
11:00	Table Top Shuffleboard	3AR	11:30	Brain Games	3AR	11:00	Exercise w/Maggie	3AR	11:00	Today in History	3AR	11:30	Scattergories!	3AR	11:00	Friday Fitness w/Maggie	3AR	11:00	Balloon Volleyball	3AR
11:30	Word in a Word	3AR	1:00	Grocery Store Outing	OUT	11:30	Jeopardy!	3AR	11:30	Chair Yoga w/ Jessica	3AR	1:30	Uno!	2AR	11:30	Today in History	3AR	11:30	Today in History	3AR
2:00	Sunday Sequence	2AC	3:30	Parlor Bingo!	2AR	1:00	Blood Pressure Checks w/ Johanna	PAR	1:30	Green Thumb Gardening Club!	2AR	1:30	Art and Design w/Mary	2AR	2:00	Courtyard Cornhole	CY	1:00	Afternoon Walk	CY
3:00	Yahtzee!	3AC	6:30	Share Your Story	PAR	2:30	Striker's Bowling League	CY	2:00	Exploring Antarctica w/ Peter Haley	2TH	2:30	St. Paul's Mass	PAR	3:30	Happy Hour w/ Billy Dixon	PAR	2:00	Scrabble Club!	3AC
						3:30	UNO	2AR	3:00	Acrostic Word Puzzles	PAR	3:30	Bingo!	PAR	6:15	Movie Night!	TH	3:30	Weekend Bingo!	PAR
						6:15	Travel Trivia - The Great Lakes!	PAR	6:30	Cooking w/ Michele	2AR									

16			17			18			19			20			21			22		
9:30	Morning Walk and Birdwatching	PAR	10:15	Communion	PAR	10:00	Morning Moves w/ Lori	FIT	10:00	Coffee & Chronicle	PAR	10:30	Singing Group with Dan	2AR	10:00	Knitting Class with Barb	3LG	10:00	Morning Exercise	FIT
10:00	Coffee & Chronicle	PAR	11:00	Total Brain Health w/ Mary	PAR	10:30	Jeopardy!	PAR	10:30	Scattergories!	PAR	11:00	Fitness Fun!	3AR	10:00	Friday Fitness w/Tammy	FIT	10:30	Coffee & Chronicle	PAR
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2:00	Sequence	2AC	1:00	Grocery Store Outing	OUT	2:30	Striker's Bowling League	CY	11:30	Chair Yoga w/ Jessica	3AR	2:00	Art and Design w/Mary	2AR	2:00	Courtyard Cornhole	CY	1:00	Afternoon Walk	CY
3:30	Sunday Sounds w/ Kevin Wills	PAR	1:00	Monday Movin' w/Tammy	FIT	3:30	UNO	2AR	1:30	Green Thumb Gardening Club!	2AR	3:30	Bingo!	PAR	3:30	Motown Happy Hour w/ Dorothy Martin	PAR	2:00	Scrabble Club!	3AC
			2:00	Art for All Ages w/Steve Faver	2AR	6:15	Evening Trivia	PAR	3:00	Acrostic Word Puzzles	PAR	7:00	Festival of Flutes!	TER	6:15	Movie Night!	TH	3:30	Weekend Bingo!	PAR
			3:30	Parlor Bingo!	2AR				6:30	Cooking w/ Michele	2AR									
			6:30	Songbook Singalong w/	PAR															

23			24			25			26			27			28			29		
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11:30	Word in a Word	3AR	1:00	Grocery Store Outing	OUT	11:30	Jeopardy!	3AR	1:30	Green Thumb Gardening Club!	2AR	1:00	Assisted Living Food Meeting	3DR	11:00	Friday Fitness w/Maggie	3AR	11:30	Today in History	3AR
2:00	Sequence	2AC	3:30	Parlor Bingo!	2AR	1:00	Blood Pressure w/ Johanna	PAR	3:00	Acrostic Word Puzzles	PAR	1:30	Independent Living Food Meeting	2DR	11:30	Today in History	3AR	1:00	Afternoon Walk	CY
			6:30	Share Your Story	PAR	2:30	Striker's Bowling League	CY	6:30	Cooking w/ Michele	2AR	2:00	Art and Design w/Mary	2AR	2:00	Courtyard Cornhole	CY	2:00	Scrabble Club!	3AC
						3:30	UNO	2AR				3:30	Bingo!	PAR	3:30	Happy Hour w/ Joe Armijo	PL	3:30	Weekend Bingo!	PAR
						6:15	Evening Trivia	PAR							6:15	Movie Night!	TH			