

Sunday Monday Tuesday Wednesday Thursday Friday Saturday



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 New Year's Day	2 Happy Birthday Roger!	3	4 Trivia Day	5
		10:00 Daily Chronicle 10:15 Tai Chi 10:45 Trivia Tidbits 11:00 Crafty Creations 1:00 Mystery Trip 1:30 Name That Tune 2:30 Brain Games 3:30 Shuffleboard 4:30 Spelling Bee 6:30 Classic Movie Night	10:00 Daily Chronicle 10:15 Light and Lively Exercise 10:30 Beauty Parlor 11:30 Mini Golf 1:30 Corn Hole Game 2:30 Who or What? 3:30 Guess Who - Board Game 4:00 Big Band Video 6:00 Nail Spa 6:30 Comedy Movie Night	10:00 Daily Chronicle 10:15 Tai Chi 10:45 Walking Club 11:30 Word with Friends 1:30 Left, Center, Right 2:30 Basketball 3:30 Would You Rather 4:00 Notable Quatable's 4:30 Reminiscing Trivia 6:30 Film-Noir Night	10:00 Daily Chronicle 10:15 Scenic Ride 10:30 Ball Talk 11:00 What am I 1:15 Silver Sneakers Exercise 2:15 Guess the Picture 3:00 Karaoke 4:00 Travel the World 4:30 Dominoes 6:30 Movie Adventure Night	10:00 Daily Chronicle 10:15 Let's get Moving 10:45 New Currents 11:30 Trivia Treasures 1:15 BINGO 2:00 Afternoon Social 2:30 Artist Corner 3:00 Mini Golf Tournament 4:30 Arm Chair Travel 6:30 Retro Movie Night
6	7	8	9	10	11	12
10:00 Daily Chronicle 10:15 Sunday Stretch 10:45 Fill in the Phrase 11:00 Sing a Long 1:15 This or That 2:15 Bean Bag Toss 2:30 You Be the Judge 3:30 Jigsaw Puzzles 4:30 Chicken Soup Reading 6:30 Musical Movie Night	10:00 Daily Chronicle 10:15 Dance Class with Olivia 10:45 Songbird Chorus 11:30 Ball Toss 1:30 Crystal's Kitchen 2:15 UNO 3:00 Creative Art with Maxine 4:00 Monopoly 6:00 Relax and Reminisce 6:30 Mystery Movie Night	10:00 Daily Chronicle 10:15 Tai Chi 10:45 Trivia Tidbits 11:00 Crafty Creations 1:00 Mystery Trip 1:30 Name That Tune 2:30 You Be The Judge 3:30 Mini Golf 4:30 Spelling Bee 6:30 Classic Movie Night	10:00 Daily Chronicle 10:15 Light and Lively Exercise 10:30 Beauty Parlor 11:30 Mini Golf 1:30 Corn Hole Game 2:30 Cho Han Dice Game 3:30 Life - Board Game 4:00 Crooners Video 6:00 Nail Spa 6:30 Comedy Movie Night	10:00 Daily Chronicle 10:15 Tai Chi 10:45 Walking Club 11:30 Word in Word 1:30 Left, Center, Right 2:30 Bowling 3:30 Would You Rather 4:00 Notable Quatable's 4:30 Reminiscing Trivia 6:30 Film-Noir Night	10:00 Daily Chronicle 10:15 Scenic Ride 10:30 Ball Talk 11:00 What am I 1:15 Silver Sneakers Exercise 2:15 Guess the Picture 3:00 Karaoke 4:00 Travel the World 4:30 Dominoes 6:30 Movie Adventure Night	10:00 Daily Chronicle 10:15 Let's get Moving 10:45 New Currents 11:30 Trivia Treasures 1:15 BINGO 2:00 Afternoon Social 2:30 Artist Corner 3:00 Mini Golf Tournament 4:30 Arm Chair Travel 6:30 Retro Movie Night
13	14	15	16	17	18	19
10:00 Daily Chronicle 10:15 Sunday Stretch 10:45 Fill in the Phrase 11:00 Sing a Long 1:15 This or That 2:15 Bean Bag Toss 2:30 You Be the Judge 3:30 Jigsaw Puzzles 4:30 Chicken Soup Reading 6:30 Musical Movie Night	10:00 Daily Chronicle 10:15 Dance Class with Olivia 10:45 Crystal's Kitchen 11:30 Basketball 2:00 Music with Chip 2:15 UNO 3:00 Jingo 4:00 Monopoly 6:00 Relax and Reminisce 6:30 Mystery Movie Night	10:00 Daily Chronicle 10:15 Tai Chi 10:45 Trivia Tidbits 11:00 Crafty Creations 1:00 Mystery Trip 1:30 Name That Tune 2:30 Brain Games 3:30 Shuffleboard 4:30 Spelling Bee 6:30 Classic Movie Night	10:00 Daily Chronicle 10:15 Light and Lively Exercise 10:30 Beauty Parlor 11:30 Mini Golf 1:15 Making Music with Maggie 1:30 Corn Hole Game 3:30 Guess Who - Board Game 4:00 Big Band Video 6:00 Nail Spa 6:30 Comedy Movie Night	10:00 Daily Chronicle 10:15 Tai Chi 10:45 Walking Club 11:30 Word with Friends 1:30 Left, Center, Right 2:30 Basketball 3:30 Would You Rather 4:00 Notable Quatable's 4:30 Reminiscing Trivia 6:30 Film-Noir Night	10:00 Daily Chronicle 10:15 Scenic Ride 10:30 Ball Talk 11:00 What am I 1:15 Silver Sneakers Exercise 2:15 Guess the Picture 3:00 Karaoke 4:00 Travel the World 4:30 Dominoes 6:30 Movie Adventure Night	10:00 Daily Chronicle 10:15 Let's get Moving 10:45 New Currents 11:30 Trivia Treasures 1:15 BINGO 2:00 Afternoon Social 2:30 Artist Corner 3:00 Mini Golf Tournament 4:30 Arm Chair Travel 6:30 Retro Movie Night
