



Welcom Kim Kessler: Activities Director



Kim, 38, grew up in Edmond, Oklahoma and graduated from Edmond Memorial High School. She has attended PSI and is currently working on her bachelors degree in Sociology through Southern New Hampshire University Online. Kim enjoys music, singing on the worship team at Victory Church Edmond, reading fantasy and memoir books, watching her favorite shows, and loves spending time with her husband of 4 years, Shane, her 7 month old son Isaac, and her closest friends who are more like sisters

to her than friends. Kim also has 3 siblings who she spends time with as often as possible. Along with 6 years of experience with activities, she has worked in the geriatric field for 21 years and started out as a CNA but has also worked as Social Services, HR, Rehab Tech, AUA, Medical Assistant, and Director of "At Your Service" for Villagio Corporate Office. Geriatrics are Kim's passion and she credits her love of the elderly to being raised by her Grandmother who took her in and legally adopted her when she was 18 months old. She is excited to be here at Villagio and is looking forward to building relationships and planning quality programming for our residents.

New Years History and Traditions



photo caption

The Earliest recorded festivities in honor of a New Year's arrival date back some 4,000 years to ancient Babylonians. The first new moon following the vernal equinox-the day in late march with an equal amount of sunlight and darkness- heralded the start of a new

year. They marked the occasion with a massive religious festival. Another early New Year's celebration is thought to be in Mesopotamia around 2000 B.C. The ancient Roman Calendar used to follow the lunar cycle and had the new year beginning in March. Julius Caesar was convinced to follow the solar year instead. From 46 B.C. on, the new year began in January.

Ne Year's Eve is celebrated differently all around the world. Traditions range from eating 12 grapes on or before midnight, to black eyed peas for good luck. Many sing "Auld Lang Syne" at midnight, while others make resolutions-a traditions that may also date all the way back to the Mesopotamia who promised the gods they would do better in the coming year.

Fireworks are a common way to celebrate amongst many cultures. Since 1907 many Americans and millions all over the world watch he ball drop in time square, a tradition that came about as an alternative to the hazardous fireworks that were previously used. Over time, the ball itself has ballooned from a 700 pound Iron and wood orb, to a brightly patterned sphere, 12 feet in diameter and weighing in a t nearly 12,000 pounds

Villagio Team

- Paula Brooks
Executive Director
- Nashika Corley
Director of Nursing
- Eddie Horsey
Life Enrichment Director
- Tara Banks
Resident Care Coordinator
- Rashid Birdsong
Kitchen Director
- Alex Flores
Maintenance Director
- Bridget Bothroyd
Concierge
- Kimberly Kessler
Activites Director

Did You Know?

January is the first month of the year in the Julian and Gregorian Calendars. The month did not exist until around 713 BC when it was added to the original Roman Calendar along with February. January is named after Janus, the God of Gateways and Beginnings, who is typically depicted as a two headed man looking forwards and backwards simultaneously. This is a fitting image for the first month of the year, remembering the past while also looking to the future.

Happy Birthday

JANUARY BIRTHDAY LIST

- Lavonna Jolliff- 5th
- Johnnie Burden-8th
- James Spadaccini-12th
- Robert Griffin-23rd
- Lana Tyree-29th
- Myrna Watkins-29th





