

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



5 Happy Birthday Fred!

- 10:00 TV Mass
- 11:00 Morning Gathering
- 11:30 Scarf Exercise
- 1:30 Bingo
- 2:30 Afternoon Social
- 3:30 Beach Ball Toss
- 4:00 Sunday Sing-A-Long
- 6:30 Relax and Reminisce

6 Happy Birthday Dottie!

- 10:00 Morning Gathering
- 10:30 Seated Exercise
- 11:00 Armchair Travel
- 1:30 Scenic Drive
- 1:30 Puzzlers Delight
- 2:30 Afternoon Social
- 3:30 Walking Club
- 6:30 I Love Lucy

7

- 10:00 Morning Gathering
- 10:30 Fun with Trivia
- 11:00 Dancercise
- 1:30 Manicures & Music
- 2:00 American Legion Visit
- 2:30 Afternoon Social
- 3:30 Bowling
- 4:00 Bingo
- 6:30 Relax and Rejuvenate

8

- 10:00 Morning Gathering
- 10:30 Tai Chi
- 11:00 Armchair Travel
- 1:30 Baking Club
- 2:30 Afternoon Social
- 3:30 Walking Club
- 4:00 Group Word Search
- 6:30 Drama Movie Night

9

- 10:00 Morning Gathering
- 10:30 Fun with Trivia
- 11:00 Dancercise
- 1:30 Manicures & Music
- 2:30 Afternoon Social
- 3:30 Wheel of Fortune Toss
- 4:00 Bingo
- 6:30 Relax and Reminisce

10

- 10:00 Morning Gathering
- 10:30 Tai Chi
- 11:00 Music with Maggie
- 1:30 Out Trip
- 2:30 Afternoon Social
- 3:00 Mother's Day Tea Party
- 3:00 Mindful Coloring
- 3:30 Bowling
- 4:00 Armchair Travel
- 6:30 I Love Lucy

11

- 10:00 Morning Gathering
- 10:30 Weighted Exercise
- 11:00 Puzzler's Delight
- 1:30 Baking Club
- 2:30 Afternoon Social
- 3:30 Wheel of Fortune Toss
- 4:00 Bingo
- 6:30 Relax and Rejuvenate

12 Happy Mother's Day!

- 10:00 TV Mass
- 11:00 Morning Gathering
- 11:30 Scarf Exercise
- 1:30 Bingo
- 2:30 Afternoon Social
- 3:30 Beach Ball Toss
- 4:00 Sunday Sing-A-Long
- 6:30 Relax and Reminisce

13

- 10:00 Morning Gathering
- 10:30 Seated Exercise
- 11:00 Armchair Travel
- 1:30 Scenic Drive
- 1:30 Puzzlers Delight
- 2:30 Afternoon Social
- 3:30 Walking Club
- 6:30 I Love Lucy

14

- 10:00 Morning Gathering
- 10:30 Fun with Trivia
- 11:00 Dancercise
- 1:30 Manicures & Music
- 2:30 Afternoon Social
- 3:30 Bowling
- 4:00 Bingo
- 6:30 Relax and Rejuvenate

15 Happy Birthday Phyllis!

- 10:00 Morning Gathering
- 10:30 Tai Chi
- 11:00 Music with Rene
- 1:30 Baking Club
- 2:30 Afternoon Social
- 3:30 Walking Club
- 3:30 Armchair Travel
- 4:00 Group Word Search
- 6:30 Drama Movie Night

16

- 10:00 Morning Gathering
- 10:30 Fun with Trivia
- 11:00 Dancercise
- 1:30 Manicures & Music
- 2:30 Afternoon Social
- 3:30 Wheel of Fortune Toss
- 4:00 Bingo
- 6:30 Relax and Reminisce

17

- 10:00 Morning Gathering
- 10:30 Tai Chi
- 11:00 Mindful Coloring
- 1:30 Out Trip
- 2:30 Afternoon Social
- 3:30 Bowling
- 4:00 Armchair Travel
- 6:30 I Love Lucy

18

- 10:00 Morning Gathering
- 10:30 Weighted Exercise
- 11:00 Puzzler's Delight
- 1:30 Baking Club
- 2:30 Afternoon Social
- 3:30 Wheel of Fortune Toss
- 4:00 Bingo
- 6:30 Relax and Rejuvenate