20	21	22	23 National Pie Day	24	25	26
10:00 Daily Chronicle 10:15 Sunday Stretch 10:45 Fill in the Phrase 11:00 Sing a Long 1:15 This or That 2:15 Bean Bag Toss 2:30 You Be the Judge 3:30 Jigsaw Puzzles 4:30 Chicken Soup Reading 6:30 Musical Movie Night	10:00 Daily Chronicle 10:15 Dance Class with Olivia 10:45 Crystal's Kitchen 11:30 Ball Toss 1:30 Music with Mick 2:15 UNO 3:00 Creative Art with Maxine 4:00 Monopoly 6:00 Relax and Reminisce 6:30 Mystery Movie Night	10:00 Daily Chronicle 10:15 Tai Chi 10:45 Trivia Tidbits 11:00 Crafty Creations 1:00 Mystery Trip 1:30 Name That Tune 2:30 You Be The Judge 3:30 Mini Golf 4:30 Spelling Bee 6:30 Classic Movie Night	10:00 Daily Chronicle 10:15 Light and Lively Exercise 10:30 Beauty Parlor 11:30 Mini Golf 1:30 Corn Hole Game 2:30 Whats that sound 3:30 Life - Board Game 4:00 Crooners Video 6:00 Nail Spa 6:30 Comedy Movie Night	10:00 Daily Chronicle 10:15 Tai Chi 10:45 Walking Club 11:30 Word in Word 1:30 Left, Center, Right 2:30 Bowling 3:30 Would You Rather 4:00 Notable Quatable's 4:30 Reminiscing Trivia 6:30 Film-Noir Night	10:00 Daily Chronicle 10:15 Scenic Ride 10:30 Ball Talk 11:00 What am I 1:15 Silver Sneakers Exercise 2:15 Guess the Picture 3:00 Karaoke 4:00 Travel the World 4:30 Dominoes 6:30 Movie Adventure Night	10:00 Daily Chronicle 10:15 Let's get Moving 10:45 New Currents 11:30 Trivia Treasures 1:15 BINGO 2:00 Afternoon Social 2:30 Artist Corner 3:00 Mini Golf Tournament 4:30 Arm Chair Travel 6:30 Retro Movie Night
27	28	29 National Puzzle Day	30	31		
10:00 Daily Chronicle 10:15 Sunday Stretch 10:45 Fill in the Phrase 11:00 Sing a Long 1:15 This or That 2:15 Bean Bag Toss 2:30 You Be the Judge 3:30 Jigsaw Puzzles 4:30 Chicken Soup Reading 6:30 Musical Movie Night	10:00 Daily Chronicle 10:15 Dance Class with Olivia 10:45 Old Time Favorites 11:30 Basketball 1:30 Crystal's Kitchen 2:15 UNO 3:00 Jingo 4:00 Monopoly 6:00 Relax and Reminisce 6:30 Mystery Movie Night	10:00 Daily Chronicle 10:15 Tai Chi 10:45 Trivia Tidbits 11:00 Crafty Creations 1:00 Mystery Trip 1:30 Name That Tune 2:30 Brain Games 3:30 Shuffleboard 4:30 Spelling Bee 6:30 Classic Movie Night	10:00 Daily Chronicle 10:15 Light and Lively Exercise 10:30 Beauty Parlor 11:30 Mini Golf 1:30 Corn Hole Game 3:30 Guess Who - Board Game 4:00 Big Band Video 6:00 Nail Spa 6:30 Comedy Movie Night	10:00 Daily Chronicle 10:15 Tai Chi 10:45 Walking Club 11:30 Word with Friends 1:30 Left, Center, Right 2:30 Basketball 3:30 Would You Rather 4:00 Notable Quatable's 4:30 Reminiscing Trivia 6:30 Film-Noir Night		

Events are subject to change.

— AN LCB SENIOR LIVING COMMUNITY —

Reflection Neighborhood

One small positive thought in the morning can change your whole day.

Alzheimer's Support Group Every 3rd Wednesday at 3pm.

Parkinson's Support Group Every 4th Wednesday at 3pm.

All activities are subject to change upon residents requests, needs or interest.
Thank you!

PROGRAM

- – Cognitive
- – Emotional
- – Physical
- – Social



LCB Senior Living strengthens its programming through collaborations with notable health care leaders, including McLean Hospital, Harvard Medical School and Brigham and Women's Hospital.