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1</p> <p>9:00 Morning News & Coffee CA</p> <p>10:30 Snacks & Smiles</p> <p>1:30 Afternoon Movie CA</p>	<p>2</p> <p>9:00 Morning News & Coffee CA</p> <p>10:30 Snacks & Smiles</p> <p>11:00 Chair Yoga CA</p> <p>1:30 Manicures CA</p> <p>3:00 Greatest Hits CA</p>	<p>3</p> <p>9:00 Morning News & Coffee CA</p> <p>10:30 Snacks & Smiles</p> <p>11:00 Chair Zoomba CA</p> <p>2:00 Paint Your Art Out CA</p>	<p>4</p> <p>9:00 Morning News & Coffee CA</p> <p>10:30 Snacks & Smiles</p> <p>11:00 Jazzercise CA</p> <p>1:30 Wednesday Devotion CA</p> <p>2:00 Ring Toss & Trivia CA</p>	<p>5</p> <p>9:00 Morning News & Coffee CA</p> <p>10:30 Snacks & Smiles</p> <p>11:00 Creative Movement CA</p> <p>2:00 Popcorn and a Movie CA "Where The Crawdads Sing"</p>	<p>6</p> <p>9:00 Morning News & Coffee CA</p> <p>10:30 Snacks & Smiles</p> <p>11:00 Chair Zoomba CA</p> <p>2:00 Coke Floats CA</p> <p>2:30 Wheel Of Fortune CA</p>	<p>7</p> <p>9:00 Morning News & Coffee CA</p> <p>10:30 Snacks & Smiles</p> <p>1:30 Music of Choice CA</p>
<p>8</p> <p>9:00 Morning News & Coffee CA</p> <p>10:30 Snacks & Smiles</p> <p>1:30 Afternoon Movie CA</p>	<p>9</p> <p>9:00 Morning News & Coffee CA</p> <p>10:30 Snacks & Smiles</p> <p>11:00 Chair Yoga CA</p> <p>1:30 Manicures CA</p> <p>3:00 Greatest Hits CA</p>	<p>10</p> <p>9:00 Morning News & Coffee CA</p> <p>10:30 Snacks & Smiles</p> <p>11:00 Chair Zoomba CA</p> <p>2:00 Smoothies</p>	<p>11</p> <p>9:00 Morning News & Coffee CA</p> <p>10:30 Snacks & Smiles</p> <p>11:00 Jazzercise CA</p> <p>1:30 Wednesday Devotion CA</p> <p>2:00 Happy Hour Mocktails CA</p>	<p>12</p> <p>9:00 Morning News & Coffee CA</p> <p>10:30 Snacks & Smiles</p> <p>11:00 Creative Movement CA</p> <p>2:00 Sensory Boxes CA</p> <p>2:30 Reminisce CA</p>	<p>13</p> <p>9:00 Morning News & Coffee CA</p> <p>9:15 Gathan Graham CA</p> <p>10:30 Snacks & Smiles</p> <p>11:00 Chair Zoomba CA</p> <p>1:00 Crafts W/Complete HH CA</p>	<p>14</p> <p>9:00 Morning News & Coffee CA</p> <p>10:30 Snacks & Smiles</p> <p>1:30 Music of Choice CA</p>
<p>15</p> <p>9:00 Morning News & Coffee CA</p> <p>10:30 Snacks & Smiles</p> <p>1:30 Afternoon Movie CA</p>	<p>16</p> <p>9:00 Morning News & Coffee CA</p> <p>10:30 Snacks & Smiles</p> <p>11:00 Chair Yoga CA</p> <p>1:30 Manicures CA</p> <p>3:00 Greatest Hits CA</p>	<p>17</p> <p>9:00 Morning News & Coffee CA</p> <p>10:30 Snacks & Smiles</p> <p>11:00 Chair Zoomba CA</p> <p>2:00 Paint Your Art Out CA</p>	<p>18</p> <p>9:00 Morning News & Coffee CA</p> <p>10:30 Snacks & Smiles</p> <p>11:00 Jazzercise CA</p> <p>1:30 Wednesday Devotion CA</p> <p>2:00 Music and Coloring CA</p>	<p>19</p> <p>9:00 Morning News & Coffee CA</p> <p>10:30 Snacks & Smiles</p> <p>11:00 Creative Movement CA</p> <p>2:00 Cooking Club CA Chocolate Mousse</p>	<p>20</p> <p>9:00 Morning News & Coffee CA</p> <p>10:30 Snacks & Smiles</p> <p>11:00 Chair Zoomba CA</p> <p>2:00 January Birthday Party</p>	<p>21</p> <p>9:00 Morning News & Coffee CA</p> <p>10:30 Snacks & Smiles</p> <p>1:30 Music of Choice CA</p>
<p>22</p> <p>9:00 Morning News & Coffee CA</p> <p>10:30 Snacks & Smiles</p> <p>1:30 Afternoon Movie CA</p>	<p>23</p> <p>9:00 Morning News & Coffee CA</p> <p>10:30 Snacks & Smiles</p> <p>11:00 Chair Yoga CA</p> <p>1:30 Manicures CA</p> <p>3:00 Greatest Hits CA</p>	<p>24</p> <p>9:00 Morning News & Coffee CA</p> <p>10:30 Snacks & Smiles</p> <p>11:00 Chair Zoomba CA</p> <p>2:00 Smoothies CA</p>	<p>25</p> <p>9:00 Morning News & Coffee CA</p> <p>10:30 Snacks & Smiles</p> <p>11:00 Jazzercise CA</p> <p>1:30 Wednesday Devotion CA</p> <p>2:00 BOWLING INDOORS CA</p>	<p>26</p> <p>9:00 Morning News & Coffee CA</p> <p>10:30 Snacks & Smiles</p> <p>11:00 Creative Movement CA</p> <p>2:00 Australian Snacks and Facts CA</p>	<p>27</p> <p>9:00 Morning News & Coffee CA</p> <p>9:15 Gathan Graham CA</p> <p>10:30 Snacks & Smiles</p> <p>11:00 Chair Zoomba CA</p> <p>1:00 Crafts w/Complete HH CA</p>	<p>28</p> <p>9:00 Morning News & Coffee CA</p> <p>10:30 Snacks & Smiles</p> <p>1:30 Music of Choice CA</p>
<p>29</p> <p>9:00 Morning News & Coffee CA</p> <p>10:30 Snacks & Smiles</p> <p>1:30 Afternoon Movie CA</p>	<p>30</p> <p>9:00 Morning News & Coffee CA</p> <p>10:30 Snacks & Smiles</p> <p>11:00 Chair Yoga CA</p> <p>1:30 Manicures CA</p> <p>3:00 Greatest Hits CA</p>	<p>31</p> <p>9:00 Morning News & Coffee CA</p> <p>10:30 Snacks & Smiles</p> <p>11:00 Chair Zoomba CA</p> <p>2:00 Paint Your Art Out CA</p>	<p>Everyday Experiences</p> <p>6:45am Rise & Shine</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>		<p>LOCATION KEY</p> <p>AL - Assisted Living -</p> <p>LR - Living Room -</p> <p>CA - Common Area -</p> <p>DR - Dining Room -</p> <p>CY - Courtyard -</p> <p>MS - Memory Support -</p>	