19

- 10:00 TV Mass
- 11:00 Morning Gathering
- 11:30 Scarf Exercise
- 1:30 Bingo
- 2:30 Afternoon Social
- 3:30 Beach Ball Toss
- 4:00 Sunday Sing-A-Long
- 6:30 Relax and Reminisce

20

- 10:00 Morning Gathering
- 10:30 Seated Exercise
- 11:00 Armchair Travel
- 1:30 Scenic Drive
- 1:30 Puzzlers Delight
- 2:30 Afternoon Social
- 3:30 Walking Club
- 6:30 I Love Lucy

21

- 10:00 Morning Gathering
- 10:30 Fun with Trivia
- 11:00 Dancercise
- 1:30 Manicures & Music
- 2:30 Afternoon Social
- 3:30 Bowling
- 4:00 Bingo
- 6:30 Relax and Rejuvenate

22

- 10:00 Morning Gathering
- 10:30 Tai Chi
- 11:00 Armchair Travel
- 1:30 Baking Club
- 2:30 Afternoon Social
- 3:30 Walking Club
- 4:00 Group Word Search
- 6:30 Drama Movie Night

23

- 10:00 Morning Gathering
- 10:30 Fun with Trivia
- 11:00 Dancercise
- 1:30 Manicures & Music
- 2:30 Afternoon Social
- 3:30 Wheel of Fortune Toss
- 4:00 Bingo
- 6:30 Relax and Reminisce

24

- 10:00 Morning Gathering
- 10:30 Tai Chi
- 11:00 Music with Maggie
- 1:30 Out Trip
- 1:30 Mindful Coloring
- 2:30 Afternoon Social
- 3:30 Bowling
- 4:00 Armchair Travel
- 6:30 I Love Lucy

25

- 10:00 Morning Gathering
- 10:30 Weighted Exercise
- 11:00 Puzzler's Delight
- 1:30 Baking Club
- 2:30 Afternoon Social
- 3:30 Wheel of Fortune Toss
- 4:00 Bingo
- 6:30 Relax and Rejuvenate

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- 10:00 TV Mass
- 11:00 Morning Gathering
- 11:30 Scarf Exercise
- 1:30 Bingo
- 2:30 Afternoon Social
- 3:30 Beach Ball Toss
- 4:00 Sunday Sing-A-Long
- 6:30 Relax and Reminisce

27 Happy Memorial Day!

- 10:00 Morning Gathering
- 10:30 Seated Exercise
- 11:00 Armchair Travel
- 1:30 Scenic Drive
- 1:30 Puzzlers Delight
- 2:30 Afternoon Social
- 3:30 Walking Club
- 6:30 I Love Lucy

28

- 10:00 Morning Gathering
- 10:30 Fun with Trivia
- 11:00 Dancercise
- 1:30 Manicures & Music
- 2:30 Afternoon Social
- 3:30 Bowling
- 4:00 Bingo
- 6:30 Relax and Rejuvenate

29

- 10:00 Morning Gathering
- 10:30 Tai Chi
- 11:00 Armchair Travel
- 1:30 Baking Club
- 2:30 Afternoon Social
- 3:30 Walking Club
- 4:00 Group Word Search
- 6:30 Drama Movie Night

30

- 10:00 Morning Gathering
- 10:30 Fun with Trivia
- 11:00 Dancercise
- 1:30 Manicures & Music
- 2:30 Afternoon Social
- 3:30 Wheel of Fortune Toss
- 4:00 Bingo
- 6:30 Relax and Reminisce

31

- 10:00 Morning Gathering
- 10:30 Tai Chi
- 11:00 Music with Maggie
- 1:30 Out Trip
- 1:30 Mindful Coloring
- 2:30 Afternoon Social
- 3:30 Bowling
- 4:00 Armchair Travel
- 6:30 I Love Lucy



Other

Amenities

Happy Birthday!

Helen May 2nd
Fred May 5th
Dottie May 6th
Phyllis May 15th

Transportation Schedule

Monday & Friday
1:30pm Scenic Drives

All activities are subject to change based upon the requests, needs, and interests of our residents.

PROGRAM

- – Cognitive
- – Emotional
- – Physical
- – Social

LCB Senior Living strengthens its programming through collaborations with notable health care leaders, including McLean Hospital, Harvard Medical School and Brigham and Women's Hospital.